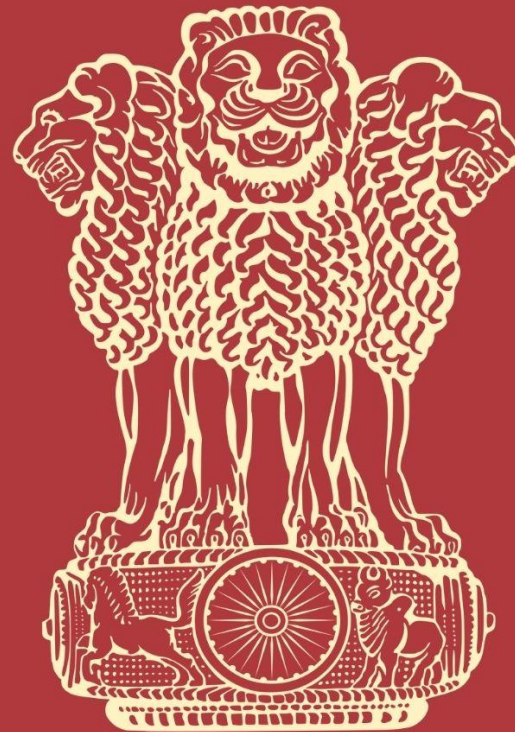


Part 1

Before Starting Prep.



सत्यमेव जयते

UPSC UNRAVELED

Unleashing Your Inner Scholar



Upendra Singh

Mentoring +91-9971030052

Mentor: Upendra Singh

Designation

Founder- Mindset Makers for UPSC

Guide at Insights IAS and Nirman IAS (Prev.)

Sr. Faculty at Physics By Fiziks (Higher Studies(Mathematics) since year 2013)

Chairman: Patiyayat Farmer Producer Company Limited.

Associated in Policy making for Rural upliftment with Govt. Uttar Pradesh.

Educational Background

Alumnus, IIT Delhi (2011 Batch, AIR49)

UPSC CSE Journey- On the basis of one of top scores multiple times given by UPSC, I'm confident about each stage of CSE. Preliminary (Developed special strategies KNOWLEDGE+STRATEGY), Mains_ Good command over Essay and GS4+GS2, optional mathematics), Personality(Interview) - Developed it through experiences and learnings through reading books from multiple dimensions during UPSC journey, Part of Interview board for Higher studies.

YouTube (Upendra Singh : Mindset Makers for UPSC).

Content: These Questions itself reveal about the book.

1.What are the benefits of doing an MA in English after completing a BSc? Will it help with the IAS exam?

YouTube Upendra Singh : Mindset Makers for UPSC

2.What are the benefits of doing an M.Sc in mathematics before preparing for the IAS exam? Is there any scope of teaching after doing an M.Sc.?

3.What are your tips for a complete beginner who has now started preparing for the UPSC prelims and is from a medical background and has no hints of humanities subjects?

4.Can I get sufficient time to prepare for the UPSC CSE in M.Tech from IIT?

5.Can you share a complete strategy for UPSC 2023?

6.I'm currently working in Kingdom of Bharain, and planning to appear for UPSC Prelims 2022. Can you please guide me with, what strategy I should carry my preparation going forward? I'm employed and can't give more then 5 hours per day.

7.Can a PhD be a good backup for a UPSC aspirant?

8.How can a person of 30 years old clear UPSC CSE in his first or second attempt provided that he hasn't yet completed NCERTs and basic books? What are those smart approaches to start and what books or resources should he follow to clear the exam?

9.I told one of my cousins that I am preparing for the UPSC. He started making fun of me and demotivated me by saying do not waste your time. How shall I deal with such negative people?

10.I want to clear the UPSC after my graduation in B.Tech, which branch: CSE or ECE is better for preparing for UPSC along with graduation?

11.What should I do after my BSc? I have to go for the UPSC, but there is a gap of two years after completion of my degree to my first attempt. Should I go for an MSc or MA or just prepare?

12.I am confused because I am good in English and Hindi medium, but I cannot take a decision that by which medium I should write the UPSC?

13.How do I crack the UPSC CSE in the first attempt while being under any circumstances?

14.I stay at a noisy hostel with sleepless nights. All hostelmates are my enemies due to my complaint to the warden. How can I prepare for the UPSC in such a chaotic situation?

15.Is it necessary to be a native speaker to clear the UPSC?

16. How long does it take to get over a failed UPSC attempt?

17. I've started preparing for UPSC 2023/2024/2025... last month but the fear of failing (or I could never complete the syllabus) is already taking a huge toll on me. Is this normal? Any advice on how to control such feelings?

18. What is a good strategy for the UPSC in 3 years?

19. How should I prepare for both UPSC CSE as well as IIT JAM, I am in SYBSC and have one year for IIT JAM and 18 months ie one and half year of UPSC CSE?

20. Is the syllabus for UPSC and IIT jam for physics/chemistry/maths the same?

21. Should I continue my UPSC preparation full time or quit it as I am 26, but financially I am very good. I have written Mains in 2020, 2021 but not reached interview yet. Kindly guide and does this gap years affect my chances in interview in future?

22. I feel I've wasted my life. I am 26 now but there is no one or anything that I am living for. What should I do?

23

24. How do I start my UPSC preparation for CSE 2024 as a student from an engineering background?

24. I am currently doing a job of 10 hours daily. Should I quit my job to start preparation for the UPSC, or can I continue with the job?

25. How do I start my UPSC preparation for CSE 2024 as a student from an engineering background?

26. UPSC or TNPSC, which is the best to choose? What are the pros and cons of both?

27. How do I prepare for the UPSC from home effectively (not about preparation strategy, but about adhering to home environment)?

28. Can I prepare for the IAS examination after completing MD? Is it practically possible to manage both occupations?

29. Is there any book on the UPSC exam which contains strategies, roadmaps, and guidance? I am not talking about the subjects. I want a book that can help me build strategies from the beginning

30. Being a final year student and an UPSC aspirant, how, when and what to prepare for mathematics optional for UPSC 2023 in self study mode?

31. I want to go for the UPSC, and I'm in 12th now. Which degree will be easy for me to study for UPSC correspondence?

32. Are 6 months sufficient for UPSC CSE?

33. What will be the impact of the National Education Policy on the UPSC exam?

34. Apart from giving more than enough time and space to my BF who is preparing for the UPSC, what else can I do to help him?

35. How can a person of 30 years old clear UPSC CSE in his first or second attempt provided that he hasn't yet completed NCERTs and basic books? What are those smart approaches to start and what books or resources should he follow to clear the exam?

36. If there is any change in the pattern of the UPSC CSE (like scrapping the optional), how much prior notice (not notification) will be given?

37. Right now I'm all alone in my preparation for UPSC 2021, I have no one to discuss things with, and without discussion I think it's very difficult to retain things, so if anyone interested in a WhatsApp group for discussion on history and pol topics?

38. How do I do secret preparation for any exam?

39. How do I stay motivated during UPSC self preparation? How to overcome phone addiction?

40. I'm a UPSC aspirant but it's a big issue for me that I understand English but can't find myself in a good place while writing. How can I tackle this problem?

41. I feel I've wasted my life. I am 26 now but there is no one or anything that I am living for. What should I do?

42.What mistakes did you commit while preparing for the UPSC, and what are the aspirants not to commit the same based on your experience?

1.What are the benefits of doing an MA in English after completing a BSc? Will it help with the IAS exam?

Benefits in UPSC exam : directly- No.

Indirectly; you'll have a backup academic program going on. So if you get succeed, then no issues. But after some failures, this MA program may give you a chance to do something as plan B in your career .like qualifying NET exam and pursuing further for PhD or Assistant professor jobs.

Hope it helps.

2.What are the benefits of doing an M.Sc in mathematics before preparing for the IAS exam? Is there any scope of teaching after doing an M.Sc.?

If you want to take Mathematics Optional in UPSC, it may help you. But your strategy should be clear and according to demand of UPSC.

If you're not taking Mathematics Optional then for UPSC; MSc maths is same as any other master degree.

Yes if you're doing your MSc from some good IIT/TIFR/IISc.... It'll give you better opportunities for professor line. Also it may help in getting corporate jobs. But again, it has nothing much to do with UPSC. Yes doing Masters from such renowned institution gives exposure to develop your personality.

3.What are your tips for a complete beginner who has now started preparing for the UPSC prelims and is from a medical background and has no hints of humanities subjects?

Although I'm not from medical background but the thought process was same as of yours;; at the beginning of my preparation for UPSC.

Believe that you're gonna ace over those who have humanities background. Yes you listened correctly. I'm a firm believer that this exam is of attitude you carry.

Let's think about a noble reading by any two persons. A person with logical attitude will grasp easily for messages in the noble where as a person with proper background in the subject may loose it's interest in that. This is the practical aspect which I observed during my UPSC journey as well as a guide for UPSC Aspirants.

Point is-

There is a task which is assigned to you. You have scientific temperament,So you will try to finish that task in proper manner (not skipping any step from beginning to last) . This is how you learn all humanities topics required for UPSC. Here it's all about to focus on -

“Demand of exam”

A person with humanities background may have more content but he/she himself/herself will have to do hard work to address the demand of exam. Content doesn't matter, matter of fact is- delivering that content according to the need. And need of UPSC exam doesn't match with any degree.

Hope, you get the message. Start like a fresher, adopt everything according to demand of exam. After a level of preparation you'll be far ahead of Aspirants with humanities

background. UPSC CSE is a process of one year with different stages and requirements. So a person good at one stage may not be good at other. But person with logical attitude will try to make themselves good at all required stages.

4.Can I get sufficient time to prepare for the UPSC CSE in M.Tech from IIT?

It depends on your department. M. Tech. in which you're gonna enrolled. With my experience of IIT Delhi and as I talk to aspiratns for their mentoring, so I suggest you to think specifically.

First in which department you're.

Second why you're enrolled in M.Tech. means what if in future you need this degree itself as to get the job or to sustain yourself.

In general, you won't have time to prepare for UPSC in M. Tech. in old IITs as professors put extra burdens on students through multiple quizzes, assignments and all.

Still I'll say; If you're planning to do both at the same time, then you should talk to a person who himself tried like this. See here strategy matters a lot. So if you want to talk such persons, WhatsApp me at my number mentioned in my profile. I'll let you connect with some of my students for sure.

Hope it helps.

5.Can you share a complete strategy for UPSC 2023?

This answer is going to be the most comprehensive and detailed answer in my teaching career of 12 years. So I would like to say that please have patience and don't skip any sentence. I promise you will definitely get not only the answer which you wished but also other possible dimensions required for UPSC CSEPreparation.

So here we are!

UPSC CSE 2024 ; Right???????

It may have different cases-

Case 1- You're in the last or second last year of your graduation.

Case 2- You've completed graduation and pursuing master's in some stream.

Case 3- You've already attempted some attempts. But failed in those.

Case 4- you've been doing preparation for some government job; either you're motivated for civil services or with ongoing preparation now you wanna go for CSE too.

Case 5- you're in job and now after analysing the post COVID situations, you're concerned about your career and wanna go for securing a permanent job.

Case 5(a) Here in this case , you may have multiple attempts remaining, you're at the age of 25–26.

Case 5(b) In this case you're at the age of 30 around and wanna do your best in life by writing CSE atleast two attempts.

.....

Now I'm going to write answers for each case separately. You can read the part according to your requirements.

.....

Case 1- "UNDE GRADUATION"

After reading the answer don't forget to watch the very scientifically researched video in last of the answer.



Upendra

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

PREPARATION UPSC CSE 2023

Image ①

CASE 1: UNDER Graduation

Task to do

for your personality / traits development.

A process of life

- ① Be a good listener
- ② Be the last speaker
- ③ Learning through good Books, Personalities TED Talks
- ④ Learning to express yourself by above three points.



People itself makes way for those who is sure about where he is going.

CSE syllabus

① Guidance (Coaching)

② Self Study

Join some reliable institute.

for hindi medium can go for **मिात IAS**

Be disciplined and follow your guides.

Calendar: Mar 2019 (1-31)

Upendra

SATURDAY FEBRUARY 2019 **02**

II SELF STUDY **Image 2**

Better Planning

↓

Read some blogs

(Don't see youtube videos over hyped)

Recommr.

- Anudeep Druvshetty (2017)

→ You can read my answers on my quora profile UPENDRA SINGH

→ Can talk me at my number (message) 9971030052

Execution

↓

Don't be depressed by ups and downs (Those are part of process)

→ You can watch classes on Youtube (Mrunda's lecture) Economy, Geography, History

Burn outs are normal after few day's interval

03 SUNDAY

Keep following (Discipline)

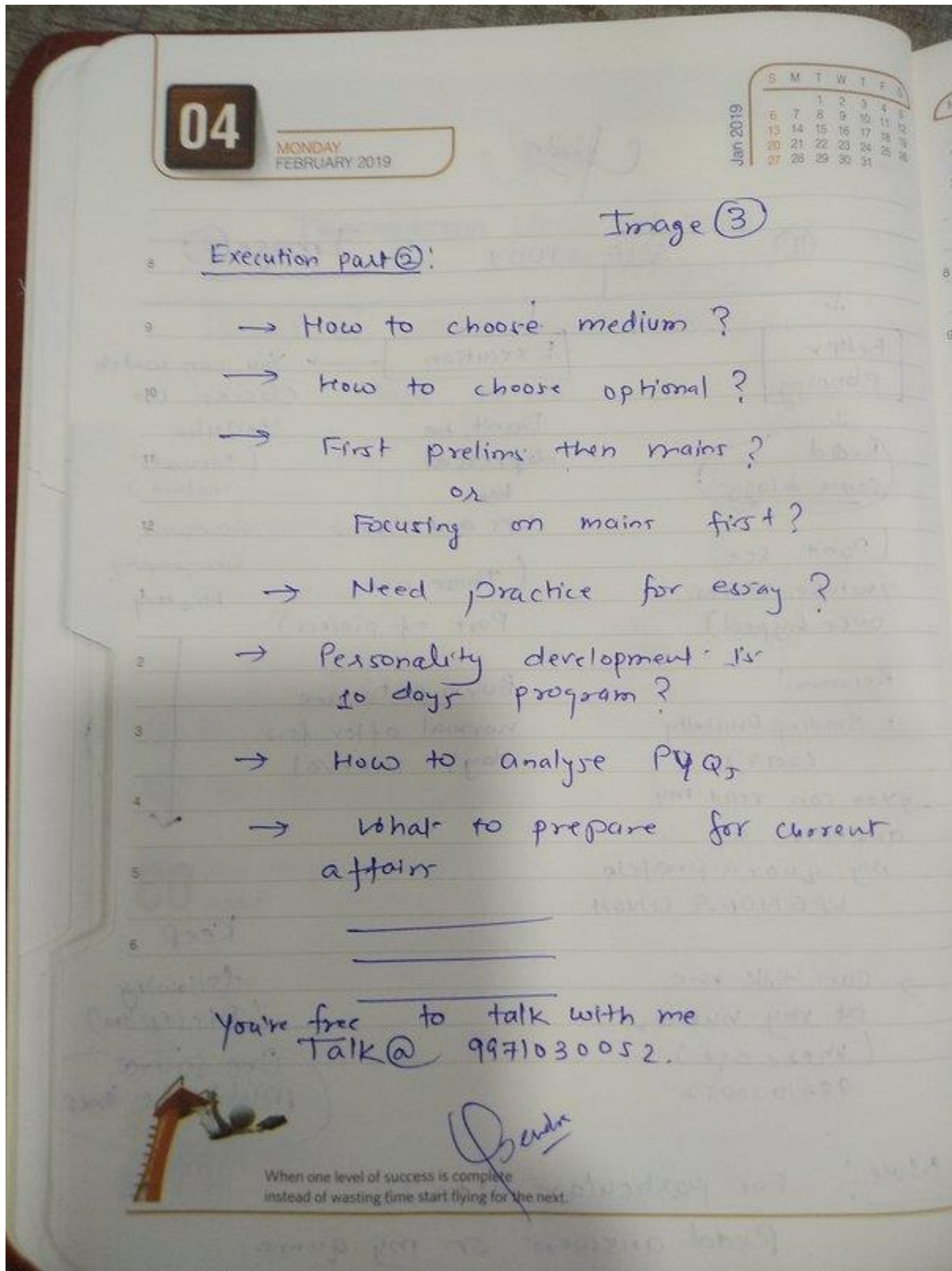
One source Multiple times

Plan

Note! For particular details which is sure to turn into a word or sentence in future.

Redd answers on my quora.

MARCH APRIL



M T W T F S S
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30 31
Mar 2019

Upendra

TUESDAY
FEBRUARY 2019
05

Image (4)

Case (II)

Pursuing master's program

No plan B for life
↓
direct to UPSC only
↓
Read Image (2)
then Image (3)

Want plan B as to uncertain conditions of UPSC CSE.

CSIR/UGC NET
↓
PhD
↓
Professor line

Corporate Job as if you're masters from reputable institutions like IIT, IISc, ...

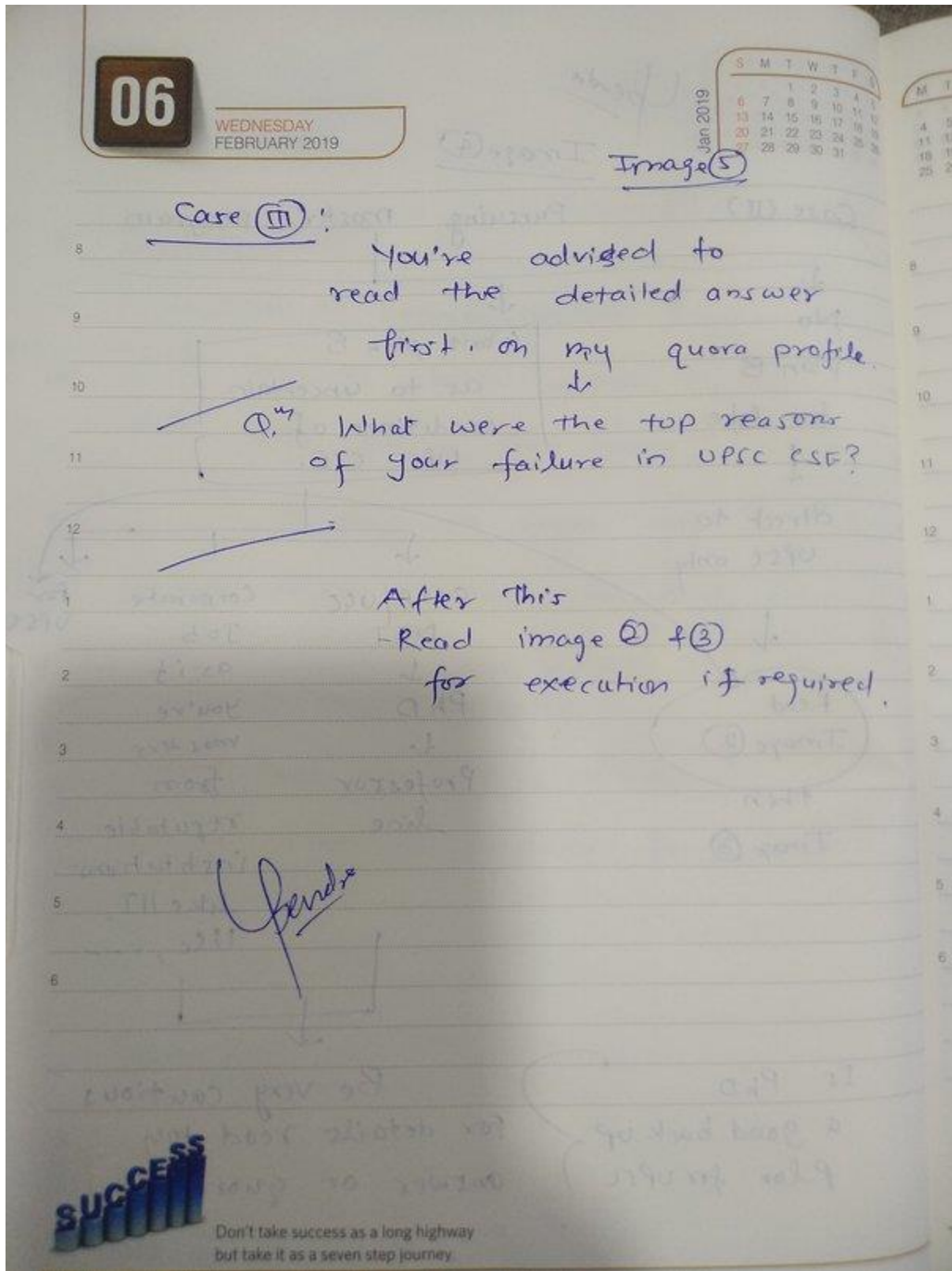
for UPSC

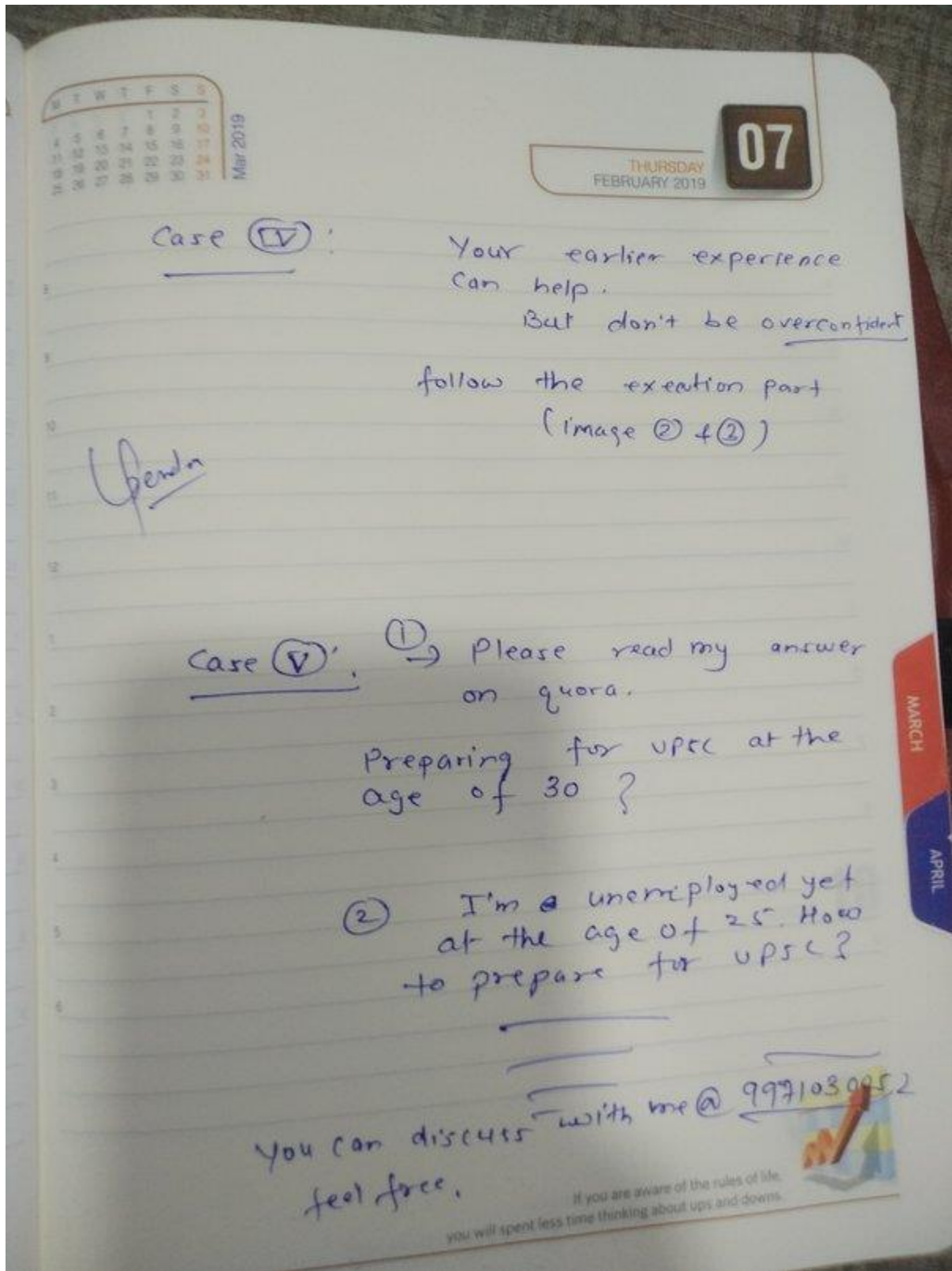
Is PhD a good backup plan for UPSC?

