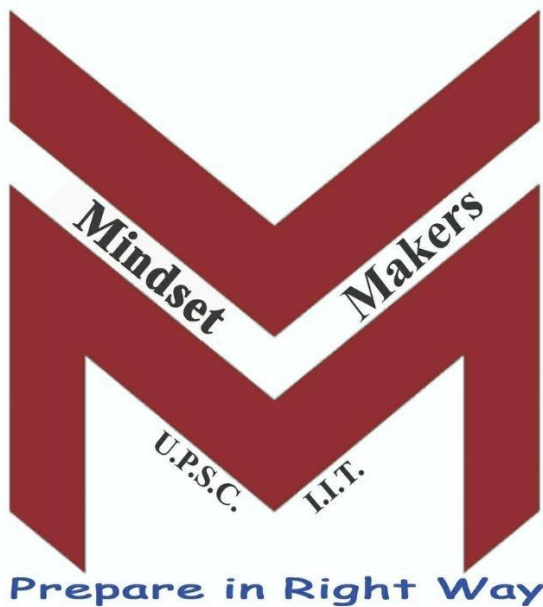


## Part 2



# UPSC UNRAVELED

Unleashing Your Inner Scholar

Upendra Singh

**Mentor: Upendra Singh****Designation**

Founder- Mindset Makers for UPSC

Guide at Insights IAS and Nirman IAS (Prev.)

Sr. Faculty at Physics By Fiziks (Higher Studies(Mathematics) since year 2013)

Chairman: Patiyayat Farmer Producer Company Limited.

Associated in Policy making for Rural upliftment with Govt. Uttar Pradesh.

**Educational Background**

Alumnus, IIT Delhi (2011 Batch, AIR49)

UPSC CSE Journey- On the basis of one of top scores multiple times given by UPSC, I'm confident about each stage of CSE. Preliminary (Developed special strategies KNOWLEDGE+STRATEGY), Mains\_ Good command over Essay and GS4+GS2, optional mathematics), Personality(Interview) - Developed it through experiences and learnings through reading books from multiple dimensions during UPSC journey, Part of Interview board for Higher studies.

**YouTube (Upendra Singh : Mindset Makers for UPSC).**



**Content: These questions reveal the truth in the book.**

**1.Which is the better optional for the UPSC among history and maths?**

**YouTube Upendra Singh : Mindset Makers for UPSC**

**2.What is the policy of the Union Public Service Commission (UPSC) regarding English medium candidates writing optional subjects?**

**3.What are the benefits of choosing mathematics as an optional subject in the UPSC prelims exam?**

**4.How do I prepare for the mathematics optional (UPSC)? From where can I get PDF of books for the same?**

**5.What is the best way to prepare for the UPSC Mains mathematics optional paper by self study?**

**6.After seeing the UPSC essay 2022 paper, what should be the approach for aspirants appearing in 2023?**

**7.How tough and predictable was the UPSC CSE Mains 2021?**

**8.What are the mindsets required to read efficiently for the UPSC?**

**9.What should be my strategy for the current affairs if I'm starting from scratch for the UPSC 2023 attempt? 10.What if I prepare only the static part and monthly magazine for the UPSC prelims? Is this enough?**

**11.How do I crack the UPSC CSE in the first attempt while being under any circumstances?**

**12.What are some good books for learning about government schemes and policies for the UPSC civil services exam?**

**13.How can I prepare current affairs and editorials without reading newspapers as I am a working person and get only 4-5 hours a day for UPSC preparation?**

**14.What's the difference between PT365 and Current Affairs of Vision IAS?**

**15.How do I reduce time on The Hindu for the UPSC? I am a college student**

**16.What must I not read to save time and energy during the preparation of the UPSC?**

**17.I made NCERT Class 11th Polity short notes during my second reading of it? Is it good to make notes at this stage since I am in 3rd year of Engineering?**

**18. How can someone analyse the UPSC previous year questions subject-wise deeply?**

**19. Is Ghatna Chakra good for UPSC preparation?**

**19.1 Is it advisable to stick to institute and class notes only instead of going for standard books for the UPSC if one is enrolled in a coaching centre?**

**20. I won't qualify Prelims 2022 and my Mains preparation is not up to the mark despite preparing for one year. Should I invest all my energy in CAPF AC 2022?**

**21. How do I link current affairs with GS papers in UPSC Mains paper? 22. How should I complete note making from a newspaper if it takes 4 hours to read and write for the UPSC?**

**23. How many days before the UPSC Preliminary exam papers are set?**

**24. How many days before the UPSC Preliminary exam papers are set?**

**25. Can we prepare for the Civil Services Preliminary Exam in just 1 month with the help of the coaching material?**

**26. How do I study history for UPSC? There are just too many things to remember. How do you remember all those details?**

**27. Should one join a coaching center after the prelims for the Mains exam?**

**28. How do I prepare for environment and ecology for the UPSC sources and strategy?**

**28. How do I prepare for environment and ecology for the UPSC sources and strategy?**

**29. Did you criss-cross in your UPSC Mains answer sheet? Any suggestions to eliminate such happenings?**

**30. Which chapter from science and math from XI and XII syllabus should I learn for the harder questions of the UPSC?**

**31. How do I prepare in the last 40 days before the UPSC prelims 2022?**

**32. Which chapter from science and math from XI and XII syllabus should I learn for the harder questions of the UPSC?**



**33. Where can I take a daily mock test for prelims and also, if possible, for the Mains while preparing for the UPSC, as it will help?**

**34. How can I study for UPSC? When it is against my will?**

**35. How should I plan my further preparation after failing twice in Civil services prelims? I did self study and also used online platform. Should I go to Delhi and join some good institute overthere to boost my preparation and get a direction?**

**36. What if I prepare only the static part and monthly magazine for the UPSC prelims? Is this enough?**

**37. What is the recommended number of mocks a student should take before writing the IAS Main exam?**

**38. How can I understand the demand of the questions in the UPSC CSE main exam answer writing?**

**39. I have been preparing for the UPSC CSE since 2019, but unfortunately, I am not able to clear even prelims. I desperately need some way out of it because I'm in a flux now. What should I do?**

**40. What are some ways to get rid of hand pain during excessive writing in the UPSC Mains?**

**41. Is it possible to prepare UPSC Mains in just 4 months?**

**42. What is the best source of knowledge after books in UPSC preparation?**

**43. What is the recommended amount of time one should spend writing answers in the UPSC Mains exam?**

**44. How many additional pages will be available for rough work in the answer booklet of the UPSC Mains Mathematics optional papers? Is there any ratio of pages per marks of a question?**

**45. How many additional pages will be available for rough work in the answer booklet of the UPSC Mains Mathematics optional papers? Is there any ratio of pages per marks of a question?**

**46. How do I study the international organization and bilateral relations topic for the UPSC Mains 2022?**

**47. When do they distribute the question papers during the UPSC Mains examinations, and how much time do we get to read all the questions and decide which to do?**

**48. What is a good strategy for the UPSC in 3 years?**

**49. What should I do after the UPSC prelims 2022?**

**50. I get only 80 marks in the ForumIAS simulator full-length test. Can I clear the prelims?**

**51. How do I answer if the interview panel asked me, "How will you use mathematics as a civil servant?"? I have chosen maths as an optional in the UPSC CSE.**

## Let's Start

### **Optional-** **Is taking optional before GS a good idea?**

It depends what's going to be your attempt year. If you're planning to write this exam after 3–4 years, I'll suggest not to focus much on optional. You may not have better clarity about how to take optional and is there any chance to go for other than which I decided.

If you're going to write your exam within next two years then you may start looking for optional. Before that do proper R&D - how to choose optional. you may read other answers on my profile.

At the end, I'll suggest to work on GS papers to check in which optional you may get good marks. Once you're sorted about your optional, then you should start for optional preparation. Give 50% time to optional and rest for GS.

Everything above based on my personal experiences. Opinions may differ.

### **1. Which is the better optional for the UPSC among history and maths?**

I had maths optional and one of my close friend as history optional. Since years, I've been teaching higher mathematics, guiding UPSC aspirants too. So I guess, can answer you for the asked question.

What research needed to be done before choosing optional for UPSC(CSE)?

There are few parameters on which we need to have idea \_

- 1- My own interest/ my core subject in UG or PG.
- 2- Resources/guidance/coaching availability for that subject.

3- Pattern of marks in previous years. For this, we should read some blogs written by selected persons with that optional. Advise.. don't watch youtube videos, those are overhyped.

4- Duration to cover the syllabus . There are some optionals which take less time to cover . example- Hindi literature takes less time to finish as compared to history . But here we must be aware about scores low and high frequently.

5- Management- Let's say if you choose maths, obviously it'll have no link with general studies. You need a different mindset to prepare maths. You need a lot of practice. It may exhaust you and you can compromise with your other subjects. The most important is - in main exam hectic schedule . Maths may be a reason of anxiety and restlessness. That 5 days gap seems long but during mains preparation we're exhausted and literally tired to grasp maths revision. So until unless, you don't have good background and interest in maths , you should avoid it. or during preparation , you have to develop traits and qualities to handle/manage.

Now I come to your answer exactly. History: If you opt it , please try to do bit R&D on above 5 parameters. maths : same exercise as above.

Sorry, no one except you can give a better answer after doing above exercise.

keep smiling.

### **Science Optionals-**

As an UPSC aspirant, we need a different strategy if preparing with optional from Sciences. The most beautiful thing is if you have a clear plan / roadmap with this combination then you have a better opportunity to get a top rank.

So is there any sigma rule for this strategy! The answer is yes in some sense . You must keep yourself isolated from the thought process where people have negative thoughts about choosing Science Optional.

Yes it happens in this UPSC preparation zone because there is a definite gap of mentors with equal interest in GS, Essay and Science optional/s. mentors who are dealing Science optionals , they're mainly experts of their domains and mentors who have good command over GS and Essay , they generally tend to ignore entertaining much over such optionals. this results into continuous disturbance in keeping balance between three components.

Prepare in Right Way

## 2. What is the policy of the Union Public Service Commission (UPSC) regarding English medium candidates writing optional subjects?

Till the year 2016; it was mandatory to write GS+ Essay and Optional in the same medium. But now you can opt for different mediums. Initially I had chosen Hindi medium because I found myself more comfortable at expression in Hindi medium as far as GS and Essay is concerned. But for Mathematics Optional, even I myself was not comfortable in Hindi, so you can imagine the blunder.

Anyways what I experienced in this UPSC journey that-

If you're putting logical arguments and addressing demand of exam properly then medium doesn't impact much. ( My personal experience and I got very good marks in GS and essays as well) . For Optional; if it's from humanities then I have same thinking that you should deliver quality arguments and exactly addressing questions. Yes if your Optional is from science subjects, then writing that Optional in mediums other than the English may result into blunder. Because in this science stream, professors are more or less focused on technical ways and yes it's easy to convey and understanding things in English medium.

Hope it helps.

## 3. What are the benefits of choosing mathematics as an optional subject in the UPSC prelims exam?

No direct but indirectly you become a person with attitude that this CSAT is just an exam of presence of mind not of Knowledge.... I would like to share my experience;

Sir, please teach me Mathematics, I am very weak at Mathematics, My GS score is always above 110 but I'm not able to qualify CSAT because of my poor Mathematics, Sir please tell me what are the simple and important chapter which a student can do easily for CSAT maths,.....

Such questions are repeatedly asked by UPSC aspirants during sessions. Being a Mentor, A teacher for Mathematics Optional and my experiences over this UPSC examination process, I feel very sad on such situations. Why ??????



Actually the honest observations are- This CSAT paper is not a knowledge exam, it's actually an exam for presence of mind. But we're so trapped that we are forced to take classes, take bulky books for this paper.

Have you ever thought that the same question paper you're able to solve when you're out of the exam hall, just sitting metro, you solve those questions easily!!!!!!!!!!!!!!!!!!!!!! (based on facts. I received from students)...

So the point is- You'll have to develop an attitude throughout the preparation -

1- Be a attentive reader- I don't believe in slow learner or fast learner. I think whatever you're reading, you should be attentive. Thinking in-between of lines, meanings of writer's indications, without skipping those words which are complicated.... No matter you're studying Lakshmikant or newspaper. Believe me of you're in this habit, you'll need no Classes for Reading comprehension.

One more observation I would like to put- There is a stereotype that in Reading comprehension, UPSC differs in explanations. I don't believe in it. The thing I did - I practiced all comprehension from Previous years papers, tried to get the logic by UPSC for particular answers. Like how they answer- theme questions, message question, reason questions etc. I prepared my mindset around those only. Not about narrow explanations given by coaching test series. Because I believe that to sell ten types of test series, they set absurd questions and very narrow explanation. Sorry but I found so.

2- Reasoning- If you practice any book regarding it and it have an idea how to deal a particular kind of problem like - Dice problem, figure problem, Series, No. Of triangles..... For this you should do all chapters just once and keep one or Maximum two lines from each chapter. Then at the time of practicing questions try to recall those points from your notes and attempt the question.

In th CSAT paper, 60–70% questions from reasoning are dealt in above way. What happens with maximum failed Aspirants, they try to focus on thos 30% questions to prepare which cannot be solved easily and yes coaching classes add more masaala over it. So my strategy was simple- Just focus on easy questions and get qualified that's it.

Mathematics- The same logic as reasoning part. No need to take Mathematics Optional for CSAT management. Choosing Mathematics Optional itself needs other exercises to do.(you can read answers on my profile for how to choose Mathematics Optional) .

Hope it helps. Keep smiling



#### **4. How do I prepare for the mathematics optional (UPSC)? From where can I get PDF of books for the same?**

I supposed that you've decided optional after all required exercises.

Experience No. 1- Topics in which you are good, make yourself best in those.

Topics in which you're average, make yourself good in those

Topics in which you're weak, make those average.

The important point is- you cannot ignore any topic mentioned in the syllabus.

**YouTube Upendra Singh : Mindset Makers for UPSC**

Experience No.2– You'll have to practice practice practice questions/examples till the correct result isn't found. Don't ignore practice by thinking that ok these easy questions I can do. Believe me..No matter you're from which degree or Insitute, you'll get disaster in the exam hall.

Experience No. 3- finish your Optional before preliminary exam. Not only finished but also practiced well. Between pre and mains your 50–60% of time in the day will go for Mathematics Provided that you have finished Optional before preliminary exam.

Experience No. 4- Align your GS preparation in a manner that you don't need much time to prepare this after preliminary result.

Experience No. 5 - Join test series before preliminary and examine your preparation of Optional regularly. After prelim,take at least 4 full length tests, to simulate yourself for mains.

Experience No. 6- Don't worry much about interview that they'll ask very special questions from Mathematics. 99 percent possibility is that in your interview board, No Mathematics expert will be there. So focus on getting more n more marks in Mathematics Optional.

### **5.What is the best way to prepare for the UPSC Mains mathematics optional paper by self study?**

Can't say that it's the best of way or not but only thing I can share here is-

If you understand the demand of UPSC Mathematics Optional, You'll be able to solve the problem. Demand is- you need to treat yourself psychologically a simple undergraduate student.

Solving examples of book from 1 to last.

Try to reach till the final answer.

Don't ignore the practice practice practice

No Matter how good you're at concepts but if you don't solve questions, you won't be able to perform in mains. (After my first mains, I realized it by myself only and rectified this mistake and then did well in second mains).

There are some standard books which you have to follow , solve all examples multiple times.

Try to notice while solving problems, at which stage you felt that this is tricky or if not practiced then cannot be recalled at the time of exam.

**YouTube Upendra Singh : Mindset Makers for UPSC**

In Mathematics don't ignore definitions. I was always interested in knowing how something is being derived. Need not to remember everything but this habit makes you comfortable at the time of new questions.

### **6. After seeing the UPSC essay 2022 paper, what should be the approach for aspirants appearing in 2023?**

Although I wanted to write a detailed strategy from a long as I witnessed the pattern of UPSC from one phase to the other and then other. But everytime I failed to do so. The reason was- I was not following any standard set of patterns for my essay preparation. So bit hesitant on putting all my feelings in one go.

I took thousands of mentoring sessions (Individual Mentoring) offline and online . There I expressed all my feelings about essay strategy and after a level of conviction, Now I'm going to write: What I did and how I'm more positive about my strategy.

Tried to write on pages, as many of you're familiar with this pattern of answering from me over the period of years. It's easy to save these images as your further reference. Last suggestion: Observe that I haven't given you any strategy but just helped you in creating your own strategy. Happy reading-



INSIGHTSIAS

Date: 20-09-2022

ESSAY UPSC  
(GSE)

Upendra Singh,  
Mentor @ Insights IAS  
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Mentoring

After getting one of highest marks in essay paper ; I was not surprised. Even during the preparation, I never got panic for this particular paper. Never took coaching for it.

Reason: Somewhere I had the feeling that this particular paper is just about -

→ Observations

→ Personality

→ Connecting dots  
b/w

Individual & Society  
Individual - Society - Universalism

→ Emotions

Upendra

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# INSIGHTSIAS

Date: 20-09-2022.....

## Observations:

I read somewhere -

“आत्मा को परमात्मा से मिलाने वाला यदि कुछ है तो वह है अपने सिद्धांत पर टिके रहने का साहस।”

(Anything which connects soul to God, is - <sup>लिकन</sup> Sticking on your principle.)

## My observation:

Started from World History;

Ok. → why he said so! (Analytical Capabilities)

In what context ——— !

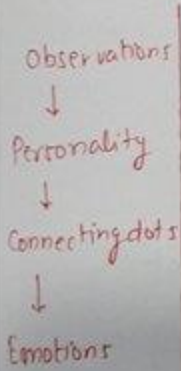
↓  
Is that context not be related to develop my personality!  
(Interview, GSIV, Essay)

What if I ↓ follow this principle!  
(Personality Dev.)

Can't as an admin. it be good!  
(GS II)

Why we usually react (God is one)!

America ← <sup>thousands miles</sup> → India  
(Globalism, Society, Culture)



Key: 1 minute reading → leads to → 10 minutes of THINKING

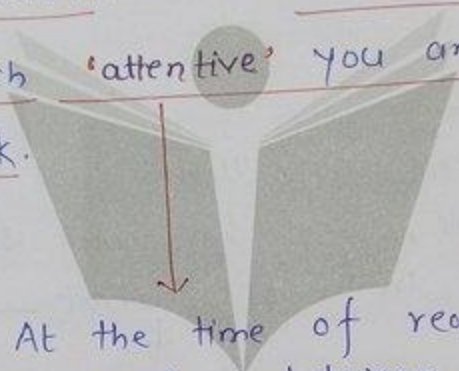
# INSIGHTSIAS

Date: 20-09-2023

Why it helped me!

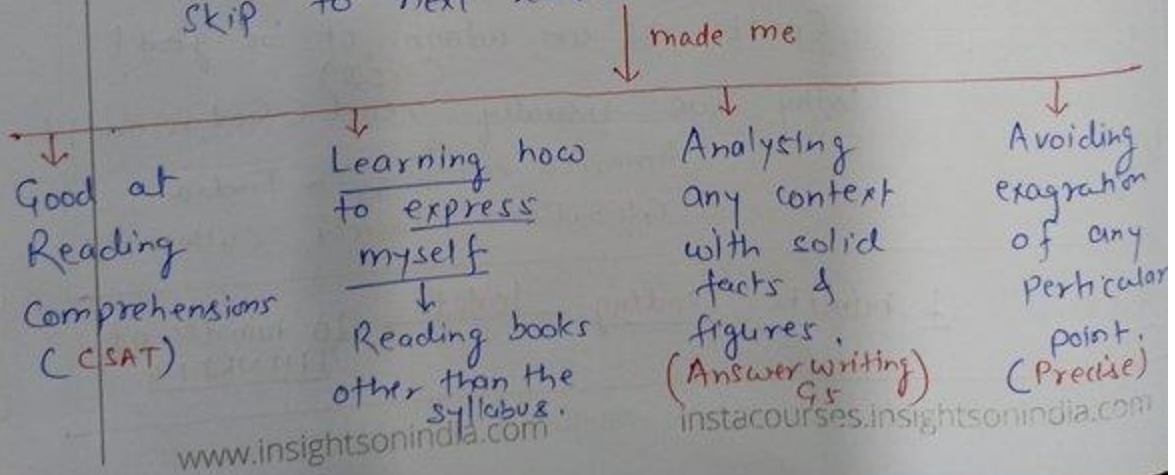
I started believing in me; because I understood —

There is nothing like slow learner or fast learner. It's all about how much 'attentive' you are at your work.



Upen

At the time of reading, I should read in between the lines. Without getting the sense of some line/word, I should not skip to next line.





## INSIGHTSIAS

Date: 20-09-2022

Be open :

“घर की खिड़कियाँ हमेशा खुली रखो ताकि बाहर की ताजी हवा, धूप अंदर आ सके। परंतु दरवाजे बंद रखो ताकि आंधी तूफान आपको उड़ा न दे।” (MS)

Windows open : to get fresh air

doors closed : to be safe in disaster

I've done my most of the research work in pure mathematics since almost two decades.

Never studied Philosophy as a subject. But I'm open to get vibes from good resources. UPSC preparation made me full of joy and happiness, by reading humanities and then applying/ thinking those as my maths learnings. So by reading above (starting)

lines; I observe -

- Where does it make sense in my life!
- Can't I relate it with disaster management!
- Can't it be related to opening the economy for world powers!
- Sudden change or steady progress!

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## INSIGHTSIAS

Date: 20-09-2022Summarizing!

Step (i)! Cover the static syllabus well.  
To get the base to observe.

step (ii)! Don't run behind getting more  
and more classes for essay paper

Step (iii)! Be a good (observation full) Analyst.

(Delhi Metro  
Condom advertist  
Ladies seat)

→ at travelling  
→ at each event of life  
→ at the time of food.  
(Dhava; Chhotu; ...)

!!

Don't be →  
over expressive

↓  
THINK, THINK, THINK

Step (iv)!

Read books other  
than the syllabus  
and learn how these  
legends express their  
ideas.

# INSIGHTSIAS

Date: 20-09-2022

Essay CSE '2022

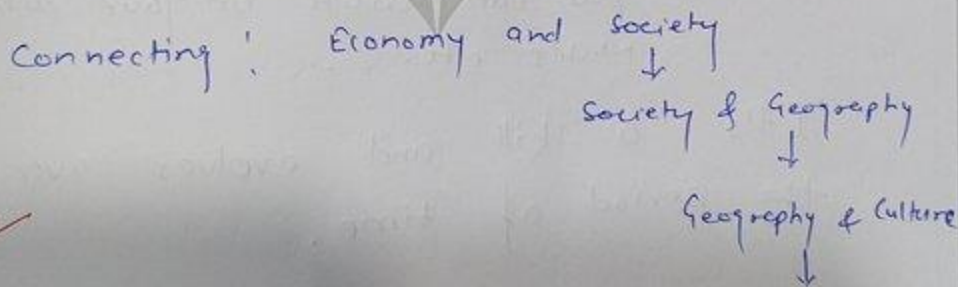
More specifically ;

You're advised to read my words.

Now go on each essay.

↓  
observe what UPSC demands

↓  
You'll get all my points validated,



India

You've enough content from the GS preparation. You need to develop attitude towards representing your ideas.

(Knowledge (content))

Keep observing/working → Knowledge Skill

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## INSIGHTSIAS

Date: 20-09-2022

## Implementation :

- Don't wait to become a perfect writer.
- Start feeling and express your feelings
- ↳ You won't believe that  
I used my facebook id  
to express my writings  
↓  
People appreciated.  
↓  
As a story writer
- I don't say you to start facebook;  
You can write on your diary,  
Notes etc. . .

It's a skill and evolves over  
the period of time.

feel free  
Whatsapp: 9971030052  
Upendra Singh,  
Mentor @ Insights IAS  
Sr. faculty: fiziks institute  
(IIT Delhi)

Upendra

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Why I'm confident about my method is-

YouTube Upendra Singh : Mindset Makers for UPSC

many months Before this 2022 mains, I wrote this answer. Please go through it .

## 7.How tough and predictable was the UPSC CSE Mains 2021?

Your question has two parts -

toughness level<<<<<<.....>>>>>>unpredictability

We as an aspirant are well known about this examination's demand. Here toughness doesn't imply answering questions need extra planatory knowledge and skills . Toughness directly linked to unpredictability of question papers .

So let's understand it according to different papers-

1- Essay-

many people are saying that this year essays were completely philosophical . But I don't think so. I have genuine reasons for it. UPSC doesn't favour any specific stream. They put such essays of abstract nature because many candidates are following readymade strategies given by coaching modules. As per my understanding, essay paper is an examination where you're free to float your ideas in maximum possible dimensions. During my mains preparation, I never followed instructions given by test evaluators. I just expressed my feelings about that particular essay. Although statements were abstract but we had to write as an essay should be written in general.

credibility: I got one of Highest essay marks back to back in upsc mains .



खण्ड A और B में प्रत्येक से एक-एक चुनकर, दो निबन्ध लिखिए जो प्रत्येक लगभग 1000-1200 शब्दों में हों।

Write TWO Essays, choosing ONE from each of the Sections A and B, in about 1000-1200 words each. 125×2=250

### खण्ड 'A' SECTION 'A'

1. आत्म-संधान की प्रक्रिया अब तकनीकी रूप से बाह्य स्रोतों को सौंप दी गई है।  
The process of self-discovery has now been technologically outsourced.
2. आप की मेरे बारे में धारणा, आपकी सोच दर्शाती है; आपके प्रति मेरी प्रतिक्रिया, मेरा संस्कार है।  
Your perception of me is a reflection of you; my reaction to you is an awareness of me.
3. इच्छारहित होने का दर्शन काल्पनिक आदर्श (युटोपिया) है, जबकि भौतिकता माया है।  
Philosophy of wantlessness is Utopian, while materialism is a chimera.
4. सत् ही यथार्थ है और यथार्थ ही सत् है।  
The real is rational and the rational is real.

### खण्ड 'B' SECTION 'B'

5. पालना झूलाने वाले हाथों में ही संसार की बागडोर होती है।  
Hand that rocks the cradle rules the world.
6. शोध क्या है, ज्ञान के साथ एक अजनबी मुलाकात !  
What is research, but a blind date with knowledge !
7. इतिहास स्वयं को दोहराता है, पहली बार एक त्रासदी के रूप में, दूसरी बार एक प्रहसन के रूप में।  
History repeats itself, first as a tragedy, second as a farce.
8. "सर्वोत्तम कार्यप्रणाली" से बेहतर कार्यप्रणालियाँ भी होती हैं।  
There are better practices to "best practices".

**आपका मुद्दा ही अवधारणात्मक स्पष्ट अर्थ है**

दस्तावेज प्रकृतियों की ओर इशारा करता है।

मानव का विकास एक सतत प्रक्रिया का हीरना है। मिथकों में से विकल्प के लिए मानव अवस्था कायम की जाए।

आप भी मिथकों हमारे मानव अवस्था को प्रभावित कर रहे हैं। अद्वैत की जड़ें बहुत गहरी हैं। युकी पी. लेडी यह हमारे अर्थों एवं नए प्रयोगों (कोणों) के प्रति लगाव ही है कि आप एक गुड गवर्नेल, नहीं करते हैं। डॉ. गवर्नेल

आप एक प्रभावित तंत्र ही

90 के दशक में एक कक्षा प्रभावित थी कि केंद्र के भी एक नया दस्तावेज के लिए नीचे लाया है, यह लाजावर्ष तक पहुँचे। पुस्तक दस पेज से कम से जाता है लेकिन नए-एन जाते

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Page 9 of 30

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सटीक वर्णन किया है

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**प्राथमिक विषय सामग्री का अर्थ है**

प्रत्यक्ष स्वयं-हस्ताक्षरों में उल्लेख के दौर को लागू लागू करने की ओर कार्य किया है। आप मन्त्रालय गण्डरी

अद्वैत की अर्थ चरने की बलाय सीधे लाजावर्ष के जाने में जाती है

गुड गवर्नेल में धार्मिक लोकतांत्रिक अर्थ वर्ष वर्ष हस्ताक्षर होती है मुदलाय महिलाओं के लिए द्विपक्ष संलग्न कार्य हस्ताक्षर आप परिचय जैसे कदम हस्ताक्षर के बाद आप जैसे ने सिद्ध विषय की ओर इशारा करते हैं। यूनीफार्म पब्लिक वोर्ड की मांग इसी परिचयों में आप की एक कार्य की ओर इशारा कर रहे हैं

बहुसंख्य सुदुर्लभ की नीति शीत युद्ध, एक युकीय विश्व के बहुसंख्य एवं आशमक नीतियों का परिचय विश्व युद्ध जैसी विपरीत परिचयों के

सटीक वर्णन किया है



**तार्किक**  
**लक्षण**  
**किया**  
**है**

के आदित्य पर ही संकट लदा कर दिया है। लक्षणाग्र परिवर्तन आज एक देवताका रूप में प्रपली की माला के लिए समुद्र दिग्दर्श दे रहा है। कई तथों तक भी मिन. मिनत लदा पर प्रयास करने के बाद आप भी विकसित देश तकनीक हस्तगत मॉडिक भारत (ग्रीन मलाइमेट फंड 100 बिलियन डॉलर) को सारणी नहीं हो पाए।

लक्षणाग्र परिवर्तन की इस विपरीत परिस्थिति में भारत जैसा विकासशील देश अपने हितों को लक्षणाग्रित क. लक्षणाग्र लक्षणाग्र परिवर्तन की सुनीलता से लक्ष्य में आगे उभार है। लक्ष्य ही मूल्य विकसित शक्तों

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 कुछ हिस में  
 कुछ न लिखें

एवं हीपिय शक्तों की मॉडों के लक्ष्य लक्ष्य होकर अपने लिए निरव लक्ष्य लक्ष्य दृष्टि का निर्माण भी कर रहा है। नीचे की आशुलता

स्वामीति की बलाय भारत विश्व शक्तों एवं दक्षिण शक्तों के लक्ष्य लक्ष्य के दिशों की **सुनर**  
 लक्ष्य लक्ष्य कर लक्ष्य लक्ष्य का उपलब्ध **लिखावर**  
 पेस कर रहा है। **के**  
 विकसित देशों की नव उपनिवेशवाद **साथ**  
 शक्तों के लक्ष्य लक्ष्य की बलाय भारत **अच्छा**  
इंडोनेशिया, मिस्र जैसे देशों ने सुर-निश्चय **लक्षण**  
 की नीति को अपनाकर अपने मही वेहत लक्ष्य **कि**  
 भारत लक्षणाग्रित शक्ति के लक्ष्य विकास का **गया**  
 विमोच मुक्ति है। लक्षणाग्रित शक्ति लक्ष्य लक्ष्य **है**  
 शक्तों पर लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य **कि**  
 लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य **गया**  
 लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य लक्ष्य **है**



को जन्म मिली। जहाँ भारत के पतल में ही लही, लेकिन अपनी आर्थिक-विकास को रोकने का निर्णय लिया। आंकड़े यह दर्शाते हैं कि कॉरोना से मुक्ति, मिलीभवा से प्रथम संघर्ष और वैश्वीकरण से भारतीय पहचान का वैश्वीकरण संभव हुआ है। (उदाहरण - गंगा दिवस 21 जून)

नेतृत्व आर्थिक विकास में ही मानव का जीवन (सुख-सुविधा) को प्राप्त करना संभव नहीं हो सकता है। रॉबर्टो नाय मानव को अरुणो वोट-व्यक्ति को अंगे हवाय • देना अर्थात् आनन्दक है। अहमकाल में जिन वीरगणों को भूत-प्रेत का लाला बलाक-भौत को वीरता का लिये जाता था, आज उनका वोट उलटा संभव है। वैश्वीकरण को संभव है।

आज के आर्थिक संघर्षों (यहाँ प्रकृति से कॉरोना संघर्ष की कीर्तियों का लाला काने के लिए लाला उलटा कराने का काम कर सकती है।)

तार्किक  
अंतर्वस्तु  
का  
लेखन  
किया  
गया  
है

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कॉरोना कोविड-19 का नगर संघर्ष ने प्रयोगशाला में वैश्वीकरण का यह अर्थ है? महामारी के उदय और में जिन तरह अमेरिका ने WHO जैसी संस्थाओं पर आक्रमण के लिये चीन को धरने की रणनीति पर गहक हवाय दिया, उसके मुकाम में अमेरिकी लोगों की वैश्वीकरण को लक्ष्य में परिणाम दिया। वहीं भारत जैसे विकासशील देश ने एवं वही आवादी एवं वैश्वीकरण निवास दिशाओं के वैश्वीकरण को लक्ष्य में परिणाम दिया। हालांकि इस तरह के लक्ष्य में कोविड-19 संघर्षों से अनुभव से मुकाम-अनुभव कोविड-19 इतनी विपरीत परिणामों के वैश्वीकरण भारत ने कोविड-19 वैश्वीकरण को वैश्वीकरण

असमकालीन  
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का  
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दिया  
गया  
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**आपका मुद्दा ही अवधारणात्मक स्पष्ट अर्थ है**

दस्तावेज प्रयासों को जोड़कर इजाजत कलम है।

मानव का विकास एक सतत प्रक्रिया का हीरना है। मिचको में सेपिबल के लिए कायने अवस्था कायम की जाए।

आप भी मिचको हमारे कायने अवस्था को प्रभावित कर रहे हैं। अद्वैत की जड़ें बहुत गहरी हैं। सुकी पी, लेडी, यह हमारे अर्थात् एवं नए प्रयोगों (कोषों) के प्रति लगाव ही है कि आप एक गुड गवर्नेल, नहीं बन सकते हैं। डॉ. गवर्नेल

आप एक प्रभावित तंत्र ही

90 के दशक में एक कक्षा प्रभावित थी कि कैडें के भी एक नया दस्तावेज के लिए नीचे लाया है, यह लाजावर्ष तक पहुँचे। पुस्तक पर पौरुष से कम CE लाता ही लेकिन नए-एन लाते।

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**सटीक वर्णन किया है**

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**प्राथमिक विषय सामग्री का अर्थ है**

प्रत्यक्ष स्वयं-हस्ताक्षरों से उल्लेखनीय के दौर को लगातार इजाजत करने की ओर कार्य किया है। आप मन्त्रालय गण्डरी अद्वैत की अंटे चढ़ने की बलाय सीधे लाजावर्ष के लाते में लाती है।

गुड गवर्नेल में धार्मिक (संस्कृतिक अर्थों) से भी 'उई' वर 'हस्ताक्षर' होती है। सुदलम महिलाओं के लिए द्विविध संस्कृत कायने हलाका वर्ष परिचय वर्ष कायने हलाका के वार्ड आका वर्ष लेडी विद्यार्थ की ओर इजाजत करते हैं। यूनीफार्म पिपिल को की मांग उई परिचय में आश की एक किला की ओर इजाजत का रहीं ही।

बहुवर्ष सुदुलकम की नीति शीत गुई, एक चुकीय विज्ञान के बहुवर्ष वर्ष आशमक नीति परिचय विज्ञान गुई वर्ष पिपिल परिचय के

**सटीक वर्णन किया है**

विषय: महिला नेतृत्व: कोविड-19 की दुनिया में एक सम्मान भविष्य को प्राप्त करना :

Essay को Box में बंद कर सकते हैं। =

आठ वर्ष की इमिया (एक लड़की) महाराष्ट्र के रत्नागिरी में अपने माता-पिता के साथ रहती है। उसके पिता का काम आभे का काम है और वे उसके निर्वाह पर ज़िम्मेदार निर्वहन करते हैं। रोजाना की तरह आज भी 'दुनिया दिन में अपने पिता के काम में मदद करके आई थी। अकाम ज्यादा होने के कारण इमिया को अपनी गिरी आई और उमरे लपने में देना कि वह बड़े बड़े बड़े एक बड़ी लड़की बनेगी। वह अपने उमरे के लपाने को बड़े विचार बाजधों में प्रतिस्पर्धी उत्पाद के रूप में स्थापित करेगी। लेकिन अगले दिन वह सुबह वह उठी तो पाया कि भारत एवं विश्व में लगातार लगी जा रहा लॉकडाउन लग रहा है। उसके पिता को बहुत ज्यादा वित्तीय हानि पहुँचा है। इसलिए अब इमिया का परिवार जीविकापार्जन के लिए भी लकड़ी, मदद पर निर्भर हो गया है।

कोविड-19 की इस अभाव दस्तक ने इमिया के मन को प्रश्नों से भर दिया है।

Anecdote के साथ शुरुआत करने में शैली अच्छी है

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प्रश्न पूछने में शैली अच्छी है

इमिया प्रतिभाशाली लड़की है लेकिन क्या अब उसे अपना सम्पत्ति खोना मिल पाएगा? क्या वह वैदिक शिक्षा भी सुव्यवस्था के मास्को पर प्राप्त कर पाएगी? या उसे बेशुमार हिंदी की शिक्षा एक शहरों के रूप में जीवन की स्वीकार्य कला होगी? अपनी स्वाच्छय प्रविद्यार्थों पर महिलाओं की आवाज को सुना जाएगा या उनका वही आर्थिक प्रभाव का रोल? उसे महाकालीन सुशिक्षितों की ओर लक्ष्य ले जाएगा। इस प्रश्नों के उत्तर महिला नेतृत्व एवं जेंडर समानता पूर्व आर्थिक के बीच के विरोध से प्रारंभ करने की कोशिश करनी होगी।

शिक्षण एवं प्रशिक्षण सामाजिक रूप से

GS Papers-

GS1- Questions were not tough but paper was lengthy. Many students suffered to finish 20 answers.