Be very cautious for details read my answer on quora.

Don't panic when you are at last rather count the steps ahead you have to climb.

MARCH
APRIL





6.I'm currently working in Kingdom of Bharain, and planning to appear for UPSC Prelims 2022. Can you please guide me with, what strategy I should carry my preparation going forward? I'm employed and can't give more then 5 hours per day.

The very first Question comes into my mind is -

What's the job profile ? It very much depends on the profile, how these 5 hours going to be impactful. Let's say, you're much engaged throughout the day in some mental exercises, like Consultation services/ mentoring/ teaching subjects not related with usc syllabus or frequent uncertainty threats to job etc. This all kills your mind as you leave your office and be in your house. So we have keep it distinguished.

Let's say, you are ready to manage these 5 hours independently and continuously. Yes it can be done.

Earlier i used to think, it's not possible but My Guru (JNU, IIM, Spritualism observer) told me this technique. That is

'Switching of Mind'

So suppose you have some task remaining after job hours in some conditions. Don't carry it to your home. Try to give extra time in office only and finish that. Once you leave office, Forget completely about job and office. At your home, not even calls or messages regarding job. You're constantly working for your other part(UPSC) at home. This is switch mind technique and if you are successfully doing this, then these 5 hours are impactful and worth.

Now assuming that 5 hours completely for upsc preparation then

Step1-

Take a hard copy of upsc syllabus. Go through it . Arrange study material for that. Material may be in soft copies. No issues in digital note making.

Step2- Keep learning by mistakes. This upsc preparation is a beautiful process where mistakes also help you in eliminating options in the preliminary exam. Mistakes enrich your content in Main exam answer writings. Moreover mistakes make you a A perfect rectifier of problems and boosts your base to get Interviews done at righ pace.

So what does it mean?

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Start studying, by some rough guidelines. Like for Economics, you can watch YouTube classes of Mrunal Sir.

Like Polity, Lakshmikant itself a class teacher

Geography- Raj Tanil madam lecture on mrunal sir YouTube channel. History too.

.....

For rectification: you can follow regularly - Insight ias website. Don't see youtube Interviews, try to read blogs by selected candidates (can find on Insights ias web.)

Let's say you started your preparation today. Observe your reading/ learning capacity. Now try to manage your schedule accordingly. Don't follow others schedule. I believe you are more capable of understanding what i mean by last line. Now if you get that Lakshmikant will take 20 days to finish, if i Read 2 hours per day. Now try to take other topic with it, be it history or economics. So 2+2 4 hours for static part. 30–40 minutes maximum reading newspaper or going through insight website for daily current affairs type of stuff.

As you make your static part more strong, your chances of getting selected are more. After 3–4 months, you will have a solid understanding of static part (probably. Or it may be 6 months). You can join some online lectures too, to keep your preparation on track. It's for discipline making too.

As you are confident about static, now you should invest 2 hours approximately in current affairs. This is somewhere applying your previous knowledge in some recent example/ events.. Now you can try to solve MCQs too . After 7–8 months, Start solving mocks frequently and make your strategy for hitting options more accurately . Also start writing answers and essays now. Don't worry much about it , it comes with time . Without covering static part, don't do answer writing, it's worthless.

As you approach Preliminary 2022, before 3 months, focus extensively on Objective questions part. That is Preliminary specific.

Special Note-

Don't wait for a perfect strategy . It's next to impossible. Start working and manage it according to demand of exam. We can discuss over phone call, if you wish (my number is mentioned in my profile.), It's not commercial, just a way to make myself a good Learner by discussions.

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If around January 2022, you think, you aren't prepared enough or need some extra time then again reschedule your preparation. Like planning for 2023, but don't stop your ongoing schedule. This I said, because 5 hours in a day, obviously may take more days. It's natural, can't be predicted by algorithms.

Good luck.

Challenge in this process



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7.Can a PhD be a good backup for a UPSC aspirant?

I have been working with such guys since year 2011, from my IIT Delhi days. Had closely watched the process and at the same time I am associated with UPSC too. So I am trying to put my view-

I don't think so. Ph.D as a backup for UPSC?

See, if you're going for Ph.D then this itself needs some months or year for getting enrolled. Either GATE/ CSIR or independent exam preparation. Once you get into it , you will have to

be in the department for long hours to finish your research paper/s,

taking tutorials for undergraduate or postgraduate depend on your institution,

Third, most important is - Fulfilling demand in the form of exam copy evaluation, some extra jobs allocated by your guide.(probably)

These above steps will be covering your most of time. With Ph.D you can prepare for UPSC, only incase your guide is very humble to you and takes research very lightly (which doesn't happen in most of cases), otherwise your Ph.D will be just a piece of paper (copied research papers).

Mindset-

PhD needs a strict thinking in your particular topic only. It may not be that much required for your UPSC optional (because UPSC needs undergraduate stuff, little bit from PG). Whereas in Research we tend to work more comprehensively with topic not in general or doesn't focus on practice questions like a graduate. So if you think you will rock in optional, believe me this can be disastrous. Many candidates are out of mains because of their such strategy only.

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Now

If still you wanna go for UPSC, then do it in either of the way-

Focus for three years only on PhD , finish your research papers first. Try to do it in first one and half year only. Search a humble guide. Mentally being strong to face downs in UPSC journey. Yeah you can apply for teaching with your PhD side by side and back up job.

Now in the third year of your research, when you have done almost your research work, go for full shot for UPSC , with complete dedication. UPSC needs it .

Or

In other way, first two years go for UPSC preparation and finish all basics and take one attempt for UPSC . Now if clicked in the selected pdf of UPSC, then it's very good. Otherwise 6 hours in a day for UPSC and rest of the time for PhD research work with continuous attempt in UPSC.(It has less chances to go for PhD because that much enthusiasm wouldn't be remained, I think.)

.....

That is what I can say, rest any particular can better decide for himself/herself.

8.How can a person of 30 years old clear UPSC CSE in his first or second attempt provided that he hasn't yet completed NCERTs and basic books? What are those smart approaches to start and what books or resources should he follow to clear the exam?

In UPSC , we cannot cover the whole syllabus completely. Although we try to do so. But before examination, everyone feels like he/she would have covered this or that too.

So what to do ? Believe on yourself that, I'll try to give answer with my set of knowledge Which I acquired in preparation journey.

.....

Now let's start our journey- *stick to syllabus*

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Take some proper guidance continuously. It saves your time and stops you reading unnecessary stuff. You can join some coaching for regular updation or guidance. If you're gonna do self study, then try to find channels which will guide you.

Also you have to make yourself prepared to face ups and downs as you have chosen a big target.

Now topics-

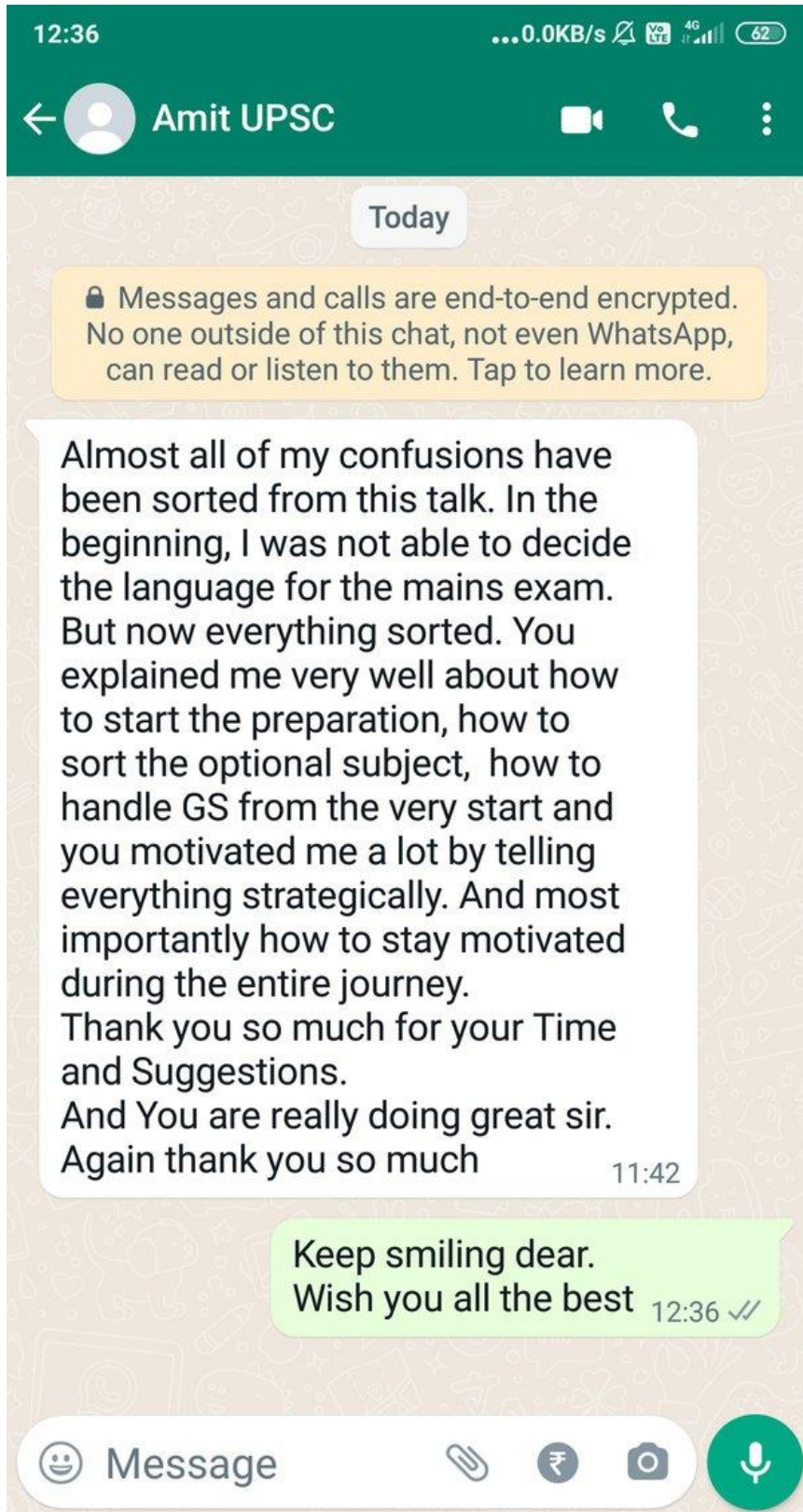
1- Indian Polity- resource , any book prefer Lakshmikant. With one additional source of PYQs topic wise. (Preliminary+ mains PYQs both). After finishing the book , analyse PYQs. How to do it please refer my earlier answer.

How can someone analyse the UPSC previous year questions subject-wise deeply?

It's good that you didn't mention prelim/main specific analysis of PYQs. So I'm motivated to answer it in a comprehensive way. As we're aware about that CSE needs an approach where you have to be very clear about what's needed and when to stop. Should I prepare for Preliminary exam only for six months and then next six months for main exam only? Questions like this can also be addressed in the answer, I guess. Now let's start it through different segments. Assuming that you are fully prepared mentally to travel on the CSE journey, No matter what hurdles come in between. Note- Without reading twice, you will not be capable of analysing PYQs. Yes you read correct. CSE questions are mostly conceptual in nature (Because, Not one word answers like other exams). So first complete that topic/subject then see PYQs , again read that topic and now go for analysing PYQs. So I hope you followed these steps and now I'm going to answer- #SUBJECTWISE Segment 1- INDIAN POLITY : Important part of syllabus for whole CSE preparation. #Prelim- Try to get PYQs chapter wise. Example : Let's say , I have read PREAMBLE chapter. Now I should try to do questions over it . After two rounds, you'll realise that those questions can be answered with a fixed set of knowledge. You need to carry this fixed set of Knowledge throughout the preparation. So how it helps? Once you are confident enough, half of the battle is already won by you. Maximum aspirants always running to find new set of information, as they see some new Question and it's never ending process. So after fixing your set of information, you can go for multiple revisions of the same and it boosts your confidence. Main exam- Attach some point there in the chapter only, how you'll use that

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chapter specific knowledge in answer writing. For general studies papers, upsc rarely asks specific topic Question (that is required for optional) . Example Question- Write down all provisions which you see in PREAMBLE of Constitution of India.(Not expected in GS) Question- India's acceptance of supervision powers of USA in it's internal matters, is against the motive of Constitution of India. Comment. So here you need to use PREAMBLE knowledge...like why the word SOVEREIGN is put in the constitution with your analytical commentary over it. We must analyse PYQs chapter wise because it helps us to think in a comprehensive manner. Example- Article 108 Prelims and Main exam, CSE Question #HISTORY Ancient and medieval (As not mentioned in main syllabus, it's only for Preliminary) , But if you see closely PYQs, you'll come to know that in the name of Art and Culture, it's used in main exam too. So when you are studying this , you should always read it as one extra dimension of art n culture for main too. Like If you see Preliminary question(some statement given in queation) White marble is used in Buland Darwaja? Now when you read medieval history gor Preliminary, add these points for main too. Main question- White marble is extensively used in Mughal buildings whereas it's almost absent in British era buildings. Elucidate. Therefore, I advise to analyse PYQs of pre and main on completing the syllabus of History. Economics- The same process as above. Geography- The same process as above. Essay- By analysing previous years, you can better prepare a strategy about your strong points. Like you are good in philosophical essays or essays related with Science and Tech. Language Papers in Main exam- English compulsory- See some previous years papers. Try to write those without any study as those are of tenth standard only. After it if you think you need to do some work, start doing that. Don't worry mucu about reading grammar portion, as those are not of much worth. You can see PYQ. Optional language Paper- Same above. Now we try to come at some extra subject, which we call as CURRENT AFFAIRS. See previous years questions, only when you have completed above portions (STATIC part) . Now you are capable of analysing it. Now UPSC asks questions sometimes which were in news two years back. But those aren't much in number. If you have completed syllabus in good manner. It's almost handeled easily. Like if you read economics from uodates notes, then nothing to worry about current again of two years back, as it's already added in your notes. For topics like Art n culture, nothing much to worry about current again. I hope this will help you. If yes, please leave your words in the comments section or some suggestions you may put. I'm always eager to learn more from young minds. Also we van have discussion over phone call (My number is mentioned in my profile..... Just I add one response out of hundreds in my phone galary.. Good luck Edited: Upendra Singh: Guide to your UPSC Journey Follow this for more understanding.



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2- History and geography- Don't do any ncerts. Take one complete resource like 'Plassey to partition' or any coaching notes. Have faith in it and do multiple times. Here intelligent guessing works well with your set of knowledge. Please read my answer for intelligent guessing. Don't bother much about it's current affairs.

3- Economy- Take mrunal handout as it is updated with current affairs. So the most hectic part is covered from these notes. PYQ analysis follow.

4- Science tech, internal security, environment, culture, ancient and medieval, world history, IR.

GS 4

Just take classnotes of any reliable coaching from photocopy shops. Follow current affairs. Prepare some short notes. Mains part mainly. Can be revised in short time, it must be like this only. Because mains exam schedule is very hectic.

After starting, you can read specific answers on my profile. Also you can talk my number. Can also meet me offline at Nirman IAS, Mukherjee nagar.

Optional- the most crucial part - choose it wisely. The optional which is scoring and can be covered in short duration. Do R&D before selection of optional.

Essay- whatever you prepared, that must be utilised well for it. For this you will develop skills with your preparation. No extra part but needs preparation. I myself was amongst one of highest marks for CSE main essay paper. You can talk to me for further prepare a separate diary for solid points to strengthen your arguments.





Note- Don't plan separately for preliminary and main. Do it comprehensively. Like daily solving mcqs in the night and writing answers too. As you're capable of doing so.

3 months before prelims you can completely focus on preliminary. But make sure at least half of optional is covered well and GS covered thoroughly.

Personality- it's developed over the period of time. Your analytical approach and curiosity towards learning new things and expressing your ideas. It's a rigorous process which runs parallelly with Preparation.

You must be aware about uncertainties in this examination. So please don't carry burden of being IAS or IPS during preparation. Just try to give your best shot. Otherwise pressure of society will ruin your night before exam. Please take care of it.

Although CSE Preparation is itself to rigorous , So cannot answer in one go. Still tried to put an overview to get some depth.

9.I told one of my cousins that I am preparing for the UPSC. He started making fun of me and demotivated me by saying do not waste your time. How shall I deal with such negative people?

I may be on the side of your cousin but before concluding, I would like to put some points. There may be two sides here-

One is - As he's your cousin so it's very much possible that he knows your strength and weaknesses. Now it comes on you if you think that your cousin is capable enough to examine a UPSC candidate then you must appreciate him .

Second is- As usual we see in India that no one wants to see you as his boss or in superior situation. It simply means that your cousin is wrong and in such case, you need to talk to yourself and try to understand what's the requirements of this UPSC examination process. If you start enjoying this process. Enjoying to know new aspects in your knowledge part. Then such mockery is gone by itself.

Finally- You should be umpire of your happiness, not others.

Good luck

10. I want to clear the UPSC after my graduation in B.Tech, which branch: CSE or ECE is better for preparing for UPSC along with graduation?



INSIGHTS IAS

Date:.....

Upenra

Sr. faculty @ fiziks Institute
Mentor @ InsightsIAS
AESO in Policy making
(Govt of U.P.)
Alum. IIT Delhi
9971030052 (whatsapp)

Eye on:-

UPSC (CSE)

- Patience
- Observation
- multidimensional personality

CSE

Computer Science Engineering

→ Specialized in Software/hardware

ECE

Electronics and Communications Engineering
Love towards electronics (hardware)

- Constructive & Creative
- Imaginative and Innovative
- Transparent and tech enabled
- Prudence and Polite

Selection criteria:

- Career growth
- Labour investment (Efforts needed)
- Own interest
- Environment of Campus

peer group faculties facilities

Four years ; gonna be invested here. ???
A simple question (ask to yourself): Why ???

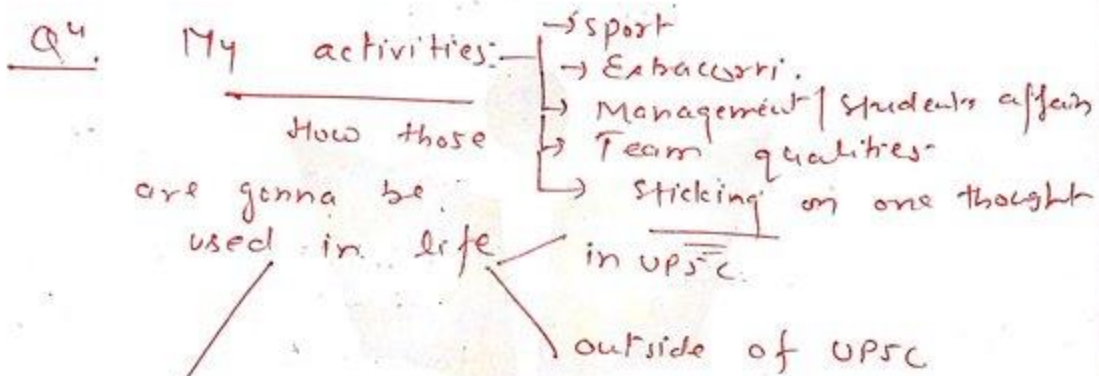
INSIGHTS IAS

Date:.....

My way to THINK:

→ What if I couldn't get into civils (final list) !!

Q.4. → My four year investment should give a backup plan!



→ What if I got into final list!!

→ The same here -

If I develop these attributes during these four years, obviously that's gonna rock my personality (interview, etc.)

INSIGHTS IAS

Date:.....
Feel free to
whatsapp @ 9971030052

Final Comment :

CSE and ECE both branches
have great exposure ; if we
honestly work on our projects.

↓
Need of hours : To have a
wonderful
personality

Time constraint :

Interest defines it

If you've deep interest in computer
programming and you choose ECE, then
it's gonna more time taking process.

↓
No quality improvement.

11. What should I do after my BSc? I have to go for the UPSC, but there is a gap of two years after completion of my degree to my first attempt. Should I go for an MSc or MA or just prepare?

I can write this answer because somewhere I lived almost all of such circumstances.
Options after BSc:

1-Going towards higher studies. Like preparing for IIT JAM, then going into IITs for Master's. Continuing PhD and all. Other way- Doing MA ..then net-jrf in that particular subject.

Why so? Answer- It's a safe path. Although it's a long journey but after this you may enter into corporate sector too (depends on your interest topics in IITs...) or Professor life in colleges or higher studies... Consistency, patience needed. Good thing is that you have opportunities to get stipend to help you financially.for more details, you can talk to me over phone call. Or meet me.

2-Going for jobs-

Small level jobs to secure one option to sustain the life and then preparing for UPSC.

Or

Directly towards UPSC. Here you may feel that the fear of failure after multiple years of investment, what I'll do!!!!!! Means to have a plan B apart from UPSC. For plan B, the first choice Going for Higher studies again comes into the picture.

Here you need to have proper Analysis of your condition. None other than you, can reply better for it. I'll suggest you to read some stories of that particular options. Like

Just type on Google-

Persons who failed in upsc what next they're doing??

Persons after master's then upsc then?????

.....

Based on above exercise decide your goal. Take some time. It's always better to take a good decision by investing proper time in analysing situations.

For more

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Don't jump into the preparation by just watching short videos or motivational factory.

Once you've decided to go for it then accept that it's a process not a single step.

Enjoy the process without making picnic plans of after selection. I'll read polity to get understanding according to demand of exam, not according to my debates for Modi Gandhi affairs.

Analytical abilities+ Mugging of things both required. I can't complain about why UPSC designed the syllabus like this.

Listening more, speaking less. Saving words and putting logical arguments.

Wherever needed to be changed, I'll incorporate that based on the demand of the exam.

I'll not become alien. Average study hours with proper healthy life. No artificial isolation from family but in the midnight thinking about the previous girlfriend or pretty friend years before. Share your downs with your trusted friend or family member and high too. It makes you relaxed.

The most important- this is just an exam, not more than my life or more than any other achievements. Success then fine. Failure then using experience and hard work to achieve more. Believe me it happens because this UPSC journey teaches that much.

So yes these are some points which I could write. For any particular question you can talk to me, my number is mentioned in my profile. You can meet me:



12.I am confused because I am good in English and Hindi medium, but I cannot take a decision that by which medium I should write the UPSC?

So you're struggling with a question which is the biggest question for students like you n me. Who studied Maximum in their mother tounge and struggle then to decide..

Actually I wrote one detailed answer for a question and the theme of yours is the same as of that..so please read it and avoid if doesn't work...

.....

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I'm a UPSC aspirant but it's a big issue for me that I understand English but can't find myself in a good place while writing. How can I tackle this problem?

Lakhs of aspirants struggle from it. After receiving so many calls and talkings with students and obviously as a student too, I found this as-...See, it happens with many aspirants.

As we all know that hardly one percent of students of our general had the capacity to go for English medium schools/ colleges. I guess so .Now what happens is- we study our schools in our regional language.

For graduation, we are forced to go for English medium (it's true in general). It results into the situation which you are talking about. We try to grasp that much which is required to get our degree. But graduation subjects are less in number as compared to schools. Humanities subjects mainly we study in school (science students I'm talking about). Also UPSC journey needs those to cover. In this situation we are in dilemma.

Because we're understanding the demand but not addressing the issue in a comprehensive manner. (My personal - I'm a Hindi medium but over the period, I developed spoken as good but incase of writing essays or GS I'm comfortable in hindi only, So I decided to go with it. Optional mathematics so in English medium).

Suggestions-Case1-For if you choose English medium start like a beginner . Don't underestimate yourself. Don't think other aspirants in your classroom are from UK. Once you start your coaching classes, with time passing, you will be grasping those technical words like of geography, economics...in English. Here I would like to mention that an upsc aspirant if he is from science background, he too learns all these by multiple revisions. Like they also not much comfortable with deciduous forests with dry summer or winter, fronts, countercyclical steps,.....As you start revising with ongoing classes, this stuff will be settling on it's own in mind. Don't worry about grammar here. With one year of coaching classes, it will be developing day by day. You cannot imagine it on the very next day of thinking about UPSC. With daily newspaper reading, article,/ conversation listening on news channels will help in it..Positive- your fobia regarding less marks in regional languages will be gone and you will give your best.

Case 2- if you aren't comfortable with things in case 1, then determine on your strength. What I mean by it? Simply look on positive sides. If you write good content and express yourself well, essay paper may give you more marks. GS papers, of content is good and presentation is fine then on an average you will be getting same as English medium.

May be possible bit less than others in English medium . Here your strategy will ply the role. Prepare yourself like this only. In which you can do good? Essay, ethics paper and

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optional. Don't think much about 2–5 marks less in GS in worst case with regional language. Means positively going on with your strength. Since you understand English, so your resources problem will be sorted out. Like in regional languages study material is not available as in English.

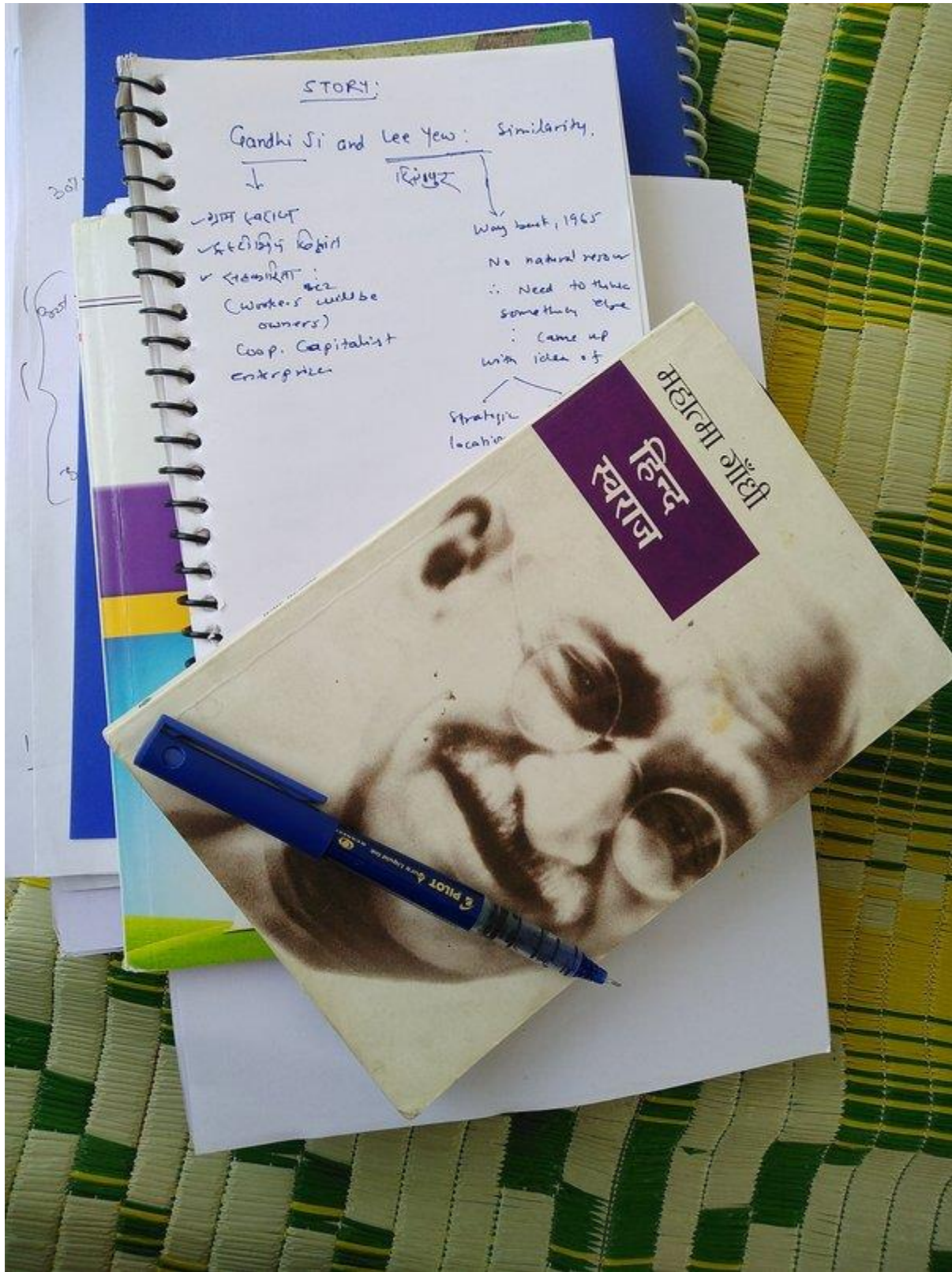
So for alternatives you can refer for English medium resources. Don't restrict yourself here. Example- daily current affairs of Insights you can follow, Indian express newspaper you can follow and so on.....Note-See test paper copies of selected candidates, how they present the content. Many Hindi medium aspirants are taught that don't use short cuts. They focus on school type teaching and very strict models but on inspection I got this as overthinking. Example- Hindi medium teachers always taught don't put WTO, SECC2011.....

They suggest to write - each time as Vishwa vyapar sangathan, samajik Arthik Jatigat Janganana 2011.... Suppose you use these 5–6 times in a paper what you will feel as a student or examiner??? Bored?? I will definitely.. I checked answer sheets of English medium selected candidates, they use these short forms many times.

So in regional languages, a big hurdle is - Teaching and study stuff. Here I'll suggest to be open minded. For content or presentation, don't restrict yourself. Note making Answer writing Study material ...For practicing MCQs.. I solve many test series from English medium sources... again framing good quality questions in regional languages, I personally found not that much worthy (it may be my point of view but yeah as a teacher and student I felt.



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13.How do I crack the UPSC CSE in the first attempt while being under any circumstances?

After getting multiple booster doses, you may feel that what rubbish I'm talking. But I believe that in current scenarios where maximum Aspirants are motivated through short videos on YouTube and insta reels; The most important thing is- Not to be hyper positive.

So yes it's possible to clear this exam in the very first attempt but this temperament *under any circumstances* comes under hyper positivity as per my experience of this journey. Because it may hamper your day to day Effectivity. As in this case, after each class, mock test, you'll be very happy if got good marks but will be mad if you're getting less marks let's say in consecutive mocks. Yeah, I saw this practically, so I put here.

Now I would like to come on the way to prepare-

Step 1- get sorted completely about - what next ? You should have a clear plan in your mind..ok...if I get the desired result then fine and if I don't then how I'll come back! Job...next attempt.... give up..... whatever may the possibility, you can think of...think...

Step 2-

Preparation- Keywords Knowledge+ perfect strategy . Getting knowledge (content) through- coaching or self study! If coaching then what ! Online or offline ...if online then what options- like you may go with unacademy or PrepLadder kind of platforms where you get independent modules of topics. You may choose according to your convenience. Or some offline+ online kind of platforms like INSIGHTS, Vajiram, Vision, forum etc...

You know why I have written all names here!!!!because many Aspirants I saw who are well confused after getting admission into one then thinking that other is best...such questions create those unnecessary circumstances. So be well clear.

Step 3- Follow dedicatedly the schedule. Cross examining your performance on regular intervals. Keep your health on priority too.

Rest all minute details about preparation, you can go through other answers on my profile.

Good luck

14. I stay at a noisy hostel with sleepless nights. All hostelmates are my enemies due to my complaint to the warden. How can I prepare for the UPSC in such a chaotic situation?

Hostel-

Campus-

Then you should spend your time in library.

Outside of campus. hostels like in coaching areas...

Join a reading room.

Once you're tired enough from study, such noises will be nothing for sleep. Annoying comes, I know but managing such things makes you a better person. Believe me....

The last option- leave the hostel and live in some near by area/society. Like IIT Delhi campus problems may be sorted out in katwariya sarai type areas...but iit Delhi itself very peaceful..no issues...

If you're annoying then it will be increasing day by day. Your preparation may turn into disaster. So better to work upon yourself...sorry if it hurts. I went through exactly same situation. Later on when I realized that it's all part of my personality development, I don't know where those complaints and noises gone.





Good luck

15. Is it necessary to be a native speaker to clear the UPSC?

Neither it's necessary nor it's sufficient.

For more clarity, I always suggest Aspirants to go through the words mentioned by UPSC. Even you shouldn't believe blindly on my words.

The demand of this exam has multiple dimensions. A person strategizes his/ her preparation in his/her strong dimensions. As we know that you need relative marks to be selected. So don't try to make all dimensions strong.

You can try-

Strengthen your strengths

Improve your weaknesses.

These two things are required.

Good luck

16. How long does it take to get over a failed UPSC attempt?

Days/months/years

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Simple answer as simple as possible

It depends on how you took UPSC in your life.

If you accepted that-

only knowledge and hard work isn't enough, you need a perfect strategy and obviously a good luck throughout different stages of this exam.

Then it becomes easy to come out of failure feelings.

My personal experience-

My Fundamental rule— for me, the sadness cannot be forgotten, but we can replace it by other positive responses.

For me; I accepted that yes I'm attached emotionally too with my UPSC goal. It benefit also. But meanwhile I was also made myself capable of being ready for the worst.

I told myself that if I'm seriously preparing for this exam, I am definitely going to add one more feather- either as an administrator or as a good teacher in my life. Always had this thing in my mind that if I didn't get selected, still I'll carry each and every learnings of my preparation journey. Will be using those for coming generation and for my survival and satisfaction too.

Yes I did it-

With having my students in almost every IIT.

Developed my own model of Governance with Govt. of Uttar Pradesh.

Satisfaction for guiding UPSC aspirants through calls and quora.

Have a decent job as a teacher in hand with good level pay. #PhysicsByFiziks, Delhi.

Obviously the recognition from the society for my initiatives for Rural Upliftment,, is the most valuable asset which I carry.

17.I've started preparing for UPSC 2023/2024/2025... last month but the fear of failing (or I could never complete the syllabus) is already taking a huge toll on me. Is this normal? Any advice on how to control such feelings?

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Yes, this is very normal. Even , I'll say if it's not so then there is a problem. We must accept that -



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Upendra Singh
Mentor @ Nirman IAS
(9540676789)
feel free to talk.

Nov 2019

WEDNESDAY
OCTOBER 2019

30

FEAR OF FAILING & BURDEN OF SYLLABUS

UPSC

To answer : Ask some questions

Q. (1): 'Dreaming for UPSC' is my dream?

or

- Social pressure ?
- Parent's dream ?
- YOUTUBE toppers videos ?
- Power of an IAS ?
- Fantasy behind hypocrisy ?


Answer:

My own dream
↓
Proceed

Other than that
↓
Need to **RETHINK**
REPLAN
PRACTICAL SOLUTIONS

Not only focus in nearby opportunities
but sharpen your distant vision.

MY STRENGTH | WEAKNESS



31 THURSDAY OCTOBER 2019

Q.1 (2): If it's my own dream, then How I'll plan?

Only UPSC

With a backup Career opportunity

Explore all possible ways

- Corporate Job
- Business
- State PSC
- Higher studies

It means you are ready to face ups and downs

So fear factor is gone.

Note: If still fears, then need to RETHINK

After selecting one plan your study hours/efforts (Honest & practical)

No Overconfidence or Avoid Hyper positivity

Make money to live but don't live to make money.

READY TO ACCEPT FAILURES & RISE AGAIN

01

FRIDAY
NOVEMBER 2019

S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30	31		

Queⁿ ③: Am I following the right strategy?

↓
Answer: Read blogs
written by
seniors.

↓
Analyse well

Work on your weaknesses

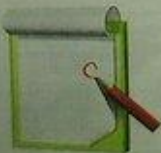
↓
Examine yourself
regularly

(Tests / PYQ analysis)

Static part
coverage
Top priority

Don't be trapped
into fun of
daily current / videos.

↓
It may cause
disaster.



Be serious with your work sometimes small mistakes turns out to big problems.

Calendar: M T W T F S S
31 1
3 4 5 6 7 8
10 11 12 13 14 15
17 18 19 20 21 22
24 25 26 27 28 29
Dec 2019

SATURDAY
NOVEMBER 2019

02

Que. 4: After doing previous factors analysis; ~~Am~~ ^{Do} I still have fear factor all the time?

↓

It's better to work on it first.

↓

Can it be managed? Not managed

↓

YES by ↓

↓

Practical approach. quit from UPSC Prep

↓


Taking fear as normal; it's with all serious aspirants

↓

Keep working

SUNDAY 03
DECEMBER

Business is just like growing plants the more you water, the more it grows.



04

MONDAY
NOVEMBER 2019

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27	28	29	30	31		

Q.4: Do I have practical thinking while analysing syllabus?

↓

See; if you directly eye on Everest; obviously it may look like impossible.

But

once you set to go for Everest and

eye on just next kilometer

↓

It'll keep you positive

(baby steps lead you to the great aim)

So; think topic by topic and work honestly, everything will be covered at the end of the day.



You can go up, if you have planned it ever before.

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so, that's what I could say. If you want to talk more can leave a message "I want to talk to Upendra Sir" at the number mentioned on the first image. You can also meet me at 631 Nirman Ias, Mukherji nagar, Delhi



17.What is a good strategy for the UPSC in 3 years?

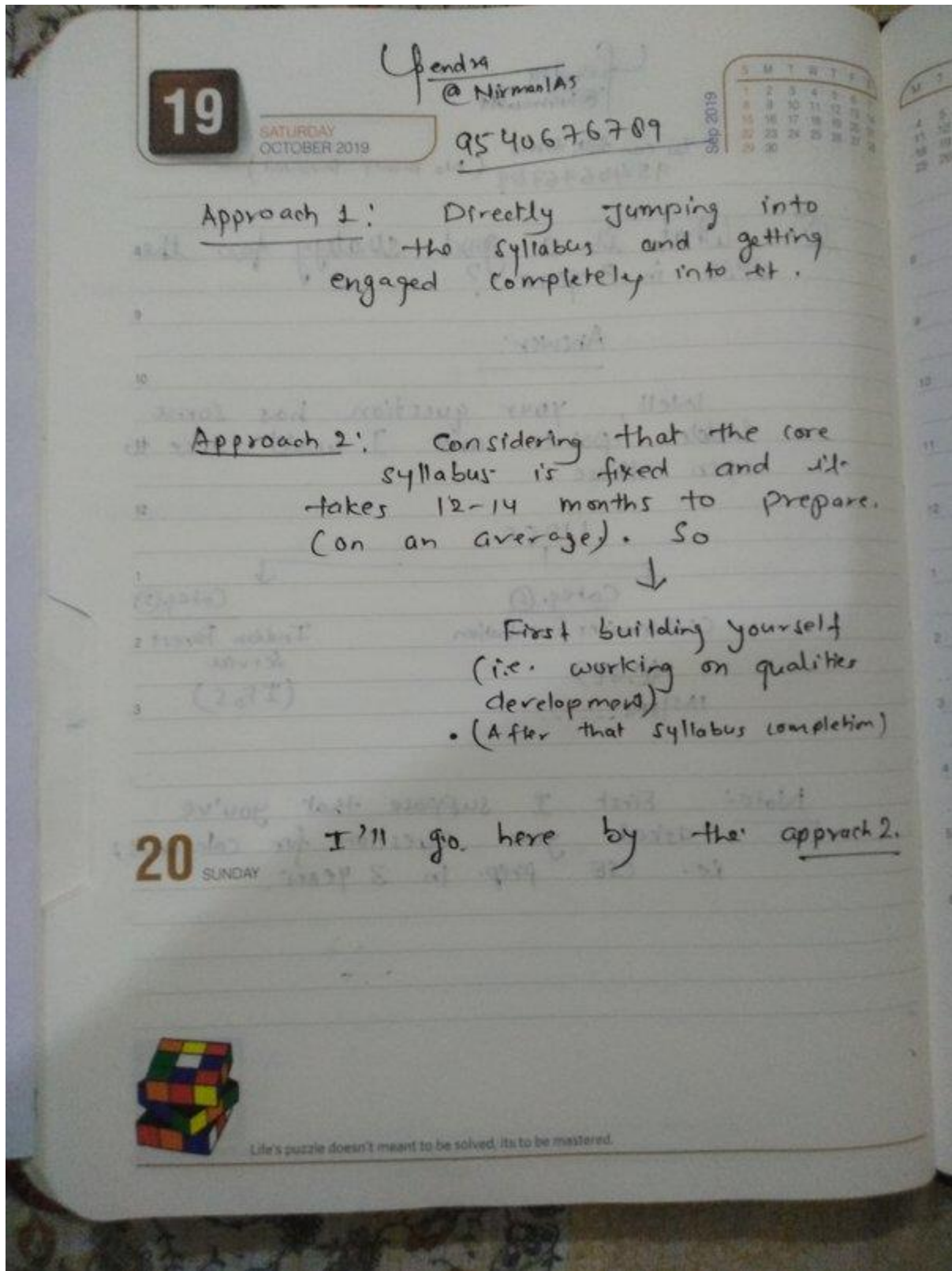
I'm trying to write a detailed answer. Hope it'll suffice.

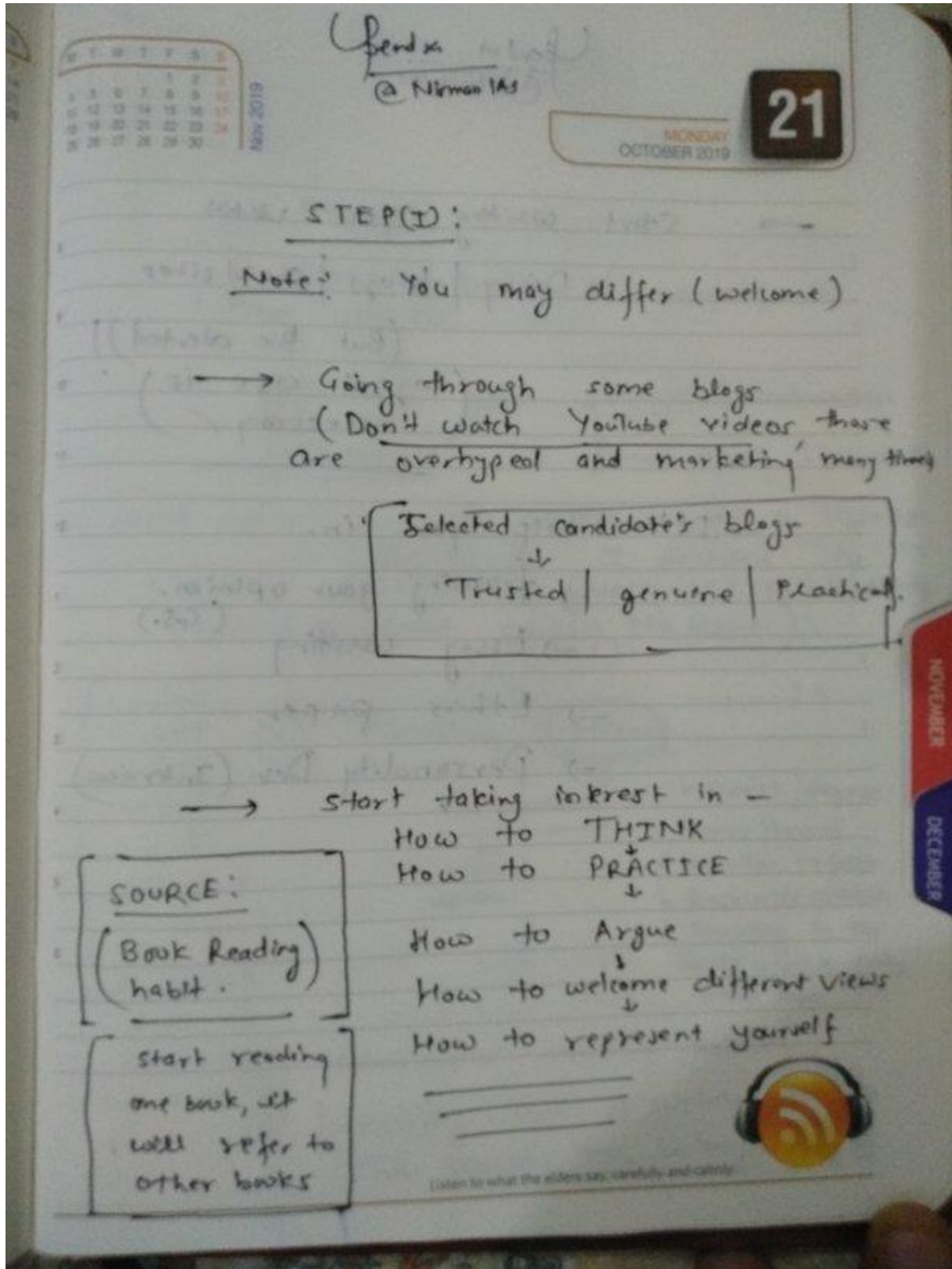
Still I'll add some other answers previously written. Or you can read those answers like how to analyse PYQs, how to add current affairs, how to write answers, how to prepare notes and all.

You can also watch classes, screen shot attached in the last ,if you like or you can meet me too.