GS2- Again lengthy , you know all answers but questions were contained of multiple subparts. So again in 3 hours , it was tough to write all answers.

GS3- Same as above

GS4- If you have been seriously preparing for this exam . You understood

this papers then it was comparatively easy to handle. Yes if you did not have terms and multiple values and virtues at your tip then it may be tough to finish section A within time. Case studies were easy to handle as compared to 2020 paper.

Optional - Mathematics- This year questions were in your control but if you're not smart enough to handle calculations and smart uses of Sc. CalC then it may disaster for you . Practice practice and practice...

note-

upsc mains needs a perfect strategy. How you manage yourself in those 3 days hectic schedule and how you utilize gap between gs and optional. For essay, I have special strategy.

### **8.What are the mindsets required to read efficiency for the UPSC?**

Don't jump into the preparation by just watching short videos or motivational factory.

Once you've decided to go for it then accept that it's a process not a single step.

Enjoy the process without making picnic plans of after selection. I'll read polity to get understanding according to demand of exam, not according to my debates for Modi Gandhi affairs.

Analytical abilities+ Mugging of things both required. I can't complain about why UPSC designed the syllabus like this.

Listening more, speaking less. Saving words and putting logical arguments.

Wherever needed to be changed, I'll incorporate that based on the demand of the exam.

I'll not become alien. Average study hours with proper healthy life. No artificial isolation from family but in the midnight thinking about the previous girlfriend or pretty friend years

**YouTube Upendra Singh : Mindset Makers for UPSC**

before. Share your downs with your trusted friend or family member and high too. It makes you relaxed.

The most important- this is just an exam, not more than my life or more than any other achievements. Success then fine. Failure then using experience and hard work to achieve more. Believe me it happens because this UPSC journey teaches that much.

So yes these are some points which I could write.

### **9. What should be my strategy for the current affairs if I'm starting from scratch for the UPSC 2023 attempt?**

Based on experiences, suggestions, feedbacks, counter questions, healthy discussions; I've concluded that-

until unless you don't get the right strategy to align your CSE preparation, you'll lose your capabilities and that wouldn't result as expected. So please go through images. I've tried to summarize the answer to such questions.





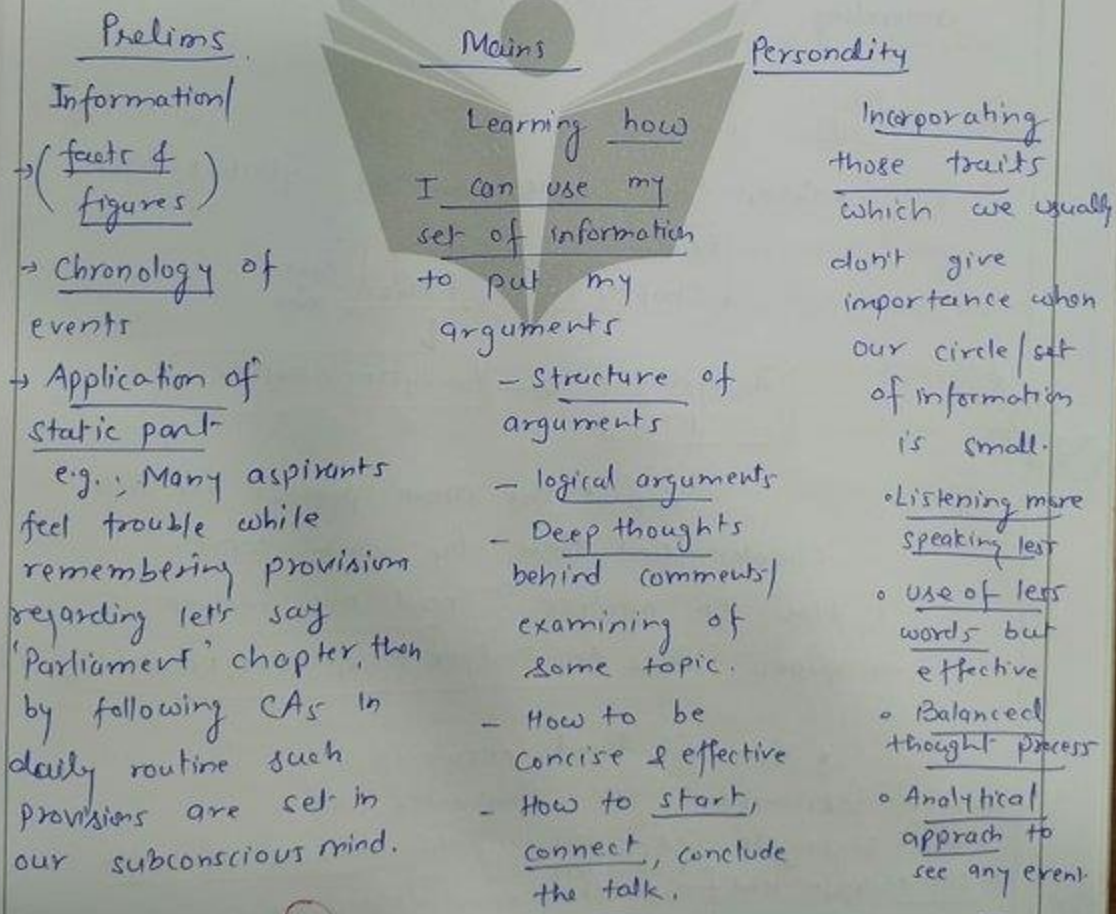
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Date: 09/09/2022

## CURRENT AFFAIRS (UPSC CSE)

Upendra Singh  
Mentor: Insights IAS  
Feel free to whatsapp  
9971030052

Part (i): At first we'll have to understand at what stages of the this preparation; CA needed in what form.



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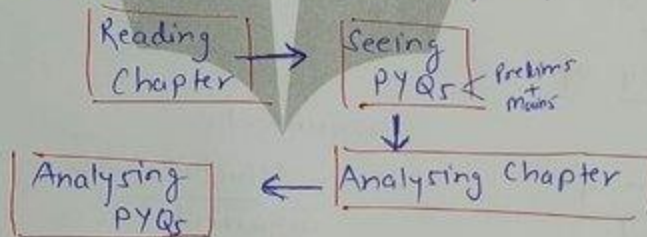
Date: 09/09/

Part (ii): How to segregate current affairs according to demand of each stage of UPSC (CSE) Journey?

Necessity: We need to have proper understanding of CSE syllabus. So let's do it according to each point/part of the syllabus.

① Polity:

step (i): • Cover the static part of syllabus first.



Repeat the above process for each chapter and then for each topic.

(How to analyse? read my answer on quora How to Analyse PYQs UPSC, UPendra Singh!)

• Keep a fixed resource

step (ii): lakshmi Kant or classnotes or ..

Now segregate CAs according to demand of each stage. You'll find

- Very less for pre.
- One/two news in 15 days for mains
- 2-3 months for personality

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- ② I.R. : , ③ S&T ④ Env. Eco. ⑤ Internal Security.  
 ⑥ Social issues | governance

Process to follow:

mandatory • Take classnotes of any good coaching institute  
 (You can get those from photocopy shops too).

↓  
 Try to cover each chapter from notes.

- ↓  
 • Current Affairs: regarding above topics:  
 if short then add in respective chapters  
 of your notes. If anything new/big  
 then attach an extra sheet to sheet notes.

Note:- Near to the exam; you feel confident  
 only if you have proper revision and  
 consolidation of information through regular  
 practices.

Example! Some new elements added to Bessel convention

↓  
 If you have proper  
 classnotes  
 Then just  
 add one line there  
 only

↓  
 If you don't have  
 proper classnotes  
 Then you'll be doing  
 everytime the MGNREGA  
 in monthly monthly  
 magazines.

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## ⑦ Economics :

The most 'fearing | burdened' in the line of Current Affairs.

### My experience:

→ I followed some particular teacher and have proper classnotes of the batch which is recently finished; let's say in Dec'21.

↓  
It's obvious that CA's till Dec'21 will be incorporated in my classnotes.

↓  
So I'll not be bothering about CA's till Dec'21.

↓  
After Dec'21; I'll follow one particular monthly magazine | daily news analysis and segregating those (psychologically) contents required for different stages of CSE preparation.

⑧ History: Nothing like current here. Cover the syllabus well. Only some events in news.  
Culture well. Only some events in news.  
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focus on analytical ways to think.

Uppendra  
InsightsIAS  
9971038052  
whatsapp



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Date: .....

## Extra Note:

For mains & Personality:

Just  
10-15  
minutes  
a  
day  
or  
2-3  
times in  
a week.

- You can listen Panel discussions  
(Sanskad Tv / ...)
- You can listen some personalities  
Ted-talks
- You can listen sometimes world leaders
- Reading some article

Keep a small spiral diary.

Whatever you learnt/understand  
from above events. Just note down.

Keep turning pages of this  
diary on regular intervals. Try to use  
these learnings in expressing you  
day to day activities.

## 10. What if I prepare only the static part and monthly magazine for the UPSC prelims? Is this enough?

Let's write a GS answer type for your question.

"Current affairs is just an application of the knowledge gained through static part."

Now ask a simple question from you-

If I learn driving concept through proper training, practically driving on roads, Then how many different kinds of four wheelers (brand wise) we should drive?????????

Either you use swift dezire, Scorpio, BMW.....and learn just features of all these brands or you just keep driving your swift dezire only but focus on- how to follow traffic rules, how to control vehicle in any emergency, how to take care of maintenance of your vehicle.....

You got the answer!!!!

That's the same with UPSC preparation.

Once you've done properly the static part. By following some monthly magazine, you just learnt what's there in current affairs in general.

## 11. How do I crack the UPSC CSE in the first attempt while being under any circumstances?

After getting multiple booster doses, you may feel that what rubbish I'm talking. But I believe that in current scenarios where maximum Aspirants are motivated through short videos on YouTube and insta reels; The most important thing is- Not to be hyper positive.

So yes it's possible to clear this exam in the very first attempt but this temperament \*under any circumstances\* comes under hyper positivity as per my experience of this journey. Because it may hamper your day to day Effectivity. As in this case, after each class, mock test, you'll be very happy if got good marks but will be mad if you're getting less marks let's say in consecutive mocks. Yeah, I saw this practically, so I put here.

Now I would like to come on the way to prepare-

Step 1- get sorted completely about - what next ? You should have a clear plan in your mind..ok...if I get the desired result then fine and if I don't then how I'll come back! Job...next attempt.... give up..... whatever may the possibility, you can think of...think...

Step 2-



Preparation- Keywords Knowledge+ perfect strategy . Getting knowledge (content) through- coaching or self study! If coaching then what ! Online or offline.

Step 3- Follow dedicatedly the schedule. Cross examining your performance on regular intervals. Keep your health on priority too.

Rest all minute details about preparation, you can go through other answers on my profile.

Good luck

### **12.What are some good books for learning about government schemes and policies for the UPSC civil services exam?**

No need to take separate book..try to find such schemes with related topics whatever you're studying during your preparation...

Like

At the time of reading Social issues notes/ book ; Try to write concerned happening/schemes at your notes or book itself....

Yes in the last if you want to revise then can just see pdfs of such compilation...easily available on open platforms..but make sure if you're not adding those with relevant topics.. it'll be more of a psychological burden.

### **13.How can I prepare current affairs and editorials without reading newspapers as I am a working person and get only 4-5 hours a day for UPSC preparation?**

The very first point you have to understand the demand of this exam. What do you think, is the current affairs whole syllabus defined by UPSC?

In present time many aspirants are getting confused. The reason is- Over loaded current affairs content by those masters who themselves never did well in this exam. We need to understand it. Otherwise after losing multiple attempts, some day we'll realize that I was actually a reverse gear aspirant.

The exact way to prepare is-

Covering the static part holistically first. Then to think about current affairs.

Example- For next 5-7 days, editorials about role of CJI are in almost each UPSC type newspaper. You're reading and watching such editorial happily because you're feeling good. Also current affairs magazines will be filled with details about CJC....Butn the exam hall, you

get a question from subordinate court/village court.. Did you understand what I was trying to say!!!!?

Now think about other way. Suppose you've completed polity topic from lakshmikant well. Then that news will be just two seconds information for you. For which reverse gear aspirants spent whole week.

If you're covered for static part well. Then you yourself will minimise the time taken for current affairs. There will be no need for getting suggestions from others. You can just ignore many articles. Good one you can cover from some websites like INSIGHTS IAS...

Reading newspaper is necessary .in the starting just for awareness and with covering static parts you'll be really able to understand..what to grab and what to leave.

Note- I myself did both of the above ways . So I realized it later on after first attempt failure.

Decision is yours.

#### **14.What's the difference between PT365 and Current Affairs of Vision IAS?**

some aspirants are not capable enough to recollect and rearrange the information from monthly current affairs magazines. Whereas Vision has professionals to compile .

So the difference is

PT365merely a compilation of current affairs monthly magazines chapterwise

#### **15.How do I reduce time on The Hindu for the UPSC? I am a college student.**

Have you ever thought, why you're taking much time in reading The Hindu? There may be a number of reasons behind it. The most common is-

Without covering the static part syllabus like history, economics, geography, polity and all, aspirants start reading news paper. Basically this is a market propaganda to create big customer base. Sorry but it's the harsh reality. Many aspirants start reading current affairs first and they're trapped into concepts and takes time to cover that.

Advise- Just see, what you're learning through current affairs? Let's say there is a news regarding RTI in judiciary. You read this article for two hours, then summarise it according to your knowledge at that time. Now think about the other aspects; if you've already done polity and governance chapter in your syllabus then this news is just 5 seconds news for you.

I have put my points according to my understanding. Rest if something differs then you're welcome to put here your views too.

पड़ोस वाली आंटी ने 50 रुपए दिए,  
40 का दही लाना था, 10 रुपए मेरे थे।  
पहले 10 की फ्रूटी पी ली।  
अब दही नहीं मिल रहा। 😞

Me:



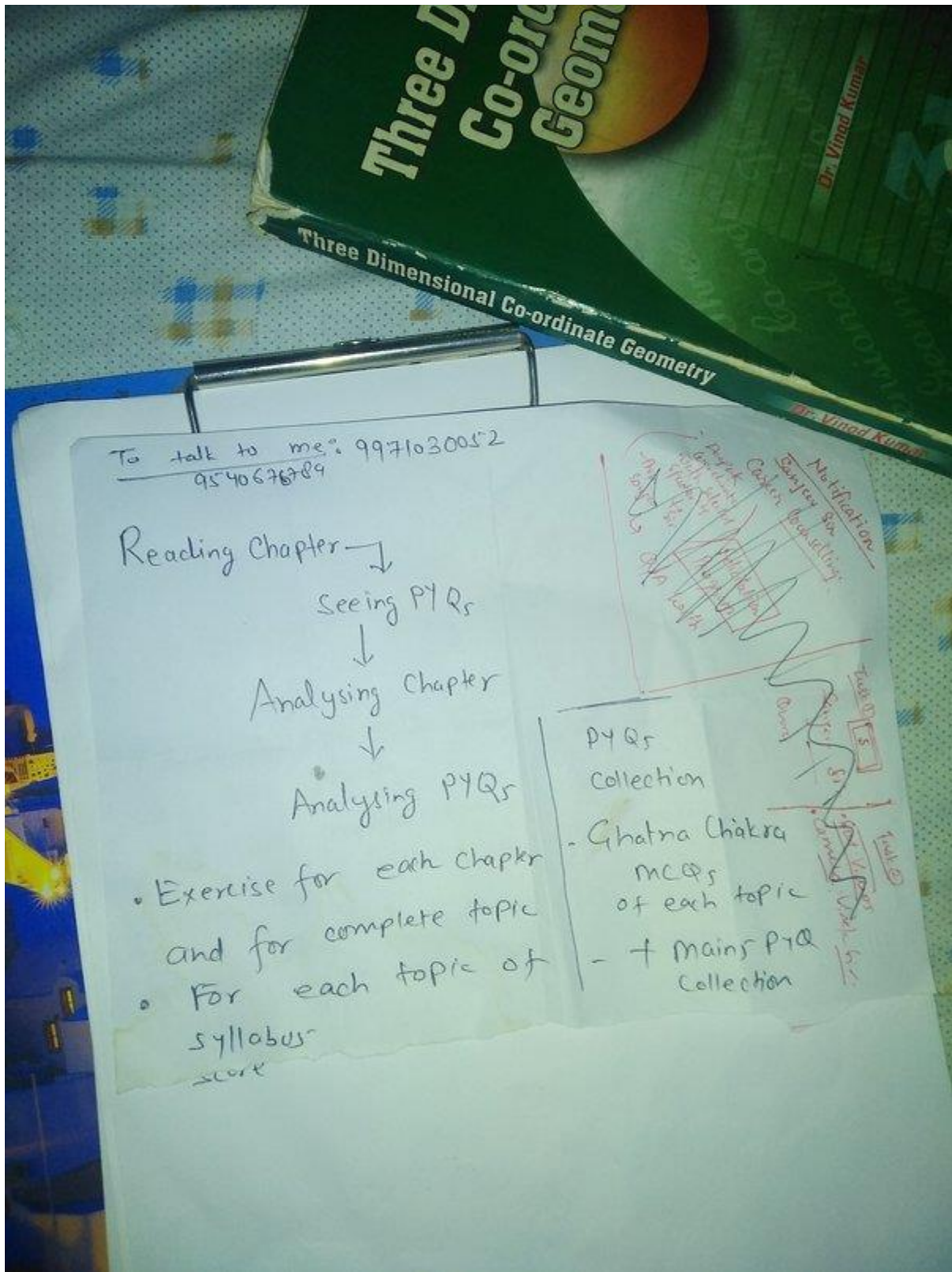
**16.What must I not read to save time and energy during the preparation of the UPSC?**

I won't write a long answer because yes this exam needs perfect strategy and the point is to avoid unnecessary advice.

You have to understand the demand of exam and once you understood the demand, you yourself will understand what not to study. Believe this funda and don't be trapped into fallacy.

Rule is to follow-





Edited: Someone asked to put focus on analysing PYQs..



Answer-

For example- reading of the chapter PREAMBLE from book. You just read, without any idea what's to retain after reading..just enjoy the first reading

Now

See PYQs

After seeing PYQs you'll realise what are those points in the chapter PREAMBLE which I have to grab by heart.

Now go back to the chapter PREAMBLE again. Now you won't simply read it. You'll actually analyse it like okay ...what is meant by justice and what kind of justice..or where opportunity weights something...this is called analysis

Now go back to PYQs of this chapter again. This time you'll be analysing PYQs..like okay till now this much has been asked related with preamble and now what the next can be asked..this is more of mental exercise. You won't be able to guess exact question in this Analysis but such mental exercise helps you in exam hall. Keeps you cool..natter how tough paper is set.

**17.I made NCERT Class 11th Polity short notes during my second reading of it? Is it good to make notes at this stage since I am in 3rd year of Engineering?**

Hello dear aspirant, I would like to give a detailed and logical answer for the question. If it seems satisfactory, you may like it. Otherwise you can ignore.



23/07/2022

@ Nirman IAS

If you want to talk to me  
Leave a message  
Talk to Upendra Sir at 9540676789

FRIDAY  
DECEMBER 2019

06

Jan 2020

6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31

## NCERTs and Notes Making

Q. ① for which topics NCERTs will be sufficient?

History & Geography  
NCERTs

+ Something more for these two topics too.

For other topics like  
polity, Economy } → NCERTs are just for basic understanding and

You must follow some standard books for these topics, and if you follow standard books then you can skip NCERTs for these topics.

(depends on time you wanna spent

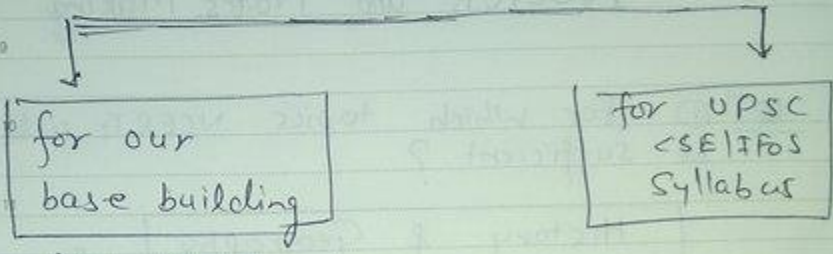
You can have better ideas when you are set free.

**07** SATURDAY  
DECEMBER 2019

Upendra  
@Nimmo

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### Purpose of Notes



1. like to know about what's the Polity is all about ?

2. What's the economics means for student who didn't have idea about basic fundamentals

**08** SUNDAY

↓  
So if your purpose is this, then fine you can carry on.

Then making notes from polity & Economy NCERTs will not work,

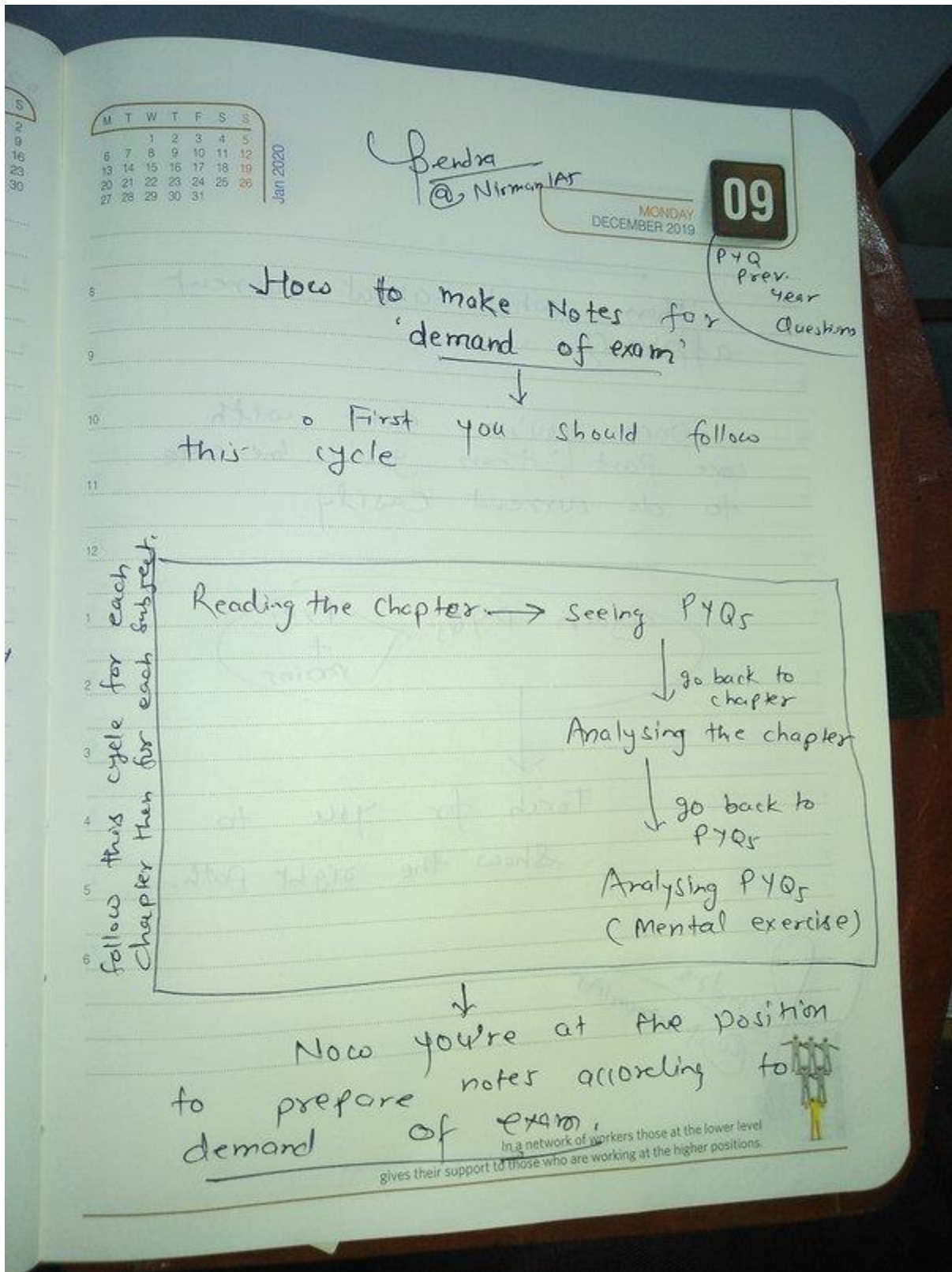
↓  
If your purpose is this then go!! suggest something else (on next page)



Become more patient, when you are near to your goal coz other people are also approaching from other paths.

If you have sufficient time







10

TUESDAY  
DECEMBER 2019

	S	M	T	W	T	F	S
Nov 2019	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30


Then what about current affairs?

Once you're done with core part, then you'll be able to do current easily.

again PYQs ← Pre. + mains

Torch for you to show the right path.

Upendra  
@NirmanIAS



Success comes to those who dare to act first.

## 18. How can someone analyse the UPSC previous year questions subject-wise deeply?

It's good that you didn't mention prelim/main specific analysis of PYQs. So I'm motivated to answer it in a comprehensive way. As we're aware about that CSE needs an approach where you have to be very clear about what's needed and when to stop. Should I prepare for Preliminary exam only for six months and then next six months for main exam only? Questions like this can also be addressed in the answer, I guess.

Now let's start it through different segments. Assuming that you are fully prepared mentally to travel on the CSE journey, No matter what hurdles come in between.

Note- Without reading twice, you will not be capable of analysing PYQs. Yes you read correct. CSE questions are mostly conceptual in nature ( Because, Not one word answers like other exams). So first complete that topic/subject then see PYQs , again read that topic and now go for analysing PYQs. So I hope you followed these steps and now I'm going to answer-

### #SUBJECTWISE

Segment 1- INDIAN POLITY : Important part of syllabus for whole CSE preparation.

#Prelim- Try to get PYQs chapter wise. Example : Let's say , I have read PREAMBLE chapter. Now I should try to do questions over it . After two rounds, you'll realise that those questions can be answered with a fixed set of knowledge. You need to carry this fixed set of Knowledge throughout the preparation.

So how it helps? Once you are confident enough, half of the battle is already won by you. Maximum aspirants always running to find new set of information, as they see some new Question and it's never ending process. So after fixing your set of information, you can go for multiple revisions of the same and it boosts your confidence.

Main exam- Attach some point there in the chapter only, how you'll use that chapter specific knowledge in answer writing. For general studies papers, upsc rarely asks specific topic Question (that is required for optional) . Example

Question- Write down all provisions which you see in PREAMBLE of Constitution of India.( Not expected in GS)

Question- India's acceptance of supervision powers of USA in it's internal matters, is against the motive of Constitution of India. Comment.

So here you need to use PREAMBLE knowledge...like why the word SOVEREIGN is put in the constitution with your analytical commentary over it.

We must analyse PYQs chapter wise because it helps us to think in a comprehensive manner.

Example- Article 108 Prelims and Main exam, CSE Question





U.P.R.O./A.R.O. (Mains) 2013

उपरोक्त प्रश्न की व्याख्या देखें।

यक्ष  
(Pre) 2014

ARTICLE 100

46. निम्न कथनों पर विचार कीजिए-

(1) भारत में संसद के दोनों सदनों की संयुक्त बैठक अनुच्छेद 108 में संस्वीकृत है।

(2) लोक सभा तथा राज्य सभा की प्रथम संयुक्त बैठक वर्ष 1961 में हुई थी।

(3) भारतीय संसद के दोनों सदनों की दूसरी संयुक्त बैठक बैंक सेवा आयोग (निरसन) बिल को पारित करने के लिए हुई थी।

इन कथनों में से कौन-से सही हैं?

(a) 1 और 2 (b) 2 और 3  
(c) 1 और 3 (d) 1, 2 और 3

EYE OPENER  
Q. 4  
BANK ACT मज्य  
2nd  
Q. 2  
Pr.  
member  
Bill  
Q. 2

L.A.S. (Pre) 2003  
D-159

सामान्य अध्ययन

Time Third  
Chronology लिखें  
POTA! 2002 में संसद बैठक

जिससे सतत् व समावेशी विकास के लक्ष्य को प्राप्त किया जा सकेगा। न्यायालय ने कहा कि कोई भी व्यक्ति निजता के अधिकार के बगैर आजादी को पूर्ण तरीके से नहीं पा सकता है।

13. भारतीय संविधान में संसद के दोनों सदनों का संयुक्त सत्र बुलाने का प्रावधान है। उन अवसरों को गिनाइए जब सामान्यतः यह होता है तथा उन अवसरों को भी जब यह नहीं किया जा सकता, और इसके कारण भी बताइए।  
(250 शब्द) 15 अंक

उत्तर- संसद भारत का सर्वोच्च विधायी निकाय है और यह द्विसदनीय है। भारतीय संसद राष्ट्रपति व दो सदन (राज्य सभा व लोकसभा) से मिलकर बनती है। संसद के दोनों सदनों की सहमति से ही विधेयक को कानून बनाया जा सकता है। जब किसी विधेयक पर दोनों सदनों में गतिरोध उत्पन्न होता है तो संविधान में संयुक्त बैठक की व्यवस्था है। भारतीय संविधान के अनुच्छेद-108 में संसद के दोनों सदनों (राज्यसभा व लोकसभा) की संयुक्त बैठक की व्यवस्था है। इस संयुक्त बैठक को राष्ट्रपति द्वारा बुलाई जाती है और इसमें विचार-विमर्श और मतदान तथा बैठक की अध्यक्षता लोकसभा अध्यक्ष करते हैं और लोकसभा के महासचिव इनकी सहायता करते हैं तथा संयुक्त बैठक का संचालन लोकसभा के नियमों के तहत ही किया जाता है। यह बैठक संविधान में वर्णित तीन में से किसी एक परिस्थिति में बुलाई जाती है -

(1) यदि विधेयक को दूसरे सदन द्वारा अस्वीकृत कर दिया जाए।  
(2) यदि सदन विधेयक में किए गए संशोधनों को मानने से असहमत हो।  
(3) दूसरे सदन द्वारा बिना विधेयक को पास किए 6 माह से अधिक हो जाए।

CSIR  
Mains  
2017  
Article 100

पर चुनाव  
• राजनी  
के दा  
• चुनाव  
झूठी  
होनी  
• चुनाव  
• विभि  
चाहि  
• वेना  
• चुनाव  
अधि  
• जहाँ  
कोई  
• झूठ  
पर  
देना  
• कि  
कि  
• पा  
• चु



CSE 2017  
Main  
Q.52

There is a provision for Joint Session in Indian Constitution. Tell those events when such joint sessions are organised and generally and also tell those when joint session not allowed. 250 words 15 marks

CSE (Pre.) 2003:

Q.4 Consider the following statements -

- (1) Joint Parliamentary sitting in India is organised under article 108.
  - (2) First Joint Parliament sitting of Lok Sabha and Rajya Sabha had been organised in the year 1961, first time.
  - (3) Second Joint P. sitting was a to pass the bill about Banking Service Commission (Repealing).
- WOTF is correct.