So here is the answer

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24 THURSDAY OCTOBER 2019

Upendra @ Nirman IAS

9540626244

Step (III):

Now start preparing the Syllabus

↓ Resources ↓ Practice:

Resources

- NCERTs (History, Geography)
- Economy (St. book) (classmate)
- Polity (St. book)

Golden Rule

Practice:

- Keep practicing MCQs
- PYQs analysis (Chapterwise)

Reading chapter → Seeing PYQs of that chapter

↓


Analysing PYQs ← Analysing chapter

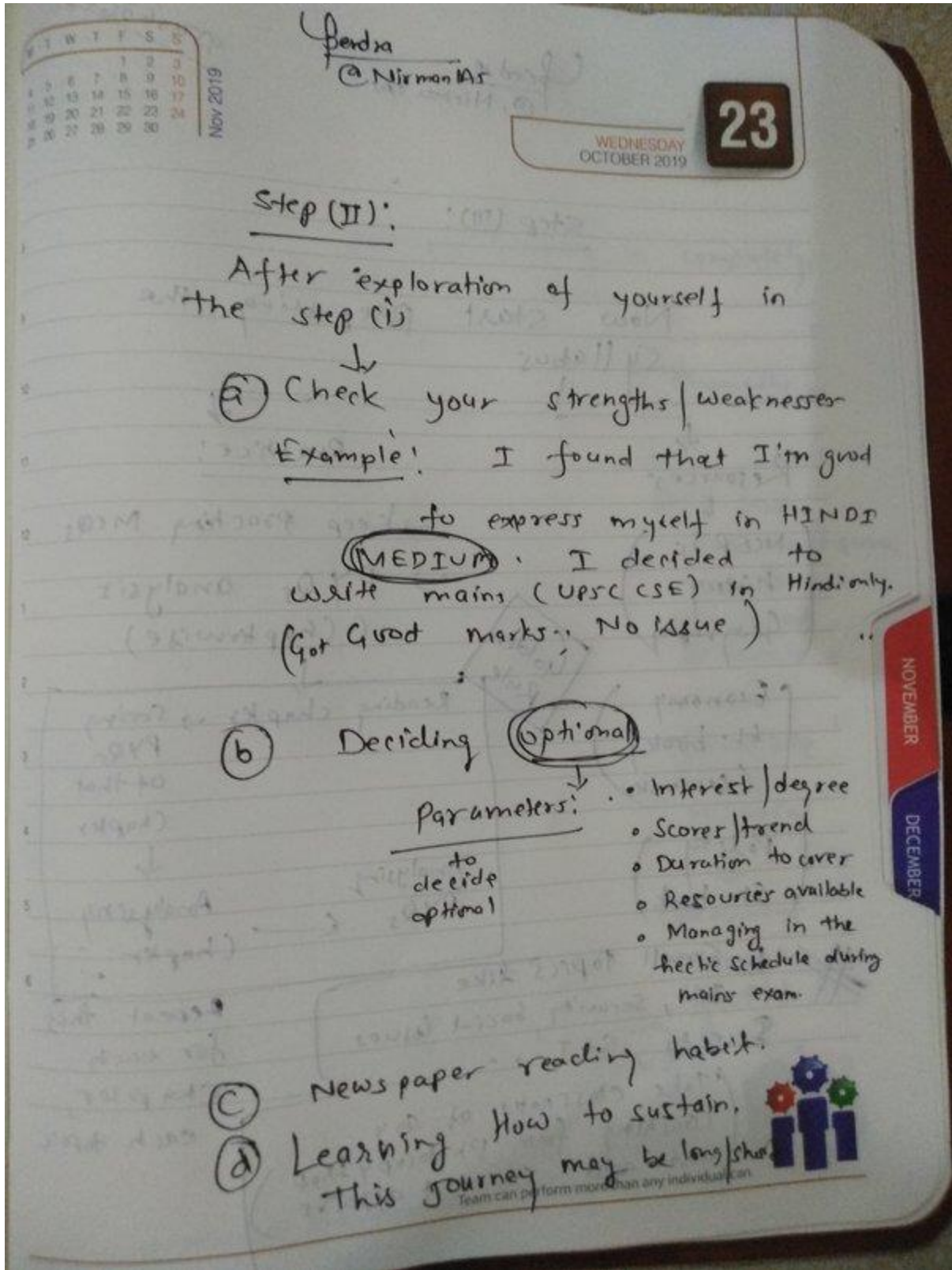
Repeat this for each chapter, each topic

Small topics like IR, Security, Social Issues, Society, S&T, ...

Take classnotes of any coaching from photocopy shop and add current affairs

Have step by step coz the chances of falling hikes when you directly climb the highest one





Upendra
@NimrodAS

9540676709

FRIDAY
OCTOBER 2019

25


NOVEMBER
DECEMBER

Note:- Joining coaching is completely depends on you.

Financially Capable
↓
Need guidance to save time
OK
Can join coaching

Financially Poor
↓
Self study
But make sure you follow disciplined schedule
+ Credible Study material
↓
Continuous examining yourself
↓
Test Series
↓
PYQ Analysis

Make reduce, reuse and recycle three principles of life to save earth.



19. How should I prepare for both UPSC CSE as well as IIT JAM, I am in SYBSC and have one year for IIT JAM and 18 months ie one and half year of UPSC CSE?

The big question is about why IIT JAM?

Once you get answer of it. Then start preparing.

There may be n number of cases here. Like you want to choose your optional as the same from which you're going to appear for JAM. Here I'll suggest, you won't get that much benefit as you expected. One of my juniors had opted this path. But as you enter into your IIT, the pressure of degree starts. You'll have to devote sufficient time to pass exams and obviously each IIT has their difficulty levels. You cannot think like just taking admission is enough. I'll suggest to think twice.

You wanna secure some degree from IITs. So that it helps you in getting tag to be recognized. In this case, you'll have to put sufficient efforts to get degree. yes if you decided that you just wanna pass, then you may have time to develop your basics of UPSC syllabus with degree. Again it'll be challenging too.

You are really interested in your subject and want to pursue your research/ career in your subject. You should understand how it's to be done. You need hard efforts for it and in this case you cannot get time to study for UPSC.

What can be the way, I think-

First you completely focus on IIT JAM preparation for 6–7 months under some guidance. Try to give your best in master's degree. So that you can have some plan B, if UPSC gets failed for initial attempts.

Or

You can completely prepare for upsc now onwards. Without any plan B.

JAM+ UPSC preparation will be bit difficult. My experience.

If you wanna discuss anything on the issue, you can leave the message-

I want to talk to upendra sir at 9540676789.

You can meet me too at 631, Nirman IAS , Mukherjee Nagar Delhi.



20. Is the syllabus for UPSC and IIT jam for physics/chemistry/maths the same?

I can give the answer because I did my master's through IIT JAM from IIT Delhi and then I had mathematics optional in my UPSC CSE.

For mathematics

Only few topics of mathematics optional are in JAM. like group theory from abstract algebra, half of the part of real analysis, vector calculus, calculus, linear algebra, ODE from differential equations.

Moreover the demand of the exams are completely different.

21.Should I continue my UPSC preparation full time or quit it as I am 26, but financially I am very good. I have written Mains in 2020,2021 but not reached interview yet. Kindly guide and does this gap years affect my chances in interview in future?

Hello dear aspirant, I'll put my ways to do the analysis before taking any solid decision. I could write/type, but usually I do a complete exercise first, so that I can reach upto the most practical and possible answer. Please have a look and feel free to discuss on a phone call/message if you think so.



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19	20	21	22	23	24	25
26	27	28	29	30	31	

Aug 2019

Upendra
@NirmanIAS

TUESDAY
JULY 2019

23

If you want to talk to me
call @ 9540676709

Quora
Que^y

PART-1

Q. Should I quit ??

Ans. **NO** As you've written that you're financially good. So I can say that you have an edge over thousands of aspirants (serious) who cannot continue.

→ Being financially capable, may divert aspirants (losing constant motivation & push to do/try the best eventhough they're feeling tired/exhausted.

But here too, you're positive. As you are @ 26 years and at this age your maturity pays you in good results.

→ Wrote two consecutive mains.

Negative:

↓
It may demotivate you as consecutive failures

Positive

↓
• You have to "repair" only
• Recall your moments in exam hall & analyse well.
Keep a check on your connectivities.
↓
Most important & precibus

9546676

Upendra
@Mirman/As

24 WEDNESDAY JULY 2019

Jun 2019		M	T	W	T	F
30						
1	2	3	4	5	6	7
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22	23	24	25	26	27	28

→ Qualified two consecutive prelims.

↓
Positive

Now you know how to prepare for this toughest round at this pattern.

↓
You've less psychological burden

↓
less time required to prepare for the next attempt.

↓


Can have some job with some fixed job hours

Can write State PSCs

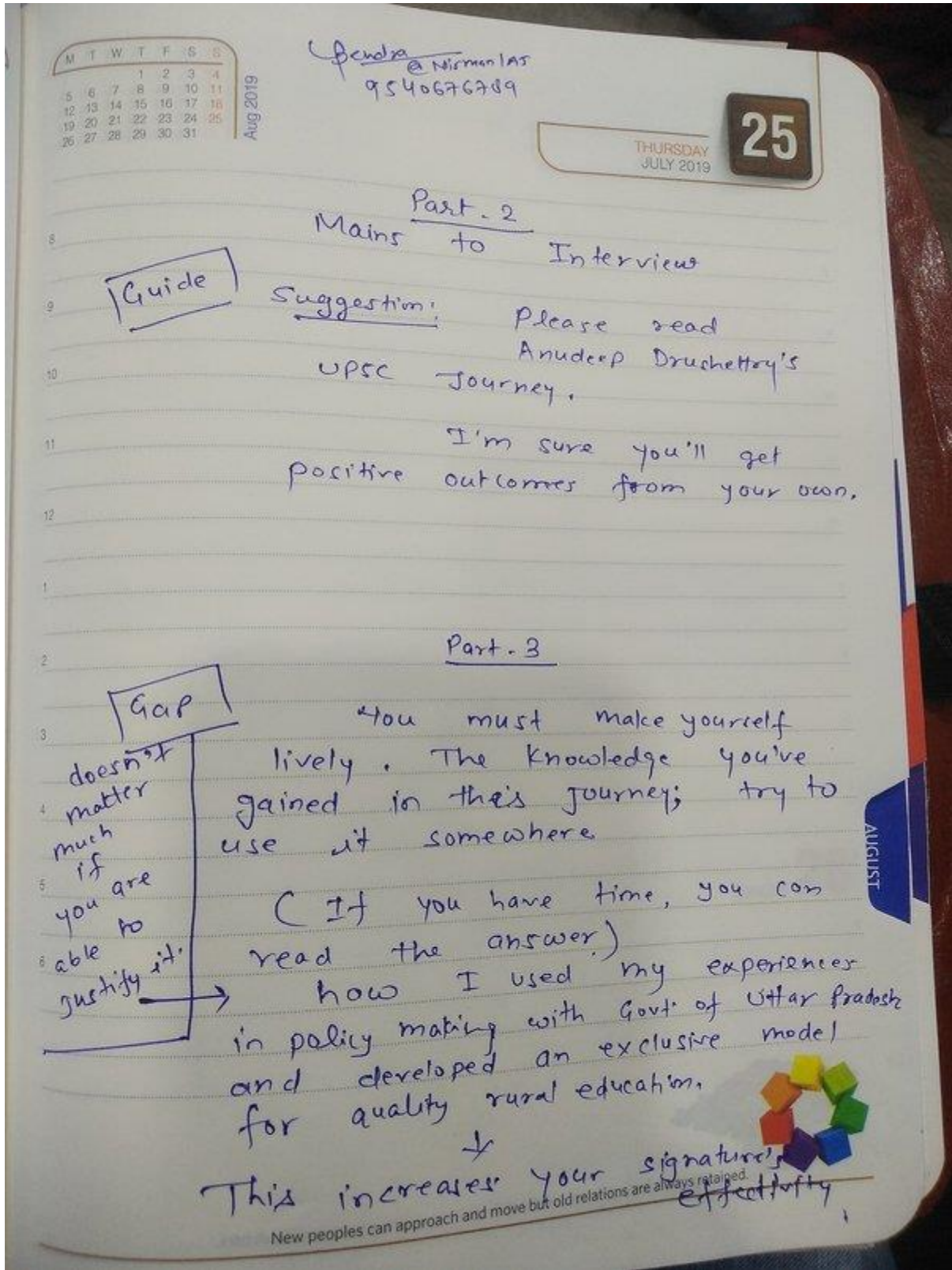
↓
If you're potential and traits you can reflect those for betterment of nation/State through PSCs too.

+

Study



You will earn more profit when you are sincere, hard working and loyal towards your work.



For part 3; if you're interested, then can take pieces from the answer too.

22. I feel I've wasted my life. I am 26 now but there is no one or anything that I am living for. What should I do?

Note- I'm not going to write exact answer to your question but I'll put simply my journey and I'm very much sure, answer will be good enough.

I was topper of my college in 10+2 , highest marks in mathematics in the 150 years history of Islamia I/C family. But I couldn't continue my study because of the financial issues in the family. Joined a phone company local office. Salary was 1500 rs per month. Happily I was doing it. Because this money was being used for family expenses.

I was not studying anymore. One day my friend came and asked about me. Mother replied that upendra is working now. In the night my friend again came to meet me. He asked about stopping my studies as I was good at study. Conversation went on . Finally we reached at - okay today onwards we are like brothers. One will study, other will take care for his parents business as he is the only son and have to look for well established business...

I started my studies again. Hard work and dedication paid for me as one of topper in my graduation. I planned to go for masters from IIT, prepared well and got the admission in IIT Delhi.



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In the last semester, my friend had a wish, I should go for UPSC. I joined coaching in mukherji nagar. In 2014, faced a mental disaster in prelims. Geared up again and

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fortunately or unfortunately In CSE 2015, I missed it by a narrow margin. As family responsibilities already on my head, I had to quit from preparation.

Joined teaching and tried my best. Social services, free education to the needy ones. It gave me recognition.

What I got from students

Now I come to your doubt-

You know every single moment, I was thinking about my family responsibilities, how to make satisfy my friend who took care for me and other social pressures. In this journey I lost my peer group, became less talkative>> Loneliness>>anxiety..... overthinking that why I am born. Who I am ? No personal interests, no enjoyment in life. All time thinking and doing about the aura which was created in 10+2 that is living for others.....

UPSC never detached, after 5 years in 2020 I decided to go for one more shot at the age of 30. Worked hard and get my name in selected candidates for mains and I finished my CSE mains with Mathematics optional. 8th paper, I got ill and couldn't perform well, although I did very well in all 7 papers. So this is what??? I got disturbed a lot.

But you know, on the very next day, I went for an interview for teaching CSE aspirants. I got selected for that, with good salary.

What it shows- Although I have been living for others from last 15 years, no personal life, no partner.....but it became an integral part of this journey. Now I don't think about having high deposit, bi house...only I look for how I can do good for others, so that my parents feel proud of me. By God grace, it being so ...

Finally, I will say that sometimes, we feel your question right. But believe me there are other aspects of life too.

#Edited on 17th August,2021

This Covid pandemic didn't leave anyone. Hard hittings from all sides. I too, after mental and other compiled illnesses, attended sessions with psychiatrist. People who were expecting good results in cse20 , started ignoring me. Building pressure on mind, I was again at zero level. No financial savings, No backup job as such. Completely devastating situations forced me to go for something different this time.

Education, and satisfaction goes hand in hand for me. I started working for development of rural India, aiming- Rural self reliance through quality education. Panchayat

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empowerment. Media coverage and good results sent me into a situation where nothing was possible with money. My friends and family, now feel proud on me.

Just sharing some screenshots from my Facebook timeline. Again I'll say, each statement is answering to the question indirectly. Eventhough I could answer directly in philosophical manner, but I don't find that interesting.

The show is still on..... People are looking on my models of rural development. Getting engaged more n more.

So Age is 31 now and yeah you can say I'm still struggling. But I call it as -

Set your goals so High that full life engagement is done in achieving those. - Vivekanand. Hope you'll get all answers in my journey. Avoid if it doesn't fulfil the demand of question. Thank you

22. I am currently doing a job of 10 hours daily. Should I quit my job to start preparation for the UPSC, or can I continue with the job?

I would like to answer this question based on my experience with job and UPSC, job or UPSC.... I framed it on the basis of responsibility bearing or dream of an individual. Job means bearing some responsibilities or taking risk from ongoing way of living .

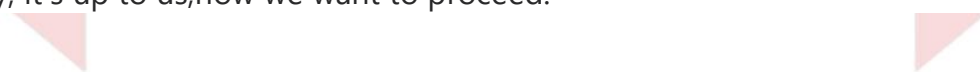
Please

Go through the whole answer, I hope it'll help you.

My experience says, family responsibilities never ends. Basically it's an exponential function, as you proceed to bear those, more expectations will turn into responsibilities. I didn't say to ignore those. But yeah somewhere we've to compromise.

Believe me , this CSE examination process demands a complete dedication. No need to be with notes always. But for two hours study, we need extra one and half hour for revising that. Only completing chapters won't work

Ultimately, it's up to us, how we want to proceed.


Prepare in Right Way



My suggestion:

Sit alone first, with a pen and paper. Write down all cases.

1- Can I leave family for the time being?

2- What is my ultimate goal? holding the family or my own dreams and ambitions?

3- can I have balance between both at this time of preparation when exam is already on head?

Mentoring +91-9971030052

4- is there other career options which are more attractive and can be dealt with family responsibilities?

.....

Now try to eliminate three of the above by a practical and rational thinking.

24.How do I start my UPSC preparation for CSE 2024 as a student from an engineering background?

YouTube Upendra Singh : Mindset Makers for UPSC

Mentoring +91-9971030052

So here it is:

The most comprehensive analysis which I could do for you.



YouTube Upendra Singh : Mindset Makers for UPSC

01 FRIDAY FEBRUARY 2019

Jan 2019

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Upen

PREPARATION UPSC CSE 2025

Image (1)

CASE 1: UNDER Graduation

Task to do

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 - Be disciplined and follow your guides.
 - ② Self Study

People itself makes way for those who is sure about where he is going.

Upendra

SATURDAY FEBRUARY 2019 02

Image (2)

SELF STUDY

Better planning

Execution

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Don't be depressed by ups and downs (Those are part of process)

You can watch classes on Youtube (Mrunal's lecture) Economy, Geography, History

Don't see youtube videos over hyped

Burn outs are normal after few days interval

Recommr:

Anudeep Druvshetty (2017)

You can read my answers on my quora profile UPENDRA SINGH

Can talk me at my number (message) 9971030052

Keep following (Discipline)

One source Multiple times

Plan

Note!

For particular details

Take every idea in your mind as an alphabet which is sure to turn into a word and a sentence in future.

Redd answer on my quora.

MARCH

APRIL

Way

04

MONDAY
FEBRUARY 2019

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Image (3)

Execution part @:

- How to choose medium?
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or
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- How to analyse PYQs
- What to prepare for current affairs

You're free to talk with me 9540676709
Talk @ 9971030052.



When one level of success is complete
instead of wasting time start flying for the next.

Signature

Calendar: M T W T F S S
Mar 2019
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Upendra
Talk with me
9540676789

05
TUESDAY
FEBRUARY 2019

Image (4)

Case (II) Pursuing master's program

No plan B for life
↓
direct to UPSC only
↓
Read Image (2)
then
Image (3)

Want plan B as to uncertain conditions of UPSC CSE.

CSIR/UGC NET
↓
PhD
↓
Professor line

Corporate Job as if you're masters from reputable institutions like IIT, IISc, ...

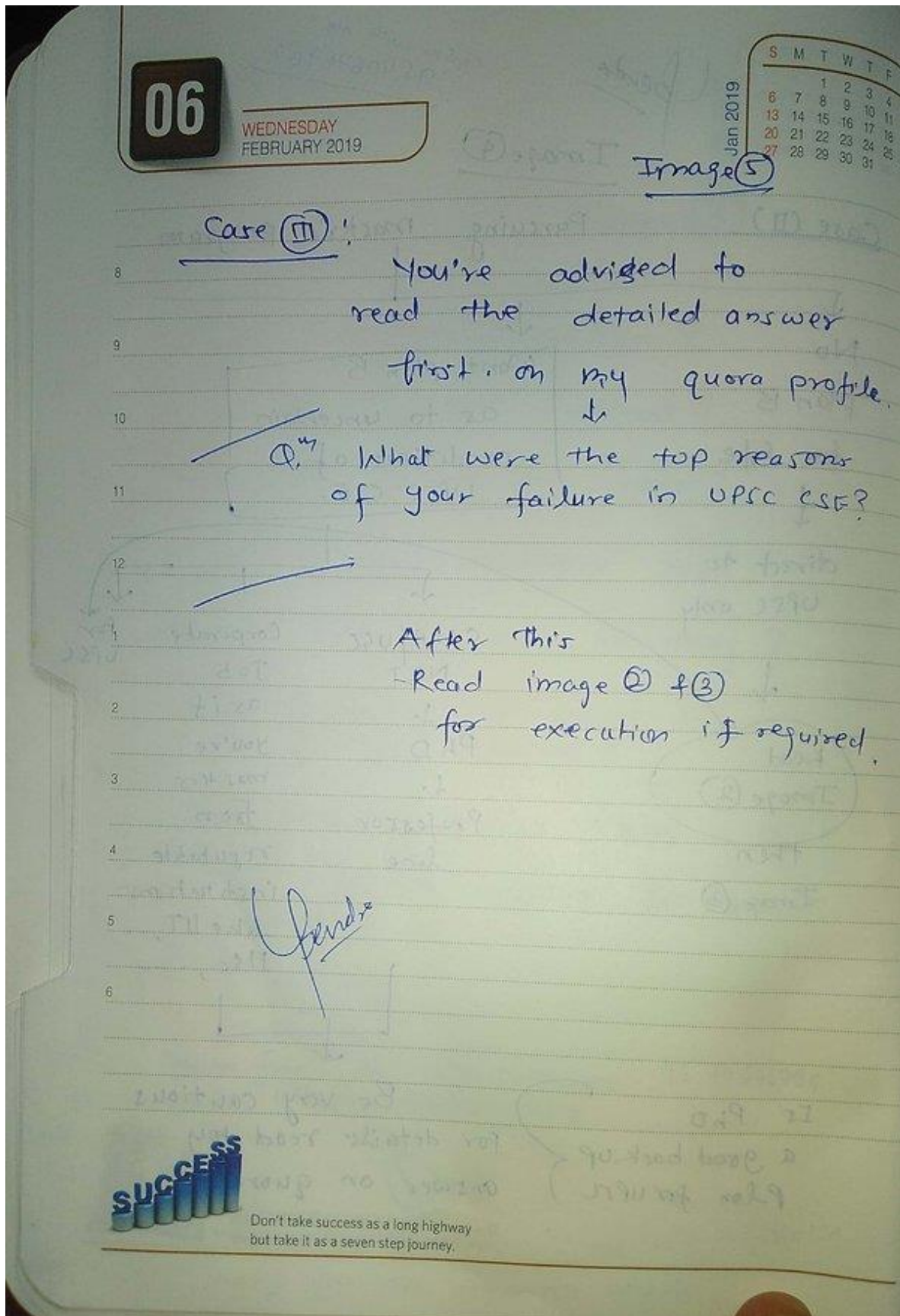
For UPSC

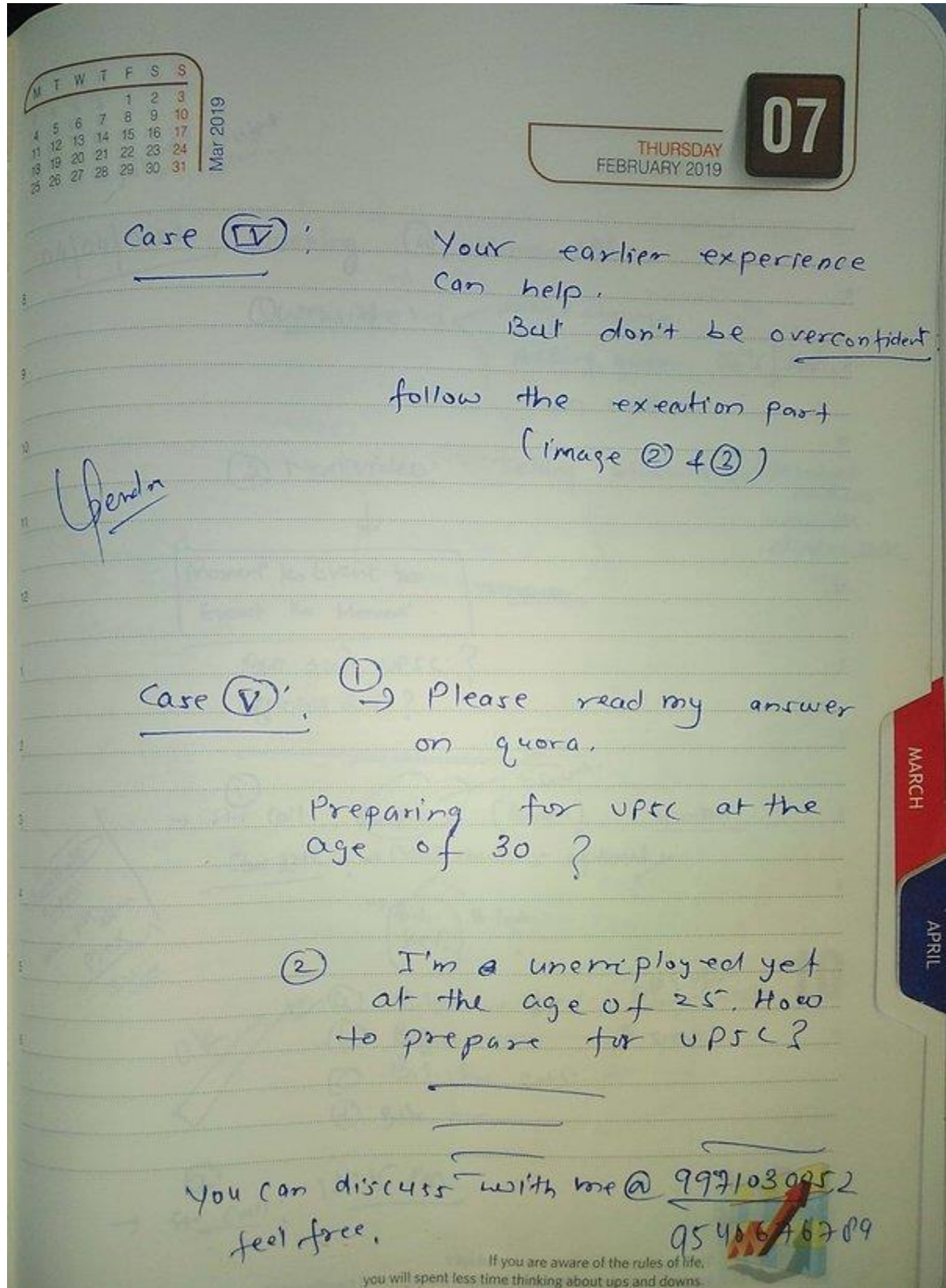
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Be very cautious for details read my answer on quora.

Don't panic when you are at last rather count the steps ahead you have to climb.

MARCH
APRIL





Fix You can talk to me and it's free for all.
@ 9540676789

15 FRIDAY
FEBRUARY 2019

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Jan 2019

STEP 2 : As only 50 days are remaining pre-5 June/2022

So, it's high time to check your preparation.

Key point :


Solve as many mock tests as you can.

↓

It helps you in practicing the temperament.

(Please note it for sure)

U
Upendra
@Nirman IAS



Don't just work rather inspire others to do something.

Rex

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Mar 2019

16

SATURDAY
FEBRUARY 2019

@Nirman IAS

STEP 3 : Practice, Analyse,
Examine your strengths/weaknesses

STRENGTHS

① Are you able to apply your preexisting knowledge?

How to check?

↓

As you see a question, if it seems that you never studied it or not in your notes then don't skip that in one go.

Have a look again and try to recall your knowledge; apply that to eliminate some options.

WEAKNESSES


Not able to recall your knowledge then need to relook on your notes and Revise.

Syllabus is not studied well

↓

Need to work honestly,

SUNDAY **17**



Make helping others, positive thinking, working hard and staying calm be the qualities of you life when moving forward.

** (Tried & Tested; 'win, works' for any exam)

18 MONDAY FEBRUARY 2019

Upenendra @Nirman IA Jan 2019

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(Exam hall) Technique. ;


Let's say I've no idea about the book/play - - - means I'm completely clueless.

↓ ↓

Skip this question (weakness) Don't skip (strength)

↓

Try to see options. Some famous personality like Ambedkar, Gandhi, already you've studied a lot. If that play/book is not associated with these, then eliminate such options.



Success not but remaining in a queue does matter.

19
TUESDAY
FEBRUARY 2019

Penra @ NirmanAS

e.g. dis: Suppose there is a question, having multiple statements and starting two statements are completely unknown to you.

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- ↓
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(believe me, you'll get atleast one)
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Let some secrets of your life kept unravelled.

20 WEDNESDAY FEBRUARY 2019

Upendra @Nirman IAS Jan 2019

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STRENGTH # 2

Courage to go out of
your comfort zone

When you score low in mock tests and investing 3-4 hours in one mock.

↓


After 2-3 mocks

↓

⊙ You try to console yourself that it's better to study more and stop solving mocks (Weakness)

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different test series : Don't follow one particular.



Your sharpened mind can generate ideas.

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Upendra @ Nirman IAS

THURSDAY
 FEBRUARY 2019

21

STRENGTH #3

Trust on yourself and your source of study

↓

After low scores, people start watching videos @ last months (before pre.) like

- Mahamarathon classes
- like PYQ hacks
- like covering polity in 15 hours

Weakness

Blunder

Because it's never ending process.

Arey bhaiya Jo, Pichle Do saal me nahi kar pate, wo 15 hours me karise hoga

↓

Believing on yourself and revising/studying one source multiple times.

↓

Keep revising

↓

Keep examining.

Strength

Make your decisions earlier before you get confused.

22 FRIDAY FEBRUARY 2019

Demotbs @ Nirman IAS Jan 2019

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STRENGTH # 4

DEMAND OF EXAM

Always remember that No one can predict UPSC.

Mocks just follow PYQ and specially those awkward / extraplanatory question which were asked.

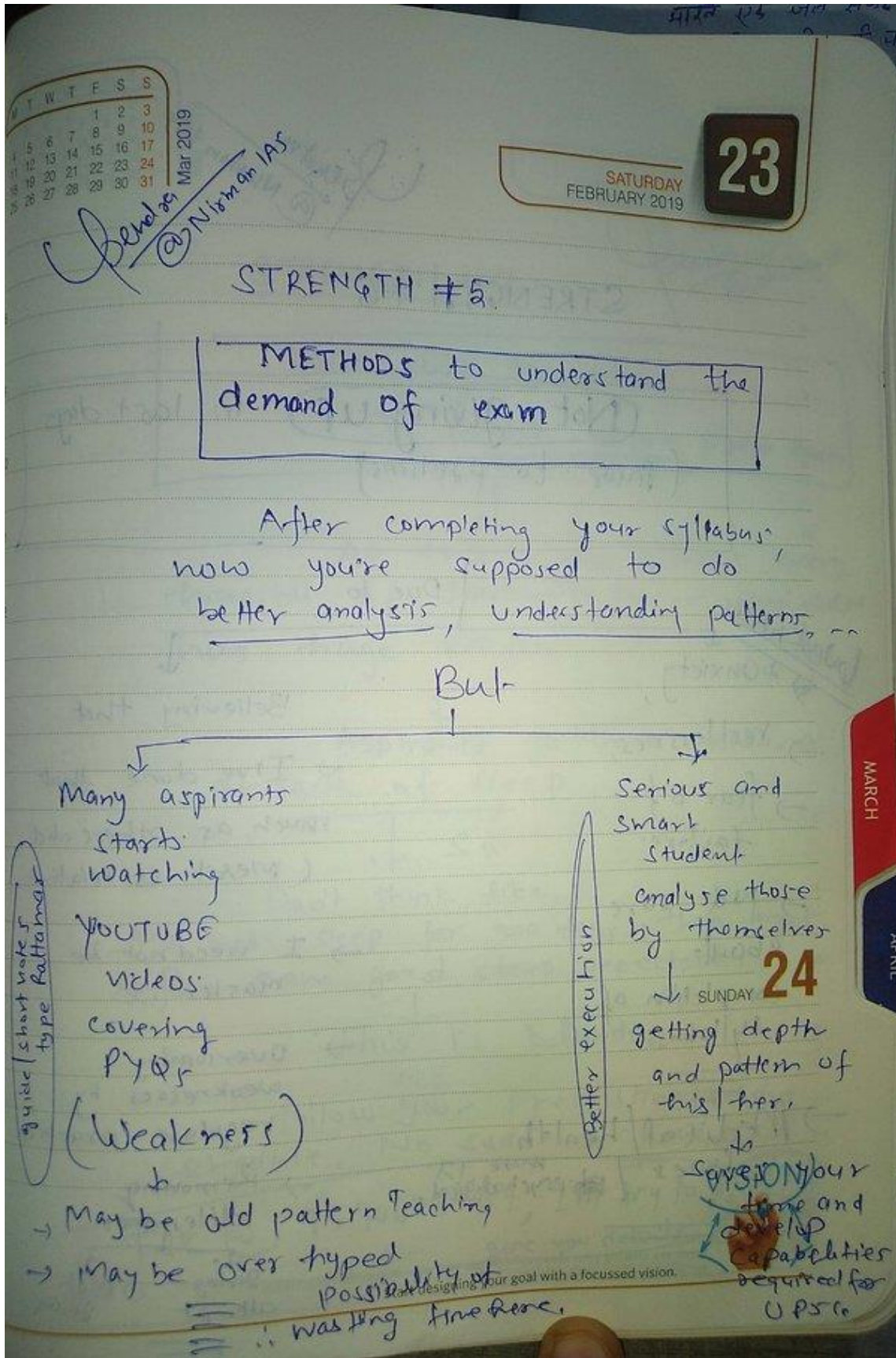
example: PYQ: How many States: from Kohima to...

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But Reality is - UPSC never going to repeat it.

To qualify prelims you only need 47 Questions correct. These one or two questions are not of worry.

These are only to check your patience



25 MONDAY FEBRUARY 2019

Upendra @ Nirman

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STRENGTH #6

Not giving up in last days
(Prior to prelims)

Due to


Weaknesses

- Anxiety,
- restlessness,
- fear of failure.
- Not sure about completion of syllabus
- Medical/health issues / ^{more 1's} psychological.

Believing that

- I've done that much as others did (Merit is relative)
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In giving attempt Not giving



If you are sharing your ideas with others you will not only be responsible for your success but also of others.

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Mar 2019

TUESDAY
FEBRUARY 2019

26

Perabha
@NirmalanAS

STRENGTH #7

Managing themselves
a night before exam

↓

At this night almost every
hospital of Mukherji Nagar and ORN
has huge profits

↓

Aspirants go there because
of lack of sleep

↓ So

Don't think like -
I'll not sleep for two days; then night
before exam good sleep expectations.

↓

This is blunder

↓

follow your preexisting/ongoing
schedule. No sudden change.

Talk @ 9540676789; I'll try to
give you details.

for more

TIME TO PLAN

Expect more in life, it will make you to plan further.

27 WEDNESDAY FEBRUARY 2019

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Jan 2019

STRENGTH # 8

Managing yourself in the exam hall

→ Don't carry the burden of 951 to 952.


→ Don't get panic.

→ Plan yourself well before.

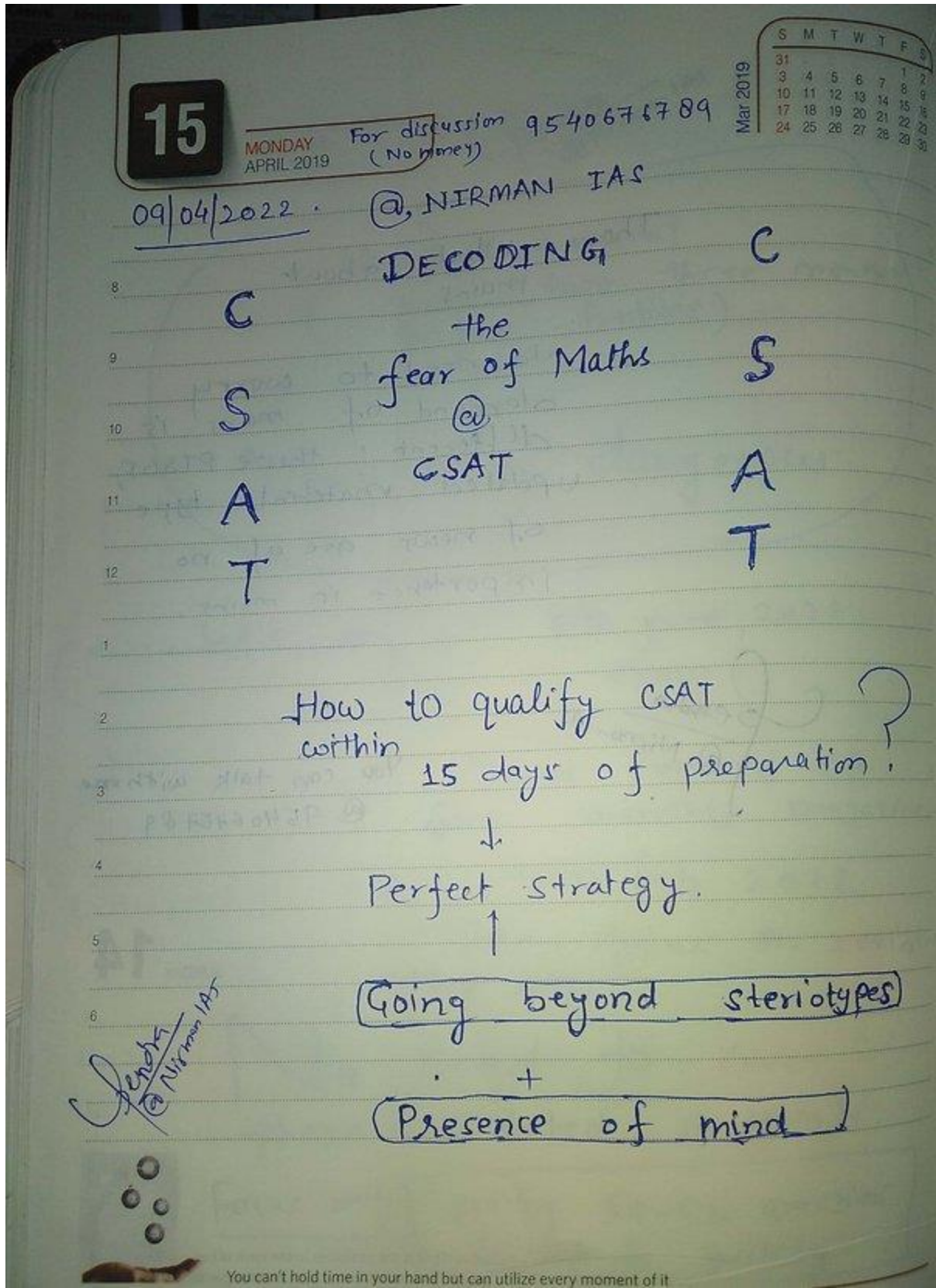
→ Stop over thinking

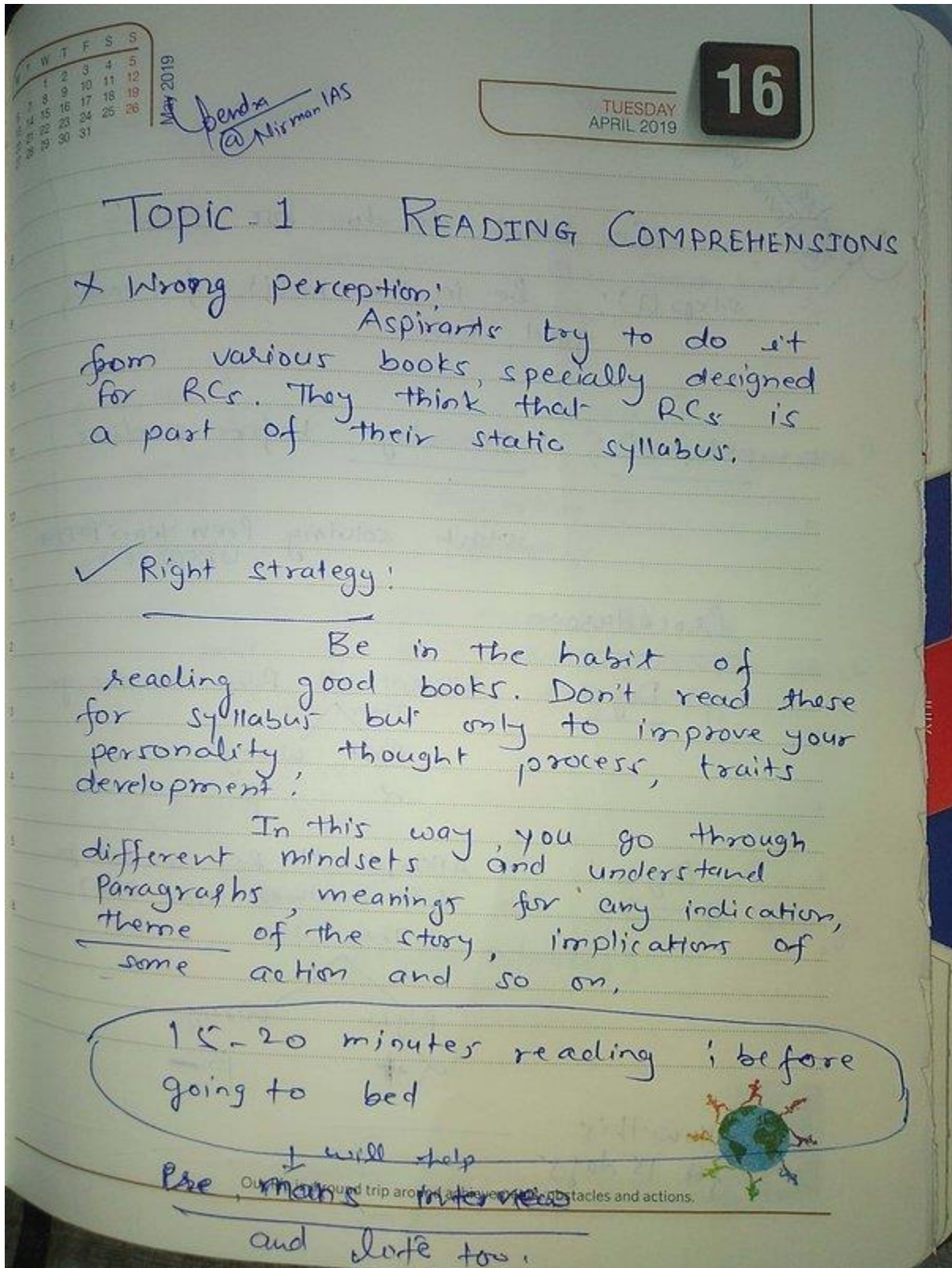
How ?
Get in touch for techniques
@ 9540676789
(with me)

@ Nirman IAS



Think flexible if you want to achieve big.





17 WEDNESDAY APRIL 2019

Mar 2019

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So what to do for RCs

step (I): Be in the habit of reading good books.

step (II): 20 days before prelims.

start solving Previ Years Papers UPSC (CSE)

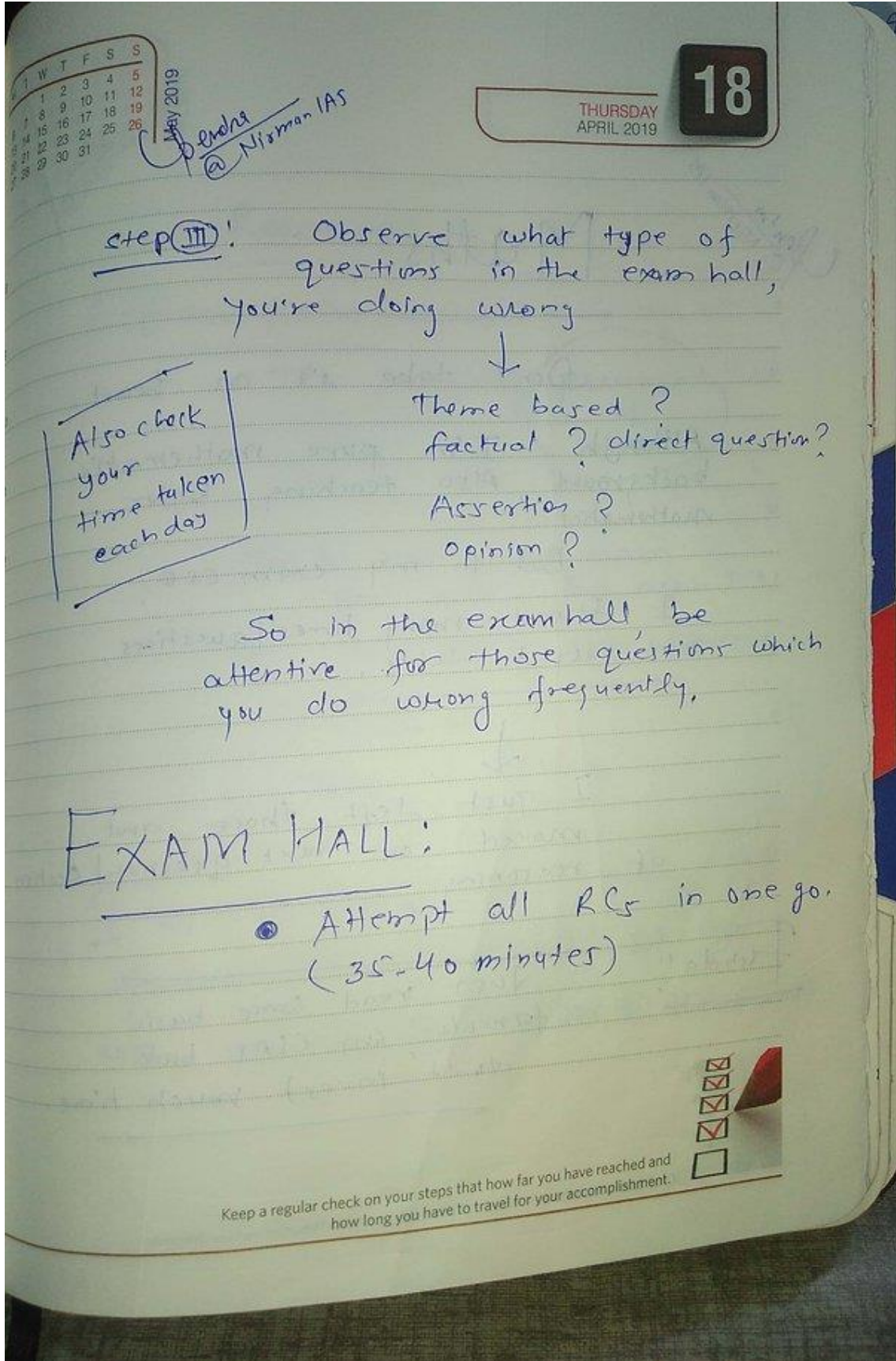
Procedure:

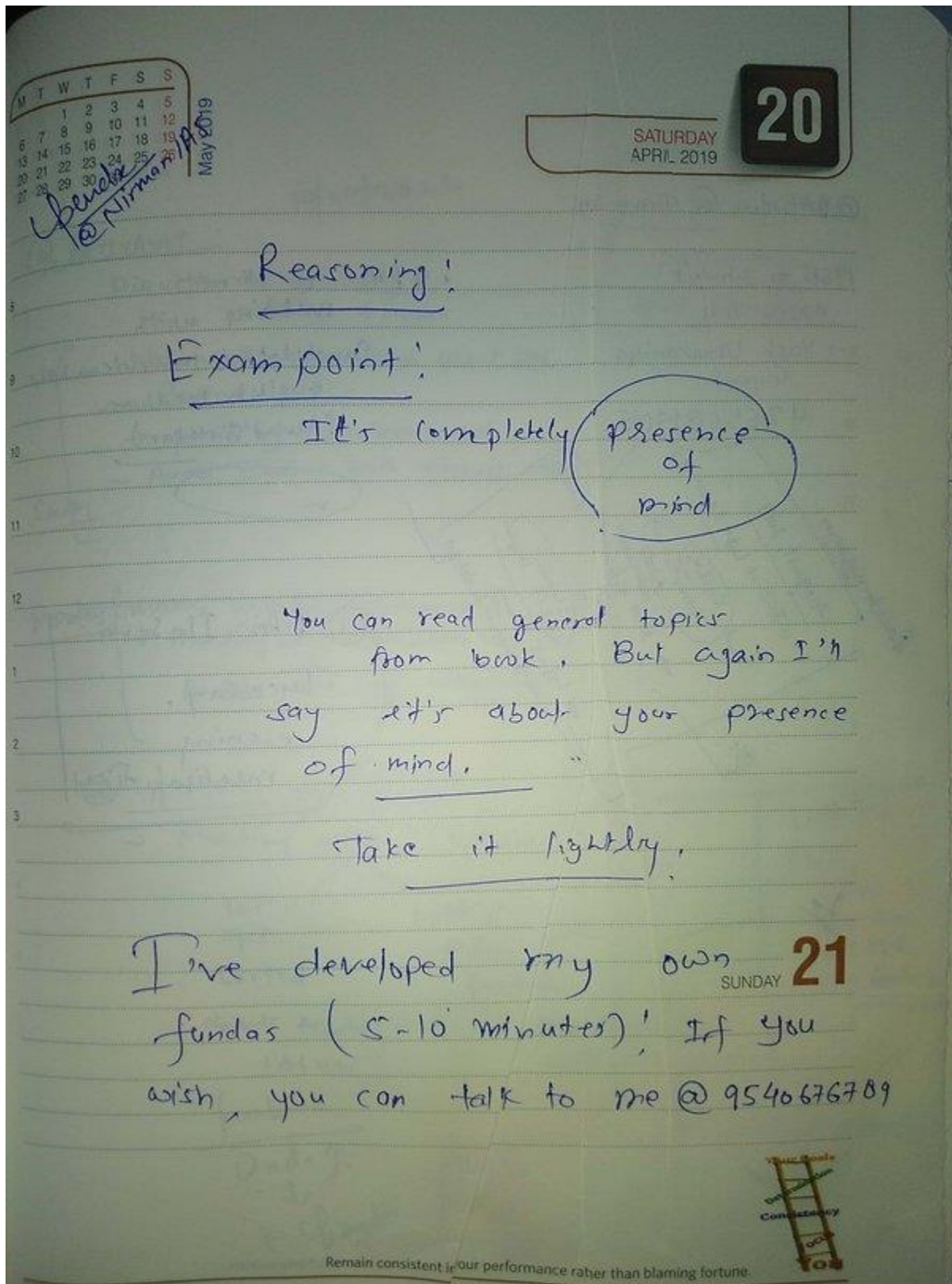
Day 1: Attempt all RCs in one go.
Then see
Right Wrong
 α β

Day 2: Attempt all RCs in one go (for another year PYQ)
Then see
Right Wrong
 $\alpha +$ $\beta -$

follow this for 15 days

Make true relationships, coz fake ones gives nothing except hardships.