- (a) 1 and 2 (b) 2 and 3  
(c) 1 and 3 (d) 1, 2 and 3

(Don't worry much about remembering all the articles by seeing this question)

Note! There are some important provisions, like Joint sitting, Private Members bill. Specific points are asked if something is in news (debates)

like above Q.7: Because POTA; Year 2002; Joint sitting organised  
∴ Q.4 asked in 2003

#HISTORY

Ancient and medieval ( As not mentioned in main syllabus, it's only for Preliminary) , But if you see closely PYQs, you'll come to know that in the name of Art and Culture, it's used in main exam too.

So when you are studying this , you should always read it as one extra dimension of art n culture for main too. Like

If you see Preliminary question( some statement given in question)

White marble is used in Buland Darwaja?

Now when you read medieval history gor Preliminary, add these points for main too.

Main question- White marble is extensively used in Mughal buildings whereas it's almost absent in British era buildings. Elucidate.

Therefore, I advise to analyse PYQs of pre and main on completing the syllabus of History.

Economics- The same process as above.

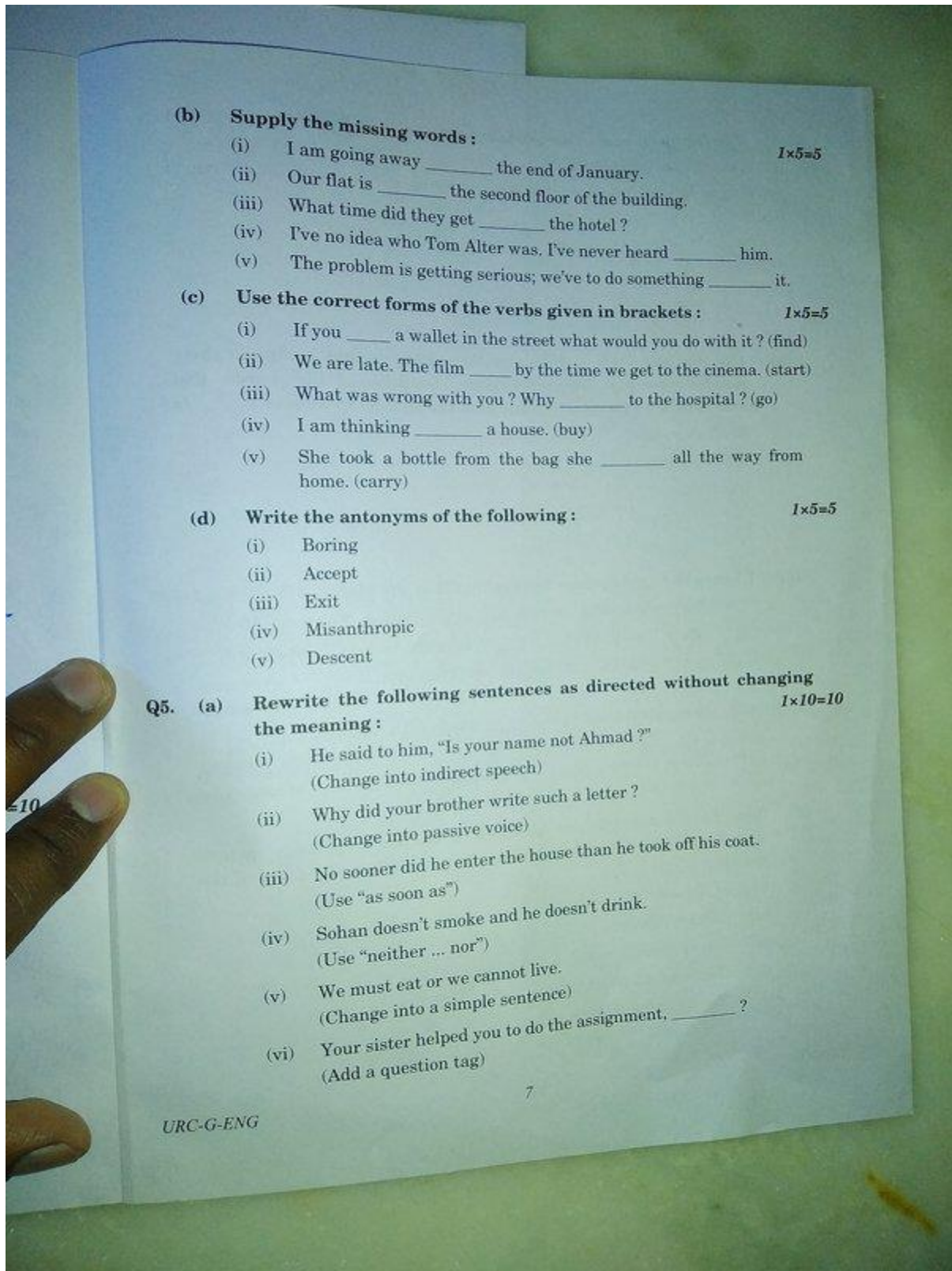
Geography- The same process as above.

Essay- By analysing previous years, you can better prepare a strategy about your strong points. Like you are good in philosophical essays or essays related with Science and Tech.

Language Papers in Main exam-

English compulsory- See some previous years papers. Try to write those without any study as those are of tenth standard only. After it if you think you need to do some work, start doing that. Don't worry mucu about reading grammar portion, as those are not of much worth. You can see PYQ.





(b) **Supply the missing words :**

- (i) I am going away \_\_\_\_\_ the end of January. 1×5=5  
 (ii) Our flat is \_\_\_\_\_ the second floor of the building.  
 (iii) What time did they get \_\_\_\_\_ the hotel ?  
 (iv) I've no idea who Tom Alter was. I've never heard \_\_\_\_\_ him.  
 (v) The problem is getting serious; we've to do something \_\_\_\_\_ it.

(c) **Use the correct forms of the verbs given in brackets :**

- (i) If you \_\_\_\_\_ a wallet in the street what would you do with it ? (find) 1×5=5  
 (ii) We are late. The film \_\_\_\_\_ by the time we get to the cinema. (start)  
 (iii) What was wrong with you ? Why \_\_\_\_\_ to the hospital ? (go)  
 (iv) I am thinking \_\_\_\_\_ a house. (buy)  
 (v) She took a bottle from the bag she \_\_\_\_\_ all the way from home. (carry)

(d) **Write the antonyms of the following :**

- (i) Boring 1×5=5  
 (ii) Accept  
 (iii) Exit  
 (iv) Misanthropic  
 (v) Descent

Q5. (a) **Rewrite the following sentences as directed without changing the meaning :** 1×10=10

- (i) He said to him, "Is your name not Ahmad ?"  
(Change into indirect speech)  
 (ii) Why did your brother write such a letter ?  
(Change into passive voice)  
 (iii) No sooner did he enter the house than he took off his coat.  
(Use "as soon as")  
 (iv) Sohan doesn't smoke and he doesn't drink.  
(Use "neither ... nor")  
 (v) We must eat or we cannot live.  
(Change into a simple sentence)  
 (vi) Your sister helped you to do the assignment. \_\_\_\_\_ ?  
(Add a question tag)

Optional language Paper- Same above.

Now we try to come at some extra subject, which we call as CURRENT AFFAIRS.

See previous years questions, only when you have completed above portions ( STATIC part) . Now you are capable of analysing it. Now UPSC asks questions sometimes which were in news two years back. But those aren't much in number. If you have completed syllabus in good manner. It's almost handled easily. Like if you read economics from updates notes, then nothing to worry about current again of two years back, as it's already added in your notes.

For topics like Art n culture, nothing much to worry about current again.

I hope this will help you. If yes, please leave your words in the comments s

## **19.Is Ghatna Chakra good for UPSC preparation?**

It depends on your analysis. Those can be best source of you use those wisely.

How to use?

Polity : Best one...how questions are asked in upsc or in other exams are given topic wise. So whenever you have completed Lakshmikanthak once, now prepare through ghatna chakra. Revise it on regular intervals. It will help you in generating confidence about the studied topic.

History: Good but don't try to remember all questions as state pcs required. Good questions from PSC also you can look upon.

Geography- Analyse questions. Don't remember. Because sometimes related with current affairs...so not much worry about it.

Economics- I don't think it will help much. It's more about current affairs. Better to go with Mrunal Sir class notes.

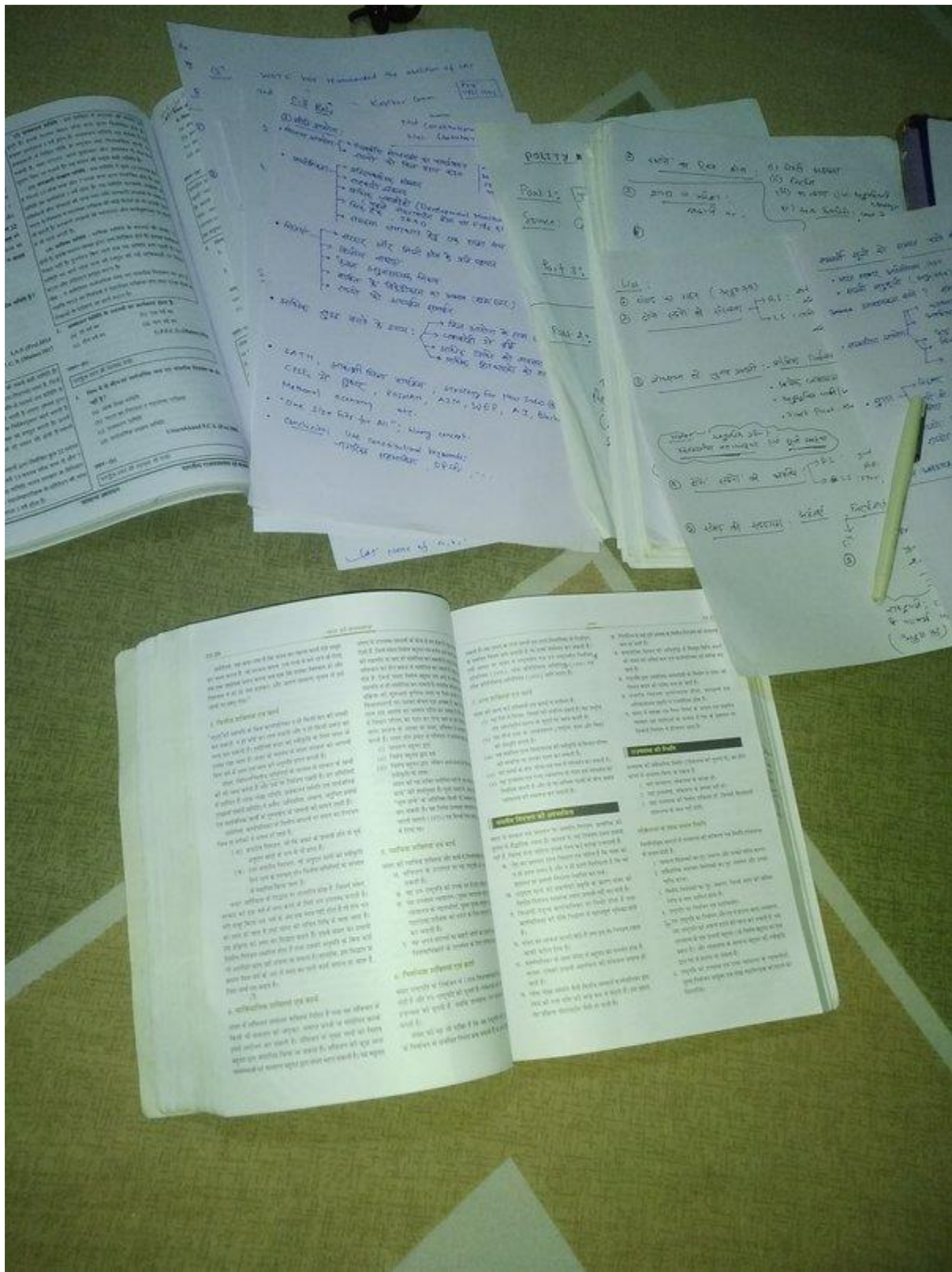
Science and others- not that much highly required. Just give some glimpses.

Hope it will help you.

Good luck

Prepare in Right Way

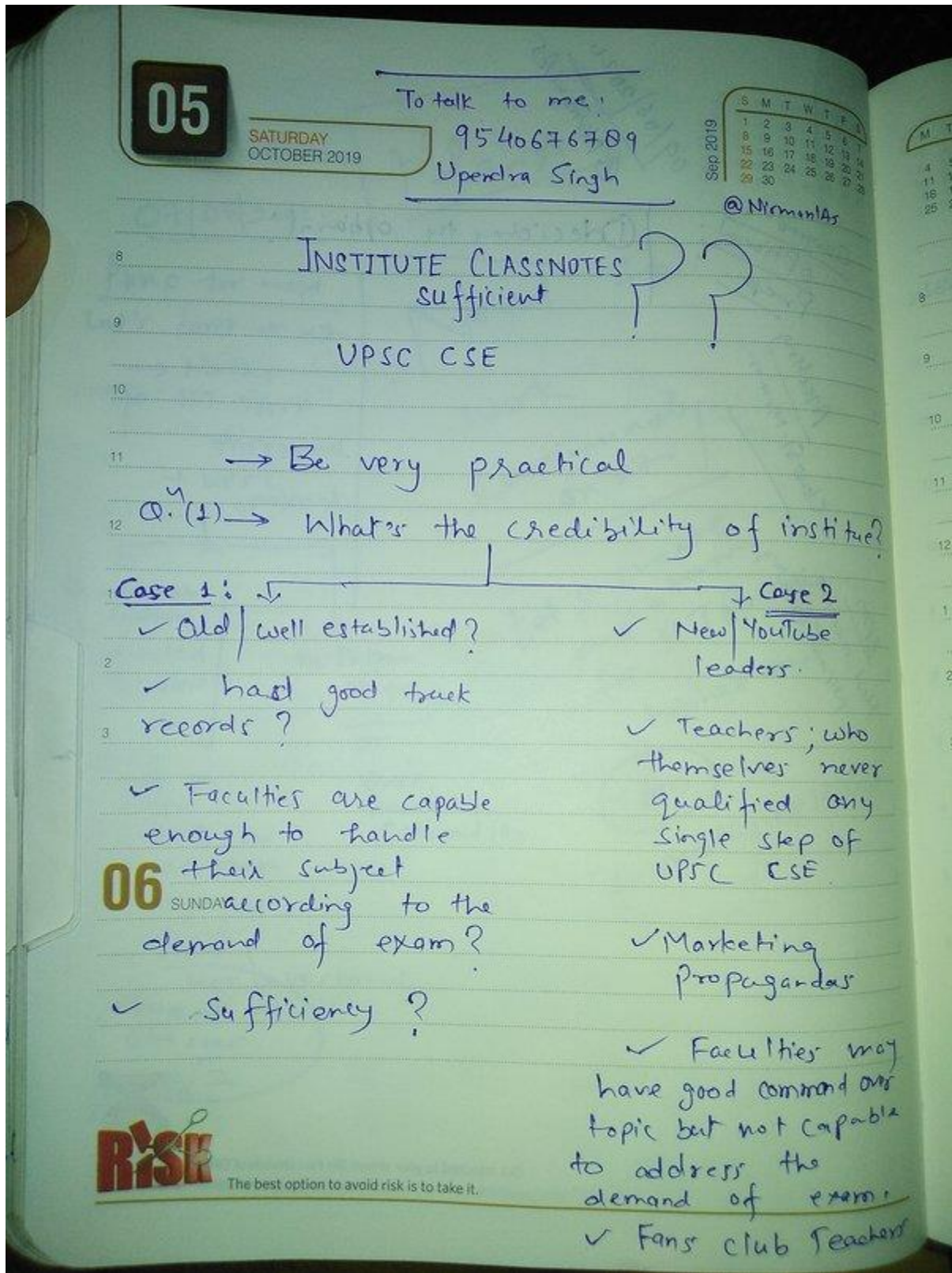




## 19. Is it advisable to stick to institute and class notes only instead of going for standard books for the UPSC if one is enrolled in a coaching centre?

I've tried to put my analysis. Obviously it's based on experience and may differ. But I'm sure, if you read it without any stereotypes, you'll find the answer.







M	T	W	T	F	S	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Nov 2019

Opendra  
@NirmalAS

MONDAY  
OCTOBER 2019

07

Case 1: (A) It's very much probable that institute designs its lectures / study material with credible sources.

Sometimes what happens is, There may be faculty who is well recognised in his domain.

Example: A famous lawyer/justice.

↓  
They can make students well understood about topic. (Conceptually clear)

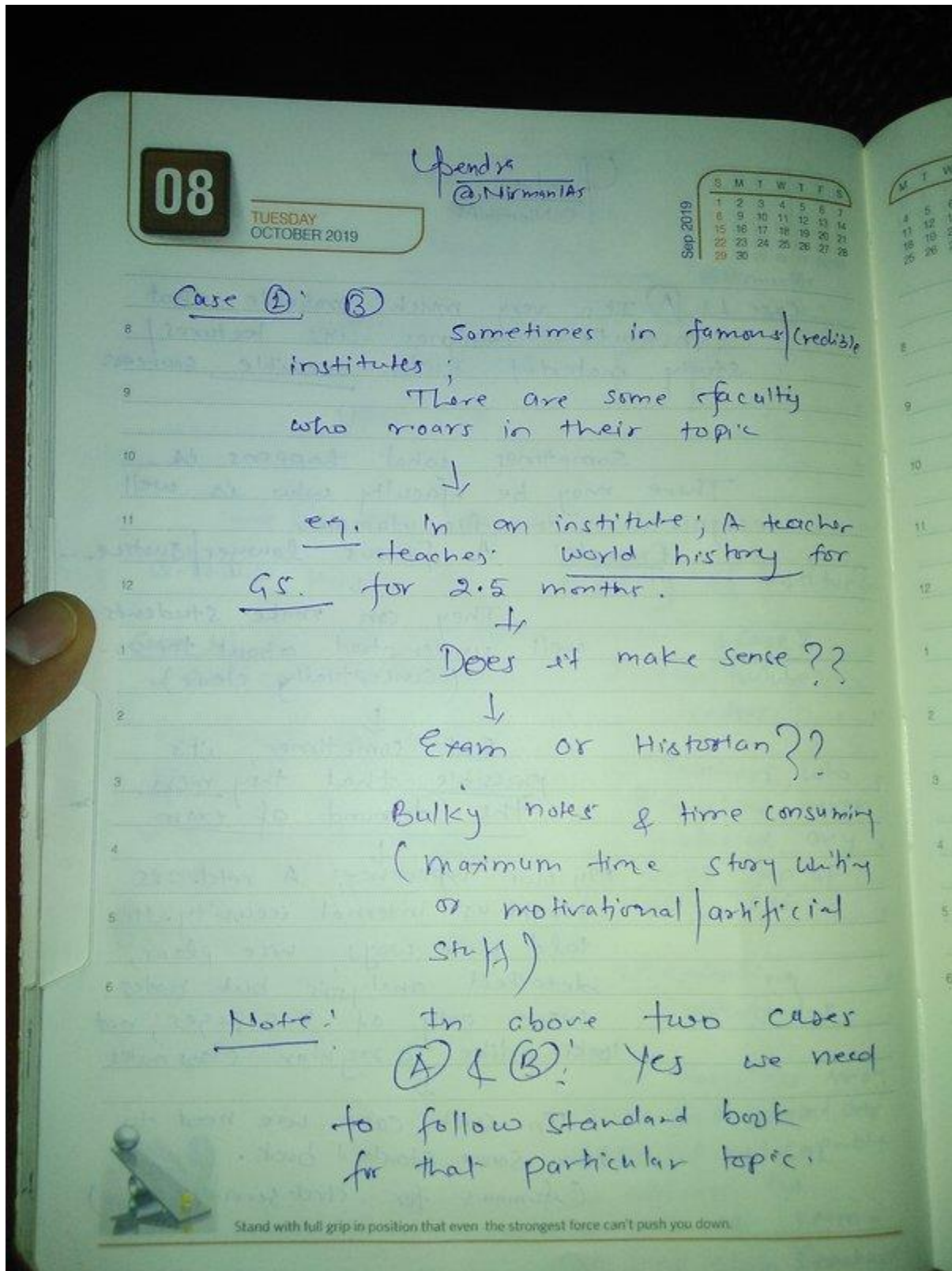
↓  
But sometimes, it's possible that they miss the demand of exam

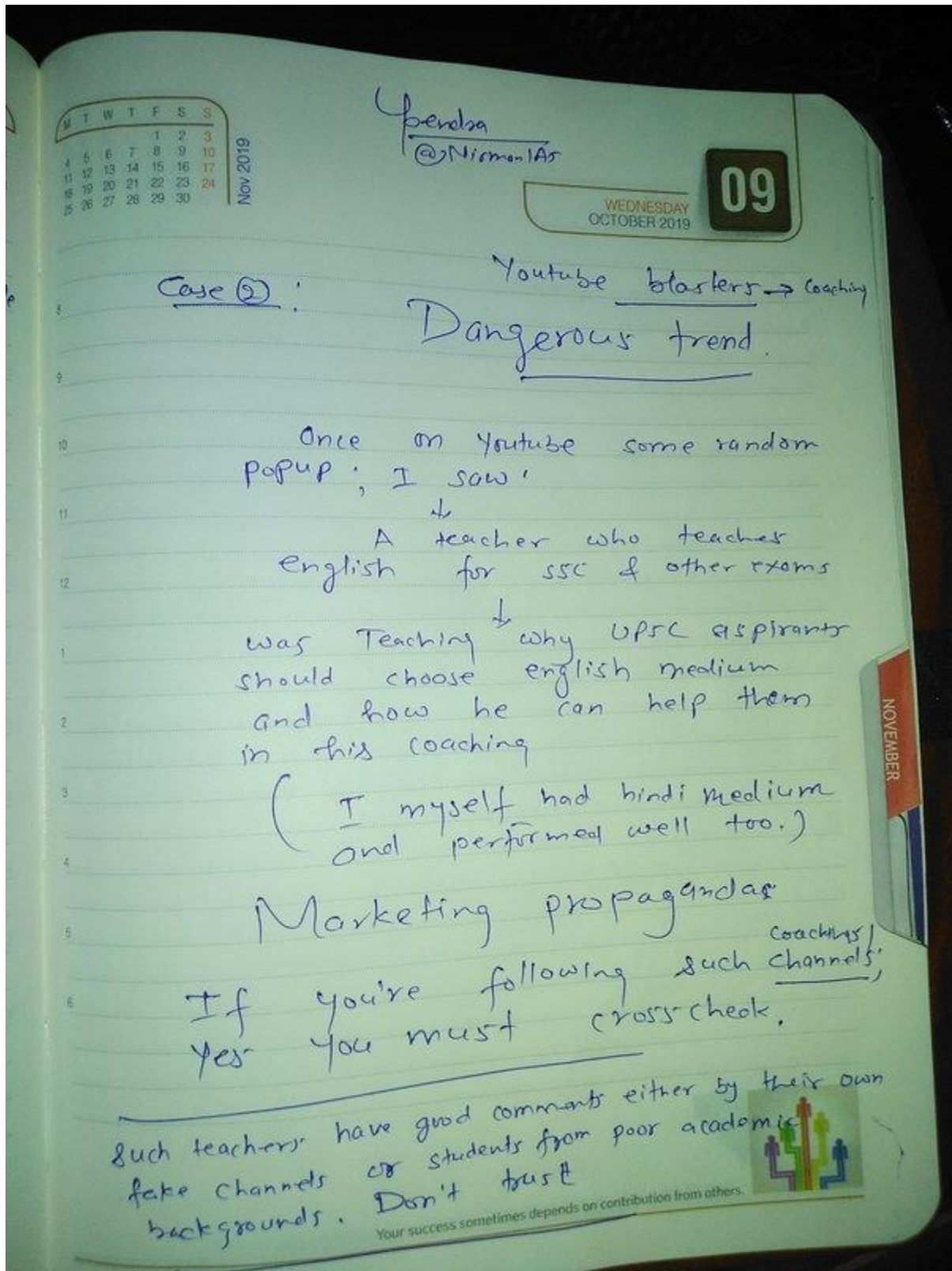
↓  
My own experience: A ret'd. IAS taught us Internal security. He told nice ways, nice plans, detailed analysis but notes were only of 4-5 pages, not looking like a regular classmate

↓  
In such case we need to have some standard book. (famous for civil services exam)

Answer every call and reply every message to maintain relationships.







So how to check??

YouTube Upendra Singh : Mindset Makers for UPSC

See previous years questions and analyse those well. Try to get that are you able to do the questions based on notes. Special suggestions. Prelims questions cannot define the depth because many teachers add those in their classnotes after the exam. So you must analyse those in details, not only answers.

Still I'll suggest you to follow CROSS-CHECK always.

## **20. I won't qualify Prelims 2022 and my Mains preparation is not up to the mark despite preparing for one year. Should I invest all my energy in CAPF AC 2022?**

Dear aspirant, can I ask you a counter question, if you permit?

At this point of time, why you've this feeling that you won't qualify the preliminary exam 2022?????

See, I'll say that it happens with everyone. Everyone who's serious for this exam. Just before preliminary exam, such feelings sparked. I'm not saying that you have to take this attempt for sure. It completely depends on your analysis of your preparation.

I would like to suggest you something here-

If you want to save your attempt and by being honest to yourself about your preparation shortcomings, then you can drop it and . But I'll suggest again that you must prepare for 5th june. Because by saving 5-6 days, you cannot become more eligible for CAPF. Whereas if you bound yourself to 5th june exam then such pressure handling exercise is precious and no test series can give you such opportunity to prepare for any doomsday. Again, if you wanna drop it today only, then you can do so.

If you have selected attempts remaining and by dropping the paper nothing positive you'll gain then you should test yourself for sure at this preliminary.

What you said about mains preparation, I can say this feeling is with all aspirants. Many thinks that I don't have adequate preparation so i shouldn't go gor attempt. Even at your last attempt, this feeling will be with you. Because this is the exam demand and yes it tests and plays much with pshychology. If this is the case then you must try hard for this prelims.

Please don't take it otherwise but as senior I tried to put the reality. rest is yours.

Keep smiling

## 21. How do I link current affairs with GS papers in UPSC Mains paper?

I have tried my best to answer your question . Please go through the words and I hope you'll feel good and satisfied. (uploaded images) .





YouTube Channel : Upendra Singh mathematics  
for G.S. & maths optional

## HOW DO I LINK CURRENT AFFAIRS with

### GS PAPERS IN UPSC(CSE) MAIN

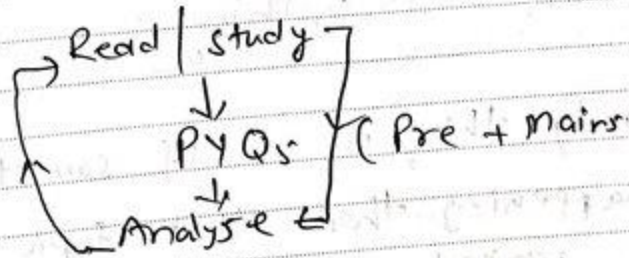
**Correct way of preparation :-**

Step (I): Complete your static part  
(syllabus) like History, geo,  
Economy, Polity and all.

Step (II): Now go for current affairs

Exercise:

Step (I):



Upendra  
Insights IAS

To talk : 9971030052

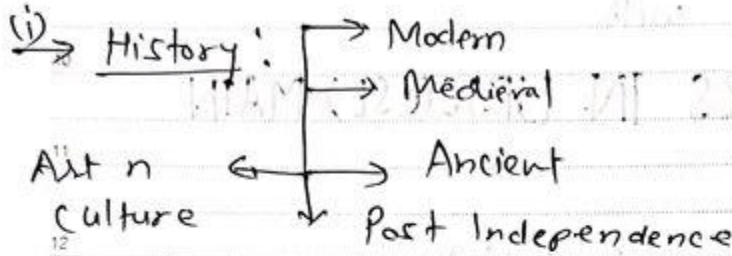
Keep smiling always and let others think the reason.



instacourses.insightsonindia.com

CLASSIFICATION:

G.S. Paper 1



Suppose; you have covered each topic well (either through coaching or classmate or books)

then what about current-affairs in history ???

Ans: Nothing!

Only thing is :- If something big happening then that topic itself should be revised.

**HOT**

Example: ① Sabrimala temple  
Khajuraho

Topic:  
Temple structure

② Controversy about 1857 revolution

Be soft with your words, sometimes hot words can make your relations cold for ever.

Topic of modern history

Prepare in Right Way

(ii) Geography → Jphy.  
→ Indian  
→ World

for current:  
If studied well, then only to revise that topic which is in much news

Big Environmental Concerns

Example: mapping  
Volcano  
Antarctic Policy

(iii) Indian Society:


Traditional: Already in Ancient Art/Culture  
↓  
Modern

being an aware citizen; you have to keep eye on what's happening in the world

like: How COVID & Women Employment

Youtube Channel:

Upendra Singh mathematics for GS & Maths Optional



You can't achieve your goal standing on others shoulders

Prepare in Right Way



AUGUST 2019

997103003 ←

## GS Paper 2

→ Polity: If you've studied well this topic from any standard book / classmate.

↓  
Now let's say anything related with Collagium system for Judges is in news

↓  
Then you just read this news and go back to the Chapter Judiciary in your polity book.

↓  
Add anything/news in that notes/book only.

↓  
Current + Notes Done.

→ Any new Act comes, then add this in AT paper in your Notes in that chapter only.



Example: Article 370 ; then add this in the chapter

Hope is like a light in complete darkness, never give it up.

Special provisions for States.



Governance: You should have better understanding of terms.  
(have a classnotes first)

After understanding [ → Definitions  
→ RTI  
→ Public services  
= ] Now you can choose the news in current Affairs.

→ Similar idea for Social Issues

Classnotes for understanding then [ → Education  
→ Women  
→ Marginalized Society  
→ Health  
= ] You can take current affairs

I.Ro → Basic understanding

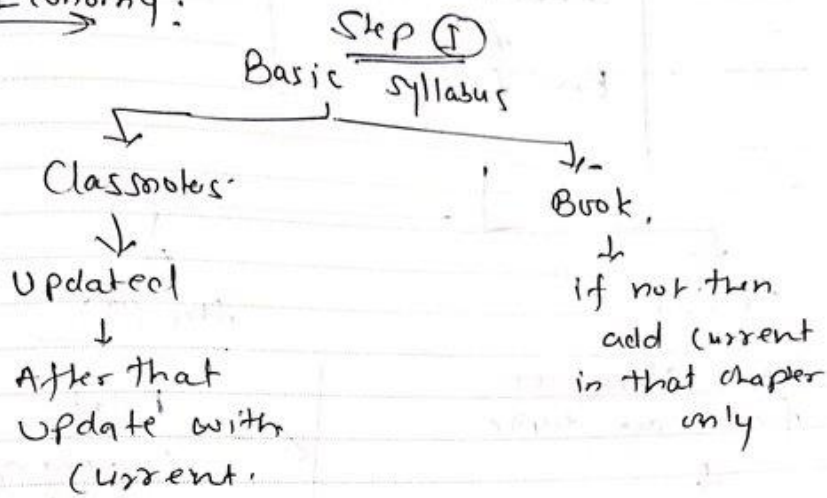
Class notes [ → Bilateral world bodies  
→ Diplomatic meanings  
= ]  
Live and act with complete law and order in mind.

Automatically you'll be able to correct Current here.

Prepare in Right Way

## GS Paper 3

Economy:



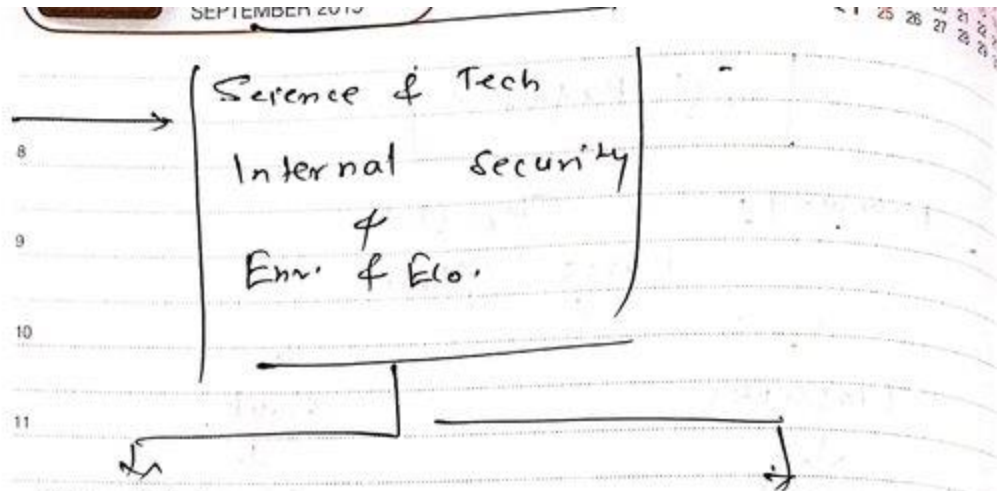
Note: ~~I~~ I followed Manual  
 ← Sir's notes. Then anything

for example : Doubling Farmer's income  
 in news

↓  
 I'll add this news in  
 the chapter Agriculture of  
 my notes.



Before adding the weight on earth think once.



12 Step I!

- 1 have classnotes for each topic
- 2 ↓
- 3 get basic understanding

Step II

Relate current affairs with chapters.



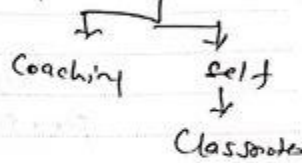
Growth doesn't depends on time but on your actions.

Prepare in Right way

# GS-4

Step I  
Section A

Basic Understanding of terms



Now anything is news.  
Example: Recently IAS officer in corruption

↓  
Then you can add this in your classmate and can use in justifying your arguments.

Section B  
Case Studies

Keep an eye on events like:

Learn through experiences  
Current Affairs

Disaster: How managed  
Riots:



on destiny and fortune, work hard and you will achieve both.

## Prepare in Right Way



# ESSAY

This is a paper of

↓  
Your  
personality/  
abilities  
to express  
your thoughts

↓  
Not a  
GS Paper

↓  
So Current Affairs reading  
enriches your arguments in

For further reference: you can ask  
for my essay copies (test series)

Credibility: I got one of top scores  
in UPSC CSE main.



Life gives no retakes, we have to perform in single shot.

## Prepare in Right Way

## Personality Test Interview:

- Be an aware person
- Read current affairs like a responsible person for the nation

↓  
This is the beauty of current affairs reading.