25.How do I start my UPSC preparation for CSE 2024 as a student from an engineering background?

So here it is:

The most comprehensive analysis which I could do for you.



01 FRIDAY FEBRUARY 2019

Jan 2019

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Upen

PREPARATION UPSC CSE 2025

Image (1)

CASE 1: UNDER Graduation

Task to do

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 - Join some reliable institute.
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 - ② Self Study

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Upendra

SATURDAY FEBRUARY 2019 02

Image (2)

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Better planning

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(Don't see youtube videos over hyped)

Execution

Don't be depressed by ups and downs (Those are part of process)

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One source Multiple times

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MARCH

APRIL

03 SUNDAY

04

MONDAY
FEBRUARY 2019

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Image (3)

Execution part @:

- How to choose medium?
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You're free to talk with me 9540676709
Talk @ 9971030052.



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Signature

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Upendra
Talk with me
9540676789

05
TUESDAY
FEBRUARY 2019

Image (4)

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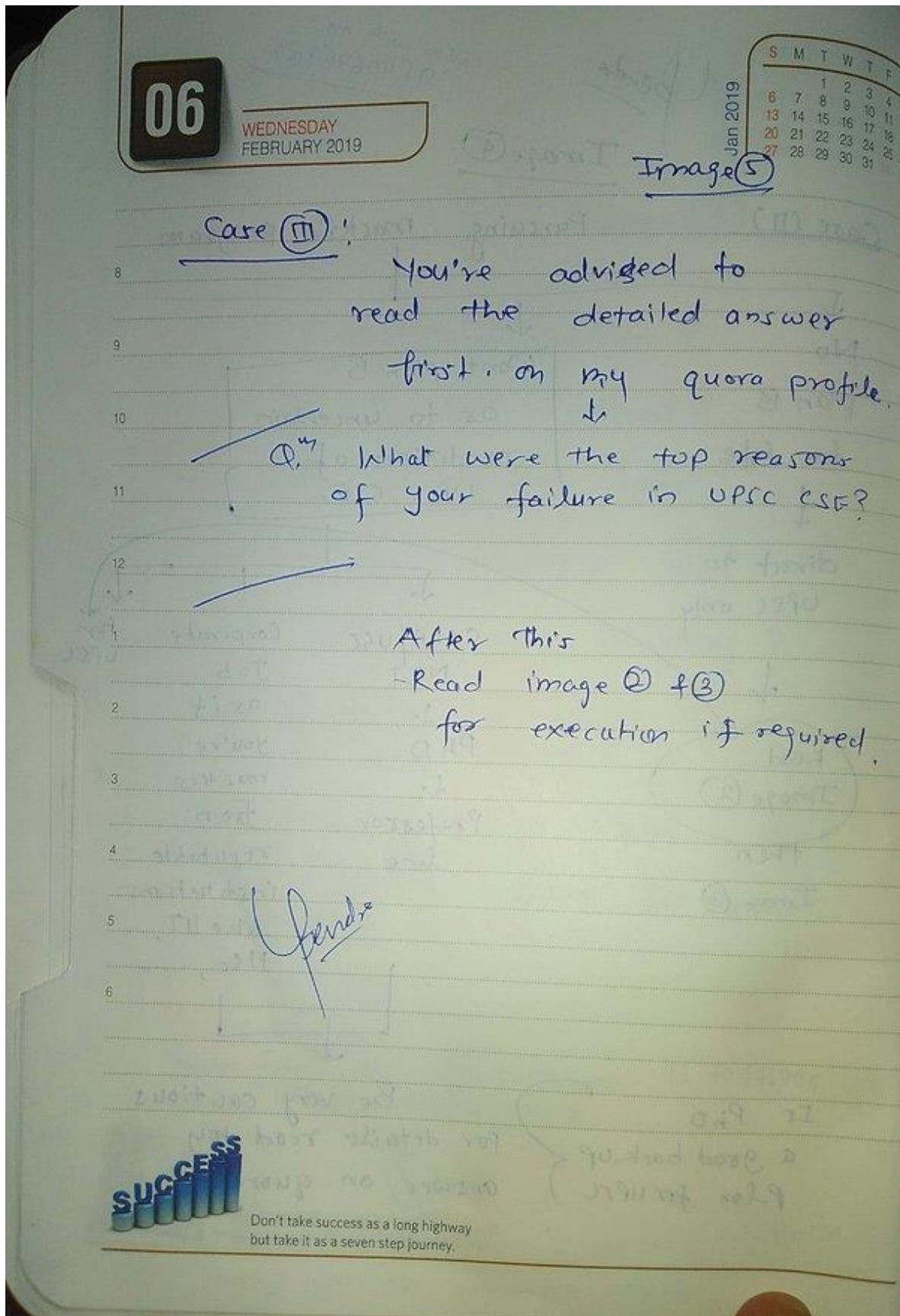
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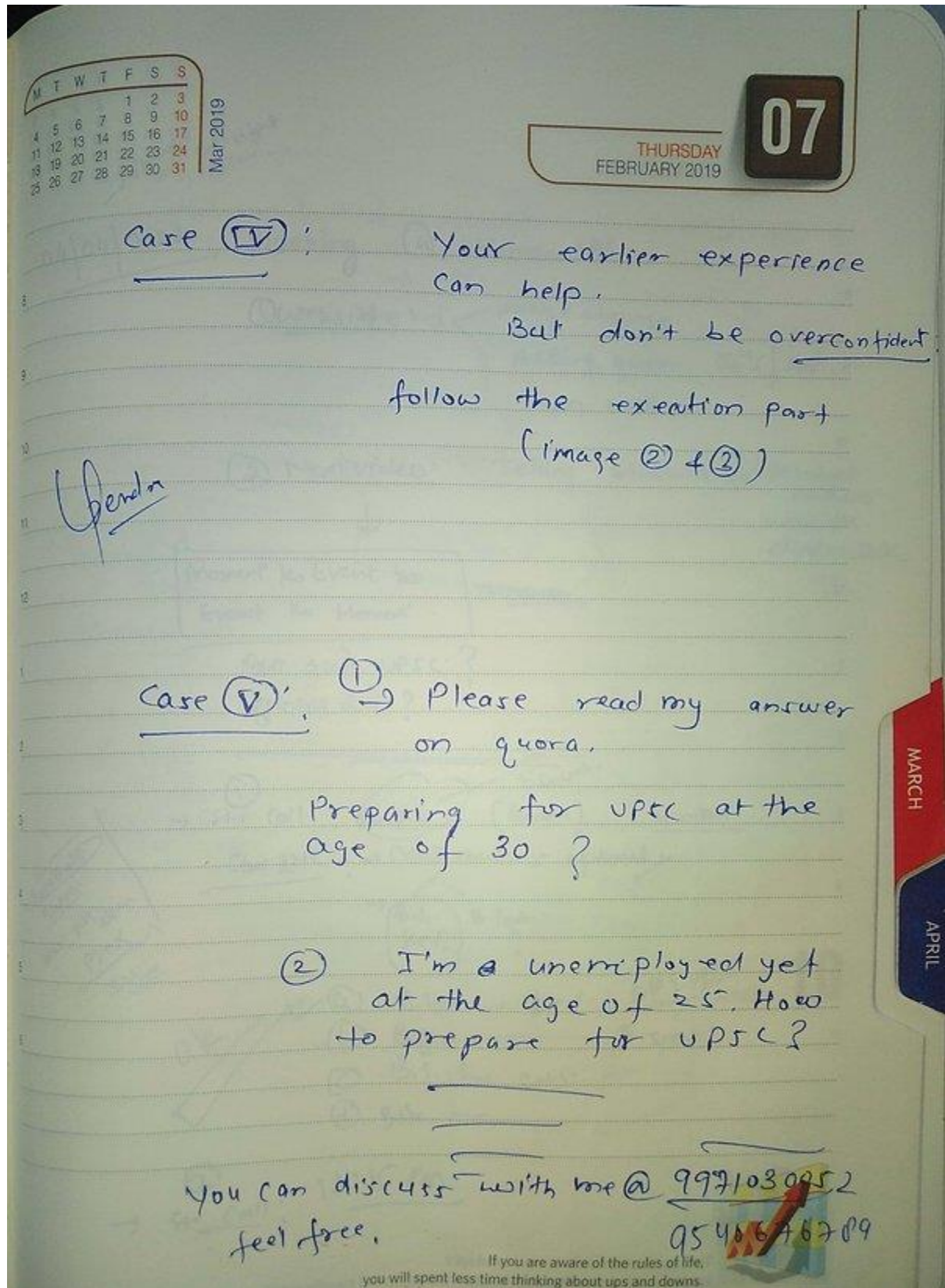
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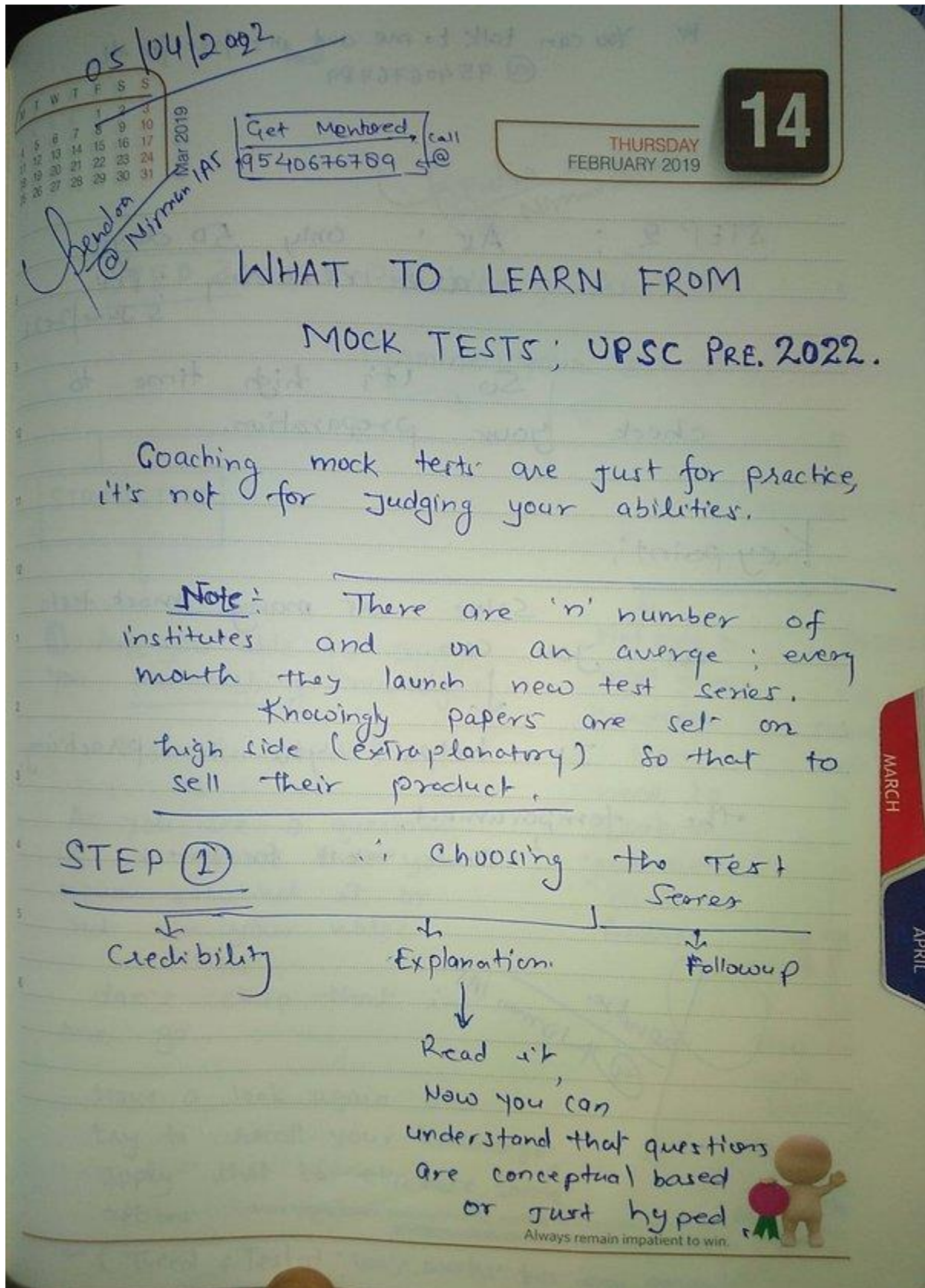
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MARCH
APRIL







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U
Upendra
@Nirman IAS



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Penra @Nirman IAS

SATURDAY
FEBRUARY 2019
16

STEP 3 : Practice, Analyse,
Examine your strengths/weaknesses

STRENGTHS

① Are you able to apply your preexisting knowledge?

How to check?

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Syllabus is not studied well

17

SUNDAY

Need to work honestly.



** (Tried & Tested; 'lo'n, works' for any exam)

18 MONDAY FEBRUARY 2019

Upendra @Nirman IA Jan 2019

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19
TUESDAY
FEBRUARY 2019

Penra @ NirmanAS

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Let some secrets of your life kept unravelled.

20 WEDNESDAY FEBRUARY 2019

Upendra @Nirman IAS Jan 2019

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STRENGTH # 2

Courage to go out of
your comfort zone

When you score low in mock tests and investing 3-4 hours in one mock.

↓


After 2-3 mocks

↓

⊙ You try to console yourself that it's better to study more and stop solving mocks (Weakness)

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Upendra
@NirmanIAS

THURSDAY
FEBRUARY 2019

21

STRENGTH #3

Trust on yourself and your source of study

↓

After low scores, people start watching videos @ last months (before pre.) like

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- like PYQ hacks
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↓

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↓

Keep revising

↓

Keep examining,

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Blunder

Because it's never ending process.

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22 FRIDAY FEBRUARY 2019

Demotbs @ Nirman IAS Jan 2019

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To qualify prelims you only need 47 Questions correct. These one or two questions are not of worry.

These are only to check your patience



Start running for a positive goal and you will find others joining you in the way.

Calendar: Mar 2019, SATURDAY FEBRUARY 2019, 23

Develop @ NISM on IAS

STRENGTH #5

METHODS to understand the demand of exam

After completing your syllabus, now you're supposed to do better analysis, understanding patterns

But

Many aspirants starts watching **YOUTUBE** videos covering PYQs

(Weakness)

- May be old pattern Teaching
- May be over typed possibility of **wasting time here.**

Serious and smart student analyse those by themselves

Better execution

↓ SUNDAY **24**

getting depth and pattern of this/her.

↓

Saving your time and develop capabilities required for UPSC.

25 MONDAY FEBRUARY 2019

Upendra @ Nirman

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(Prior to prelims)

Due to

Weaknesses

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- restlessness,
- fear of failure.
- Not sure about completion of syllabus
- Medical/health issues / ^{more 1's} psychological.

Believing that

- I've done that much as others did (Merit is relative)
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SHARE

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TUESDAY
FEBRUARY 2019

26

Perabha
@NirmalanAS

STRENGTH #7

Managing themselves
a night before exam

↓

At this night almost every
hospital of Mukherji Nagar and ORN
has huge profits

↓

Aspirants go there because
of lack of sleep

↓ So

Don't think like -
I'll not sleep for two days; then night
before exam good sleep expectation.

↓

This is blunder

↓

follow your preexisting/ongoing
schedule. No sudden change.

Talk @ 9540676789; I'll try to
give you details.

for more

TIME TO PLAN

Expect more in life, it will make you to plan further.

27 WEDNESDAY FEBRUARY 2019

S	M	T	W	T	F
6	7	8	9	10	11
13	14	15	16	17	18
20	21	22	23	24	25
27	28	29	30	31	

Jan 2019

STRENGTH # 8

Managing yourself in the exam hall

→ Don't carry the burden of 951 to 952.


→ Don't get panic.

→ Plan yourself well before.

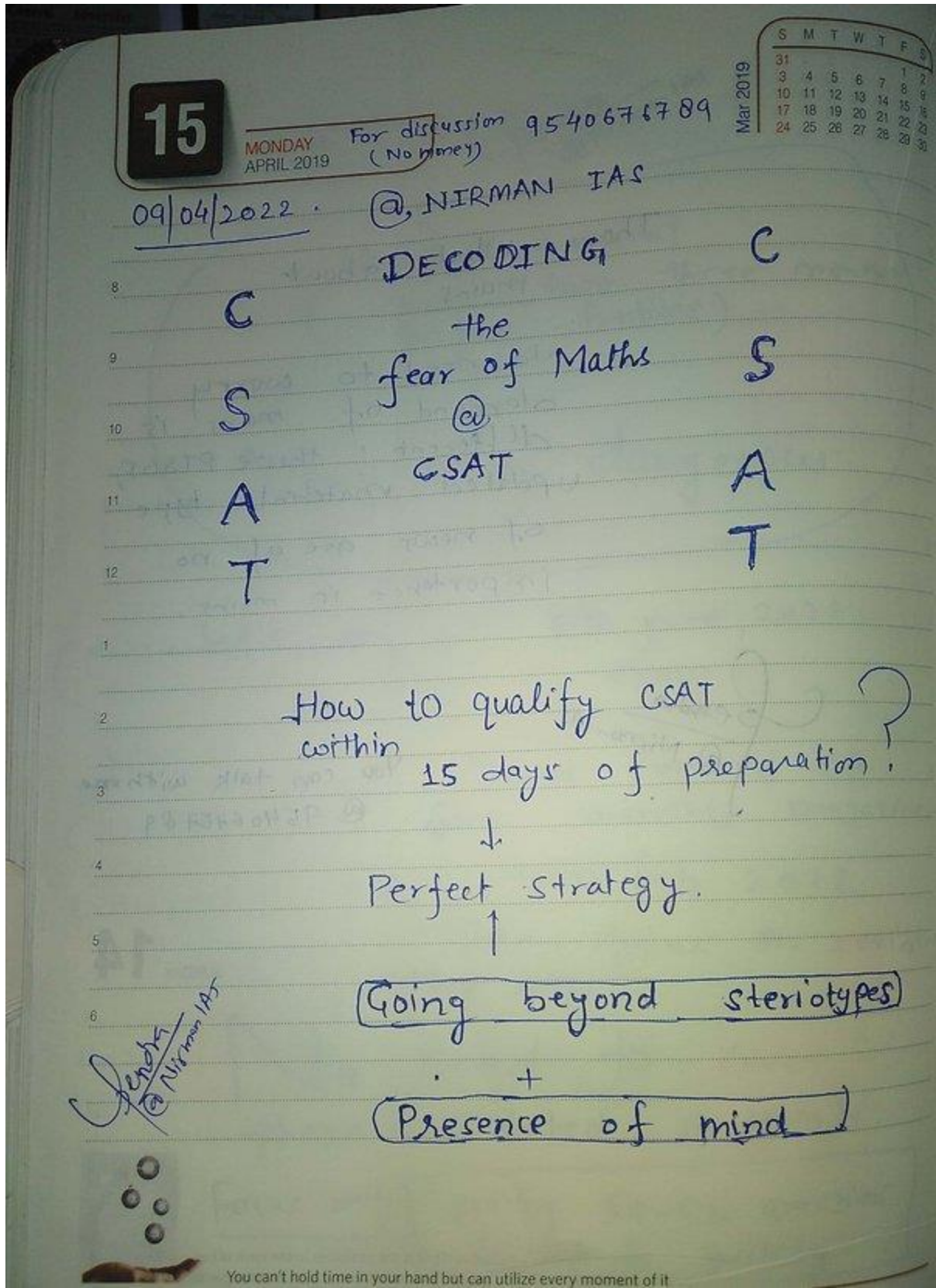
→ Stop over thinking

How ?
Get in touch for techniques
@ 9540676789
(with me)

@ Nirman IAS



Think flexible if you want to achieve big.



W T F S S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31
May 2019

16
TUESDAY
APRIL 2019

pendra
@Nirman IAS

Topic - 1 READING COMPREHENSIONS


✗ Wrong perception:
Aspirants try to do it from various books, specially designed for RCs. They think that RCs is a part of their static syllabus.

✓ Right strategy:
Be in the habit of reading good books. Don't read these for syllabus but only to improve your personality, thought process, traits development.

In this way, you go through different mindsets and understand paragraphs, meanings for any indication, theme of the story, implications of some action and so on.

15-20 minutes reading before going to bed

↓ will help
Pre, main's interviews and date too.