Upendra Singh (Youtube channel)

Mindset Making for G.S.  
Mathematics Optional

Get The Best Guidance 9971030052

Upendra

Your tongue is just a medium for your heart and mind.



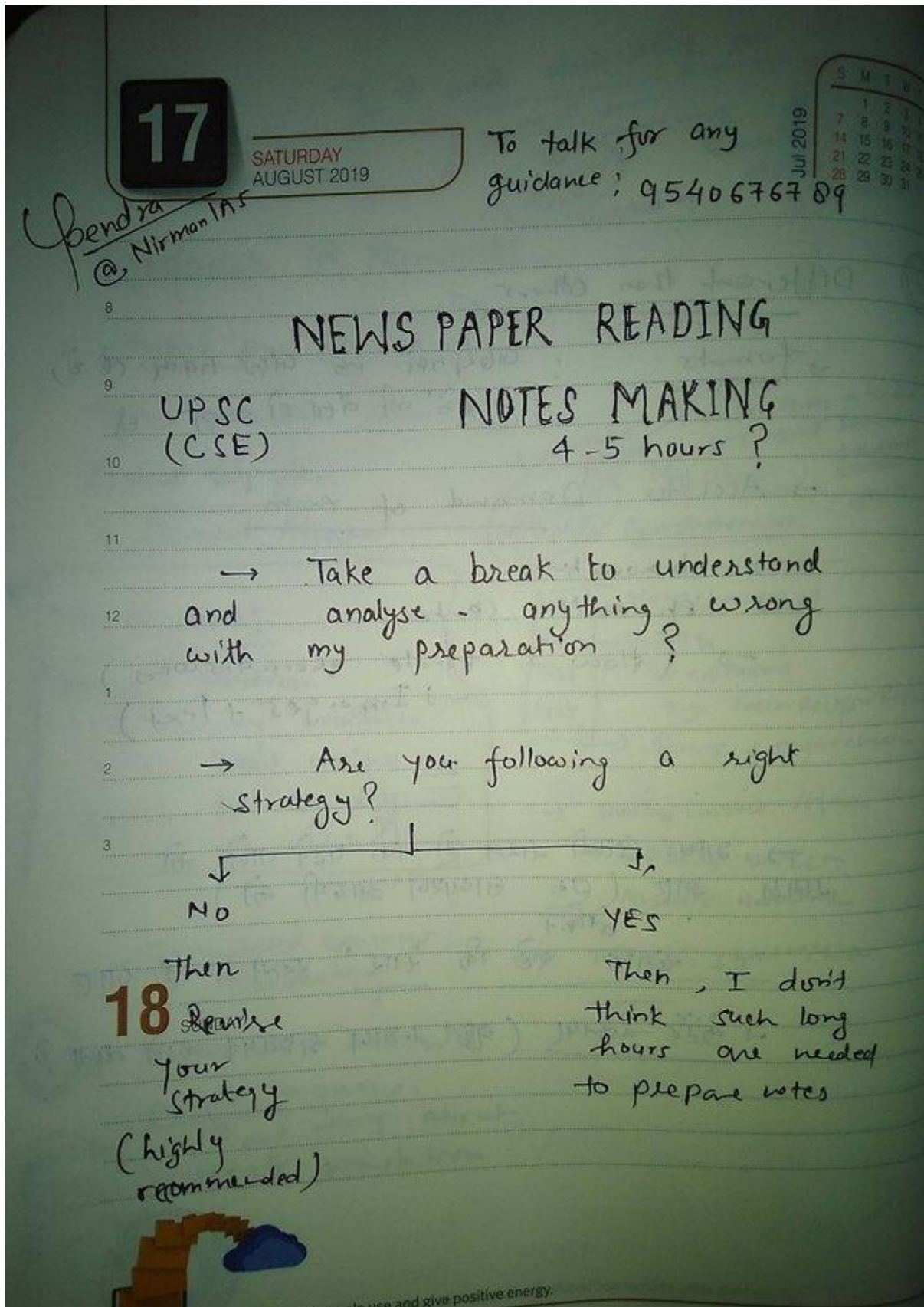
Keep learning keep growing.

## 22. How should I complete note making from a newspaper if it takes 4 hours to read and write for the UPSC?

I may differ from your expected answer. But I'll put my way of learning and obviously I observed and found it logical. So here is the strategy and answer.









Nirman IAS

19  
MONDAY  
AUGUST 2019

RIGHT STRATEGY

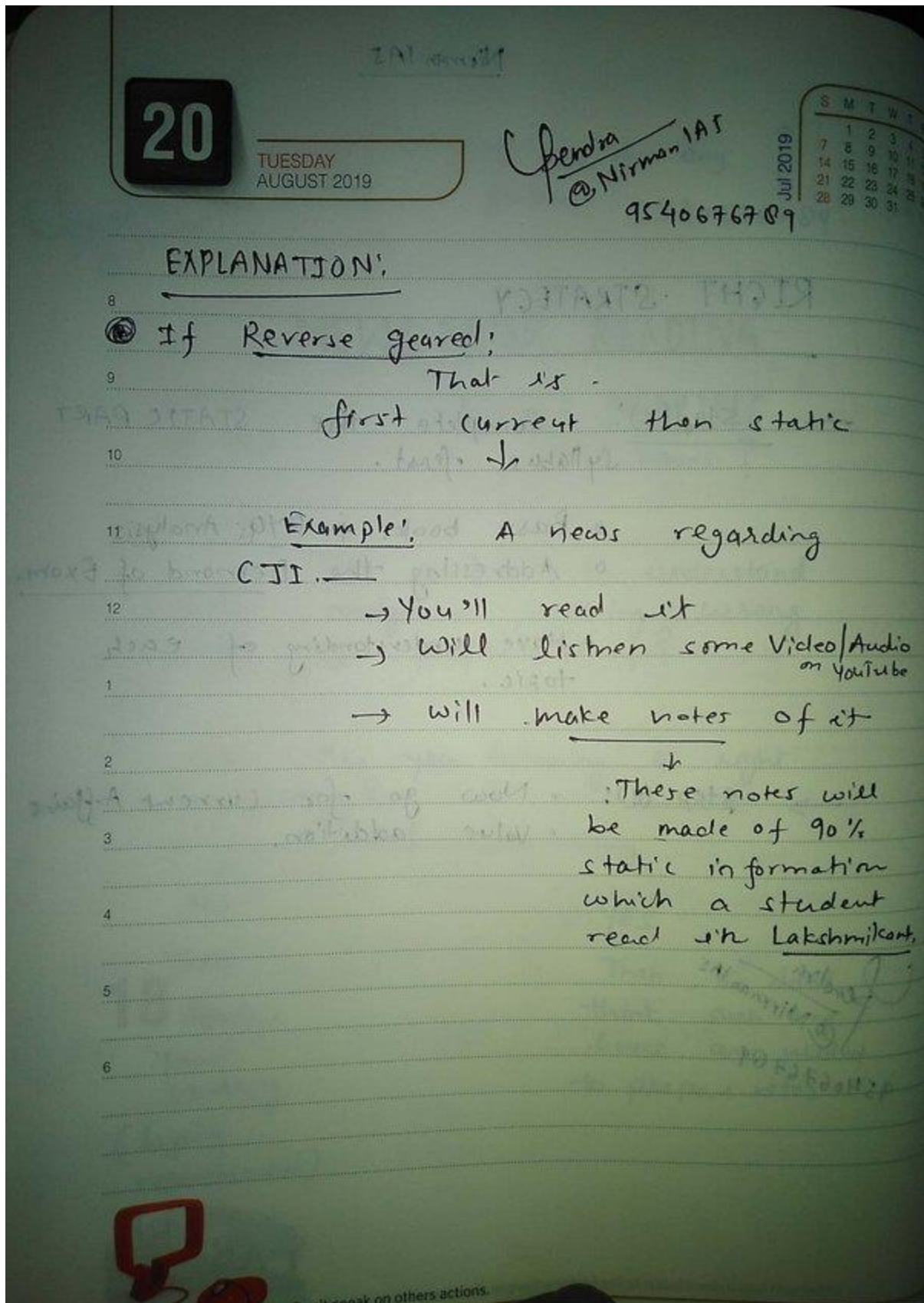
→ Step (I): Complete the STATIC PART syllabus first.

- o Basic books + PYQs Analysis
- o Addressing the Demand of Exam.
- o Have understanding of each topic.

→ Step (II): Now go for Current Affairs addition.

Upenbra  
@Nirman IAS  
9540676709

**CAREER**





	M	T	W	T	F	S	S
30							1
31	3	4	5	6	7	8	9
1	10	11	12	13	14	15	16
2	17	18	19	20	21	22	23
3	24	25	26	27	28	29	30

Upendra  
@ Nirman IAS

9540676709

WEDNESDAY  
AUGUST 2019

21

© Right geared ;

first static then current

↓

You have already studied "Judiciary"

Chapter from Lakshmi Kant

↓

Now any news regarding CJI is just one minute news for you.

No need to watch fancy videos on YouTube.

Note: This is true for any topic

Example: I. R. ; first prepare it from a book or class notes / book

↓

If current news comes


↓

Then add it on

Economy : — Same as above

S&T

Envr.



As we all need shield on our head, then why we are destroying the shield of earth.

Why I advise like this because aspirants are always in worry of learning more more but they forget that they'll have keep all that in mind so that it can be used or revised at the hectic schedule of actual main exam of CSE.

Always read that much as can be revised and carried in mind to exam hall. That's the only key to keep yourself at the right track.

#### **24.How many days before the UPSC Preliminary exam papers are set?**

I can understand the base of your question. Not you only, almost each aspirant has this question before the exam as to be sure about upto which month, he/she has to follow or cover the current affairs. am I right? Please correct me if I'm wrong.

I never found any such exact information from upsc side in public domain and yeah on rumours, I never believe.

So as far as current affairs are concerned, I used to cover 3–4 months back to exam. Let's say exam in June, 2022, I would cover till February 2022 current affairs. Never bothered about one question if asked from left months current affairs. But qualified multiple prelims with my set of knowledge.

Rest- Generally I heard that paper is set before 1.5–2 months before exam. If I say about IIT JEE, then questions are set throughout the year by different professor in different iits. Finally they select and make one paper. Probably this may be the process here too.

Please go through the answer. I hope it would help you. I've experienced, analyzed, got results in UPSC CSE, then I'm recommending in decoded form today. Please ignore, if it doesn't fulfill your demand. If it works, please try to appreciate.





You can talk with me @ 9540676789

**03**

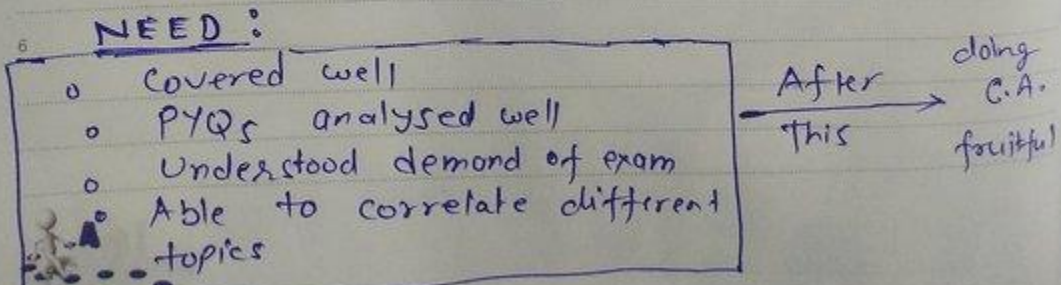
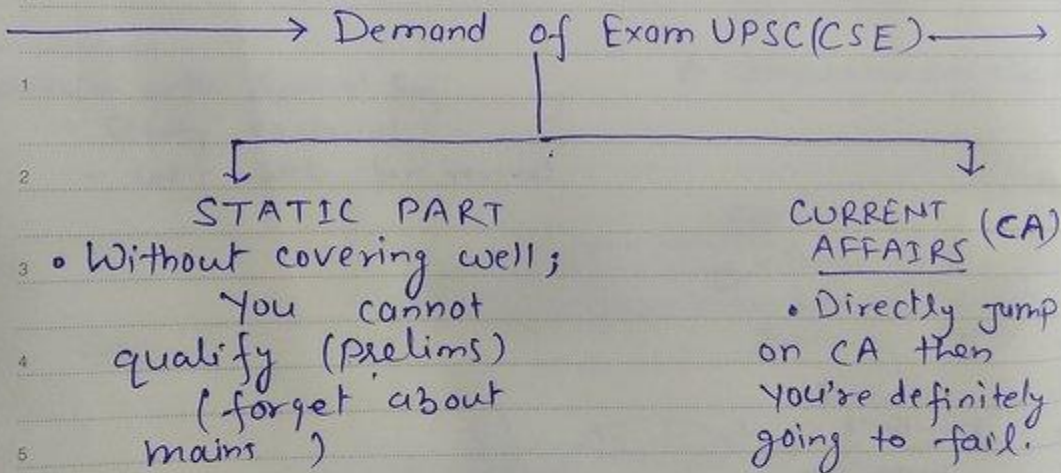
WEDNESDAY  
APRIL 2019

*Opendra*  
@Nirmala IAS

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# Decoding FEAR FACTOR of PT 365

Current  
affair  
perfect  
strategy.



Achievement is not reaching from one point to other but overcoming all the obstacles coming in the way.



May 2019

Upen  
@Nirman IAS

THURSDAY  
APRIL 2019

04

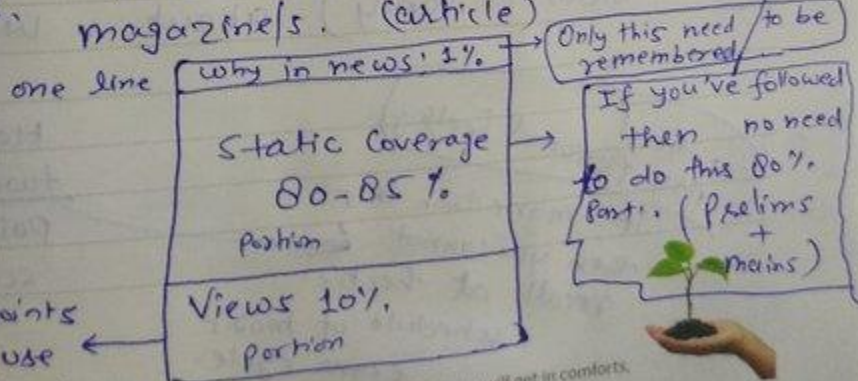
### Why 365 ?

→ Try to understand: If you've done a good procedure and perfect strategy. (as said above: static then C.A.)

→ Now see any topic in the current affairs magazine.

Example: <sup>Polity</sup> Giving constitutional status to OBC Commission.  
 Step I See the News:

Step II: Now see this in monthly magazine/s. (article)



Take only 2-3 points so that, you can use in answer writing (mains)  
 Nothing for prelims here

Nothing you will get in comforts, unless you face several calamities before turning to a tree.





05

FRIDAY  
APRIL 2019

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17	18	19	20	21	22	23	24
24	25	26	27	28	29	30	31

Result of above analysis:

For → Polity

→ I.R.

→ Economics

→ Environment & Ecology

→ Art & Culture

If you've followed static past source (one source multiple reading) then only you need to update (in your original resource only) about - Why in news - &


Practical My Personal feeling

if more than this then you cannot recall at hectic schedule of mains exam cycle.

Hardly one or two analytical points; approaches suggestions.

Mains funda →

Concised for easy to Revise



A true friend is one who unlocks your best qualities from which you are still unaware.

M	T	W	T	F	S	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

May 2019

Upen  
@NirmalAc

SATURDAY  
APRIL 2019

06

Now : I think ; Message is clearly conveyed.

First cover by cover static Part Syllab.


Then C.A.

Tell me frankly:

Now : How much burden you have for current affairs ? ? ? ?

SUNDAY 07

think & realize why this market propaganda? on the name of current affairs



the target hardly that it remains there for some time.



08 MONDAY APRIL 2019

Upendra @NirmanIAS

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31							1
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17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

Mar 2019

Recommended!

→ follow any one monthly magazine with your static part notes in hand.

→ Add news at static part if required.  
( Don't do it on daily basis because UPSC is not going to focus on daily short news. Focus on big theme based news )

→ Revise Revise Revise  
class notes + This monthly magazines

One who saves in the present, enjoys the future.

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

May 2019

*Upen*  
@Nirmam IAS

TUESDAY  
APRIL 2019

09

Now I come to PT 365

I will suggest 'not to read'

if you've followed proper strategy as I told earlier.

Why not to read?

for freshness

If you didn't study CAs regularly or monthly basis then obviously you're lagging behind.

Suggestion:  
better to follow proper strategy.

If followed proper strategy then No need to read PT365 again.

Mind gets images if we do it regularly.

New source  
New  
Confusion

Don't get overjoyed on reaching some heights coz sky is far enough



10 WEDNESDAY APRIL 2019

Upen  
@Nirman IAS

S	M	T	W	T	F	S
31						
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Mar 2019

For Repeaters:

As you're already into the process and let's say from last five months after mains exam, you couldn't follow current affairs (let's say Nov. 2021 — Feb. 2022)

↓

Then for just revision or updation; you can follow PT365 type of ~~Notes~~ Notes.

↓

Don't rely completely on it. Focus on strengthening on your basics.

(But follow the strategy which is ~~for~~ told in the first image)

Don't get confused with multiple tasks rather take them as options to grow.

Don't change your resources.

M T W T F S S  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31  
May 2019

Upen  
@ Nirman IAS

THURSDAY  
APRIL 2019

11

Persons who've written recent mains.

↓

You may feel that your previous resources has something less and start following new resources

( This is Wrong )

↓


Stick on your resources and analyse well.

mains is subjective

↓

prev. years failure doesn't simply wrongs in study.

Key Point



but don't make it your move



12  
FRIDAY  
APRIL 2019

Upendra  
@NirmanIAS

S	M	T	W	T	F	S
31						
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Updated material  
(prior two-three months before Prelims)  
↓  
Very Very dangerous

Let's say : 5th June, 2022  
Exam

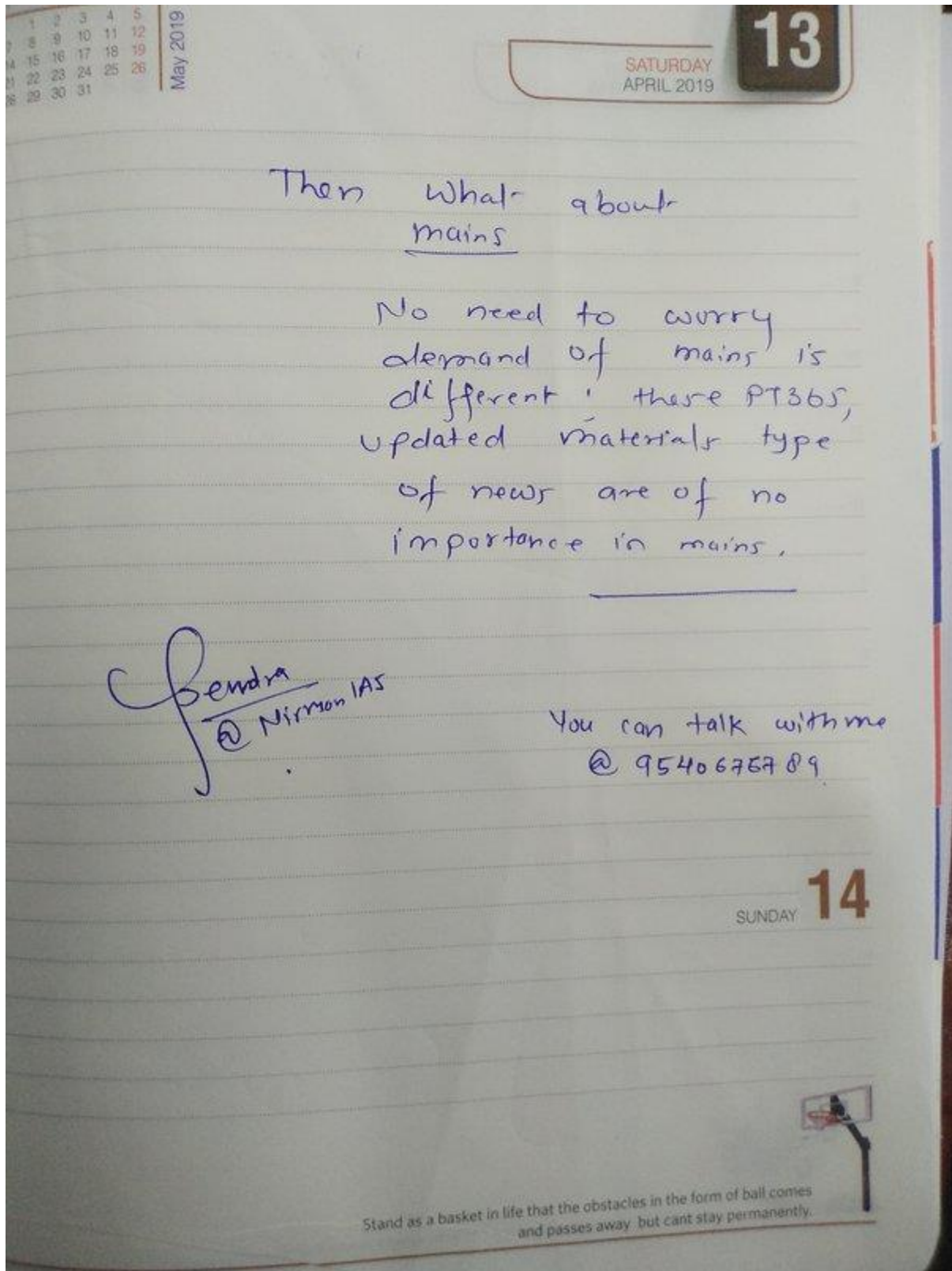
You've covered CA  
from monthly magazines  
upto Feb. 2022.  
Then focus on revising  
this only.

No need to cover  
these updated materials.

Focus on! → getting 50-52 questions  
correct to quality

one question (Rarely) with burden of  
months is bad.

You can make your life more colourful by adding the colour of education in it.



Note: All of above observations are based on my own understanding. Except the year 2016-17 by luck or anything else, this current affairs brand is highlighted. After then, UPSC played

it's game and it's going on every coming year. So you can believe why I have decoded like this.

### **25.Can we prepare for the Civil Services Preliminary Exam in just 1 month with the help of the coaching material?**

Sometimes I'm surprised who are those who asks such question. But okay m everything is possible in the era of social media and the reason behind this is MOTIVATIONAL FACTORIES running on YouTube.

Please don't mind but my answer is ...NO...you cannot prepare. Rather you can save this month and add it to the preparation period of the next attempt .



### **26.How do I study history for UPSC? There are just too many things to remember. How do you remember all those details?**

#### Part 1- Study

I would like to answer this question specially for those aspirants who're from non history (humanities) background . Honestly speaking, I had no interest in reading social sciences during my schools/college. I always focused on science streams as a traditional meritorious(so called but not in reality I guess) student. The more worst I had during my IIT Delhi days. But.....

When I started preparing for civil services, I had to change my attitude. Now the very first question in my mind was , How?

To answer the above 'how', I focused deeply on understanding the "demand of examination". So how to do so? I took PYQs collection for both Preliminary and Main examination. Tried to segregate questions as chapterwise after doing first round study and second revision of history from my source.

#### Modern History-

Aspirant should read a particular text book like Palassey to partition or Vipin Chandra or anyother. Why ? to have a feeling of the chronology, theme of each chapter, ..... After reading this book, you may prepare your own notes/ can take classnotes of any coaching institute/some

**YouTube Upendra Singh : Mindset Makers for UPSC**



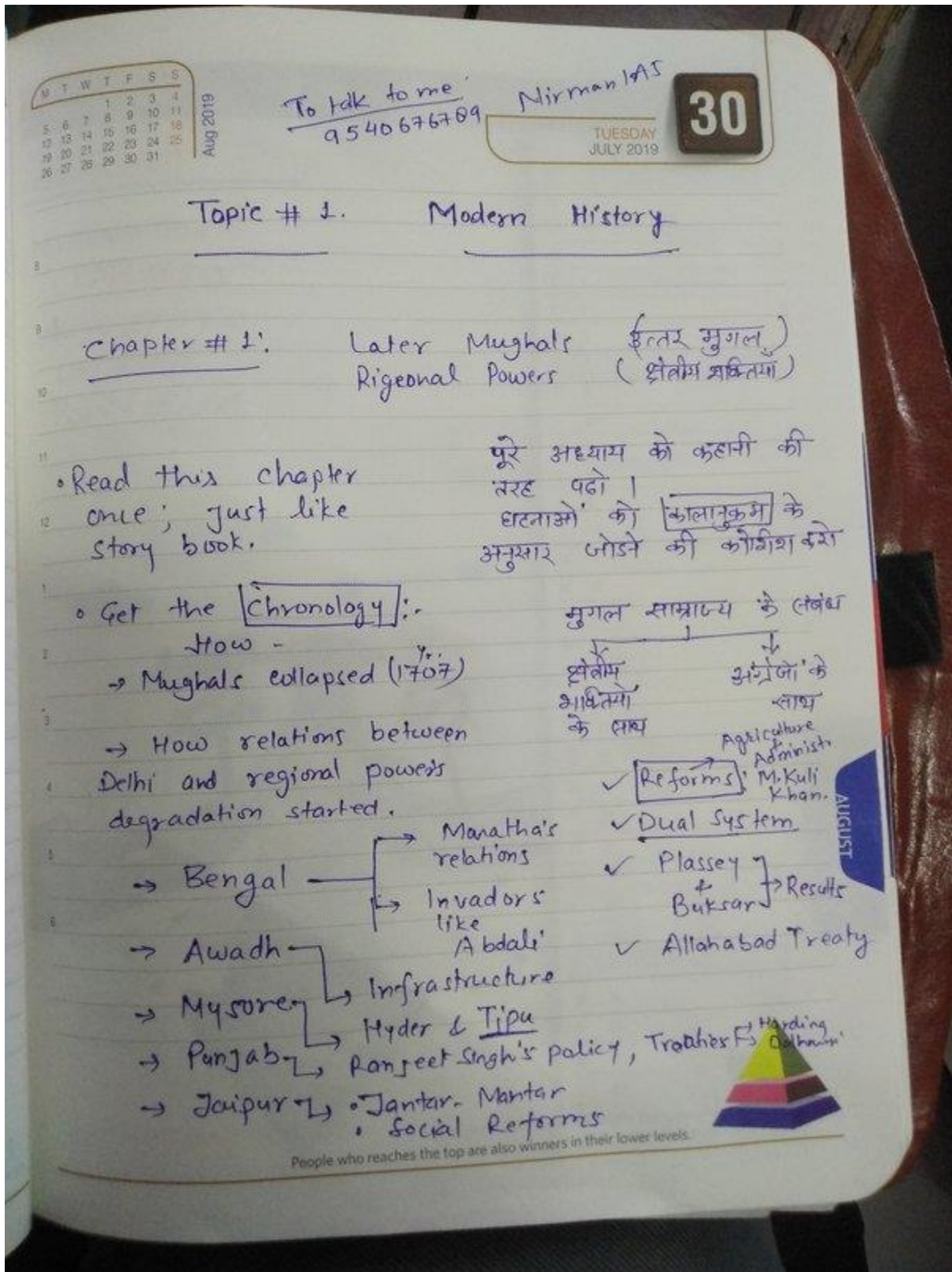
spectrum type facts containing booklet. I took yellow booklet of Nirman IAS and it worked wonder for me.

exercise - Solve PYQs , practice some sectional tests (but don't try to follow mock tests blindly as they overhyped the preparation. better to create your base on the actual demand of exam. PYQs

keep revising those just like some of your favourite movie as to retain the chronology.

Here is an exercise of some topics to help you:





Post Independence -

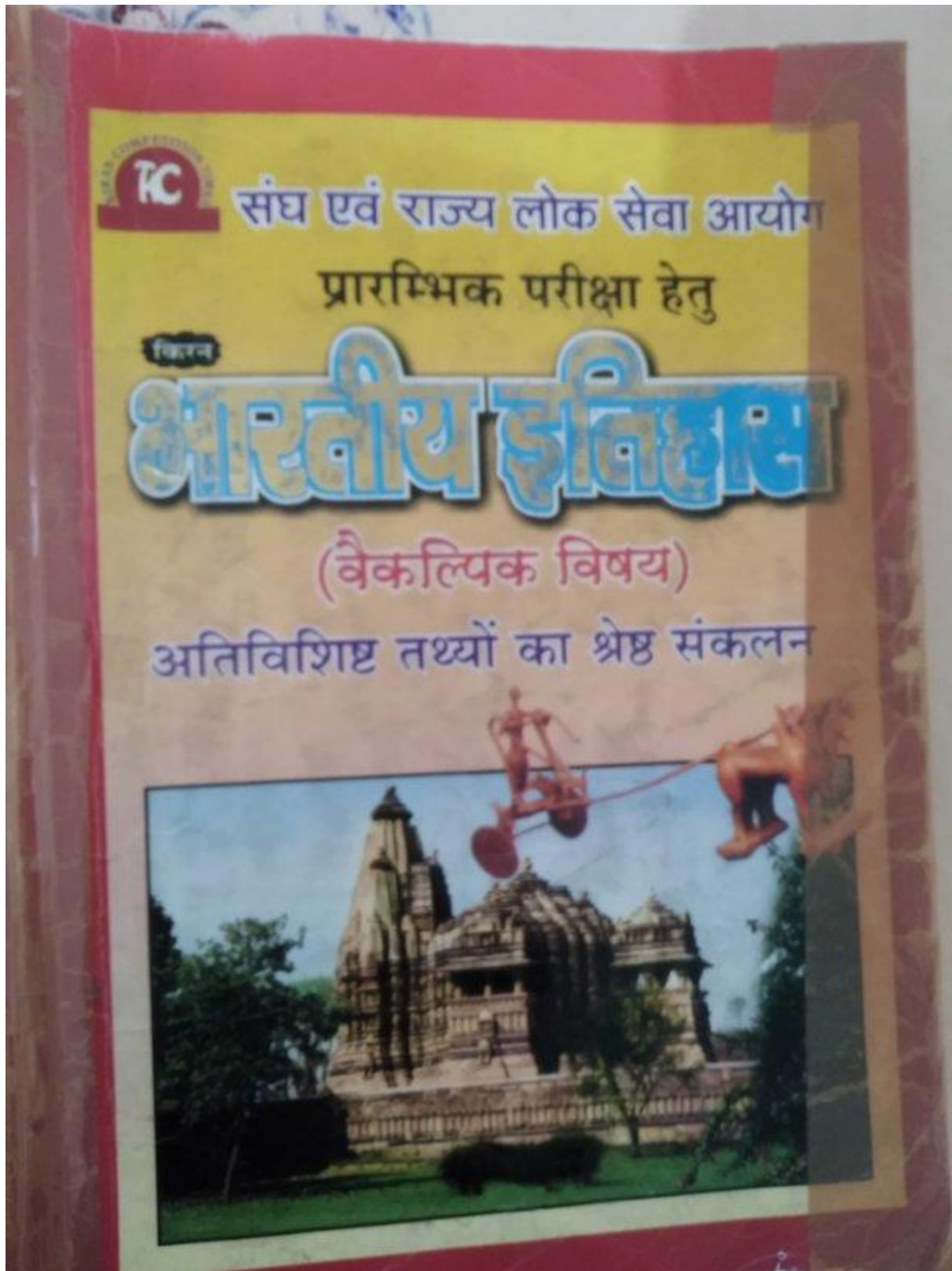
I just watched the series Pradhanmantri season 1 on ABP news. I framed my mind and usually used that in my conversations so as to inculcate it in my personality. Believe me , yes it needs to be inculcated for all rounds of this examination.

Medieval & Ancient- You can read NCERTs or any book for feeling of events . At the end of the day , you have to go for intelligent guessing. I took a book Kiran publication .facts at one place, revised it multiple times.

This is the most annoying part in preparation. I tried many sources initially, but couldn't find those helpful. Then I found this kiran publication book (pointer types)







I decided to do Ratta maar from this only. Practicing from PYQs to get an idea what to read.

Eliminating wrong options (helpful).

Mains also, I could write from this book only. Art n culture part.

See,

Good strategy is- no panic should be created. One single source (may be hectic/bulky) , gives you confidence and mostly before exam to revise.....

Art& Culture- Take any classnotes, rest you can read it multiple times . intelligent guessing again works here too.



<u>Que. 1</u>	
UPSC 2016	
प्रारंभिक बौद्ध स्तूप मला लोक की विषयो (एवं कला कथनको को चित्रित करते हुए बौद्ध आदर्शों की लक्षणापूर्वक व्याख्या करती है। विशदीकरण/की/कि/ए 26/200/2016)	
5.1.4. बूंदी चित्रकला (Bundi Painting)	
5.1.5. कोटा चित्रकला (Kota Painting)	
5.1.6. जयपुर शैली	30
5.1.7. बीकानेर शैली	31
6. पहाड़ी शैली [The Pahari School] (17वीं से 19वीं शताब्दी)	
6.1. बशोली चित्रकला (Basholi Painting)	32
6.2. गुलेर चित्रकला (Guler painting)	33
6.3. कांगड़ा चित्रकला (Kangra Painting)	34
6.4. कुल्लू - मण्डी चित्रकला (Kulu- Mandi painting)	34
7. अलंकृत कला या लोक चित्रकला	
7.1. मिथिला चित्रकला	35
7.2. कलकत्ता चित्रकला	36
7.3. पट्टचित्र	37
7.4. फड चित्र	38
7.5. मोड़ कला	39
7.6. वाटिक प्रिंट	40
7.7. कर्ती चित्रकला	40
7.8. कारीघाट चित्रकला	41
8. आधुनिक चित्रकला (Modern Painting)	
8.1. राजा रवि वर्मा	42
8.2. बंगाल की कला शैली	43
8.3. प्रेमिशंकर कलाकार संघ	45
<u>Que. 2</u>	
UPSC 2015	
भारत की महम-पाषण-शिला-कला न केवल उस काल के सांस्कृतिक जीवन को बल्कि आधुनिक चित्रकला से तुलनीय परिष्कृत लौह-रोध को भी प्रतिबिंबित करती है। इस दिपनी का (उत्सालो-चनामरु श्रुमांकन कीलिए 11/200/2015)	

To Remember-



accept the fact that yes it's needed and we'll have to do it. I personally used to solve questions /quizzes randomly. Recalling on Walking.

World History- take a classnotes, have understanding of topic. Concisely wrote on few pages and remembered . In GS1 MAIN , nothing to panic , take it easy . hardly one or two questions may come . But understanding of world history helps us in personality building and essay writing . also using some points in GS4 answers logically.

How intelligent guessing works-

Earlier I used to think that this intelligent guessing is only for intelligent aspirants. But believe me I was completely wrong and I am the one who proved me wrong.

How ?

Earlier I was much concerned about collecting information as much as I can.

I used to run away from solving PYQs as it demotivated me because was not able to solve. Made myself satisfied by saying that current affairs questions from PYQs , how I can solve those correctly as I have been reading current affairs only for last year or some months.

Never took any test series. Some of my friends suggested me that upsc doesn't frame so tough questions as these test series have. So by solving test series, you will be demotivated only nothing else. How fool I was, I blindly followed their advice to keep my confidence maintained.

For my static part, I always worried in solving questions. I used to think that I haven't enough knowledge, may be this particular question is out of my notes/book. So loose guessing you increase number of attempted questions.

After failure, I learnt.

Take a complete break. Re start your journey. Now see some selected candidates strategies and took best points out of those. Obviously with your gut feeling and common sense.

So what I did new?

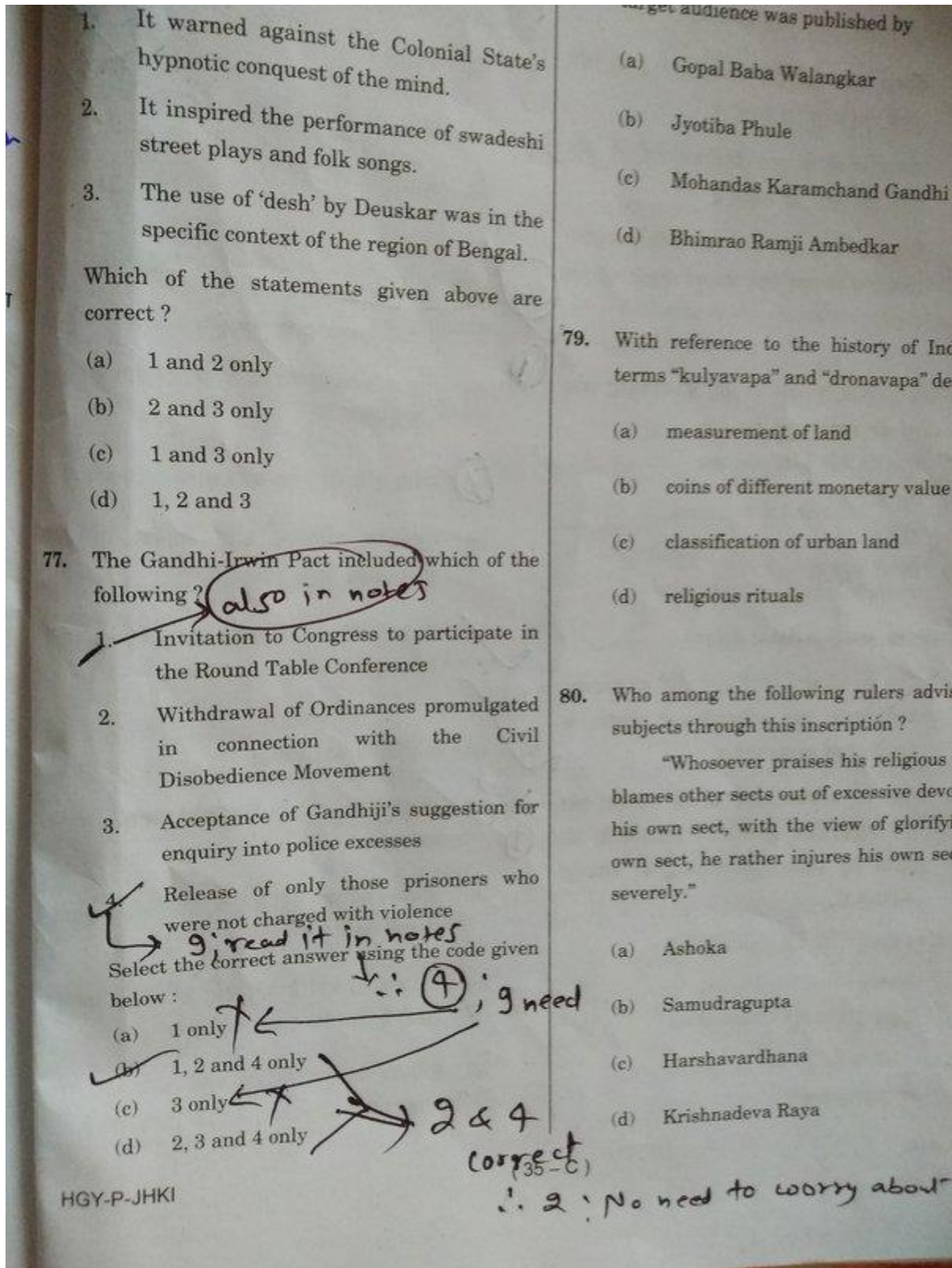
Completing the static part from same notes (previously followed) and now with this confidence that I have covered enough and as equal as other aspirants. Analysed PYQs(subtopics wise). Learnt that believing on yourself and eliminating options from out of my notes points or some very new and absurd options, will make me comfortable in the exam hall. Yeah it worked well. Now I don't think to read more but I believe in revising my notes/book again n again. Trying to solve questions with set of points, I have.

Solving MCQs . Random test papers from vajiram, vision, gs score, insight or others. No matter how many I did wrong. What I learnt from this-

“Intelligent guessing”

1- Finding that point in given statements, which I studied. It is easy when long questions or many statements are there. I used to get at least one from my knowledge bank. with this I tried to conclude- okay that particular statement (let's say third one), I need in correct choice. Eliminating others which don't have that statement.





questions with two statements ( let's say both are from another planet. Means I have no Idea) . Now I'll use some 'child like mind'



CSE 2020, there were three terms. One was 'baniyan'. I read it's hindi version first and had not clue as it was written as 'Beniyan'. But in the second round suddenly it clicked that it's like baniyaan(laala shopkeeper type). I got it correct as it was written as merchant type of some statement and to match. So sometimes from history I do it as terms based questions are frequently asked now a days.



71. भारत के इतिहास के संदर्भ में, निम्नलिखित युगों पर विचार कीजिए :

1. औरंग	—	राजकोष का प्रभारी
2. बेनियां	—	ईस्ट इंडिया कंपनी का भारतीय एजेंट
3. मिरासिदार	—	राज्य का नामित राजस्व दाता

बनियाँ (लाला) → 3

उपर्युक्त युगों में से कौन-सा/से सही सुमेलित है/हैं ?

(a) केवल 1 और 2

(b) केवल 2 और 3

(c) केवल 3

(d) 1, 2 और 3

73. निम्न द्वारा की (अ) (b) (c) (d) भा की 1. 2. 3. 4. 3

## **27.Should one join a coaching center after the prelims for the Mains exam?**

An aspirant cannot see prelims and mains as separate exam preparation. When you start your cse preparation, you study and prepare for the topic.

IF you're going to qualify prelims , it means you have prepared well for topics in syllabus.

The left part may be -

1- Optional preparation, if partially prepared then can join for completing the remaining part.

2- haven't done answer writing till the day, can join some program for it. Like I took 15 classes in Forum IAS.

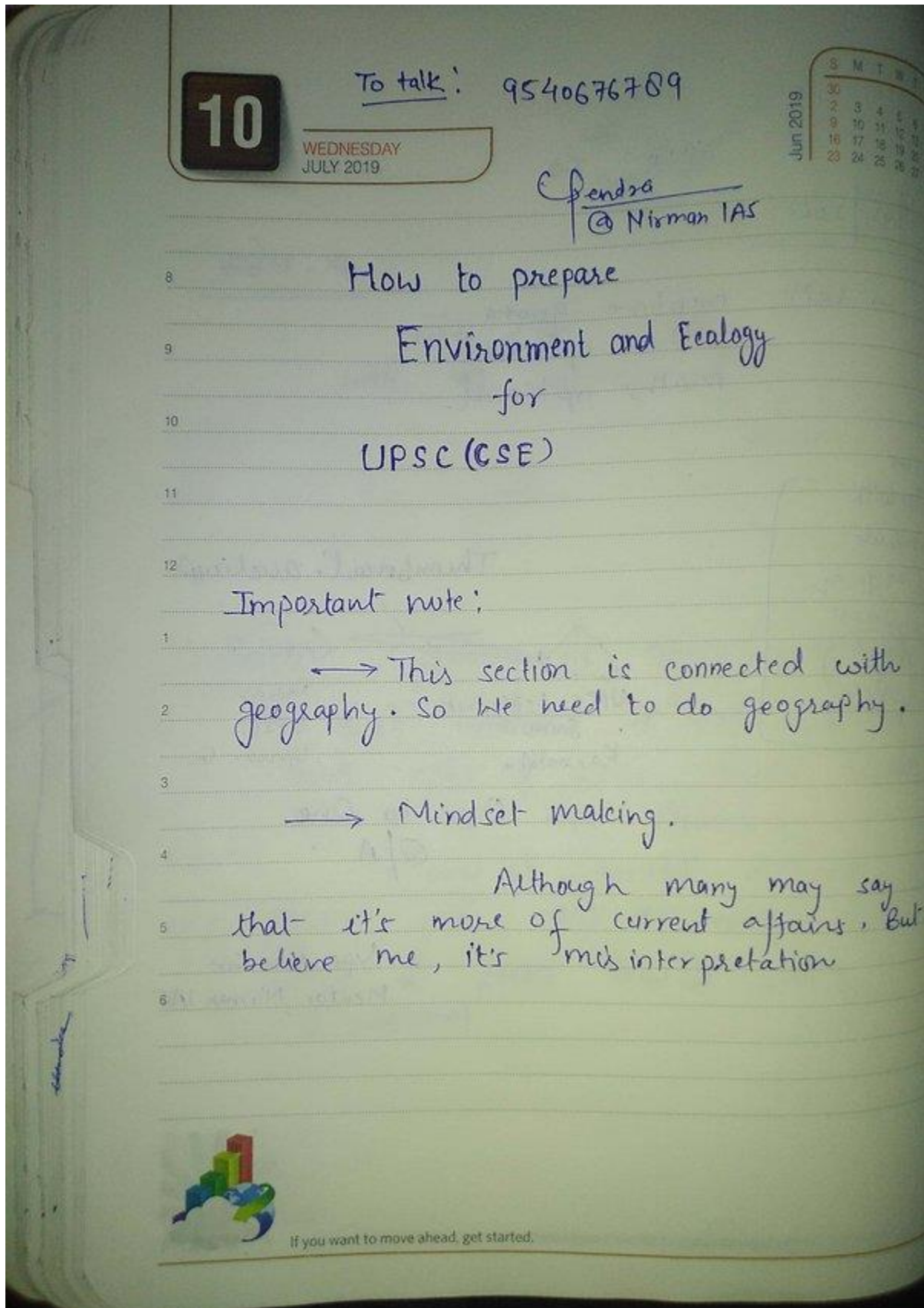
3-CURRENT AFFAIRS INTEGRATION TYPE OF PROGRAMS YOU CAN JOIN.

## **28.How do I prepare for environment and ecology for the UPSC sources and strategy?**

I've prepared the answer through my diary.

Please avoid if doesn't work. It's my experience and learnings which worked for me in UPSC. So here it is....

**YouTube Upendra Singh : Mindset Makers for UPSC**





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Aug 2019

THURSDAY  
JULY 2019

11

cantalk to me  
@ 9540676709

How to go ?

STEP 1: Have some book / classnotes


(e.g.) I'm from hindi medium. so this I can suggest for english medium / others ; you can choose accordingly.

कोई एक स्टैंडर्ड किताब / क्लास नोट्स आपको रखने चाहिए ।

STEP 2: Prepare all chapters in general.

- Ecosystem, basic terms, → Biodiversity
- Pollution, Climate Change, ...
- Sustainable Development

सभी अध्यायों की सामान्य जानकारी के लिए पढ़िए । ताकि आपको ओव(भूल) ये पता चल जाए कि इस विषय विशेष में क्या है ?



Be in touch with others, it proves helpful sometimes.

12

FRIDAY  
JULY 2019

Can talk to me  
9540676789

Jun 2019

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STEP 3: Now decide

```

graph TD
    A[Now decide] --> B[Self study]
    A --> C[Need guidance]
    B --> D[? Sufficient?]
    C --> E[Coaching]
    C --> F[Internet]
  
```


"Need to understand well."

अब आप उन बिंदुओं को समझने के लिए  
जिनमें आपको परेशानी होती है, के लिए  
(आइए) कोचिंग चुन सकते हैं।  
"आपको विषय की समझ विकसित करनी है।"

STEP 4: PYQs previous years questions

Understand / analyse well  
(Chapterwise)

पिछले सालों में आए हुए प्रश्नों को  
समझिए और विश्लेषण कीजिए।  
(आइए)





15

MONDAY  
JULY 2019

Upen  
@NirmanIAS

Jun 2019

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Integration means ???

→ Remember facts and figures in chronological manner.

eg. Topic: Forests

Then try to put all facts and figures at clear understanding means

- o Forest Act, 1927
- o Forest Conservation, 1986
- o Forest Rights, 2006
- o CAMPA Fund.
- o Forest Policy (new)

Environment protection Act, 1986

Clear understanding helps you in eliminating options in Pre.



Similar exercise for wildlife / Biodiversity  
Colour your life using eco friendly means.





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Aug 2019

can talk to me  
@ 9540676789

TUESDAY  
JULY 2019

16

Upendra  
@NirmanIAS

STEP 5: Current Affairs

Keep reading as you understood the static part.

Keep editing your notes  
↓


e.g. If any article you read in some magazine related to pollution, then write shorts on some paper and add in your notes/text book.

( It helps you in connecting dots )

करते अपेक्षा करते रहें। जब आपने स्टैटिक पार्ट पूरा कर लिया है। अपने नोट्स में ही जोड़ते रहें।

उदाहरण: कोई आर्टिकल (जब प्रदूषण ले तो इसे अपने नोट्स में ही जोड़ें बिपुल में जोड़ दीजिए)

इससे रिवीजन आसान हो जाएगा।



Be an active contact in the list of others to grab information.

17

WEDNESDAY  
JULY 2019

Jun 2019

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22	23	24	25	26	27	28

Most Important  
Part of Preparation

STEP 6:

Keep solving questions  
randomly any test  
series.

Try to answer (eliminate)  
picking the right option with your  
set of knowledge. You cannot  
read everything under the sky. So

Practicing questions → Develops  
habit

मुझे ब्रजाद  
मत करने  
हैं।  
मांक देते लगाते रहिए। अपने तरीके  
की लिए। सब कुछ पढने की कोशिश  
रहिए।

लगातार अभ्यास → विकल्प चुनने की  
क्षमता विकसित  
करता है।



No matters who comes first, remaining in contest till finals matters a lot.



6. 'पारिस्थितिक-संवेदी क्षेत्रों' के संदर्भ में निम्नलिखित में से कौन-सा/से कथन सही है/हैं? (2014)
1. पारिस्थितिक-संवेदी क्षेत्र वे क्षेत्र हैं, जिन्हें वन्यजीव (संरक्षण) अधिनियम, 1972 के अधीन घोषित किया गया है।
  2. पारिस्थितिक-संवेदी क्षेत्र को घोषित करने का प्रयोजन है, उन क्षेत्रों में केवल कृषि को छोड़कर सभी मानव क्रियाओं पर प्रतिबंध लगाना।
- नीचे दिए गए कूट का सही उत्तर चुनिए:
- (a) केवल 1
  - (b) केवल 2
  - (c) 1 और 2 दोनों
  - (d) न तो 1, न ही 2
7. हाल ही में हमारे वैज्ञानिकों ने केले के पौधे की एक नई और भिन्न जाति की खोज की है जिसकी ऊँचाई लगभग 11 मीटर तक जाती है और उसके फल का गूदा नारंगी रंग का है यह भारत के किस भाग में खोजी गई है?
- (a) अण्डमान द्वीप
  - (b) अन्नामलाई वन
  - (c) मैकाल पहाड़ियाँ
  - (d) पू. उष्णकटिबंधीय वर्षावन
8. "छटा व्यापक विलोप" यह शब्द किसकी विवेचना के संदर्भ में समाचारों में प्रायः उल्लिखित होता है? (2018)
- (a) विश्व के बहुत से भागों में कृषि में व्यापक रूप में एकधान्य कृषि प्रथा और बड़े पैमाने पर वाणिज्यिक कृषि के साथ रसायनों के अविवेकी प्रयोग के परिणामस्वरूप अच्छे देशों पारितंत्र की हानि।
  - (b) आसन्न भविष्य में पृथ्वी के साथ उल्कापिण्ड की संभावित टक्कर का भय, जैसा कि 65 मिलियन वर्ष पहले हुआ था और जिसके कारण डायनासोर की जातियों समेत अनेक जातियों का व्यापक रूप से विलोप हो गया।
  - (c) विश्व के अनेक भागों में आनुवांशिकता: रूपांतरित फसलों की व्यापक रूप में खेती और विश्व के दूसरे भागों में फसली पादपों का विलोप हो सकता है और खाद्य जैव-विविधता की हानि हो सकती है।
  - (d) मानव द्वारा प्राकृतिक संसाधनों का अतिशोषण/दुरुपयोग, प्राकृतिक आवासों का सविभाजन/नाश, पारितंत्र का विनाश, प्रदूषण और वैश्विक जलवायु परिवर्तन।
9. भारत में निम्नलिखित में से किसमें एक महत्वपूर्ण विशेषता के रूप में 'विस्तारित उत्पादक शक्ति' आरंभ किया गया था? (2019)
- (a) जैव चिकित्सा अपशिष्ट (प्रबंधन और हस्तन) नियम, 1998
  - (b) पुनर्चक्रित प्लास्टिक (निर्माण और उपयोग) नियम, 1999
  - (c) ई-अपशिष्ट (प्रबंधन और हस्तन) नियम, 2011
  - (d) खाद्य सुरक्षा और मानक विनियम, 2011
10. निम्नलिखित कथनों पर विचार कीजिए: (2018)
1. "संकटपूर्ण वन्यजीव पर्यावास" (क्रिटिकल वाइल्डलाइफ हैबिटेट) की परिभाषा वन अधिकार अधिनियम, 2006 में समाविष्ट है।
  2. भारत में पहली बार बैगा (जनजाति), को पर्यावास (हैबिटेट) अधिकार दिए गए हैं।
  3. केंद्रीय पर्यावरण, वन और जलवायु परिवर्तन मंत्रालय भारत के किसी भाग में विशेष रूप से कमजोर जनजातीय समूहों के लिए पर्यावास अधिकार पर अधिकारिक रूप से निर्णय लेता है और उसकी घोषणा करता है।
- उपर्युक्त कथनों में से कौन-सा/से सही है/हैं?
- (a) केवल 1 और 2
  - (b) केवल 2 और 3
  - (c) केवल 3
  - (d) 1, 2 और 3



### 29. Did you criss-cross in your UPSC Mains answer sheet? Any suggestions to eliminate such happenings?

Whatever drawing you do, you'll have to be in the prescribed space of that particular answer.

Yes it happened with one of my friend during main exam in GS Paper1. He misunderstood the question and wrote approx half of the page. When he realized, he just crossed by a single line.

Now, he only managed the actual answer(whatever concised) in the left space.

### 30. Which chapter from science and math from XI and XII syllabus should I learn for the harder questions of the UPSC?

I'm going to write an answer which is going to be against many established methods. But with this strategy, I've qualified for multiple prelims UPSC CSE. So you can trust on this strategy. As we all know that this CSE examination is of knowledge+strategy.

CSAT



15

MONDAY  
APRIL 2019

For discussion 9540676789  
(No money)



09/04/2022 . @NIRMAN IAS

8		DECODING	C
9	C	the	
10	S	fear of Maths	S
11	A	@	A
12	T	CSAT	T

How to qualify CSAT within 15 days of preparation?



Perfect strategy.



(Going beyond stereotypes)



+

(Presence of mind)

*Upen Singh  
@Nirman IAS*



You can't hold time in your hand but can utilize every moment of it

bendra  
 @Nirman IAS


## Topic - 1 READING COMPREHENSIONS

✗ Wrong perception:  
 Aspirants try to do it from various books, specially designed for RCs. They think that RCs is a part of their static syllabus.

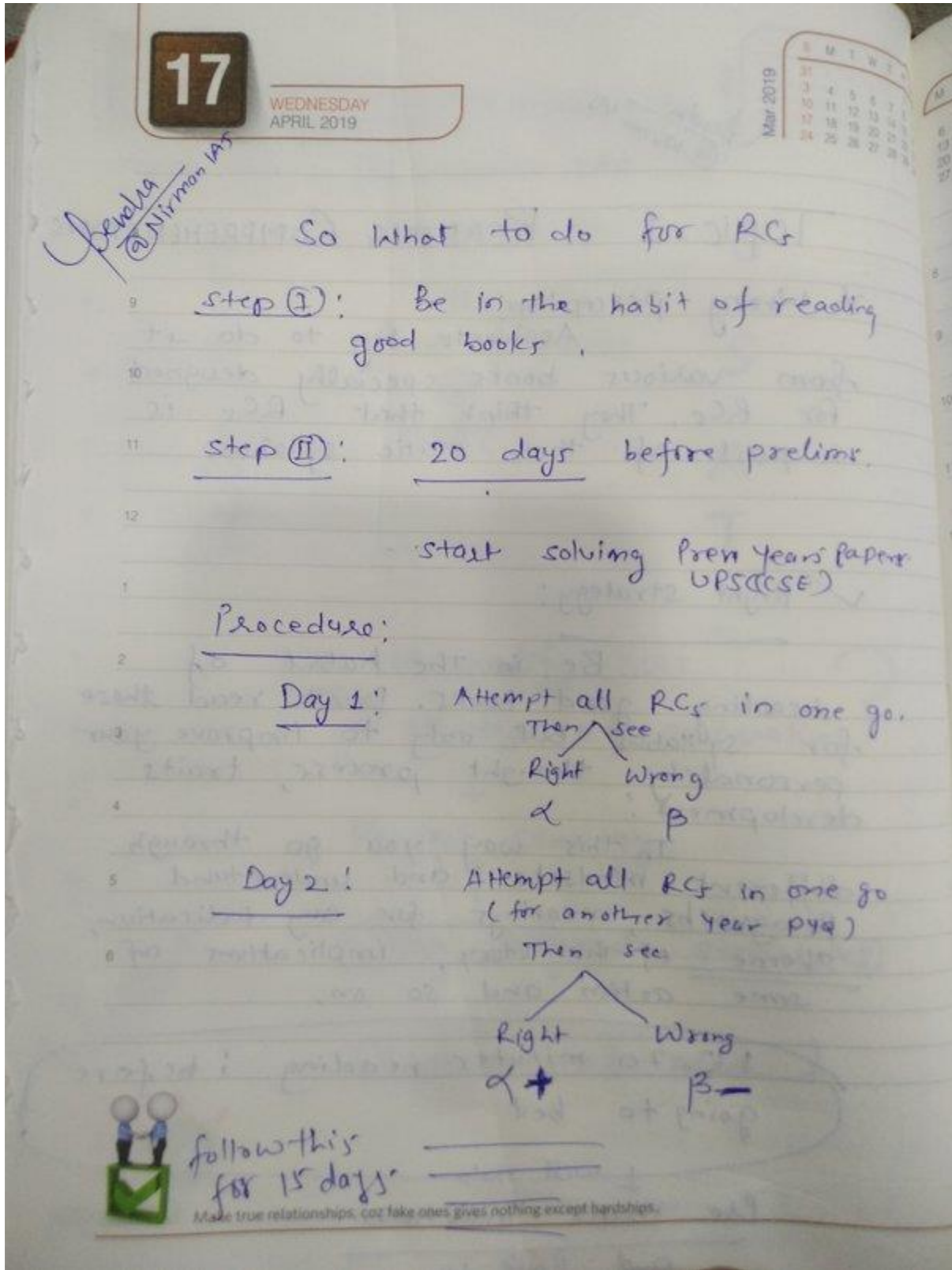
✓ Right strategy:  
 Be in the habit of reading good books. Don't read these for syllabus but only to improve your personality, thought process, traits development.  
 In this way, you go through different mindsets and understand paragraphs, meanings for any indication, theme of the story, implications of some action and so on.

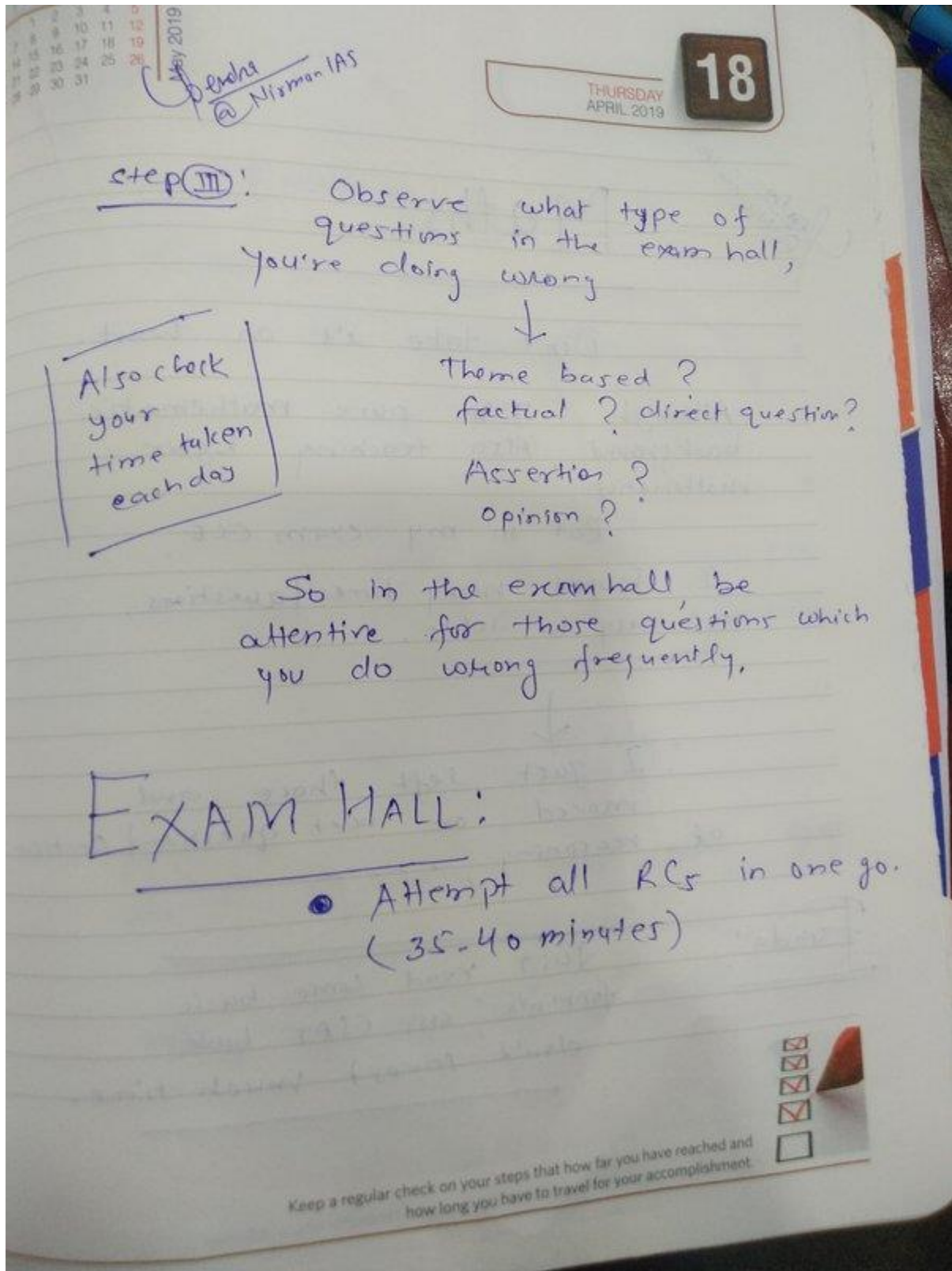
15-20 minutes reading before going to bed

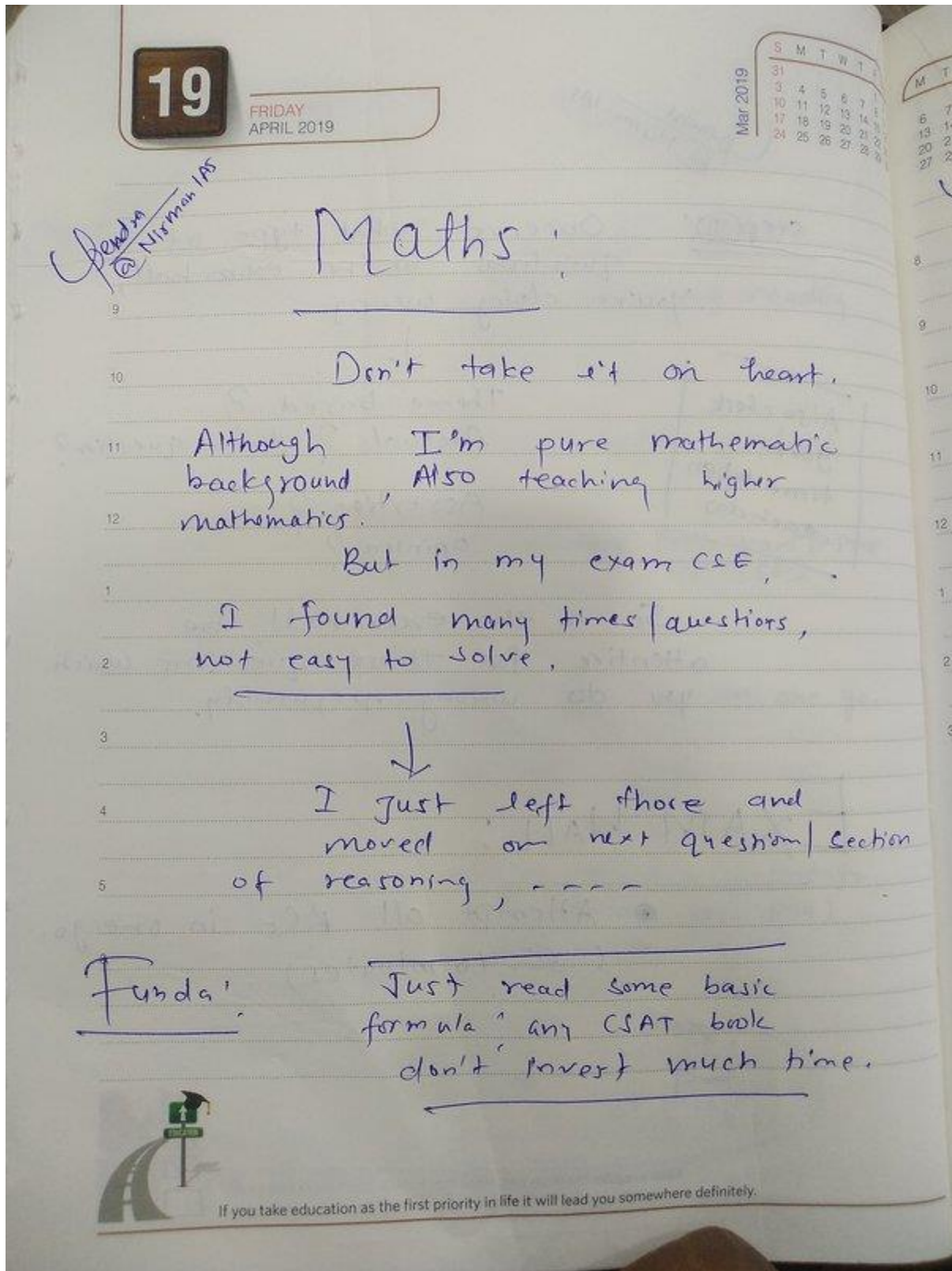
I will help  
 Pre, main's interview  
 and date too.



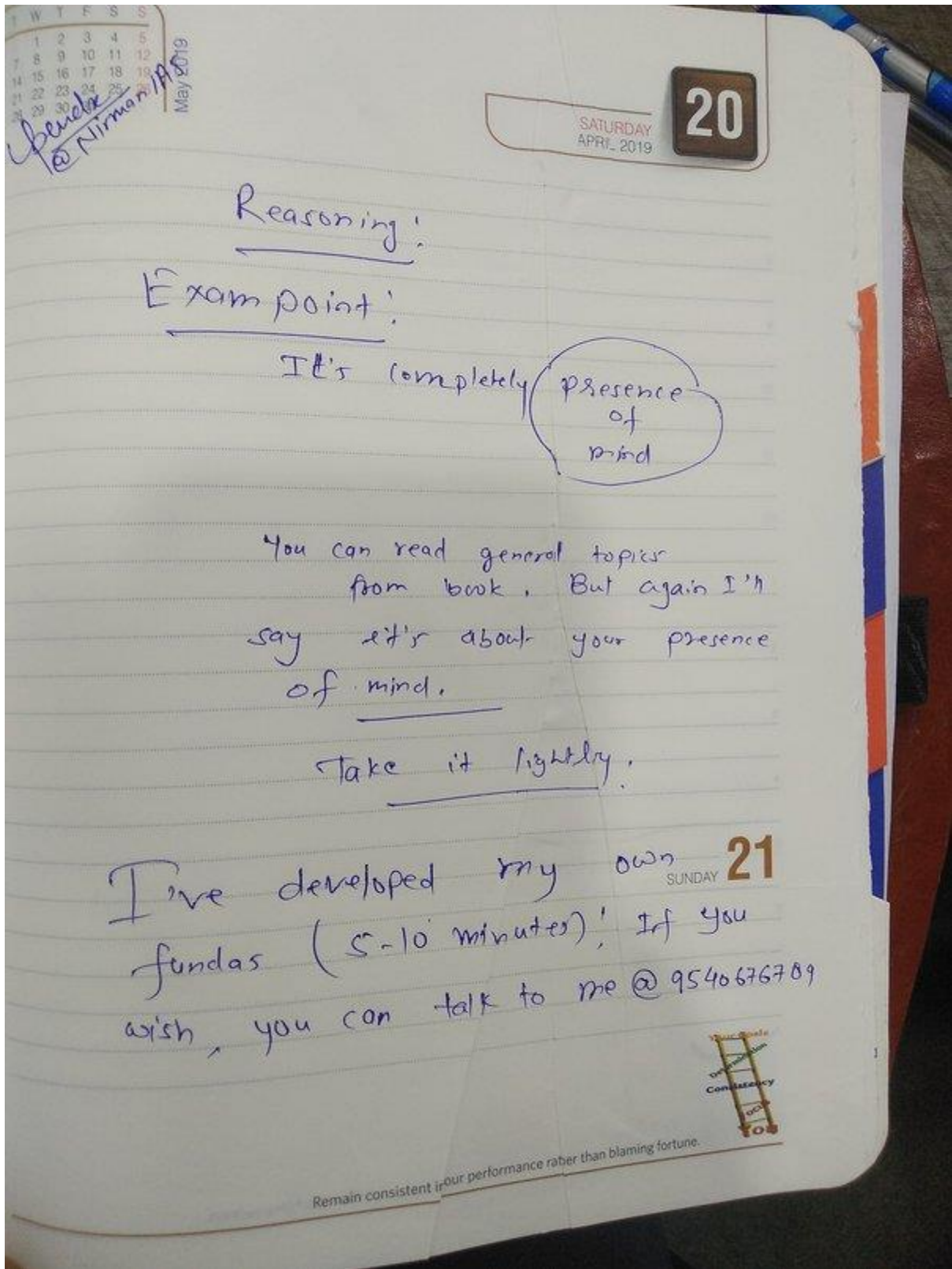












+++++

Science

-----+++++++-----

No need to read again science for 11th 12th. Just take some class notes of any coaching from photocopy shops.