17 WEDNESDAY APRIL 2019

Mar 2019

S	M	T	W	T	F	S
31						
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

So what to do for RCs

step (I): Be in the habit of reading good books.

step (II): 20 days before prelims.

start solving Previ years papers UPSC(CSE)

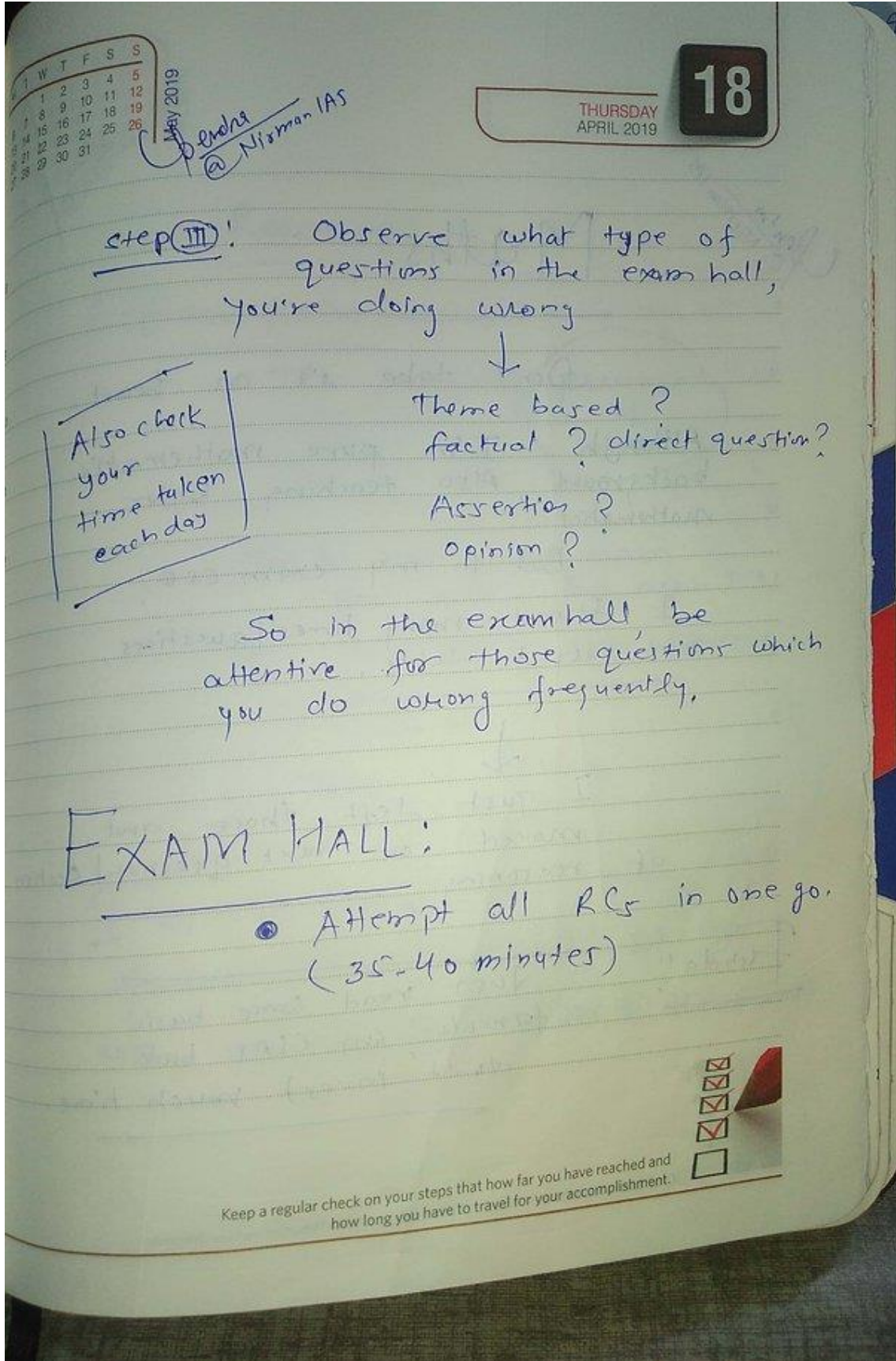
Procedure:

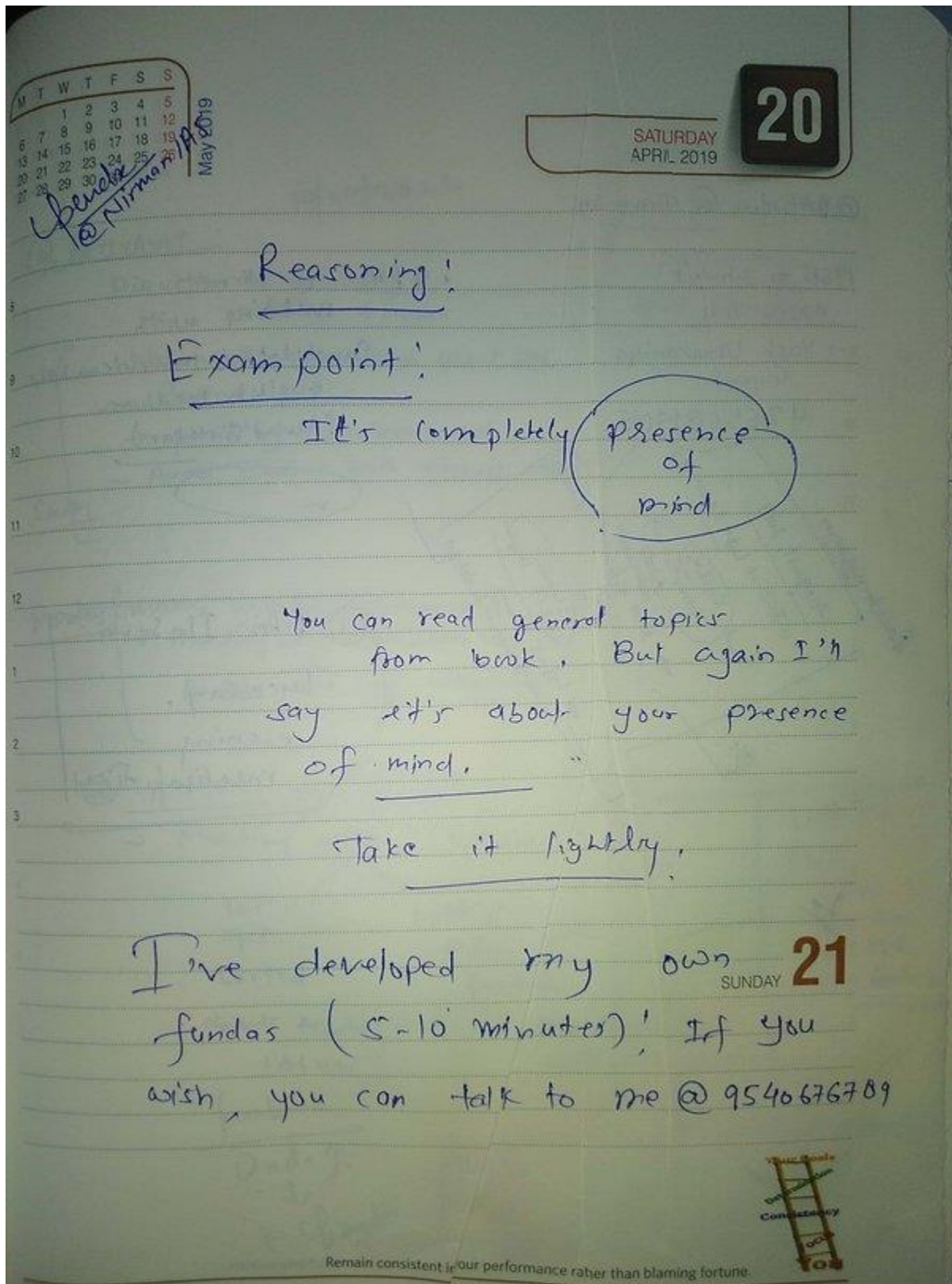
Day 1: Attempt all RCs in one go.
Then see
Right Wrong
 α β

Day 2: Attempt all RCs in one go (for another year PYQ)
Then see
Right Wrong
 $\alpha +$ $\beta -$

follow this for 15 days

Make true relationships, coz fake ones gives nothing except hardships.





26. UPSC or TNPSC, which is the best to choose? What are the pros and cons of both?

I'll answer it in details. Please avoid if it doesn't fulfill your demand. But I'm pretty sure it'll work for you to come out of such dilemma.

First let's take TNPSC our decision to prepare for.

When you'll start your preparation, going through the syllabus well then you may realize that it's related to UPSC too in some senses. Slowly you may feel that I should prepare for UPSC syllabus first then after completing that I'll complete PSC part in few months. Believe me, this happens with many aspirants. So it will result in bigger dilemma then. You may lose your track and can be messed in between. So to avoid such scenarios, you must be aware about futuristic things.

Your friends/ family members/relatives may suggest you that you're deserving candidate for UPSC, you should try for that first and you may again lose the track. In India, we have this false image in the society that UPSC is biggest than any job in India.

My suggestion here-

Choose one only and after choosing , don't look back.

Now let's choose UPSC first- you should prepare well plan for it and start preparing. Yeah there are uncertainties in



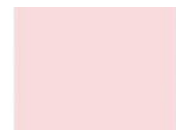
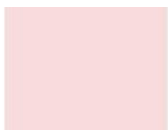


UPSC but that's all part of any examination. Either you fail or learn. If you didn't click in your first serious two attempts, you can use this experience in TNPSC and will have better chances to get into the list. Whereas in the first case, it's relatively less.

Rest is your decision. Be wise, be honest to yourself. Decide what good and doable for you.

If you wanna discuss more, can message me. I'll try to discuss based on my experience of more than ten years as student, teacher, mentor.

Good luck



27. How do I prepare for the UPSC from home effectively (not about preparation strategy, but about adhering to home environment)?

I have done it myself. So I guess, my experiences may help you.

In the April 2020, uncertainty due to pandemic started. Although I was in job but due to lockdown and all, the coaching field was completely devastated. Had no plans and savings earlier for such scenarios. So situations became more worst.

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In my earlier posts, I discussed much about my UPSC journey, as after missing my 2015 first attempt by 0.33 marks, I joined teaching to sustain my family. Left UPSC completely.

Please avoid above information if found irrelevant but I think it's more relevant so I put.

After lockdown and job loss, my inner pushed me to go for one more shot for UPSC. As I was towards my last attempt according to age, so it may seem bit tricky. But my experience and passion for teaching motivated me to take this shot. I was sure that I have nothing to loose because now this attempt is not for becoming civil servant but it's for teaching career for UPSC too.

Decided to stay at my friend's home because I was not comfortable with my family issues. My friend's home was near by only, So I used to go my home only if needed badly.

At my friend's home, I restricted myself. Didn't take part in any discussion, marriage party or any guests attending. Said to them that please don't tell anyone about my stay here.

Now the first question comes that how my friend's family will adjust? I will say please don't make others adjust, inspite of that you learn to adjust by yourself.

How?

There was a bathroom (I'm construction, not completed), decided to stay there. No extra facilities I needed. Only an old cooler was there, I used it occasionally. In the heat summers although I was struggling lot but never asked for any favours. My friend is wealthy but I never took any extra favour.

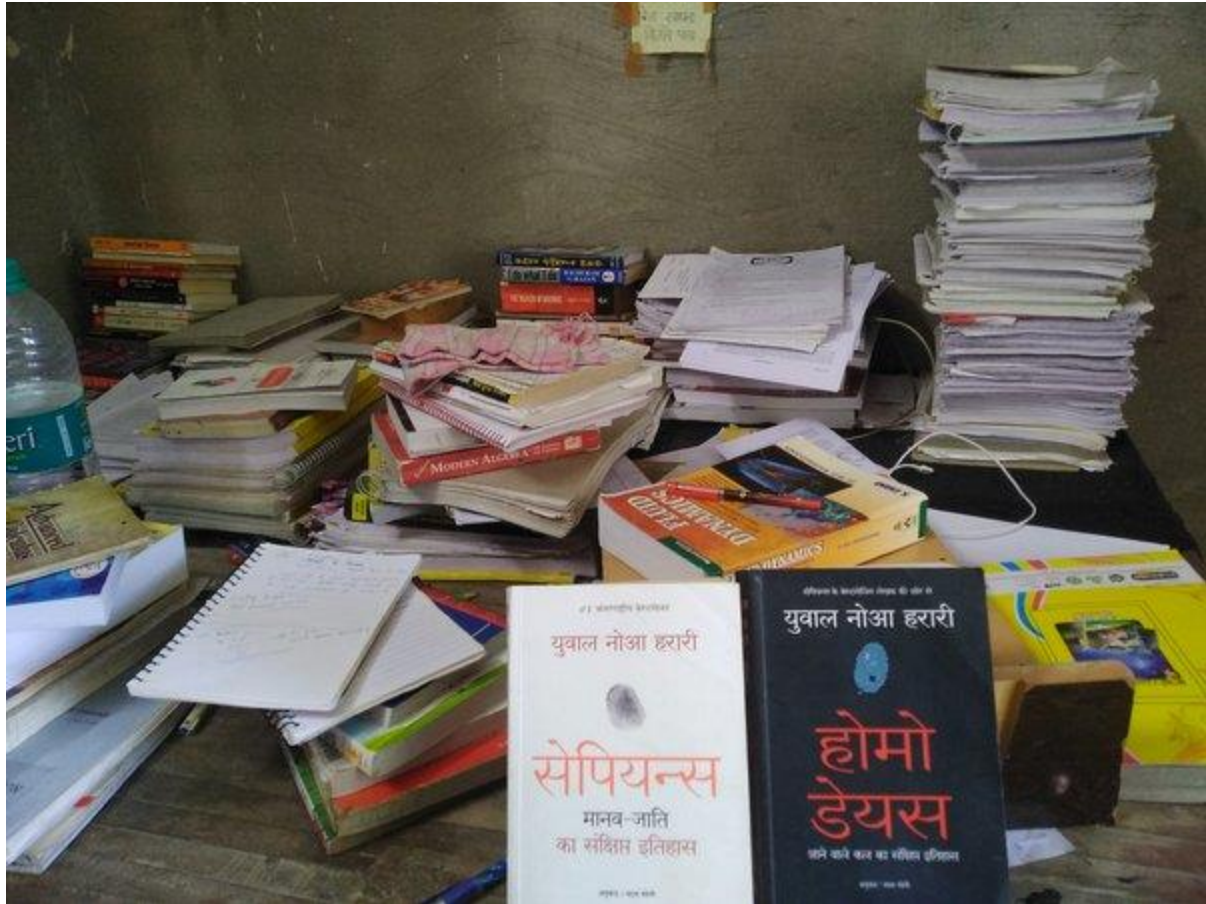


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So what I can say to learn is-

Avoid taking unnecessary help in your tough times, it makes you more determined towards your goal.

Point 2-

Restricted myself from meeting friends in hometown. Only one friend was known that I'm in my hometown. Avoid meaningless meetings and discussion. It will bit disturbing in the starting but after sometime you'll be used to it.

Point3-

Have some groups 2,3 aspirants through online. Found one friend through insight discussion section. Used to discuss for current affairs and PYQs. Helps a lot.

Point 4.

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For resources- Fix one photocopy shop in your locality. Make him a good friend. So that whenever you need his favour like getting print outs/ notes. You just call him and took it in short time. Means no wait for printing resources and all. I did so.

Point 5-

Avoid shopping... I had only two t-shirts and two trousers. Whenever anyone says to go out for meeting or event, my inner replies- yar kaise jaunga kapde to hai hi nahi. (How I'll go as I don't have good cloths)

Point 6-

For relaxation-

I used to go around railway station. Taking tea, seeing unknown faces and sometimes thinking , deep thinking about my essay Preparation as well.

Special note-

Yeah, ups and downs will come but take it as Normal. It happens with everyone on two or three weeks. Burn outs will come, but handle those . Skin may burn, you may look dirty.....chill...all will be managed once you have good result. Don't behave like you are already an official. Behave like you were in your childhood with not extra money. No extra decisions about life. Focus on exam only.

Avoid watching TV with family members. Inspite of that use your fixed phone data. It restricts you from giving extra time for unnecessary news/ movies and all.



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My experience- It gave me wonderful results and also I learnt to survive, not only surviving but achieving big goals even when I was clueless after losing money and job. Currently I have achieved whatever I planned. Yeah during preparation time, many commented negative or laughing on my position as I used to be very good at finance and other settlements before this decision. But now I can say- I took the best decision of my life.

If you're curious about my CSE journey, you can read other answers on my profile. You can talk to me for discussion at my number mentioned in profile. You can meet me at Insights IAS Delhi.

For GS, Essay with Mathematics Optional, you can follow this YouTube platform.

Upendra Singh : Mindset Makers for UPSC

Prepare in Right Way

YouTube Upendra Singh : Mindset Makers for UPSC

28.Can I prepare for the IAS examination after completing MD? Is it practically possible to manage both occupations?

The prime question is-

Why to prepare for IAS?

Is it your ultimate goal of life to be in the administration?

What if you're not selected for IAS? Don't you think it may leave you in trauma created by failure in an exam?

What about years and energy invested to reach for ME and completing this?

Will you manage medical as well as administration job?

.....

So there are such multiple questions to answer before jumping into Preparation.

Now I will answer your question according to my own experience and analysis which I've done over the years as teacher and student.

Initially you may think that your study in your degree will help you in your main exam optional papers. You needn't study more for optional. Here I'll say you may have wrong perception. Because choosing optional is very much tricky in this optional. We can discuss over phone call if you think to discuss.

Preparations part-

Yes it will be tough but not impossible once you're sorted about questions which I asked in the starting. Because clear mindset is prerequisite to achieve any goal.

Yes you can prepare for the IAS exam with your profession.

First try to get a proper guidance so that you don't waste your time in reading unnecessary stuff. This exam is more about what not to study. As it's syllabus comprises of everything under the sky. So you have to address the Demand of the Exam either by self study or coaching guidance.

Now it comes on time management -

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I've learnt this technique and applied it on myself. Got tremendous results too. After missing my UPSC CSE2015 attempt by just 0.33 marks. Due to heavily burdened from family responsibilities, I had to quit from CSE.

Technique- SWITCHING OF MIND

Do your best wherever you're. Don't carry your burden of one or place to the other. When you're in your office, finish all duties there only. Take some extra time if required but don't carry that at your room or home. As you leave office, leave all affairs, thoughts there only.

Now at you room prepare for IAS exam. Observe how much time needed and how much you can give. Decide it mathematically. Let's say it needs 1 year if you study for 8 hours daily. But you have only 4 hours to give because of your job. Then prepare a plan for two years. Be disciplined and use switching of mind techniques well.



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20:28

... airtel 4G



Saloni Kesarwani is 😊 feeling blessed with Upendra Singh.

Thanku for your help. I know a lot of people think it is just your job to help, but I can tell that you actually care about the students and whether they understand what you are teaching.

And now finally we are trying to get rid off that mug up and vomit (rattamar jindabad 😊) habit and eager to learn every topic more efficiently.

You have helped us so much, morally and academically. You have taught me so much that I can use in life. No, I can not use $y=mx+b$ in my life, but I can use the life lessons you taught me. You have taught me to never give up and that trick (switch your mind) helped me alot .Thank you for everything.



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As I had degree and credibility from IIT Delhi, so easily got job. Joined as a faculty in a reputed institute. As you'll understand that for teaching you need to have good feedbacks and reviews to sustain. Earlier I was reluctant and couldn't forget about my CSE process. Although I was not studying anymore for CSE. This hampered my job profile and had negative feedbacks from students.

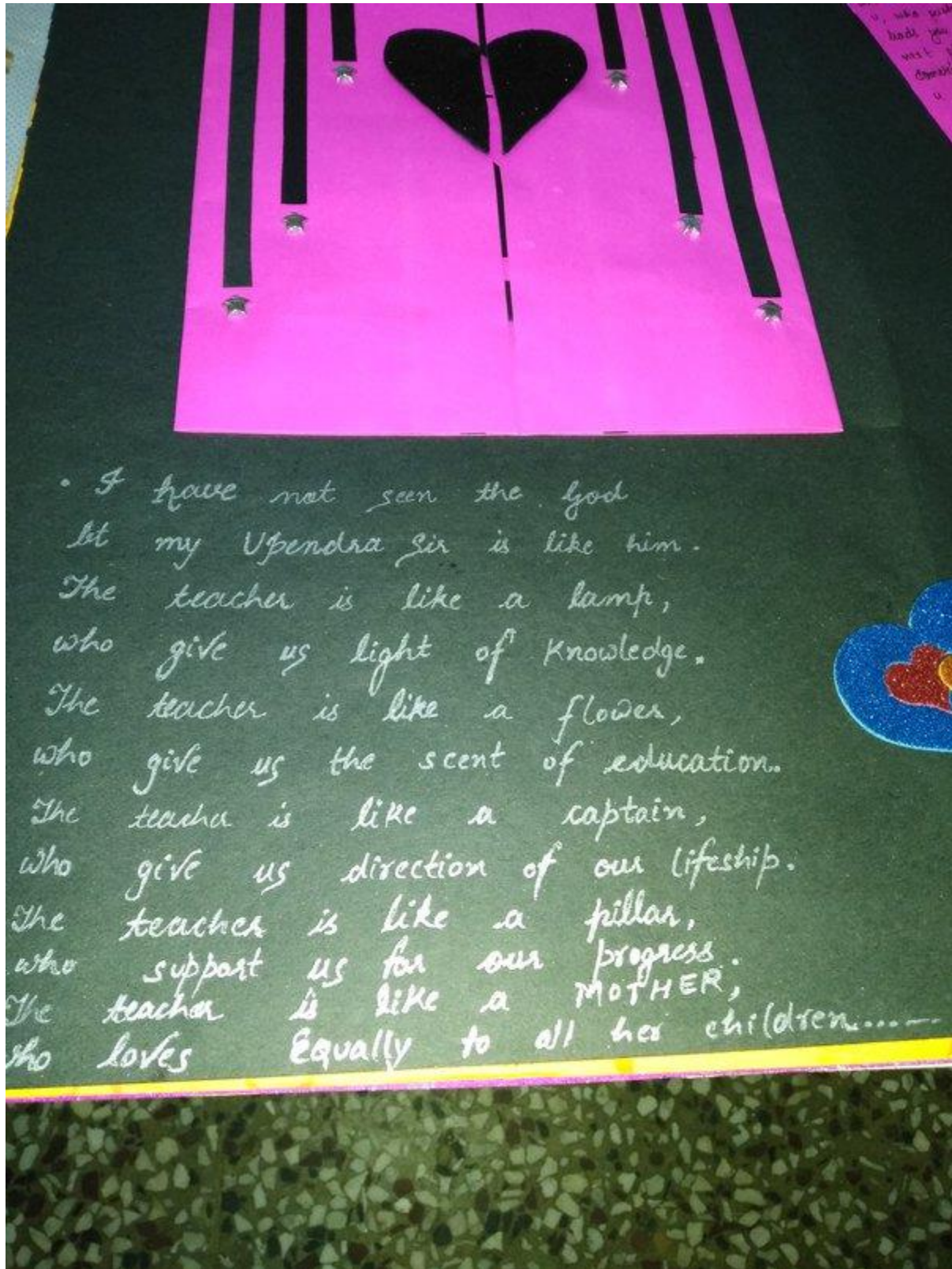
At such situation; what you'll do ?? Please make your mind clear before starting preparation.....

So what I did?

As I knew I have to continue job and finance. I decided to give my best shots at teaching. Completely forgot about IAS. In next two years, my feedback came positive and grew exponentially. Got rewarded and became senior faculty in the institute. Got so much involved in teaching that it became an integral part of life. Just a sample here..



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So what you can do?

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If you're starting your preparation then you please keep such uncertainty in your mind too.