Then

Just read from current affairs monthly magazine. Keep updating for each topic.

For prelim special, you can read my answer-

"How to improve intelligent guessing in UPSC prelims."

### **31. How do I prepare in the last 40 days before the UPSC prelims 2022?**

As a teacher, I have been consistently trying to be a good aspirant again in my life. I try to recall all my tried and tested techniques which gave me good results in my UPSC CSE journey. So

Here it is ....



Upendra  
@NIRMAN IAS

THURSDAY  
MAY 2019

09

Jun 2019

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You can discuss with me about Mocks, Revision,..... at 9540676789 @Nirman IAS

## Last 40 days PRELIMS.2022

Note: This is supposed that you have covered the syllabus static + current affairs.

Now you want to optimize your performance.

With the above assumption, I'm going to give you the plan for each segment separately.

Morning: Task 1: solve full length mock  
↓  
Don't read it's explanation  
At the time of solving mock, you must realized that your weak portion. Then just go on your source, revise it then solve next mock on next day and continue this process.

Don't wait for the luck to act, it's your turn to act now.



10

FRIDAY  
MAY 2019

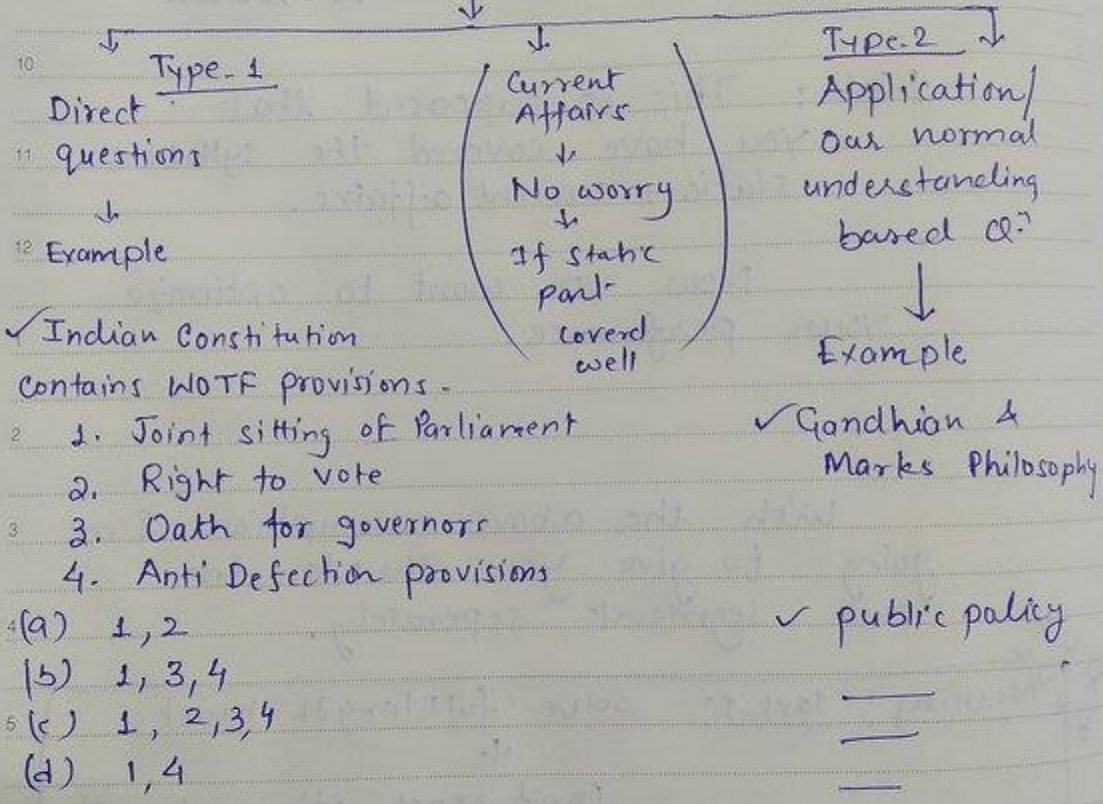
To talk 9540676709

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Apr 2019

① **POLITY:**

Target: getting ready according to the demand of exam.



- (a) 1, 2
- (b) 1, 3, 4
- (c) 1, 2, 3, 4
- (d) 1, 4



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 17 18 19 20 21 22 23  
 24 25 26 27 28 29 30  
 Jun 2019

To talk!  
9540676789

SATURDAY  
MAY 2019

11

Type-1 : Dealing with resources

→ Follow your source only.  
 example if you've followed Lakshmi Kant,  
 then Keep revising that source only.

↓ with your knowledge  
 Try to click the correct option.  
 (Believe that you cannot study everything under the sky)

→ PYQs with revision

Method: Suppose, you've revised the chapter 'Preamble'

↓  
 Now see PYQs related with this

↓  
 Again revise this chapter and make sure you're confident now.  
 (No extra source thinking)

SUNDAY 12

JUNE  
JULY  
AUGUST

LEAD

The more you learn the more you will lead.



13

MONDAY  
MAY 2019Upendra  
@Nirman IAS

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Type 2: Application based Q's

Strictly  
speakingNo extra  
source  
required

- Answers to such questions can be found on the first page of that chapter.

(or)

- Your learnings through the preparation journey.

Logic:

CSE'2020: They asked a question  
Gandhi & Marks

What I did?

DPS Ps → Gandhi → stateless

This gives you answer  
No need to go for  
reading marks now.**SOLUTION**A solution is generated before any problem arises  
but it remains incognito coz we focus more on problems.



for this topic  
Avoid Reading current affairs

History is not that much short that it needs current affairs

14  
TUESDAY  
MAY 2019

② HISTORY

Ancient & Medieval      Art & Culture      Modern

Simple funda.  
Whatever you've studied.  
NCERT,  
or  
Any classmate

Follow the same method as I told for polity.

Keep revising  
(Ratta mar study)

Now answer the question

based on your knowledge      Commonsense  
Tukkabaji with logics  
Example: 'Baniyan'

Don't run after those who are in heights, rather design your own craft to fly even with higher speed

Kharai: Salty

15 WEDNESDAY MAY 2019

You can talk to me @ Nisim IAS

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28	29	30				


Apr 2019

③ ECONOMICS : Same as polity  
suggestions.

If you're followed updated classnotes of someone.  
e.g. Mrunali

Then just add remaining months, current affairs only.

Example: If Notes were of a batch which is ended in December 2021,  
↓  
Then just read Jan. 2022, Feb. 2022  
↓  
Two months current affairs  
↓  
Don't worry about March, April C.A.  
Kuchh nahi ayega inre

 No one can drive you away from success in less you hand over the keys to them.



You can talk to me  
9540676789

C.A. Current Affairs

THURSDAY  
MAY 2019

16

(4) Geography: Same method as polity.  
+ Environment

Small Topics:

→ Science Tech:

class notes to have better understanding of sequence of topics  
( Don't confuse it with studying general science )  
( Avoid it )  
↓  
Just focus on themes like.

- Bio Tech : CA
- DRDO :
- ISRO :
- =

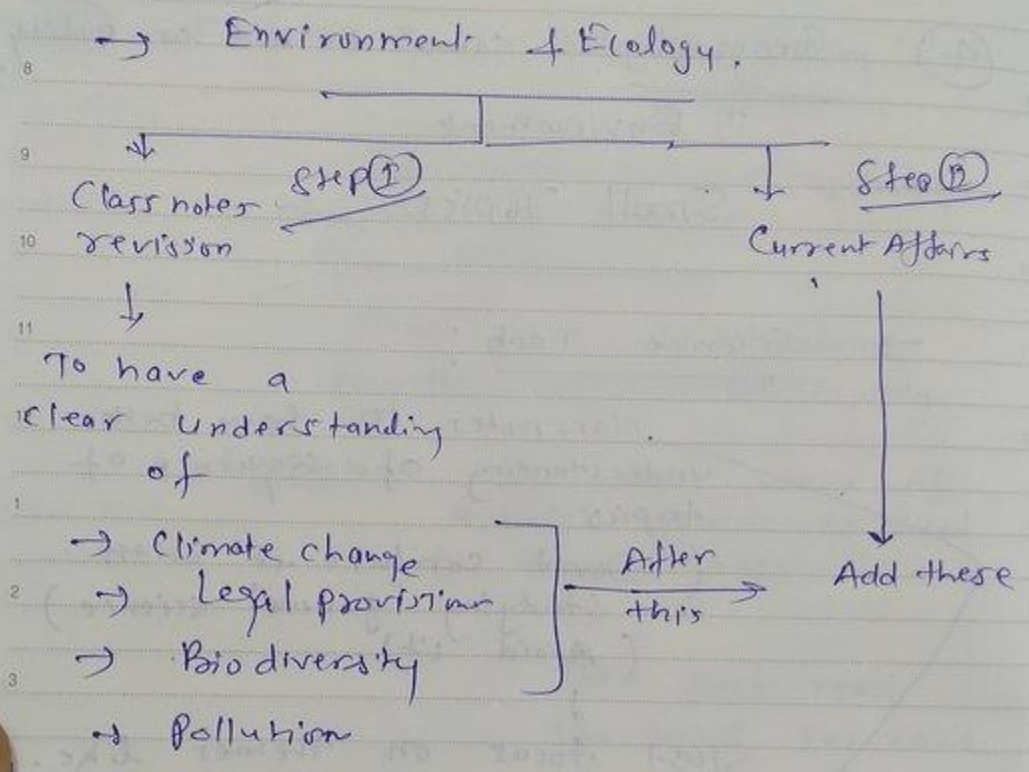


17

FRIDAY  
MAY 2019

Upendra  
@Nirmalan IAS

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



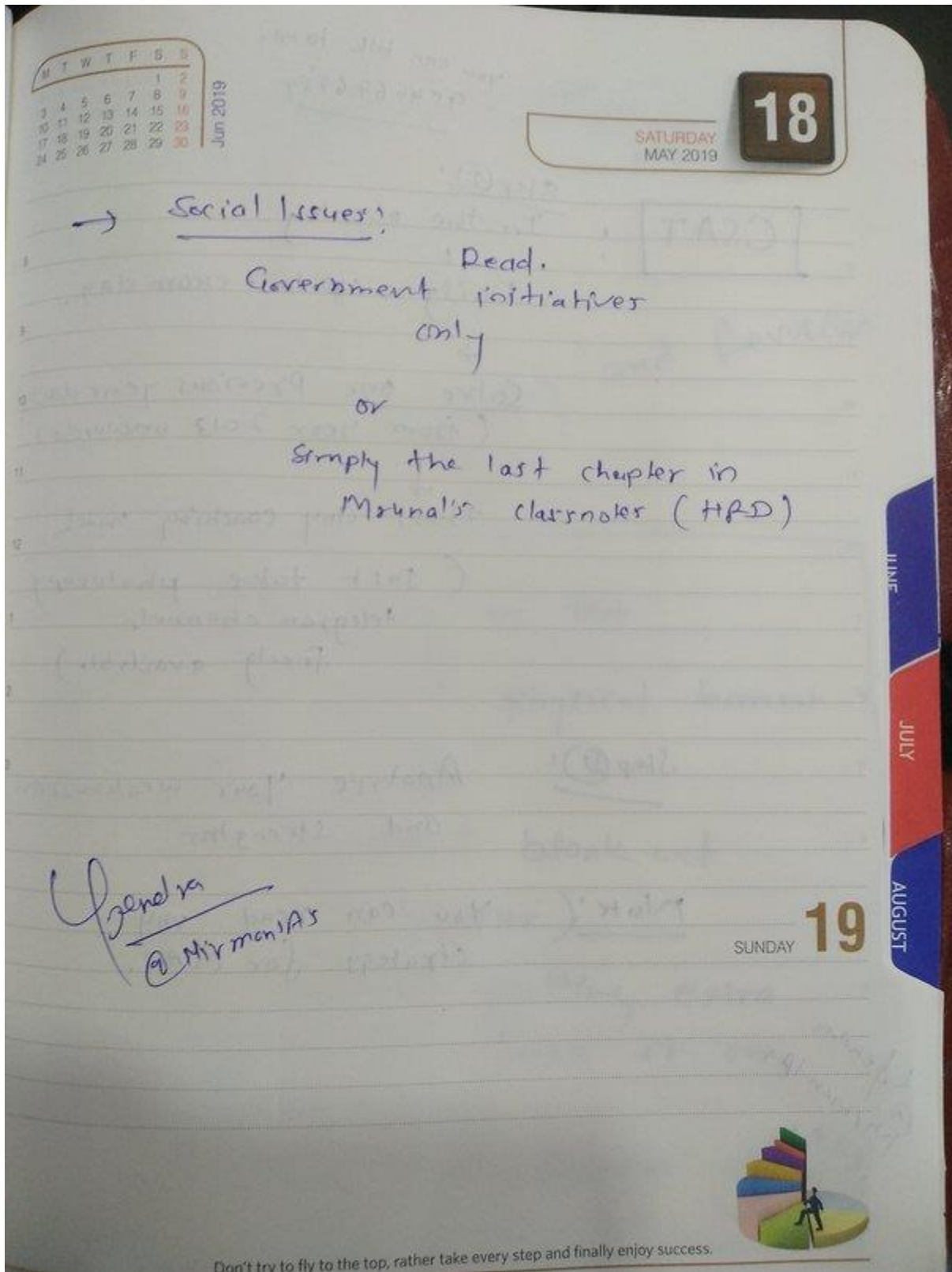
Note! Don't follow the reverse process of first CA, then notes

Because you must have a better understanding of chronology, logics.



Quality of leadership is among all of us, all we need to work hard.

Tried & Tested!



20 MONDAY MAY 2019

You can talk to me.  
9540676789

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Apr 2019


**CSAT** : Step (I)

In the evening  
↓  
Daily up to exam day,  
↓  
Solve one Previous year daily  
(from year 2013 onwards)  
↓  
Then any coaching mock  
(Just take photocopy  
telegram channels  
freely available)

Step (II) : Analyse your weaknesses  
and strengths

Note : You can read my  
strategy for CSAT.

Upendra  
Nirman IAS



life is such a way that money must be a part of your life and not your life alone.



M	T	W	T	F	S	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Jun 2019

Most Important

TUESDAY  
MAY 2019

21

Less Study

But  
More thinking and Revision

More hours on text

↓

Body's physical burnout

↓

Examhall blank out  
(Disaster)

∴ Avoid putting extra pressure. Take it on natural ways.

Healthy diets + proper sleep

Talk to me at 9540 676789 for practical solutions

JUNE

JULY

AUGUST

Make your decision to win more stronger than the strength of your hurdles.

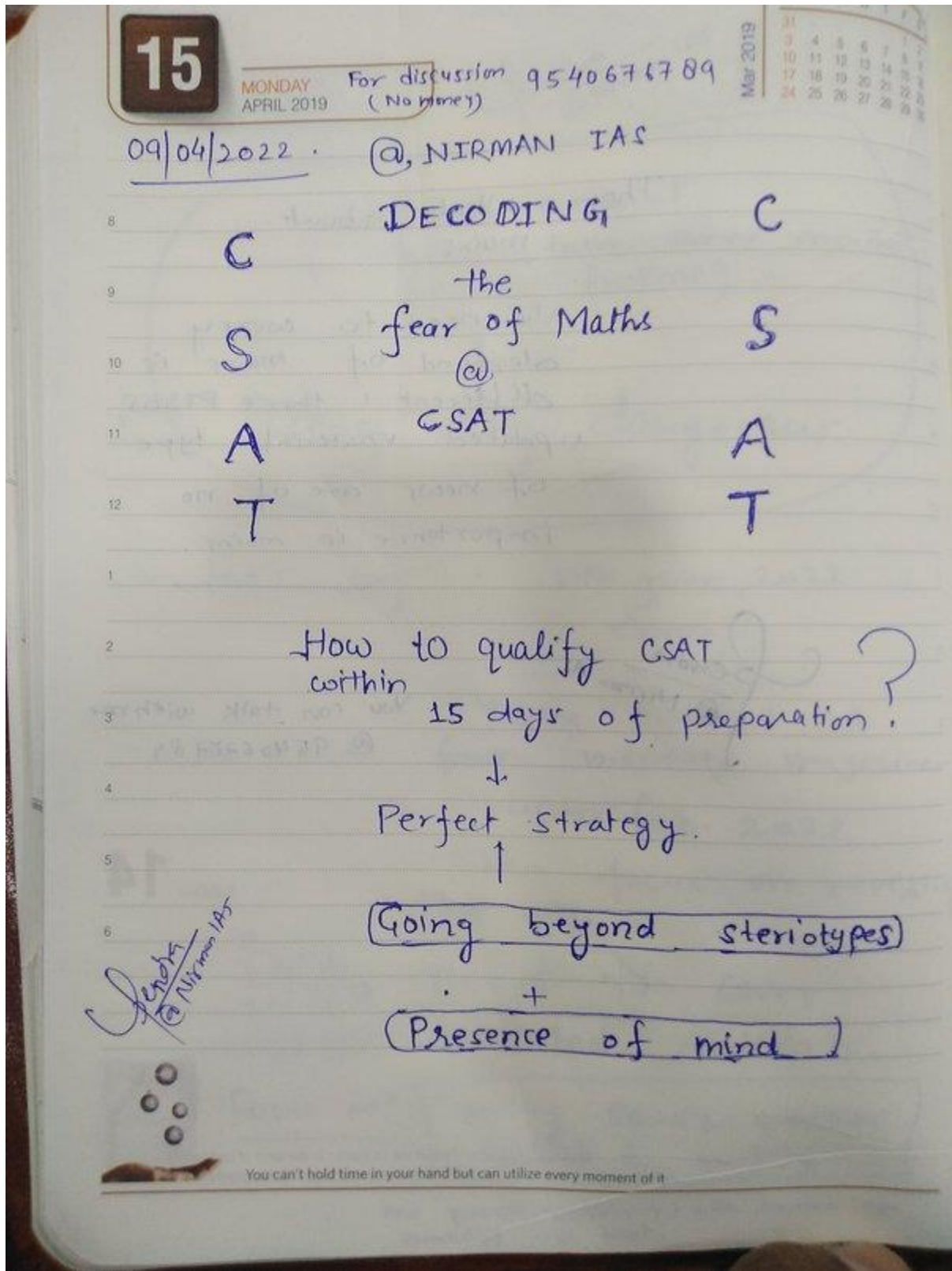
### 32. Which chapter from science and math from XI and XII syllabus should I learn for the harder questions of the UPSC?

I'm going to write an answer which is going to be against many established methods. But with this strategy, I've qualified for multiple prelims UPSC CSE. So you can trust on this strategy. As we all know that this CSE examination is of knowledge+strategy.



CSAT—————

————+ + + + +







bendra  
 @Nirman IAS


## Topic - 1 READING COMPREHENSIONS

✗ Wrong perception:  
 Aspirants try to do it from various books, specially designed for RCs. They think that RCs is a part of their static syllabus.

✓ Right strategy:  
 Be in the habit of reading good books. Don't read these for syllabus but only to improve your personality, thought process, traits development.  
 In this way, you go through different mindsets and understand paragraphs, meanings for any indication, theme of the story, implications of some action and so on.

15-20 minutes reading before going to bed

I will help  
 Pre, main's interview  
 and date too.



17 WEDNESDAY APRIL 2019

Mar 2019	S	M	T	W	T	F	S
31	1	2	3	4	5	6	7
8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23
24	25	26	27	28	29	30	31

*Upen Singh @Nirman IAS*

So what to do for RCs

step (I): Be in the habit of reading good books.

step (II): 20 days before prelims.

start solving Previ Years papers UPSC(CSE)

Procedure:

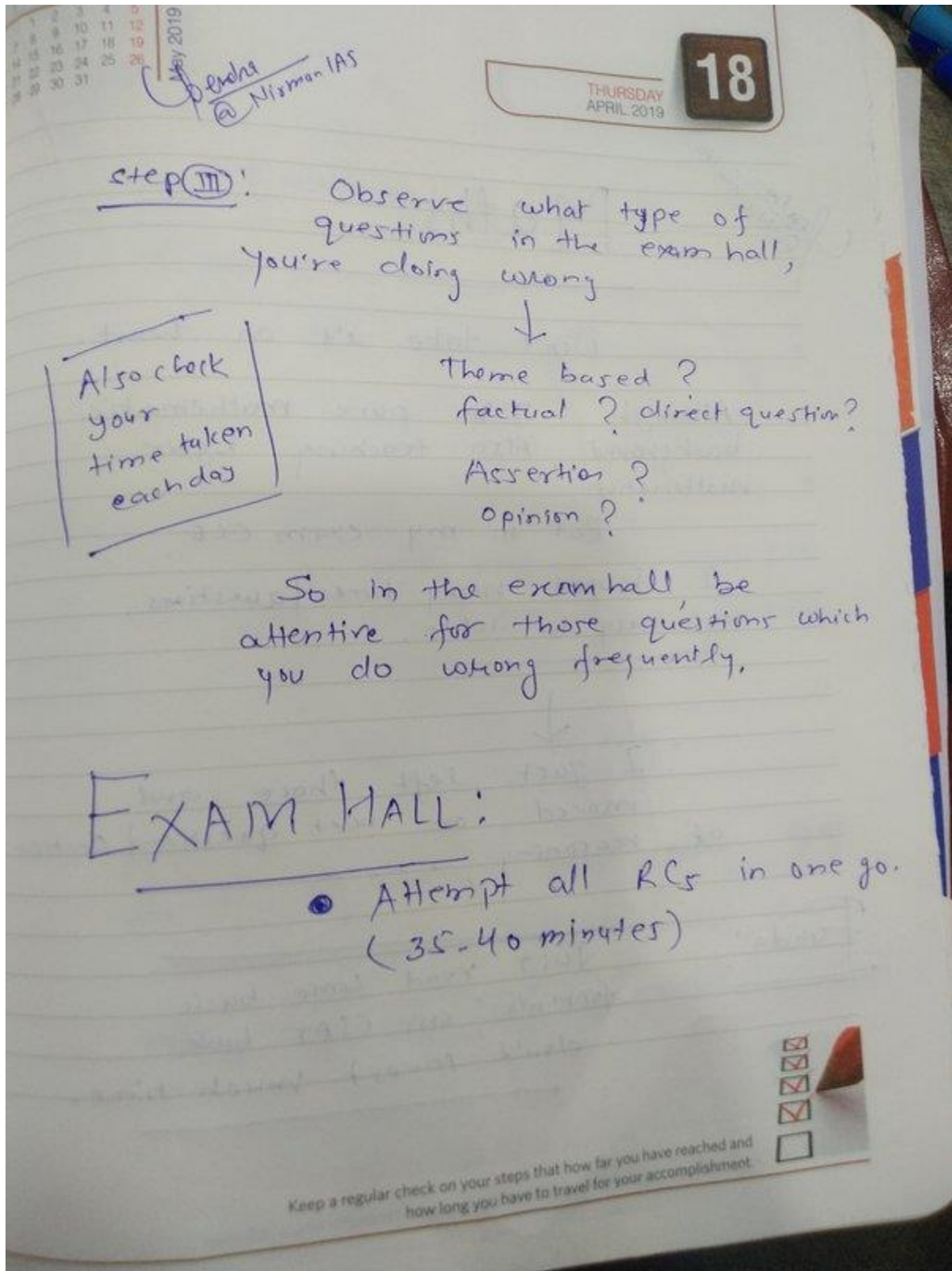
Day 1: Attempt all RCs in one go.  
 Then see  
 Right Wrong  
 $\alpha$   $\beta$

Day 2: Attempt all RCs in one go (for another year PYQ)  
 Then see  
 Right Wrong  
 $\alpha +$   $\beta -$

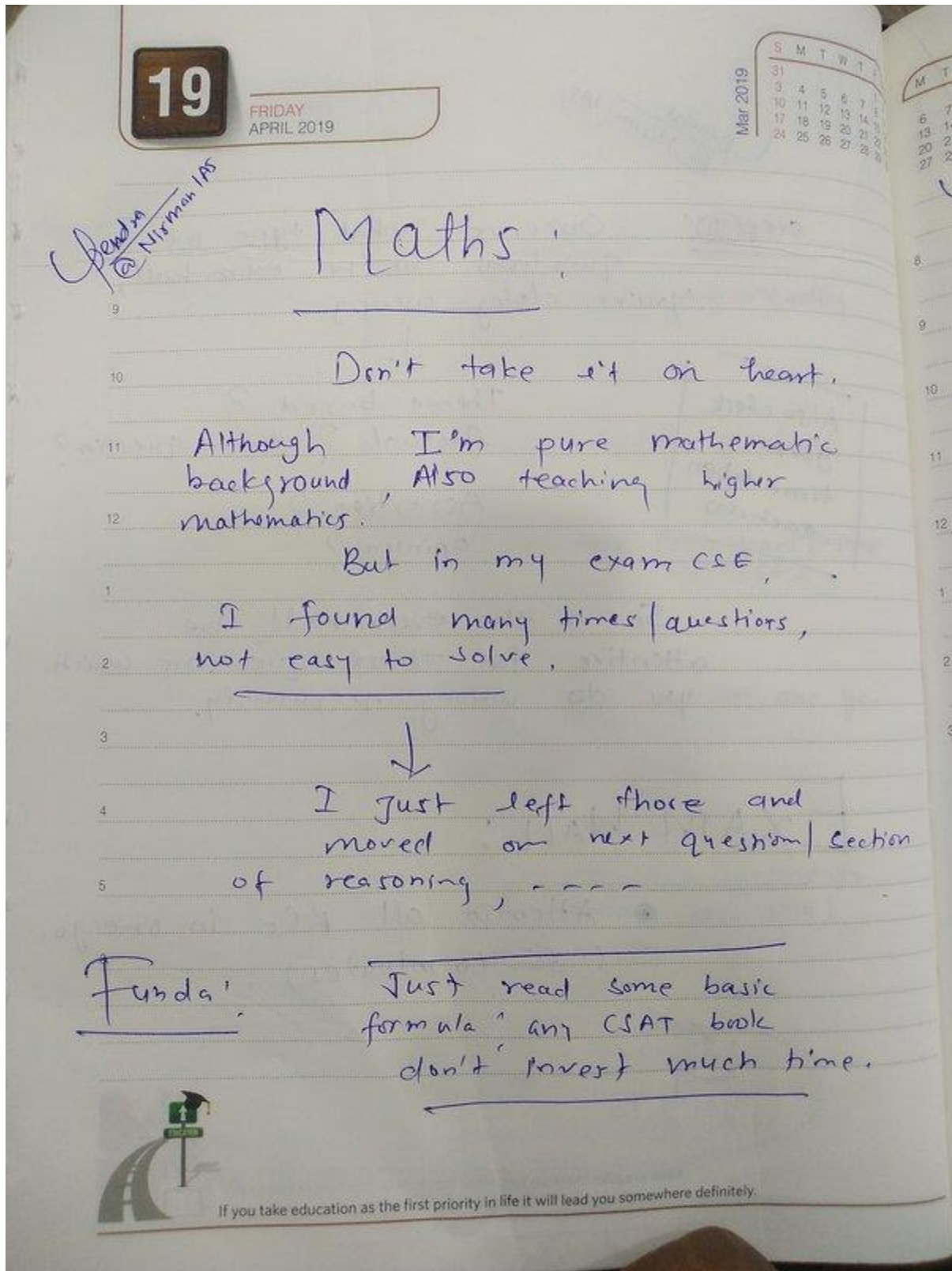


follow this for 15 days.

Make true relationships, coz fake ones gives nothing except hardships.







T W T F S S  
 1 2 3 4 5  
 7 8 9 10 11 12  
 14 15 16 17 18 19  
 21 22 23 24 25 26  
 28 29 30 31  
 Upen  
 @Nirman/A  
 May 2019

SATURDAY  
 APRIL 2019  
**20**

Reasoning:

Exam point:

It's completely presence of mind

You can read general topics from book. But again I'll say it's about your presence of mind.

Take it lightly.

I've developed my own fundas (5-10 minutes)! If you wish, you can talk to me @ 9540676789



Remain consistent in your performance rather than blaming fortune.

+++++

Science

-----+++++++-----

No need to read again science for 11th 12th. Just take some class notes of any coaching from photocopy shops.

Then

Just read from current affairs monthly magazine. Keep updating for each topic.

### **33. Where can I take a daily mock test for prelims and also, if possible, for the Mains while preparing for the UPSC, as it will help?**

Better to buy mock papers of some reliable institutes from photocopy shops in Mukherji Nagar or ORN...

If you live outside Delhi, still you can ask them via courier service.

Then with these hard copies, choose one place other than your study room for two hours/3 hours solving paper just like in exam hall. Please note that such practices improves your chances of getting selected/ good results.

### **34. How can I study for UPSC? When it is against my will?**

I had long 5 lectures on Saturday, Mentoring calls with UPSC aspirants were also took place. When at the last lecture at 7pm, when the body was out of stock from the side of energy to speak more, I left my office one hour before compared to other days. Decided to postpone all scheduled phone calls of for mentoring students. But around 8 pm, after a tea and road side moth kauchauri near Hanuman Mandir, Old Palam road Delhi cant, a new vibe came and triggered me to take all calls and yes I took those. Also finished writing some good quality answers on quora and still it's on.

I'm sorry for such long introduction to answer you. But I believe that you're an honest soul. Because those vibes I got from your question itself. So I'm eager to answer it. Please ignore of it's gone otherwise.

I was doing research in pure mathematics around the year 2011–12. My friend who also my guardian as he afforded my studies expenses. He had a wish to see me as an IAS officer. Honestly speaking I had no interest in such administration jobs. But against my will, I started preparing for civil services. Faced lot of ups downs during different three stages of this exam. ( You can read UPSC journey upendra Singh if you wish) .



But believe me, this process taught me so much that I'm completely a different personality at present. Have been working with multiple agencies and platforms but never got fatigued mentally. I get appreciations usually from all my office seniors as well as supporting staff. My model of governance with Govt of Uttar Pradesh gives me new ways to cheer my life. Please ignore if anything annoying but I have this only to share. You know my director Vivek Sir always says that upendra your upsc efforts are Really more than any package of training.

Now you can understand why I started the answer like that.

You know this UPSC journey teaches you-

How to be consistent

How to do things which are out of your interest at that point of time but will be highly appreciated later on.

How to accept that- Upendra no Matter you got AIR under 50 to get into IIT but you're completely a simple graduate here and to walk with others. Even a simple student from humanities can teach you more than your IIT courses.

A good listener

Always ready to restart. Success failure success failure.....

Never hesitate from taking new responsibilities.

.....

Many such attributes are bi product of this preparation.

I'll not suggest you to start this preparation. But only I tried to put my thoughts that even though it was against my will but it resulted into something which I couldn't even think of without this preparation.



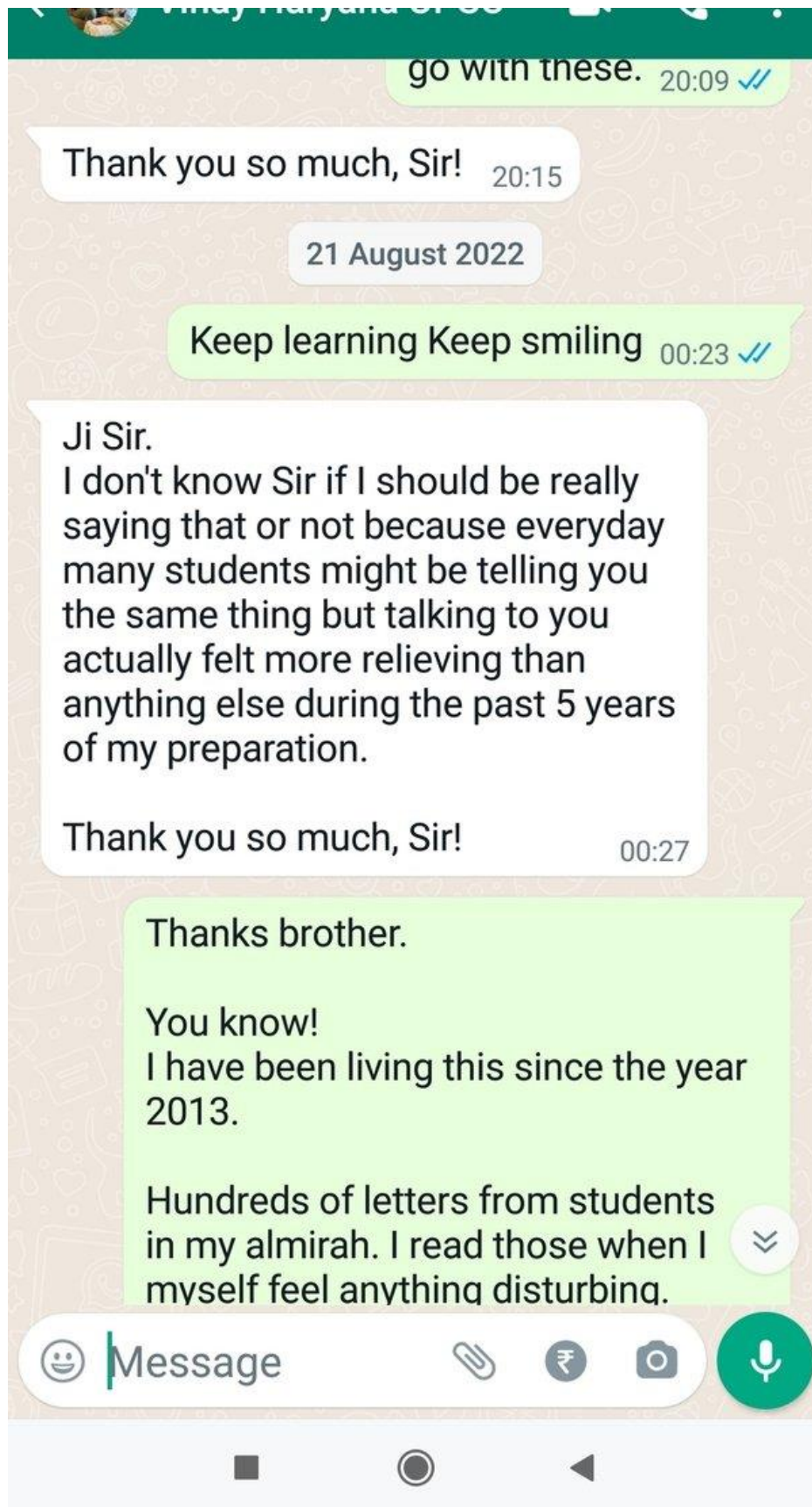


**35. How should I plan my further preparation after failing twice in Civil services prelims? I did self study and also used online platform (u\*\*\*\*\*y). Should I go to Delhi and join some good institute overthere to boost my preparation and get a direction?**

Dear Aspirant, I'll suggest you to talk with some Mentor or senior in person. Don't take advise so lightly. Although I can write a lot but after talking to thousands of UPSC Aspirants, I feel that each individual had same problem but constraints of that problem were completely different. So on one message over the quora cannot decide anything better for you.

Rest is your choice.

If you want to talk to me, my number is mentioned in my profile. Or you can meet me at Insights IAS, Karol Bagh Delhi.





### **36. What if I prepare only the static part and monthly magazine for the UPSC prelims? Is this enough?**

Let's write a GS answer type for your question.

"Current affairs is just an application of the knowledge gained through static part."

Now ask a simple question from you-

If I learn driving concept through proper training, practically driving on roads, Then how many different kinds of four wheelers (brand wise) we should drive?????????

Either you use swift dezire, Scorpio, BMW.....and learn just features of all these brands or you just keep driving your swift dezire only but focus on- how to follow traffic rules, how to control vehicle in any emergency, how to take care of maintenance of your vehicle.....

You got the answer!!!!

That's the same with UPSC preparation.

Once you've done properly the static part. By following some monthly magazine, you just learnt what's there in current affairs in general.

### **37. What is the recommended number of mocks a student should take before writing the IAS Main exam?**

Number of mocks!!! rather I'll suggest to simulate the exam.

Join a test series module comprises of atleast 3\*4 GS Test papers (full length) + 3 essays.

Write these in 3 iterations.

Iteration1

Day1essay ,day2 GS1&2 day 3GS3&4

After 12-15 days

Iteration2

After 10 days

Iteration3

.....

Rest is your choice. Because I have seen many Aspirants suffer in exam hall.. because of not adequately management of main exam schedule.

### **38.How can I understand the demand of the questions in the UPSC CSE main exam answer writing?**

I'll suggest you to go through some answers or Synopsis of some questions. You can take help from Insights IAS secure synopsis. After that try to do the exercise which I tried to put in images...



F S  
 1 2  
 8 9  
 15 16  
 22 23  
 29 30

M T W T F S S  
 6 7 8 9 10 11 12  
 13 14 15 16 17 18 19  
 20 21 22 23 24 25 26  
 27 28 29 30 31  
 Jan 2020

18/08/2019  
 FRIDAY  
 DECEMBER 2019  
**13**

Answered by  
**Upendra Singh**  
**Insights IAS**

## HOW CAN I UNDERSTAND DEMAND OF QUESTIONS in UPSC (CSE) Main Exam?

Step ①: You must have some idea about topics of the syllabus.

Step ②: Must have good reading skills.


- †
  - reading in between the lines
  - Calmness
  - Attitude of Problem solving
  - Hesitation from putting unnecessary remarks / thinking.

\* Take care of Demand of exam

↓  
 \* You try to waste/reply exactly or in appropriate words.

↓  
 \* Facts and information. Every serious aspirant has. But what makes the difference!

The team which lacks understanding and co-operation tends to fail at some point of work.





14

SATURDAY  
DECEMBER 2019

S	M	T	W	T	F	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Demonstration

Example: Q.4 Shed a light on the importance of stupas, detailing architectural features. (150 words)

Type (I): Aspirants: Overloaded with Content

- They'll just see the word 'Stupas' and start writing.

Type (II): Aspirants: Always in hurry to complete the paper.

They start writing about the importance of stupas.

15

SUNDAY

**FACT**

! Some things in life can't be altered or changed they are known as true facts.

Depend on  
In sights IAS

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Jan 2020

MONDAY  
DECEMBER 2019

16

Type (III): Aspirants :

They : Believe that an aspirant cannot read everything under the sky.

He/she develops skill (through practice and answer writing) over the period of time..

Try to answer a question with whatever the content he/she has.

For this → He/she


- Reads carefully the question
- Underlining keywords, see the tail words like comment, discuss, Analyse.....
- In how many words answer needed.

shed a light on the importance of stupas, detailing architectural features.

Demand of question: Writing importance of stupas

Archite. details

like: Religious importance of \_\_\_\_\_ of \_\_\_\_\_  
 Philosophical \_\_\_\_\_ of \_\_\_\_\_  
 Historical \_\_\_\_\_ of \_\_\_\_\_

with the help of 

of wait to take action, the right time to act is now.



**17**  
TUESDAY  
DECEMBER 2019

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Example 2 Can mural paintings be considered one of the greatest traditions of paintings of the ancient world? Discuss with examples (150 words)

Keywords! Mural paintings of ancient world

Can those be greatest?  
demand of question

Type 1 Aspirant! → Write all details about mural paintings in India they don't see the World!

Type 2 Aspirant! → They put details about India's and world's mural.

Type 3 Aspirant! → They put their argument about greatness. takes help of examples. Also say about not greatest examples. conclude well.

You can define your achievement as big one if you have already experienced many small ones.

Good luck



**39. I have been preparing for the UPSC CSE since 2019, but unfortunately, I am not able to clear even prelims. I desperately need some way out of it because I'm in a flux now. What should I do?**

Although I could give you multiple ways through my learnings but I won't. Why!

During mentoring such aspirants who gone through the same condition like; I observed that each of them have different sets of experience and issues associated with their preparation.

Some may have good knowledge but didn't have skills to use that knowledge.

Some had very good skills but they weren't disciplined towards brushing up those skills.

Some had only one or two minor flaws in their preparation.....

Please see images just for...how mentoring sorts such queries...different for each individual.

So if I write each case details here still it'll not fulfill the demand of your question.

I found each individual must go through some one on one Discussion with some good senior or guide. Try to search such.

You can talk to me too. My number is mentioned in my profile.

You can meet me at Insights IAS center Karol Bagh. When we meet and discuss, obviously your cross questions make everything crystal clear..



## One On One Mentoring

### @INSIGHTSIAS

Date: 20/08/2021

1st attempt

Content

↓

What went wrong??

2nd attempt

Revision

Lack of confidence

3rd attempt

Practice a lot

No learning from tests

→ Analyzing thoughts still work, but slow

2021

2022

2023

2024 attempt

concept, case & extra weight

PYQs

Content

↓

Knowledge

Practice

↓

Skill

Marks

↓

Knowledge

↓

Comments

You treat yourself as a fresh aspirant

Step 1:

Preamble

Reading the chapters

↓

Analyse chapters

Step 2:

Sec. PYQs

↓

Pre. (Mains)

You treat yourself as a fresh aspirant

Q. 1

Q. 2

Q. 3

Q. 4

Q. 5

Q. 6

Q. 7

Q. 8

Q. 9

Q. 10

100% marks

**40.What are some ways to get rid of hand pain during excessive writing in the UPSC Mains?**

Although I could type the answer but I wanted to convey some message; catch it...





Mentoring  
@INSIGHTSIAS

Date: 15 August, 2022

Ways to get rid of hand pain  
during excessive writing in  
the UPSC main...

Reality : you cannot get rid of this pain.  
But-  
You can prepare yourself to  
enjoy this pain.

( Think about : the physical training  
to armed forces ;  
What's the purpose of it !!  
Is it to reduce the pain ?  
• No ; it's all about  
making them capable to  
handle that pain. )

Training :

- Get sorted about weapons : Choosing pen
- Writing Test series in UPSC main exam manner.
  - \* Day 1 (essay) Day 2: GS1, GS2, Day 3: GS3, GS4
  - \* Repeat above cycle multiple times
- During preparation : keep writing answers.
- Enjoy this training.

www.insightsonindia.com      instacourses.insightsonindia.com  
Upendra      Mentor @ Insights

Many Aspirants are in the habit of digital notes making. They usually avoid writing answers. They think that in the end they'll manage. But believe me, this results into disaster.

I advise you to read the image again. I knowingly write on paper so that you understand that writing writing writing...is the only key to be habitual of this pain.

Believe me, this pain is so sweet after getting good marks in mains.

Like when defence personnel returned from surgical strike, they felt the sweet pain. Pain of Training converts into proud and sweet.

Good luck.

#### **41. Is it possible to prepare UPSC Mains in just 4 months?**

Yes it's possible.

Provided that your optional is prepared at least 50%.

Once you're qualified for prelims, it means you have prepared GS well already. Only need is to integrate that according to mains. How to do it ?



## INSIGHTSIAS

Date: 09/08/2022

QUORA Answers :

Is it possible to prepare UPSC Mains in just 4 months?

Pre-requisites:

Optional (50% Covered) ; All major portions from Core GS Syllabus covered.  
 atleast you're aware about how topics are required for mains perspective

Need to do:

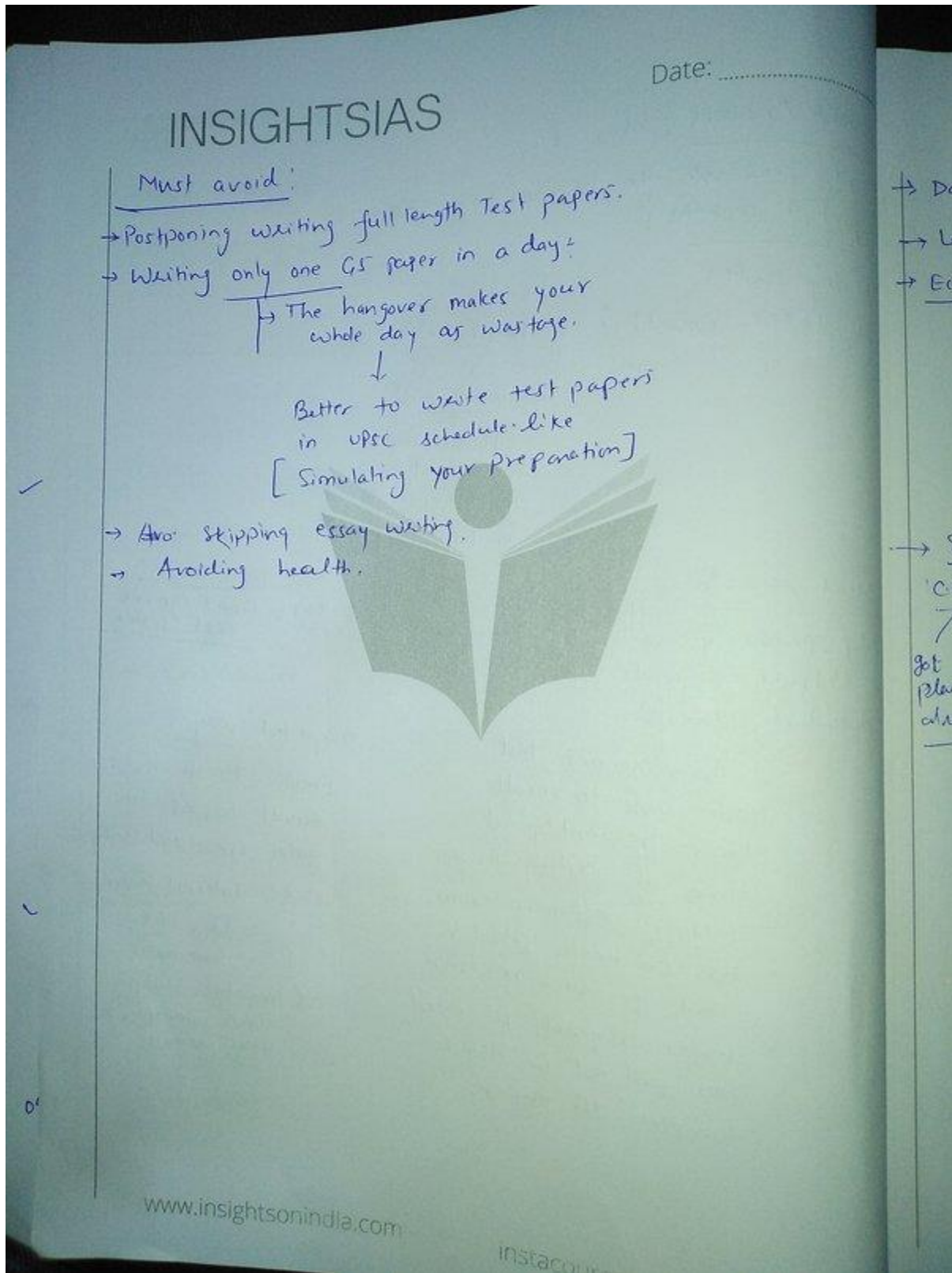
For next 20-25 days  
 > Top priority: optional Practice is the key. Don't ignore Test series.  
 > Prepare keywords type Notes from detailed Notes.

In a manner that you're able to recall those frequently at time of writing answers  
 (Note: CSE main exam has so hectic schedule that if such revision notes are not practiced, you will not be able to complete the paper.

suggested way :

First finish for small topics to gain emotional strength  
 eg. Internal security  
 IR, SFT,  
 Governance...  
 (can take help from samples)  
 (my notes)





## 42. What is the best source of knowledge after books in UPSC preparation?

Observations!

Yes you read it correctly.

As your question was- knowledge after usual syllabus books in UPSC. But I'll say-

Usual syllabus books itself contains huge knowledge. Only thing is to have a keen observation. Let me take an example to make it more clear-

For answer writing practice, I used to have some standard terms/ qualities from classnotes. In this way, I had something like

To make any program/policy successful, we need to design on the basis of following keys:

A: Align

B: Belief

C: Communicate

D: Democratise

E: Effectivity

F: Follow up.

I used to observe many things in life/ my steps for future or any ongoing responsibilities based on above 6 terms. I believe that's the definition of knowledge which enlightenes you to decide better at each step of life. Knowledge doesn't have a narrow meaning. Not only it works for an individual but for the maximum good for the society also.

During pandemic and lockdowns, I thought to develop my own model to lift up a Panchayat through community participation (without the government aid). The first component of my model was to developing Government schools Upto 8th standard.

What I said to myself! I'll use things from my answer writing practice for this initiative. After using the above 6 terms in my GS Paper 2, GS Paper 4 and Essay, I recollected my observations on the above points.

I dicided-

A: Align : 'District' BSA to 'block' education officer to school that is 'Panchayat'. Through all officials and responsible persons.

B: Belief. I dis back to back campaigning , arranging district officials meetings at school on every month. Formed a good team of Rural enthusiasts who were directionlesa but had guts/qualities to do something new for their Panchyat development. It resulted into developing a belief in people that these boys will make a change for sure and they also joined us fully or partially.

C: Communicate. Earlier I used my Facebook for my teachings and IIT students problems solving issues. I use this as a communication tool among all. Wrote details for each meeting and outcomings. Information Sharing....

D: Democratise. You can observe this too. After few months, our team was recognised at District level. Obviously boys of the team were from underprivileged sections, So higher class pseudo people started spreading rumours. Until unless, I didn't make it democratic, this would have been finished.

E: For next step, Effectivity of the previous step must be on check.

F: Without taking follow-ups, no model can be successful.

I'm sorry for writing such long answer. But I hope through it, many aspirants will clear the clouds to get knowledge from extra planatory resources.

Yes I was fond of reading other books also. But not in the Mindset of completing n number of books. Again the observation habit which we must learn during preparation increases your knowledge. Even if you're traveling in Metro train, you're more in the habit of-

How such big projects are being managed, you can take just an example of security in metro..

You're taking lunch/dinner at dhava (50 rs thali), you Actually can develop EMPATHY in your personality by observing how poor conditions of those workers at dhava. No I won't suggest you to be a social reformer but you can come up with some start-up like zomato. Who thought this before ten years back??

.....

I guess the syllabus and pattern of exam for UPSC is so Designed that you keep gaining knowledge.

Good luck.





Prepare in Right Way



U.P.S.C. I.I.T.

Prepare in Right Way





**YouTube Upendra Singh : Mindset Makers for UPSC**





### 43. What is the recommended amount of time one should spend writing answers in the UPSC Mains exam?

As we all know that knowledge cannot be converted into good results until unless skills to apply that knowledge aren't developed and please accept that skills are acquired by regular practice.

Hope, you have some clarity now over your questions.

One cannot define that this much time is needed to be good in answer writing because it varies person to person. Some aspirants may have answer writing basics from their college background and obviously they may say that this much or that much amount of time is sufficient. But if you take it on you, you may face disaster in your exam.

So what may be the exact way!

You start following Insights IAS website secure initiative. They give some questions daily. What you can do is-

**YouTube Upendra Singh : Mindset Makers for UPSC**

Initially try to write full Answers of some questions. You can do brain storming for some questions. Do this exercise daily. They also provide some hints on the next day. So you can add some value from those points in your answers. Keep a seperate notebook for answer writing.

Keep following this exercise for at least a month. You'll have two things -

Regularly you'll be improving your way of thinking.

Management of time to write answers.

After this you Analyse your level of preparation and submission even if you feel satisfied, still don't stop this exercise. It's not a waste of time. Rather it's an exercise which is gonna pay you as good results.

.....  
If you want your answers evaluated, you just send your answers whatsapp at my number mentioned in my profile. It's for no money.







**44. How many additional pages will be available for rough work in the answer booklet of the UPSC Mains Mathematics optional papers? Is there any ratio of pages per marks of a question?**

You can ask for those to the person on duty in your room.. I don't think any limitations for it.

Experience- I didn't get any such candidate in my multiple mains with maths optional asking for such extra sheets.

Reason-

See, As you know that incase of optional -

You have two sections, each containing 4 Questions. So paper contains total 8 questions. Out of which we have to answer 5 questions. Means space available for rest 3 questions can be used for rough work.(except question 1&5 which are compulsory).

Note: you must be clear in the starting itself that which questions You're gonna attempt. Highlight those strictly , so that no misunderstanding occurs in the exam. Because ultimately you need to cross out blank pages which questions aren't attempted.

Hope it helped.

**45. How many additional pages will be available for rough work in the answer booklet of the UPSC Mains Mathematics optional papers? Is there any ratio of pages per marks of a question?**

You can ask for those to the person on duty in your room.. I don't think any limitations for it.

Experience- I didn't get any such candidate in my multiple mains with maths optional asking for such extra sheets.

Reason-

See, As you know that incase of optional -

You have two sections, each containing 4 Questions. So paper contains total 8 questions. Out of which we have to answer 5 questions. Means space available for rest 3 questions can be used for rough work.(except question 1&5 which are compulsory).

Note: you must be clear in the starting itself that which questions You're gonna attempt. Highlight those strictly , so that no misunderstanding occurs in the exam. Because ultimately you need to cross out blank pages which questions aren't attempted.

Hope it helped.

#### 46. How do I study the international organization and bilateral relations topic for the UPSC Mains 2022?

I may differ from many established opinions. But I'll share only my strategy here.

I firmly believe that although UPSC has set each such topic in syllabus but each topic has its weightage in main exam CSE. We must be aware about this fact.

So I suggest you to first make yourself mentally prepared about those 3 days hectic schedule. Essay+ 4GS papers.

No matter you have prepared thousands books. But at those days, you'll hardly be able to recall these. So you must strategize your preparation from this angle.

Answer-

There will be two questions from IR in GS Paper 2. + You can use your IR knowledge at max one passage in your one essay and somewhere in GS 4 to support your arguments.  
Right????

If you're talking about mains 2022, then you must have cleared prelim. Right? So whatever you have prepared for prelims, just recall some solid points from that. Then you can watch this lecture to frame your mind/opinion. I watched this lecture multiple times and noted down keywords from it on just one page. Also my opinion is of S Jaishankar+ Gol. I guess nothing more than this needed to write two good answers.





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#SJaishankar #MinisterOfExternalAffairs #MEA

Full speech: EAM Dr S Jaishankar delivers 4th RNG lecture 2019 | India...

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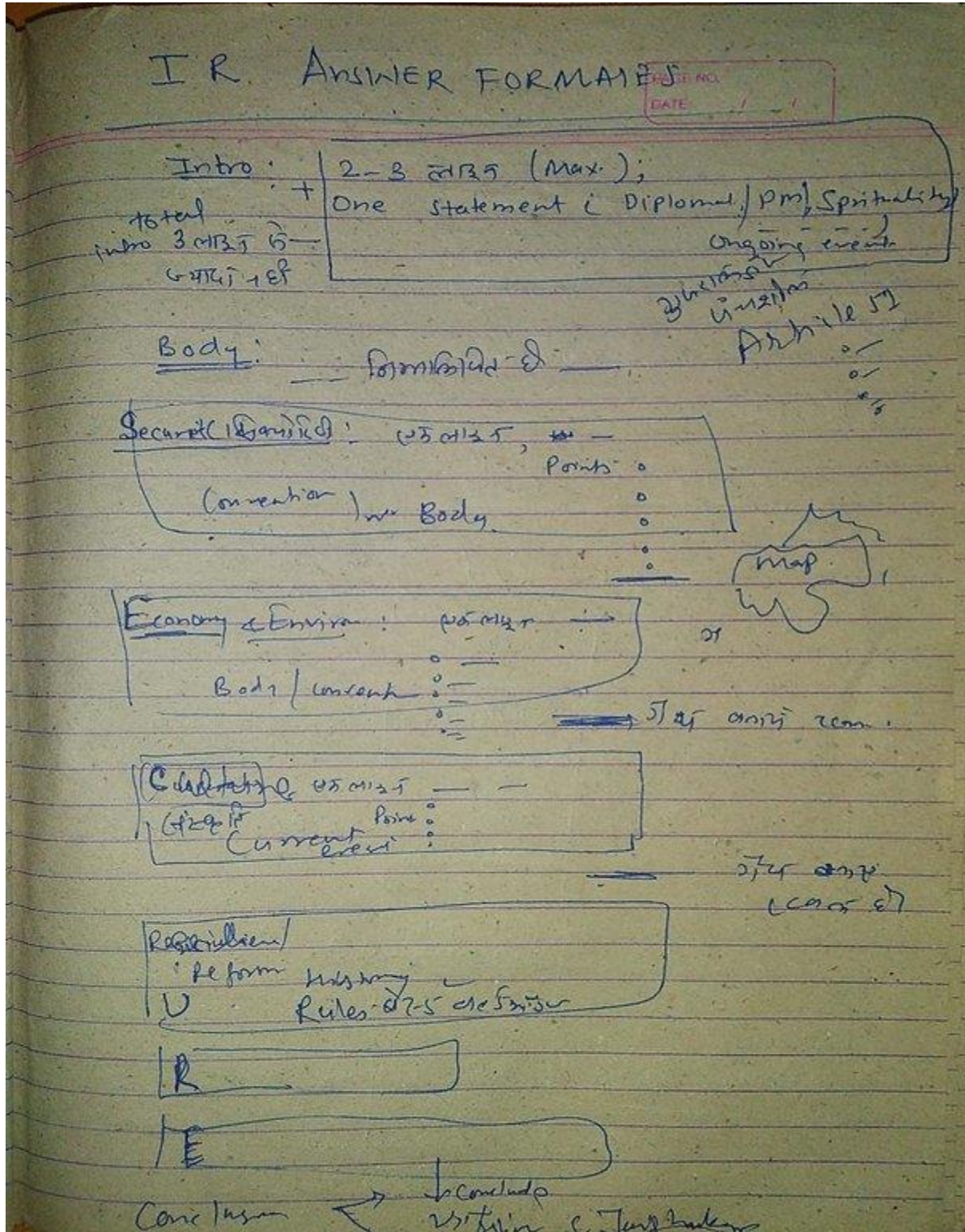


Like Father, Like Son-both brilliant to the core; would have done his father proud, with the similar grand hi...





I followed this and got good marks in multiple mains.



Rest is your decision

### **47. When do they distribute the question papers during the UPSC Mains examinations, and how much time do we get to read all the questions and decide which to do?**

I'll just share a funny story from my first mains.

Me and my friend were at the same center but in different rooms. On the second day that's for GS1&2. The teacher on duty in the room in which my friend was there, gave booklet before 8–9 minutes. My friend was very happy as they also started writing their answers before these much minutes. Person who wrote mains, can understand value of these minutes. But person on duty in my room was very tough, he didn't allow us to open the paper before the exact time. Also distributed papers just 2 minutes before time.

My friend was happy on that day and I felt bit annoying (honest review). On the next day, you won't believe the story reversed. Hahahahh

I hope you got the answer of the first part of the question.

Second part-

Mains exam is too hectic. You have to think and write at the same time. You cannot take time to read and decide which to write or not. It's like fast furious.

Suggestions-

Candidate must be ready for it and practice the test series in exact UPSC manner before the mains and make yourself habitual to manage everything during mains.

Image: during my preparation days year2014–15

### **48. What is a good strategy for the UPSC in 3 years?**

I'm trying to write a detailed answer. Hope it'll suffice.

Still I'll add some other answers previously written. Or you can read those answers like how to analyse PYQs, how to add current affairs, how to write answers, how to prepare notes and all.

You can also watch classes, screen shot attached in the last ,if you like or you can meet me too.

So here is the answer

Prepare in Right Way



M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Nov 2019

**18**

FRIDAY  
OCTOBER 2019

Uendra  
@NirmanIAS

You can talk to me  
9546676709 (No money involved)

Q. What is a good strategy for the UPSC in 3 years?

Answer:

Well, your question has some hidden points and I would like to open those.

UPSC

↓ Categ. (1)


Civil Services Examination  
(CSE)

IAS/IPS.....

↓ Categ. (2)

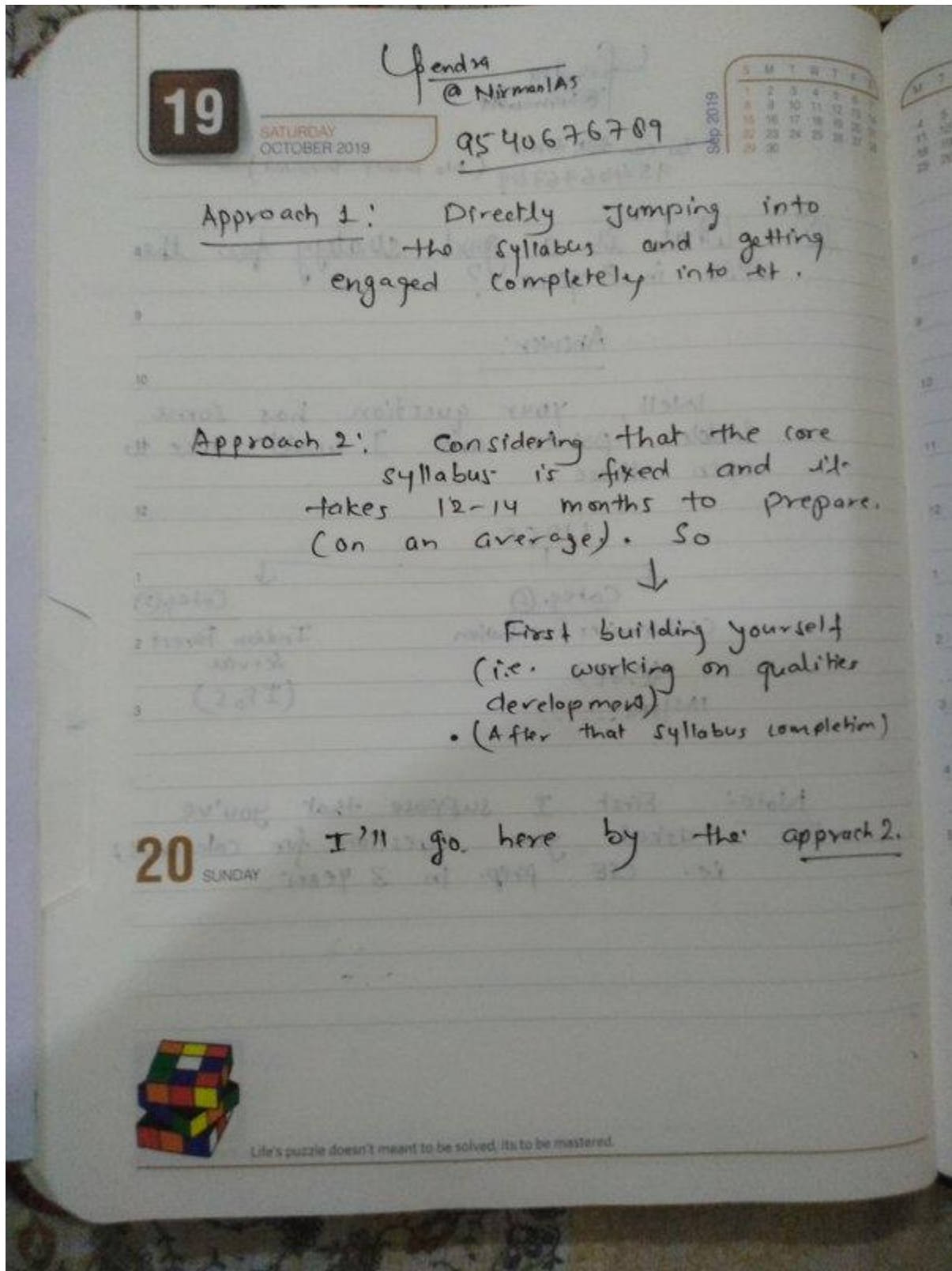
Indian Forest Service  
(IFS)

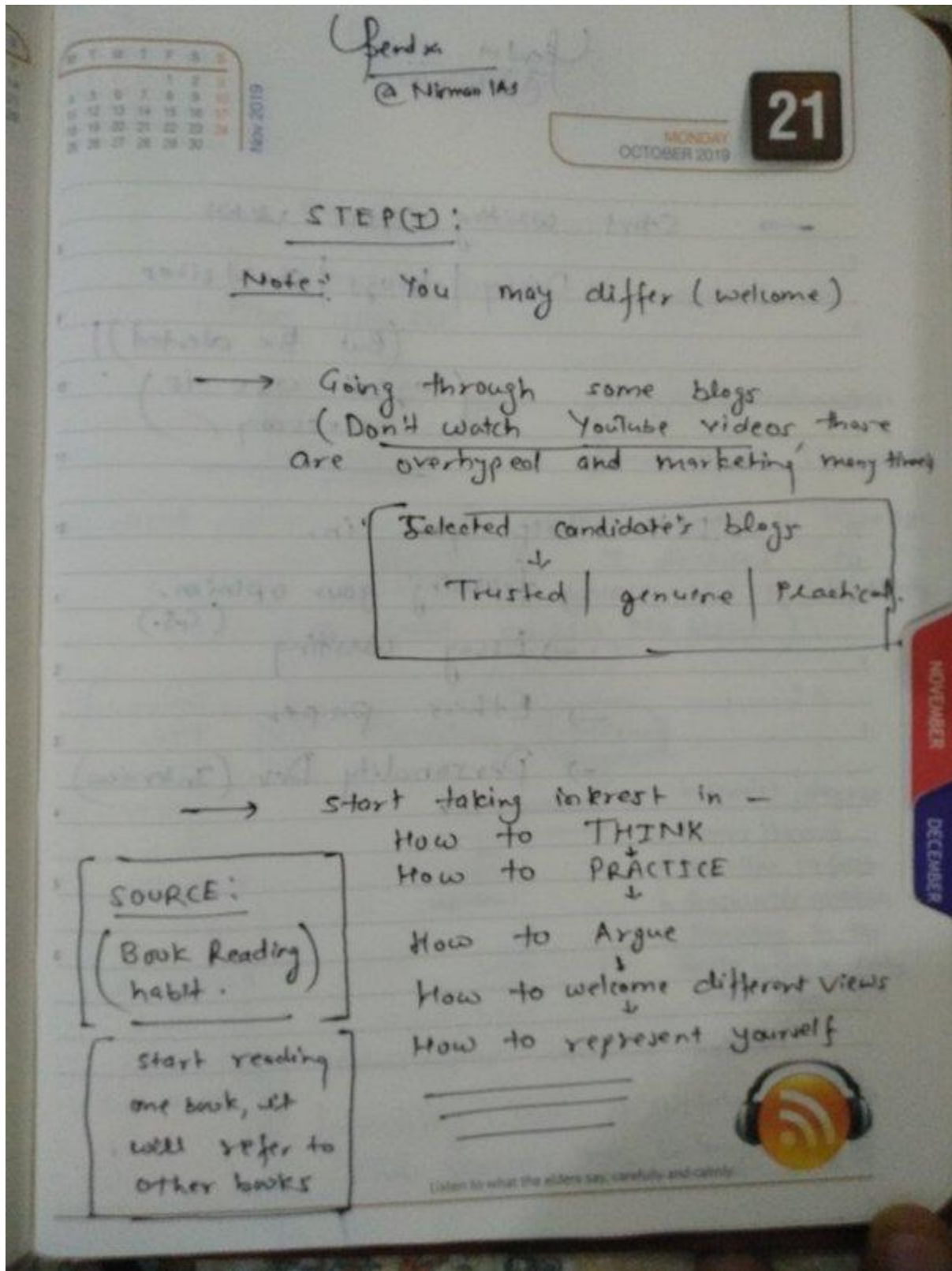
Note:- First I suppose that you've asked your questions for category (1) i.e. CSE prep. in 3 years.



Discover as early as possible your path of success.







24

THURSDAY  
OCTOBER 2019

Upendra  
@Nirman IAS

9540625244

Sep 2019	1	2	3	4	5	6
	8	9	10	11	12	13
	15	16	17	18	19	20
	22	23	24	25	26	27
	29	30				

Step (III):

Now start preparing the Syllabus

↓ Resources

↓

( NCERTs  
History  
Geography )

( Economy  
& book  
classmate )

( Polity  
St. book )

↓ Practice:

→ Keep practicing MCQs

→ PYQs analysis  
(Chapterwise)

**Golden Rule**

Reading chapter

↓

Analysing PYQs

→

↓

←

Seeing PYQs of that chapter

↓

Analysing chapter

~~///~~ Small topics like  
IR, Security, Social Issues  
Society, S&T, ...

Repeat this for each chapter, each topic

Take classnotes of any Coaching from photocopy shop and add current affairs

A one step be step coz the chances of falling hikes when you directly climb the highest one.



Pendra  
@NirmanAS

23  
WEDNESDAY  
OCTOBER 2019

Step (II):

After exploration of yourself in the step (i)

↓

(a) Check your strengths/weaknesses

Example: I found that I'm good to express myself in HINDI (MEDIUM). I decided to write mains (UPSC CSE) in Hindi only. (Got Good marks, No Issue)

(b) Deciding (optional)

↓


Parameters: to decide optional

- Interest / degree
- Score / trend
- Duration to cover
- Resources available
- Managing in the hectic schedule during mains exam.

(c) Newspaper reading habit.

(d) Learning How to sustain. This journey may be long/short.

Team can perform more than any individual.





9540676709

Upendra  
@NimrodAS

FRIDAY  
OCTOBER 2019

25

Note:- Joining coaching is completely depends on you.

↓  
Financially Capable

↓  
Need guidance to save time

OK

Can join coaching

↓  
Financially Poor

↓  
Self study  
But make sure you follow disciplined schedule

+  
Credible Study material

↓  
Continuous examining yourself.

↓  
Test Series

↓  
PYQ Analysis



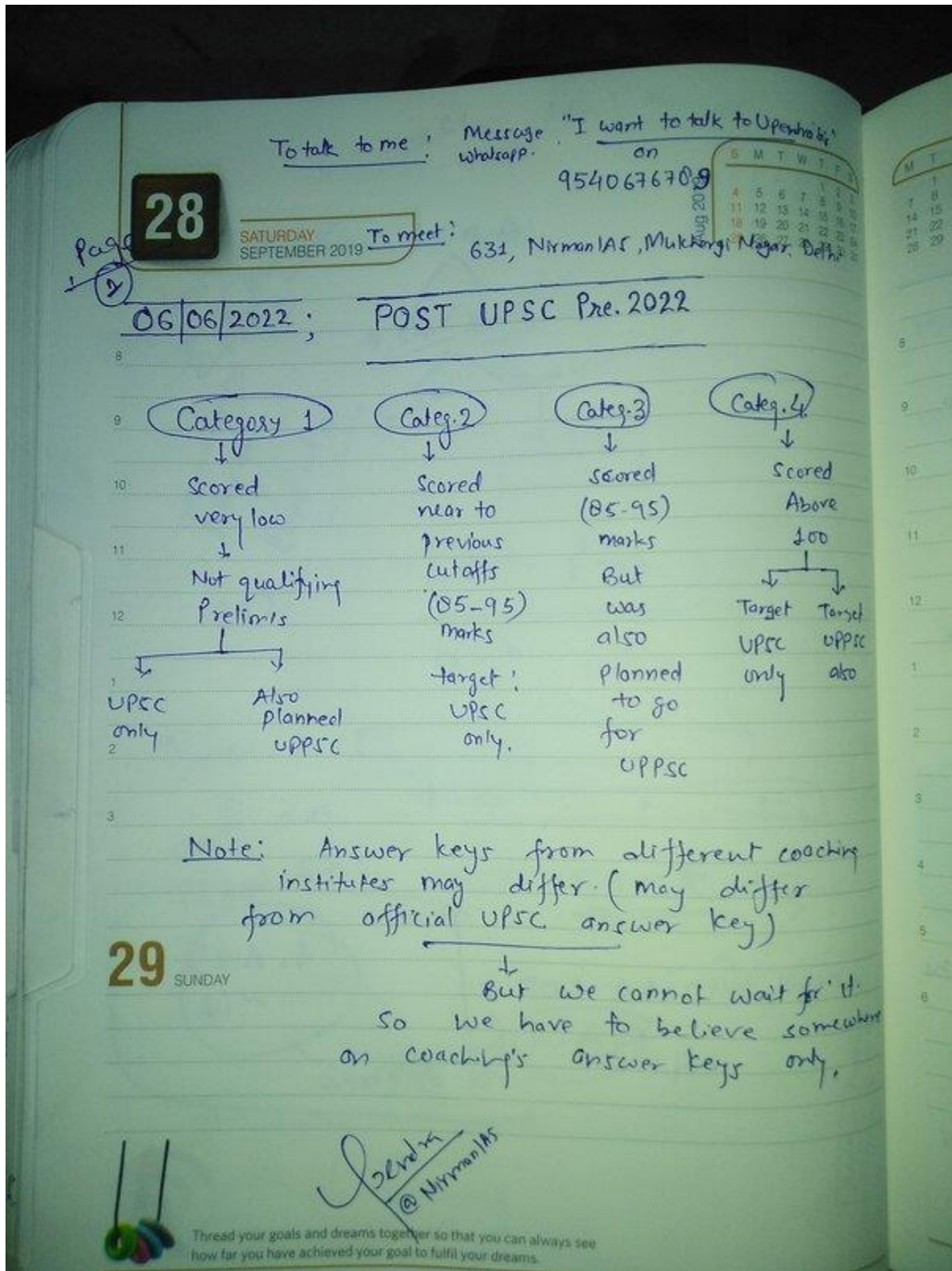
Make reduce, reuse and recycle three principles of life to save earth.

## 49. What should I do after the UPSC prelims 2022?

I've tried to analyse all possibilities here. Suggest to read carefully. Hope it'll help you in decision making for future.







	M	T	W	T	F	S	S
28	29	30	31	1	2	3	4
5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28
29	30	31					

9540676789

Page **30**

MONDAY  
SEPTEMBER 2019

Details

Category 1 ↓

Target (UPSC only.)

- o Take rest for next 2-3 days.
- o Analyse your mistakes
  - ↓
  - Don't take impulsive decision in hurry. like quitting because of failures

multiple back to back prelims failures

↓

Need to plan well (Pragmatic solutions)

↓

Can take a complete break

↓

Trying other options

↓

After stability

↓

Coming back to UPSC with fresh start.

↓

It works believe me. I've done it myself

first attempt failure

↓

GS.    CCAT    Both

↓

Same process

↓

Take a fresh start.

↓

Treat yourself a fresh aspirant

↓

Do all static topics + PYQ analysis again

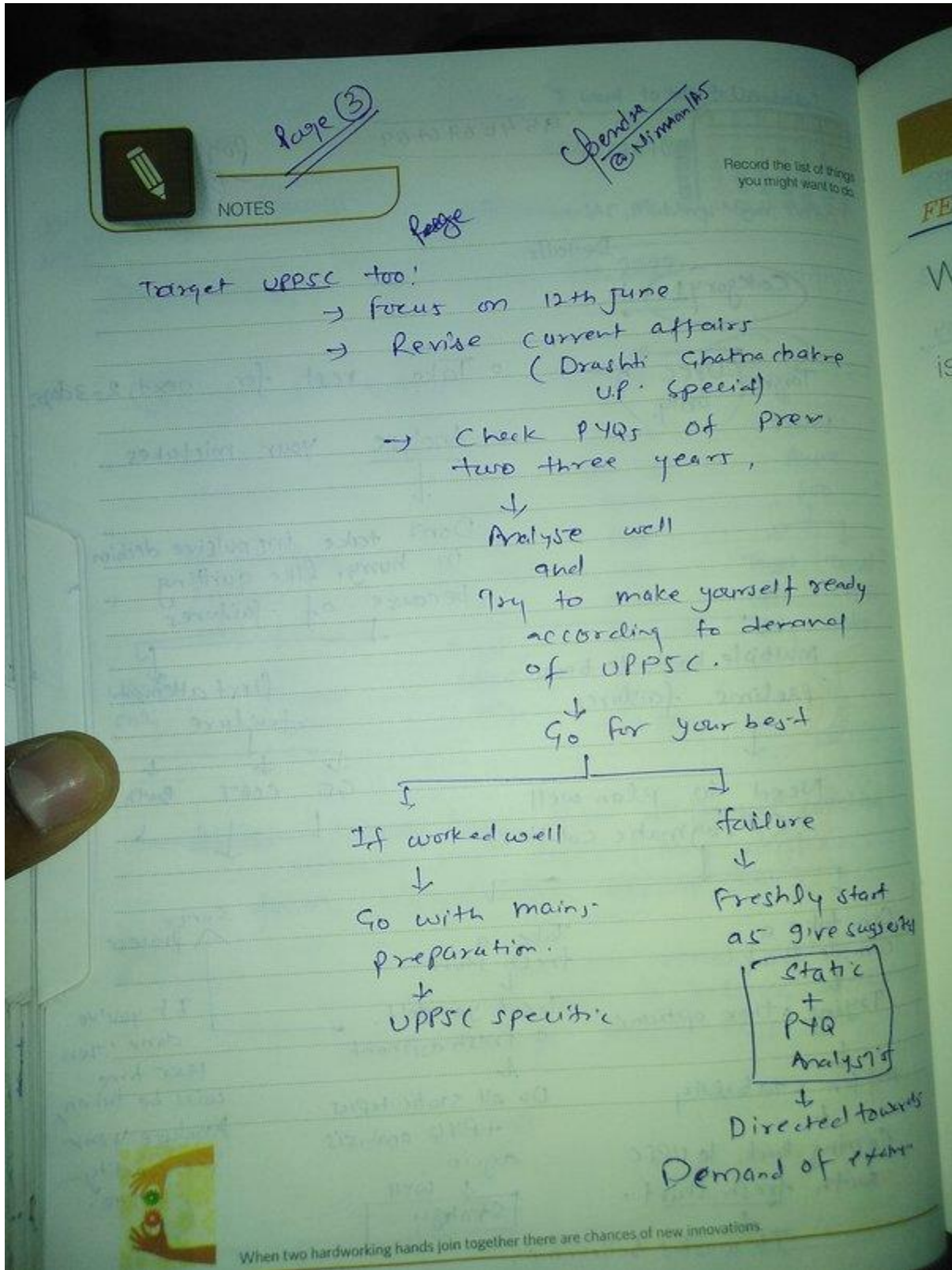
↓ well

**Strategy**

Save earth the best possible that you can.

If you've done then less time will be taken, Analyse your Personality too.







You can meet at  
631, Nirman IAS Mukherji Nagar, Delhi  
9540676789

01 TUESDAY OCTOBER 2019

Sep 2019  

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Category ③

UPSC too go prev. page 3 and follow UPSC strategy

Category ②: →  
↓ UPSC only

As you're near to cutoff  
↓  
Focus on mains preparation

↓

Can try to complete your optional revision

Can prepare short notes for answer writing

↓

How to prepare notes (see my lecture on Youtube)

(NirmanIAS Mindset Makers playlist)

like Economy 454 Recently

teaches you can watch

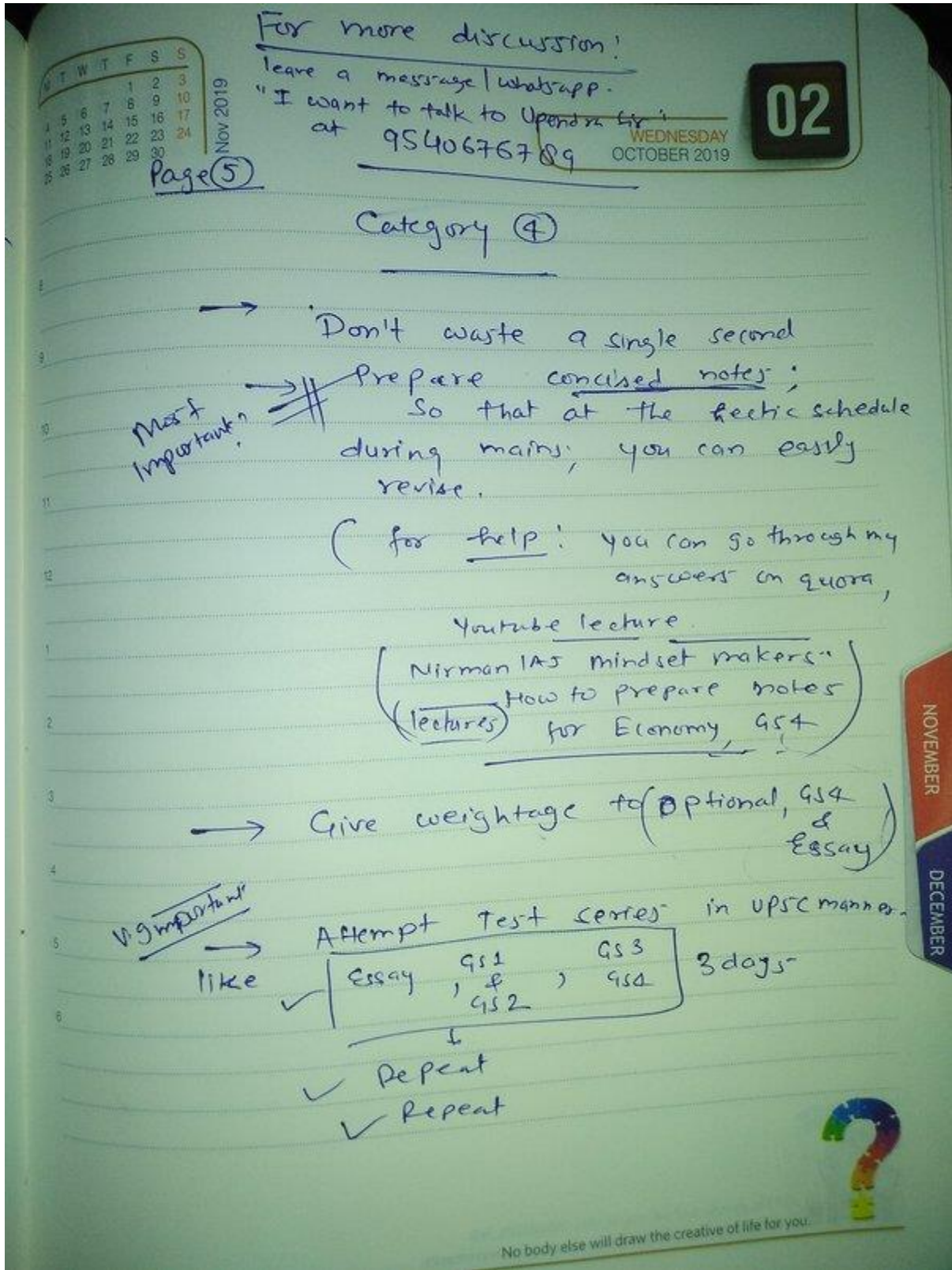
Also you can read my answers on Quora Detailed:  
 → Answer writing  
 → Notes-making  
 → GS4 strategy  
 → Essay strategy

Practically: Yes, you'll be in dilemma always for next 20 days.

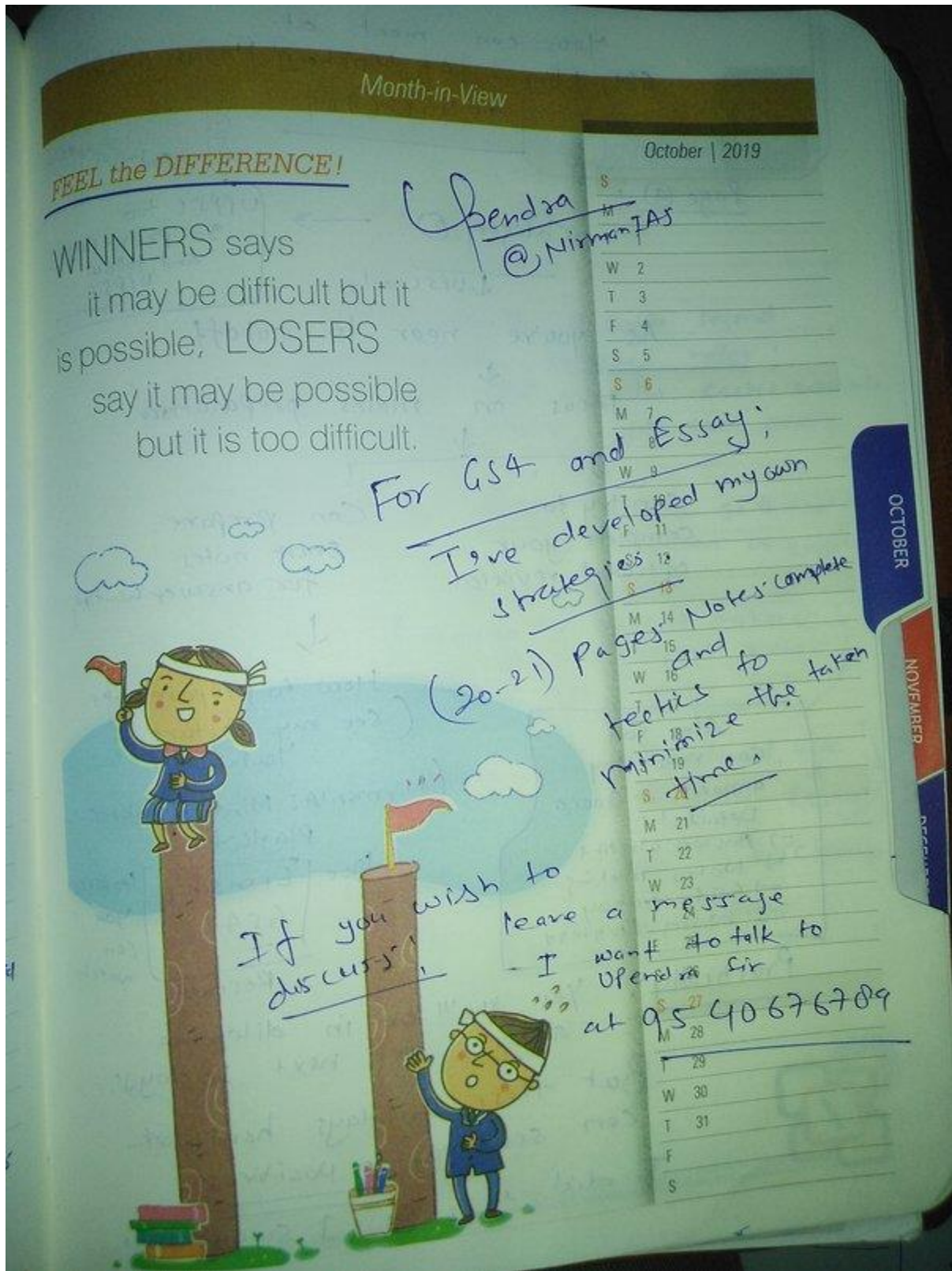
But these 20 days hardwork can send you in positives.

I did it; so I suggested,

You can't perform if you are not ready to do it, just a pen can't write unless you move.







How to prepare for CSE Mains now??

YouTube Upendra Singh : Mindset Makers for UPSC



I tried to answer a question few days back

The question was

How can I write answers in the UPSC? There are lots of content we take from books, but how do we apply this particular information in a particular answer?

Now my answer is-

First of all, try to understand demand of exam. What I meant by it? See some UPSC previous years question papers and well framed answers by some seniors/teachers.

Now write down some keywords on a paper like: 1- Don't cross the peripheral of question asked. 2- What I have studied. 3- What I learnt in my daily life. Practical experiences/examples... 4- See some conversation type programs on Rstv type channels.....

After all this, you'll realise that how much content you should carry for mains answer writing. e.g. From Polity, you will sum up the content in hardly 12–15 pages. Just framework/ bullet points. Example- Elections-Two three points (Body like CEC related) Two three points for Election reforms. Two points from some report or your knowledge from daily life. Similar for JUDICIARY,..... Note- if you don't have such small notes then it will become very hectic for revising. Keep in mind those three days, five papers (GS& ESSAY). I'm adding here a sample for Governance notes, of 5–6 pages for mains. Whatever questions are there, I will try to use one of these. Like in this frame, I will try to put relevant points accordingly.



G.S.D: GOVERNANCE:

Date:         
 Page No:

```

    graph TD
      Consensus --> Participative
      Consensus --> Accountable
      Participative --> RuleOfLaw[Rule of Law]
      Participative --> EffectiveEfficient[Effective & Efficient]
      Accountable --> Transparent
      Accountable --> EquitableInclusive[Equitable & Inclusive]
      EffectiveEfficient --> EquitableInclusive
      Transparent --> EquitableInclusive
  
```

For any big transform<sup>n</sup>

A : Align - PM - CM - DM - - -

B : Believe - "Goal is achievable"

C : Communicate - Volunteers, Social Media, Rallywood - -

D : Democratize - "Jan Andolan"

E : Evaluate - Minist, NGOs, - - Social archite -

F : Follow Through . eg. ODF +

Exam point!

① If giving reference then do not completely like.

Mr. Arjit Banerjee written in his book "Good Economics for Hard Times" that - - - -

② In I.R. Maps can make your answer more effective.

International thinkers quotes best with proper reference like above part ①





**VISION IAS™**

Don't write anything this margin (एक अंश में लिखें)

राज्य क्या है? भारत के संविधान को ही लिया जाए तो अनुच्छेद 12 के तहत सरकारी मंत्री को राज्य माना गया है। एक समुचित व्यवस्था के लिए क्या विद्युत अर्थात् - जाने चाहिए? इन प्रश्नों के उत्तर अधिशासन, सुशासन, विकास प्रक्रिया, संघीयता आदि के माध्यम से समझने का प्रयास कर सकते हैं।

यूएनडीपी के अनुसार राज्य के निश्चित कार्य को सुचारु रूप से चलाने के लिए सैन्यिक, प्रशासनिक मंत्री विस अर्थशास्त्र को करती है उसे आर्थशास्त्र कहते हैं। लेकिन बदलते परिवेश में चुनौतियाँ नई हैं। आज सुशासन की बात होती है। अब ये सुशासन क्या है?

● आम सहमति (कंसंसस)

Call us : 8468022022      Page 12 of 30      Visit us : www.visionias.in

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**VISION IAS™**

Don't write anything this margin (एक अंश में लिखें)

अल्पसंख्यकों के संविधान विशेषता एक गैर-वैधता निश्चित है कि आज बदलाव एवं विकास की रफ्तार नीचे लाने (पंचायती व्यवस्था आदि में) से आ रही है, अतः आवश्यक है कि जनता की भावना को नीचे निर्माण में उचित ध्यान मिले। लेकिन क्या संसदीय जनता की भांग के आधार पर संभव है? दक्षिण अमेरिकी संसदीयता तो दास प्रथा को खत्म करने के पक्ष में नहीं थे। अशासन शक्ति के लिए शक्ति/दूरदर्शिता के बल पर संयुक्त राज्य अमेरिकी संसदीय संघ को जन्मा, वहाँ एक प्रश्न और था सुचारु रूप से चलते हैं कि संसदीयता (राज्य) की स्वायत्तता कार्यकलाप प्रक्रिया में अभाववैधिता कार्य-कर्म व्यवस्था/संयोजकता और लो (कमी) है कि नियंत्रण एवं संयुक्त के साथ राष्ट्र और विश्व प्रगति (जनकल्याण से जन कल्याण) की ओर चलने के लिए

GS(D)  
**GOVERNANCE**

Topic: Chapter (i): Introduction:

1. क्या है?

Acc. to UNDP in 1997. सभी स्तरों पर देश के मामलों का प्रबंधन करने के लिए आर्थिक, राज. प्रशा. अंतर्भाव के रूप में

शासन

↓

प्रारंभ के हिस्से (Stake holders)

↓

सुशासन Good Gov.

↓

सुशासन के सूचकांक (समीक्षा)

Worldwide Governance Indicator Project (W.G.I.P.)

↓

Based on

- आर्थिक, राज. स्थिति
- सामाजिक स्थिति
- सरका. की प्रभावशीलता
- विनिर्माण सुविधा
- कानून शासन
- प्रशासनिक

2. भारत में शासन

↓

शासन के स्तर

- शासन के स्तर
- शासन के स्तर
- शासन के स्तर

Min. Govt. Max. Governance

राजनीतिक: समानता

वित्तीय: भी है

प्रशासनिक: विनाश के बिना

आर्थिक: समानता

सामाजिक: समानता

73वां, 74वां (आर)

- ई-शासन, Digital India
- Citizen Charter
- Sarvaam Model
- RTI, Social Audit

Public Interface

3. नागरिक चार्टर (Citizen Charter)

क्या है?

एक ऐसा दस्तावेज है जिसका अर्थ है नागरिकों के अधिकारों के प्रति लांबिकी के प्रकार की सुनिश्चिता को बढ़ाकर देना है

अर्थ और अर्थव्यवस्था

महान

1990 के आसपास

9 सिद्धांत:

- मानक निर्धारण
- प्रती जागरूकता दे
- पारदर्शिता
- पट्टे-स को बढ़ावा दे, निष्पक्ष दे
- समाधान के लिए
- सही ढंग से सुनिश्चिता
- नागरिकों का प्रभावी अंतर्भाव
- नागरिकों को सुनिश्चित
- नागरिकों के अधिकारों को

आपको

मुझे

- नागरिकों के अधिकारों को
- स्वच्छ डिजाइन किया जाना
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को

II and ARE Ran

- सभी नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को
- नागरिकों को अधिकारों को



So this is how, we can keep our notes as short as possible. This makes your revision light and obviously you have to put answers within the word limit, so maximum 4–5 dimensions in an answer is possible to write. Smartly pick those points and revise many times.

Good luck

Answer writing evaluation :

Yes, I can help you. You can send your answers and we'll evaluate those. You can message me for further. Moreover, if you're in Delhi, you can meet me and can discuss over answers in details about strategies. Nirman IAS, Mukherji Nagar



something extra to tell you ....

How tough and predictable was upsc cse mains 2021?

toughness level<<<<<<.....>>>>>>unpredictability

We as an aspirant are well known about this examination's demand. Here toughness doesn't imply answering questions need extra planatory knowledge and skills . Toughness directly linked to unpredictability of question papers .

**YouTube Upendra Singh : Mindset Makers for UPSC**



So let's understand it according to different papers-

1- Essay-

many people are saying that this year essays were completely philosophical . But I don't think so. I have genuine reasons for it. UPSC doesn't favour any specific stream. They put such essays of abstract nature because many candidates are following readymade strategies given by coaching modules. As per my understanding, essay paper is an examination where you're free to float your ideas in maximum possible dimensions. During my mains preparation, I never followed instructions given by test evaluators. I just expressed my feelings about that particular essay. Although statements were abstract but we had to write as an essay should be written in general.

credibility: I got one of Highest essay marks back to back in upsc mains .



खण्ड A और B में प्रत्येक से एक-एक चुनकर, दो निबन्ध लिखिए जो प्रत्येक लगभग 1000-1200 शब्दों में हों।

Write TWO Essays, choosing ONE from each of the Sections A and B, in about 1000-1200 words each. 125×2=250

### खण्ड 'A' SECTION 'A'

1. आत्म-संधान की प्रक्रिया अब तकनीकी रूप से बाह्य स्रोतों को सौंप दी गई है।  
The process of self-discovery has now been technologically outsourced.
2. आप की मेरे बारे में धारणा, आपकी सोच दर्शाती है; आपके प्रति मेरी प्रतिक्रिया, मेरा संस्कार है।  
Your perception of me is a reflection of you; my reaction to you is an awareness of me.
3. इच्छारहित होने का दर्शन काल्पनिक आदर्श (युटोपिया) है, जबकि भौतिकता माया है।  
Philosophy of wantlessness is Utopian, while materialism is a chimera.
4. सत् ही यथार्थ है और यथार्थ ही सत् है।  
The real is rational and the rational is real.

### खण्ड 'B' SECTION 'B'

5. पालना झूलाने वाले हाथों में ही संसार की बागडोर होती है।  
Hand that rocks the cradle rules the world.
6. शोध क्या है, ज्ञान के साथ एक अजनबी मुलाकात !  
What is research, but a blind date with knowledge !
7. इतिहास स्वयं को दोहराता है, पहली बार एक त्रासदी के रूप में, दूसरी बार एक प्रहसन के रूप में।  
History repeats itself, first as a tragedy, second as a farce.
8. "सर्वोत्तम कार्यप्रणाली" से बेहतर कार्यप्रणालियाँ भी होती हैं।  
There are better practices to "best practices".

GS1- Questions were not tough but paper was lengthy. Many students suffered to finish 20 answers.

GS2- Again lengthy , you know all answers but questions were contained of multiple subparts. So again in 3 hours , it was tough to write all answers.

GS3- Same as above

GS4- If you have been seriously preparing for this exam . You understood

this papers then it was comparatively easy to handle. Yes if you did not have terms and multiple values and virtues at your tip then it may be tough to finish section A within time. Case studies were easy to handle as compared to 2020 paper.

Optional - Mathematics- This year questions were in your control but if you're not smart enough to handle calculations and smart uses of Sc. CalC then it may disaster for you . Practice practice and practice...

note-

upsc mains needs a perfect strategy. How you manage yourself in those 3 days hectic schedule and how you utilize gap between gs and optional. For essay, I have special strategy.

### **50.I get only 80 marks in the ForumIAS simulator full-length test. Can I clear the prelims?**

I was always scared whenever I thought to take such tests. My startegy was focused always towards demand of CSE. Once only I took such test before prelims and scored 65. For few hours I was completely disturbed.

Then I put myself back on my strengths and weaknesses according to PYQs and honest assessment of my preparation, my resources.. I found that I'm on right track. Also qualified multiple prelims.

Prepare in Right Way



M T W T F S S  
 30 1  
 2 2 3 4 5 6 7 8  
 9 10 11 12 13 14 15  
 16 17 18 19 20 21 22  
 23 24 25 26 27 28 29  
 Sep 2019

You can talk to me  
 @9540676789

Can meet me  
 Nirman IAS  
 Mukherjee Nagar

MONDAY  
 AUGUST 2019  
**26**

## General Studies

### Revision

(5-6 hours)

For Example

1 hour  
Polity

2 hour  
Economy

Planned Complete (But) Chapters Polity

Executed 6 Chapters Polity only

↓

No problem

↓

rest chapters tomorrow

### PYQs Practice

Not only from Executed chapters But Do random that is from all chapters (4-5) hours

1 hour daily

**CSAT**

yearwise PYQs papers 1 paper daily in the timing (2-4)

Upendra  
 @NirmanIAS  
 Before Climbing the ladder of success first see whether it is leaning against the right wall.



Such tests are mainly very tough. Knowingly or unknowingly, I'm not sure.

Practical- UPSC never set all sections in single paper. Only one or two topic maximum are made tough to check our patience level and management according to uncertainty. If we think deeply, in any year, If you've covered your resources well and have a clear mindset then no one can stop you from qualifying preliminary.

### **51.How do I answer if the interview panel asked me, "How will you use mathematics as a civil servant"? I have chosen maths as an optional in the UPSC CSE.**

I had 93 marks out of 100 , highest in my college history ( UP board). It only indicated me that i should go with mathematics in my next level of studies. For my undergraduate and postgraduate programme, I preferred mathematics over any other subject. I was busy in solving questions and developing specialities in mathematics. Nothing practical, I thought before IIT Delhi days.

In IIT only, I got an opportunity to learn mathematics in a different style. Like how Linear Algebra is used in Cryptography. How programmers and mathematicians have common things. How Real Analysis can be used to improve Zomato business and all. Till here, Mathematics opened a new way to get my feet into corporate with mathematics as my degree.

Things got another perspective when I decided to prepare for CSEs with mathematics as optional.

When i mixed philosophy knowledge with Mathematics.

When I mixed Government initiative to improve India's health infrastructure with my Mathematics knowledge of Operation Research (LPP)

and so on.....

Now I come to the Question specific answer-

1- Mathematics has two parts-

Pure Mathematics ( where we try yo explore small things at bigger level). To prove something, we need to set standard principles or theory. With thousands of examples in support cannot prove any statement.( Theorems) . The same is true for Civil service job. Thousands of persons are involved in creating nonsense in a particular area, still we cannot impose blanket restrictions in that area until unless we have solid grounds ( principles in

support of that). This is what I learnt from pure mathematics. ( Just an example, i can put many more)

.

Applied mathematics ( Where I use readymade kind of stuff to get desired results) like, using partial differential equations in understanding heat flow in TAPI pipeline, elaborating Tashkent Agreement through the understanding of Divergence of a scalar field function.

2- Mathematics taught me- There are certain conditions given and I need to reach to the result using those. I cannot go beyond those. This I use in my working domain. Yo take any policy measure, I must have certain 'facts' and 'figures' and 'Analysis' over those will give me the 'accurate' results.

3- Sometimes we assume something or take a variable for unknown result and after getting result, this variable is gone. This I can use for some pilot project regarding ' Development' and 'CLIMATE change'. Prototype kind of moves.

4- Mathematics tells me that there may be many ways to reach the same result. So this I try to inculcate in my personality. Water scarcity removal is the result needed and Telangana model , MP model can be best along with Himachal and Gujarat model. Obviously we can have a parent structure as model answer ( Model APMC Act.)

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I may keep on writing like this but I'm stopping myself here only. Ig someone interested we can have discussion over phone calls too, my number is mentioned in my profile. You can message me too. I love to discuss, this also i learnt from mathematics and can be used to entertain other's views too without leaving mine. ( Gandhi ji ) .





## WELL PLANNED COURSE BOOK BASED ON DEMAND OF UPSC CSE IAS/IFOS :

- 01 Conceptual Development
- 02 Problem Solving Techniques
- 03 Assignments
- 04 Chapter wise PYQs Analysis
- 05 Test

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