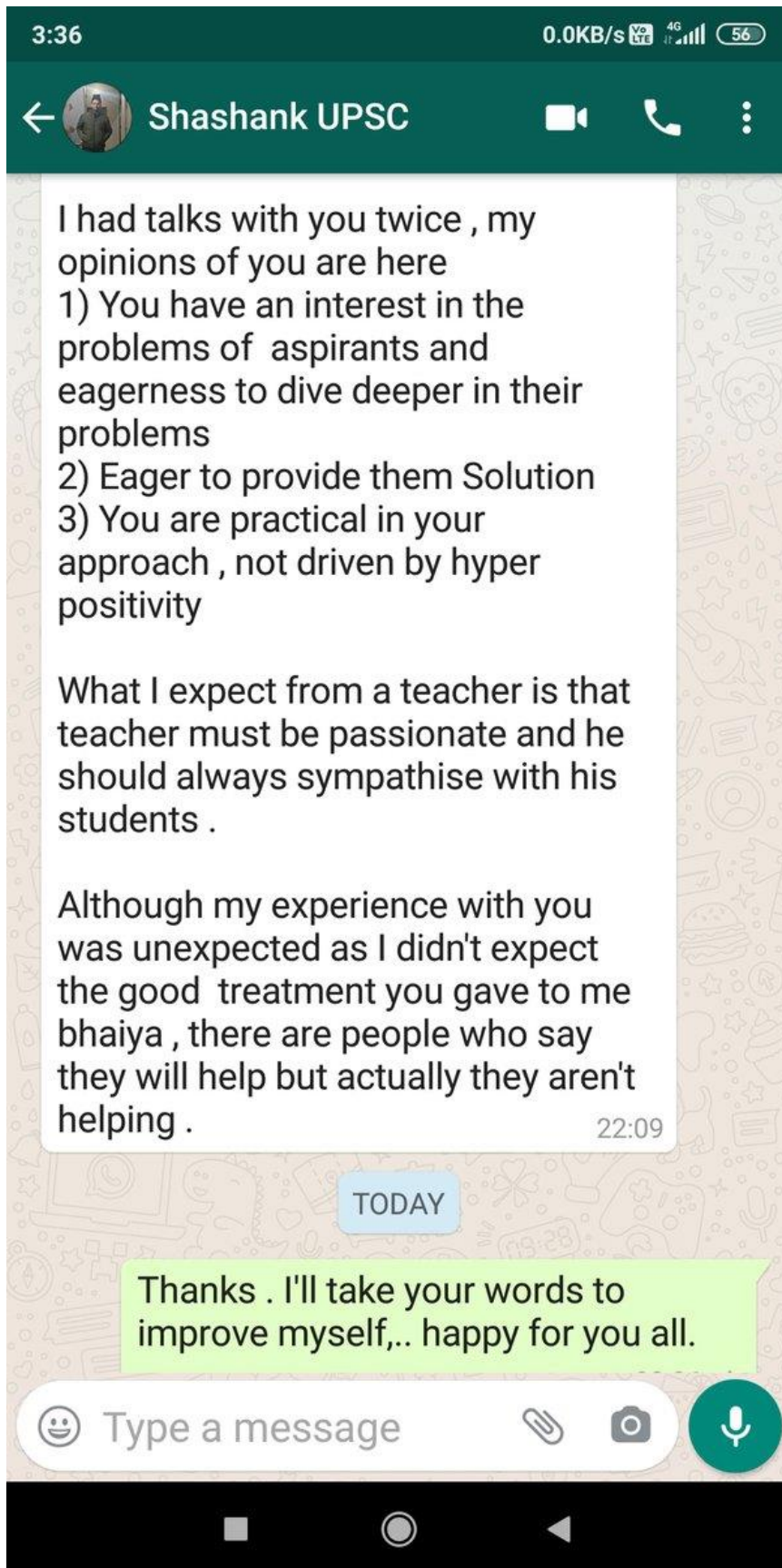
After 5 years, pandemic came and suddenly everything lost. Coachings devastated and I was jobless now. But my experience from last 6–7 years showed the path and gave analytical perspective for next.

According to age, I had two attempts remaining. Planned and made my mind to write CSE again. But this time not for administrative job. This time I wanted to write this exam to gain experience and wanted to utilize that actual pressure of an aspirant into my teaching. My plan A is TEACHING now. Here I've more satisfaction and found it more rewarding. Luckily and with clear and smart strategy paid me and I had written CSE mains 2020. Again luck comes into picture. After writing all GS papers and essay as very good and satisfactory (got one of the highest marks in essay paper and good scores in GS), but on the day of optional, I was in hospital. Couldn't write it. So here is the real picture of this journey..... please think deeply. At such a moment I was not devastated. I decided to make myself ready to teach IAS aspirants. Quora provided me the best platform to share my experience. Talked with thousands of students. Their feedbacks are treasure and give me real satisfaction.

So I'll suggest please do proper analysis of yours. No other person can tell you better than you. Only I shared my experience and bit analysis just for helping you.



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29. Is there any book on the UPSC exam which contains strategies, roadmaps, and guidance? I am not talking about the subjects. I want a book that can help me build strategies from the beginning.

Such book cannot be written. If you follow such book, I'm pretty sure that it's going to make you feel regrets.

UPSC CSE study is a process which gets changed every year. You have to understand the 'Demand of Exam'. This must be analysed well based on experience but must be edited time to time as one exam cycle completed. Otherwise you may face blunder at the very first stage preliminary only.

So what you should do ?

Just have a general Idea about exam . Any source; Google or any website.

Try to get a proper guidance . Either through coaching or self study with some mentor.

With my own experience of years of teaching plus cse aspirants and analysis regularly for this exam; I try to talk to CSE aspirants in a special schedule (evening 7–8 o'clock) ; everyday; Without any money. Actually it's my passion.

A sample feedback from my phone



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1. First of all your guidance is very helpful and to the point
2. The way you explain is very lucid
3. When u tell ur own experience how u did it . It gives Validity
4. There is no hurry when u explain.
5. Until now , I didn't came across any teacher like u .

Keep it up Sir 👍

10:01



Type a message



30. Being a final year student and an UPSC aspirant, how, when and what to prepare for mathematics optional for UPSC 2023 in self study mode?

Hello dear, I have been working for maths optional from past 6 years. (As my own optional in CSE and then as a trainer). So I think I'm eligible to answer your question in a holistic manner.

See, as you're planning for CSE 2023, means you have on an average 14 months for preparation. Also as you've mentioned that you're preparing through self study, So we have to be very careful.

Strategy wise- Please think once more after analysing that you'll have maths as an optional or not. Once you're sorted then read the further answer.

First you should work on optional in your appearing graduating year. Just because, now you're in touch with the mathematics and this will help you in saving the time. Maths needs regular practice. So once you have gap of some days/months, maths may look like extra planetary.

So how to start?

Take the hard copy of syllabus first and stick to it. Also have some classnotes available in market or telegram channels, to get the understanding of what topics need to be covered and what needs less attention. In mathematics, it's very important.

Do those topics first which are common in your appearing degree syllabus and UPSC syllabus. Then do previous years topics of your degree and common with upsc syllabus. And so on..many people suffer in pure maths parts topics like algebra and analysis. I've developed my own strategies after teaching such topics for many years. How I do is -

Example algebra and analysis (horrible for many aspirants) ;

My own planning ; (tried and tested)



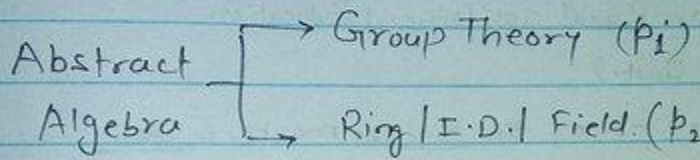
UPSC
CSE
maths optional

ALGEBRA

In:

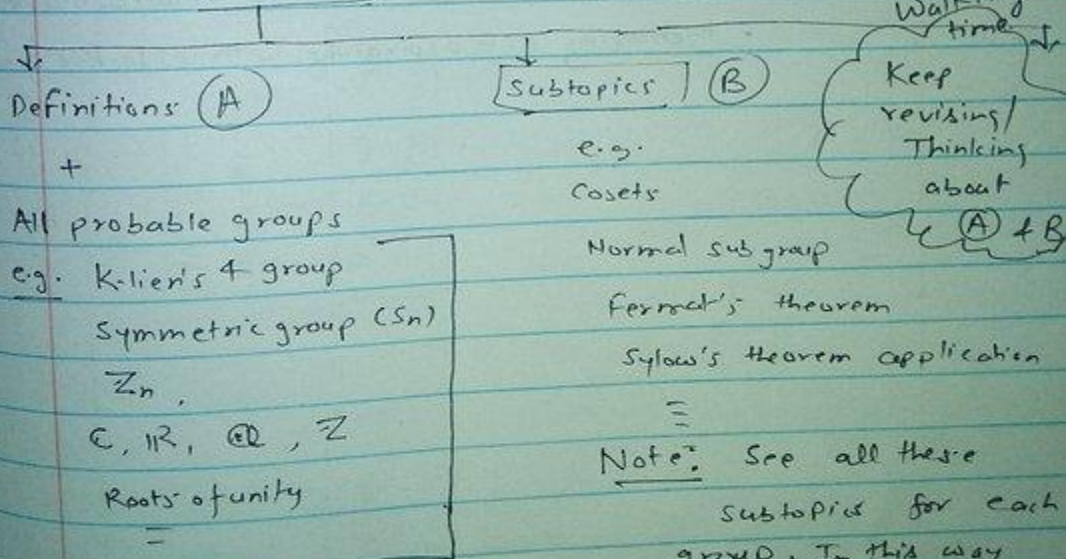
- ABSTRACT ALGEBRA (CSE, paper II)
- LINEAR ALGEBRA (CSE, paper I)

Upen
member @ Mindset
IAS
IIT, Delhi

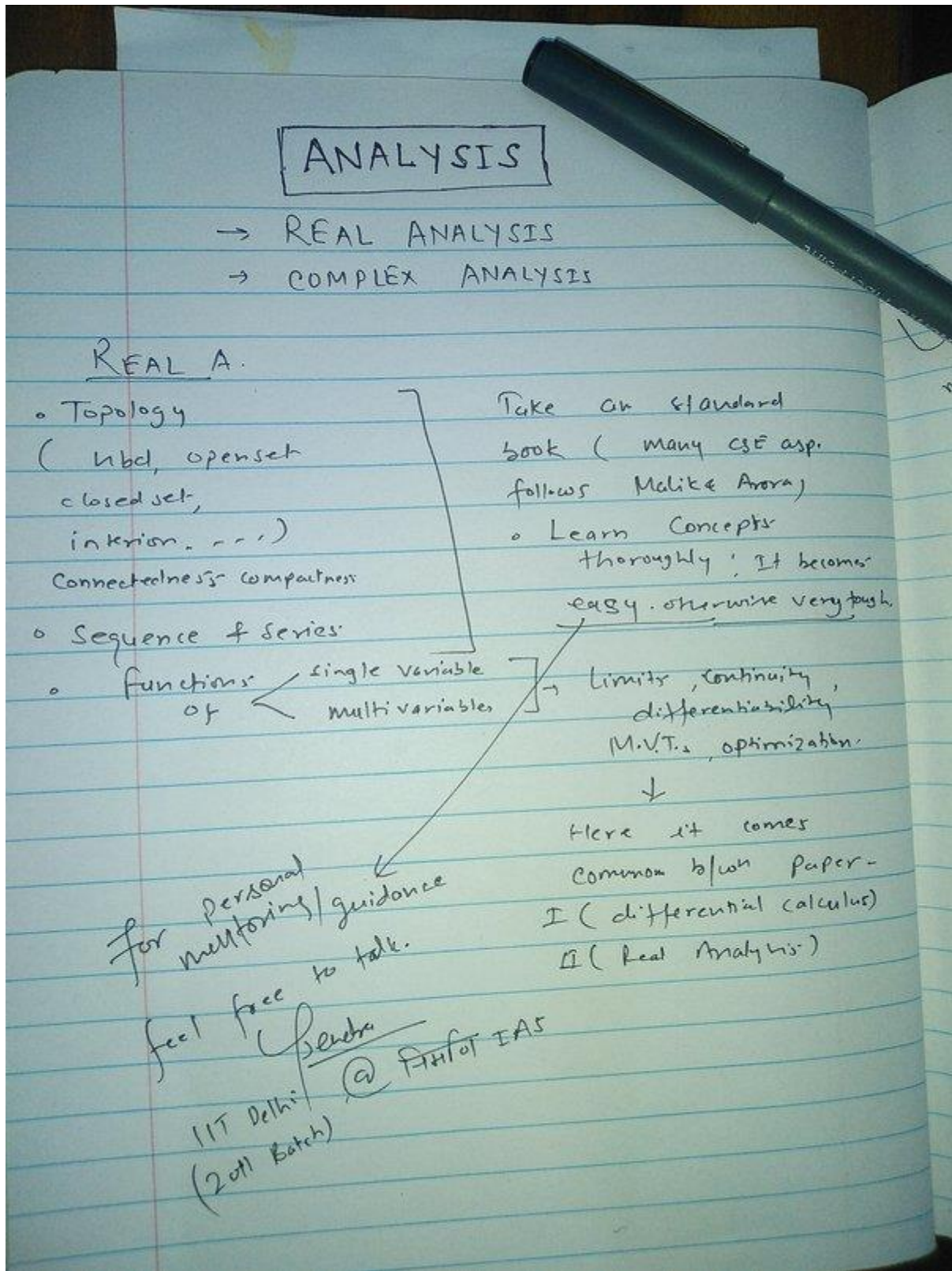


How to do it conveniently and more effectively.

Group Theory!



Note: See all these subtopics for each group. In this way you be more familiar with subtopic and all standard groups are on your hand to use for examples



For each topic, I've such planning. You can talk to me over call or meet me @ Nirman IAS, Mukherjee Nagar, Delhi.

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Now

You may face problem which topics are important? So dear, you have to cover the whole syllabus. Otherwise it will be disastrous.

Yeah in the starting you may start with easy topics like differential equations or linear algebra.

Finishing the maths syllabus 3 months before CSE preliminary exam, is important. Because after preliminary you need to do lot of practice. No new topic will be handled easily in-between main nad pre.

As your exam of graduation are over. Start whole heartedly for maths in one half of day. Preferably morning session. Then in the second half pf day you do gs nad others.

Rest - If you wanna discuss more and want help for no money, then you may talk on my number mentioned in the image. Or you can meet me offline at Nirman IAS , Mukherjee Nagar.



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I just heard about Gods in teachers but I saw in Pi-AIM. Thank you UPENDRA SIR for supporting me everytime and clarifying doubts. My Abstract Algebra was dead before meeting you. But the way you taught us Abstract Algebra i can't explain Now it is my favowite subject.

I have no words to explain the way, Upendra sir taught us. Now everthing seems real. I am glad that I have teacher like Upendra Sir in my life. Just bcz of Upendra Sir I'm in IIT. Thank you Sir for helping me everytime and thanks to whole Pi-AIM Community

Priya

Priya Shankher

TOUR GUIDE FOR COMPLETE UPSC JOURNEY



**I'M KEEN TO BE A GOOD LEARNER IN MY LIFE. AS
I BELIEVED THAT TEACHER IS A GOOD STUDENT.**

UPENDRA SINGH

- Alumni IIT Delhi
- Trainer in higher mathematics (year
2013 onwards)
Sr. Faculty PIAIM, Delhi
- Educational Activist
- Policy making for Rural upliftment
/Education(with U.P Govt.)

• UPSC(CSE) :

- ✓ One of the highest marks in essay.
- ✓ Have good hand over solving case studies.
- ✓ Effective presence over QUORA(millions of
views for CSE related queries).
- ✓ Mentoring CSE aspirants with effective
feedbacks for smart, tried & tested
strategies

**CAN TALK AT 9971030052
7-8 PM ANYDAY**

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31.I want to go for the UPSC, and I'm in 12th now. Which degree will be easy for me to study for UPSC correspondence?

Why you want correspondence?

To save your time of college going and other events?

To work more hard on syllabus of UPSC?

You want to go for job as well?

You have misunderstanding of the demand of the exam?

.....



Now I'll answer holistically-

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Case 1-

Suppose you have decided fully that you'll not join regular college. In this case-

You may miss-

capabilities of being connected with unknown persons. What is effect of it? Your personality test (interview) may have negative consequences.

Analytical abilities may hamper. As in college through a rigorous process, you learn and develop those over the period of time .

Correspondence courses don't have that type of exposure either the exam process or the surprise quizzes in your degree.

You won't come to know how to manage the time. It's very simple to conclude that if you don't have regular timings and without such pressure we can't have that discipline in our life.

Positive---+-

You will have sufficient time to plan according to the syllabus of UPSC.

You may join some library or reading room for regularity.

You can divert your attention from those chapters/topics in your degree which aren't going to add extra credit or impact on UPSC Preparation.

Case2-

negatives of case 1 can be removed.

Rest- If you want to discuss on phone call, feel free to call on my number mentioned in my profile profile. Hope you'll have the best decision.



Prepare in Right Way

32.Are 6 months sufficient for UPSC CSE?

This question itself is incomplete. So let me first make it more clear.(Please avoid if you find my answer inappropriate.)

Are 6 months sufficient to conquer Russia?

Answer.....

Are 6 months sufficient to conquer Russia by Ukraine?

Answer.....

Are 6 months sufficient to conquer Russia by USA?

Answer.....

Are 6 months sufficient to conquer Russia by NATO?

Answer.....

.....
I hope you are now getting, what did I mean by 'incomplete question'.

So Now I will try to write the answer accordingly.

Case 1-

If you're in the final year of your graduation degree and completing 21 years of age in the required bracket of UPSC eligibility.

In this case there may be many possibilities-

A-

you haven't done humanities subjects and you're completely engaged in your science stream of graduation. Now you have planned to go for UPSC CSE. Then simply my answer is - No - 6 months aren't sufficient.

B-

you have been doing humanities subjects well in your graduation and you were in the habit of reading news papers, analysing events happening around you from 3-4 years according to your understanding. Then you can plan for CSE. Still I'll say - NO- 6 months not sufficient for clearing exam. Because it needs to qualify CSAT too. And it became a hurdle now a days. If

you're not lucky enough to get questions according to your strategy, panic situation in the exam hall will lead to disaster. Means again you need one complete year for examination itself with 11 months of the failed attempt year. Means approx 2 years to get the process done completely.

Let's say anyhow you've qualified preliminary, then it comes on the most hectic schedule of mains. Without writing test series for GS, Essay and optional; it may lead to disaster. In this case you need 1.5 more years to get your name in the list.

Personality cannot be improved within 6 months . It is a rigorous process which you follow from your upbringings. If you already possess it, then fine. Otherwise you need 1.2 years more to get your name in the list.

Case 3-

You have been doing job/research/masters and one optional already you've prepared according ' to the demand of UPSC exam' . You have good hand over CSAT type of requirements. In your routine, you're in the habit of reading newspaper and thoughtful analysis over events happening around you. You have a general idea and feelings about content in ncerts or syllabus.

In this case

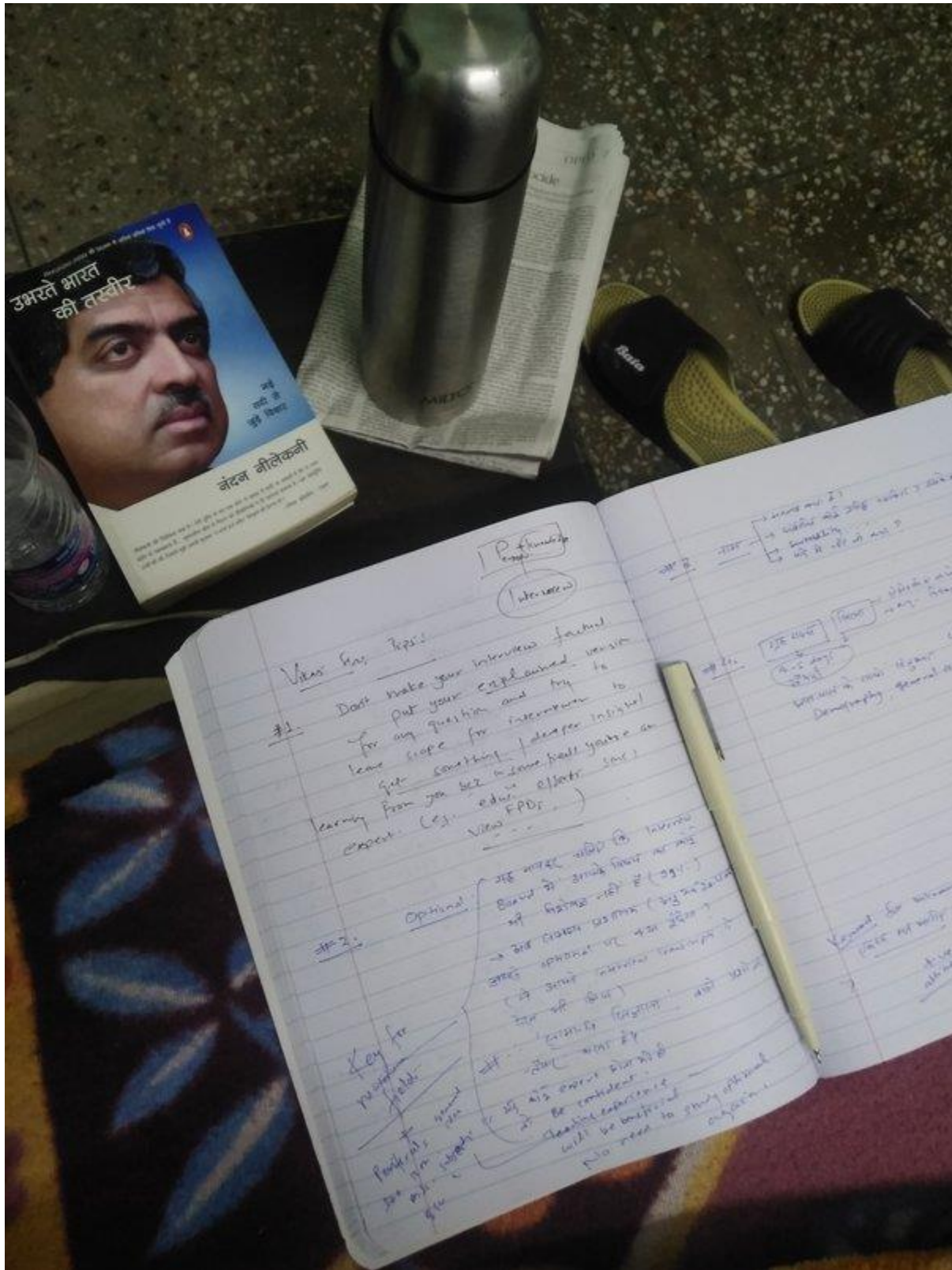
My answer - yes you can think of qualifying this exam. But here too there are many challenges and you need to overcome those-

A- getting mains ready before prelims. Because between main and prelims, you won't have sufficient time to cover the syllabus. It needs lot of time to revise, test series analysis and making yourself ready for those 3....(5).....2 days schedule. Essay+GS in 3 days. You even aren't in the position of revision of your own notes in the main exam schedule. Writing GS1 in the morning and GS2 after lunch itself need a big exercise to change the attitude for better answer writing for different papers. For this you need to write test series in UPSC schedule manner. Otherwise no one can save you.

Note- After writing GS and essay paper; next 5 days gap seems good enough but I'm telling you the harsh reality. Suppose you have misunderstood an essay and written differently. Your mind will be so engaged in the essay that you feel clueless about next papers. Practically it happens because essays have multi dimensional explanations. May be possible you get highest marks but in the process of main examination such factors must be considered. So optional itself may have bad impacts of previous papers.(psychological).

Personality test again as I have mentioned in the second case.

The logo features the text "Prepare in Right Way" in a light blue, sans-serif font. Above the word "Right" is a small red triangle pointing downwards. Above the word "Way" is a small red triangle pointing upwards.



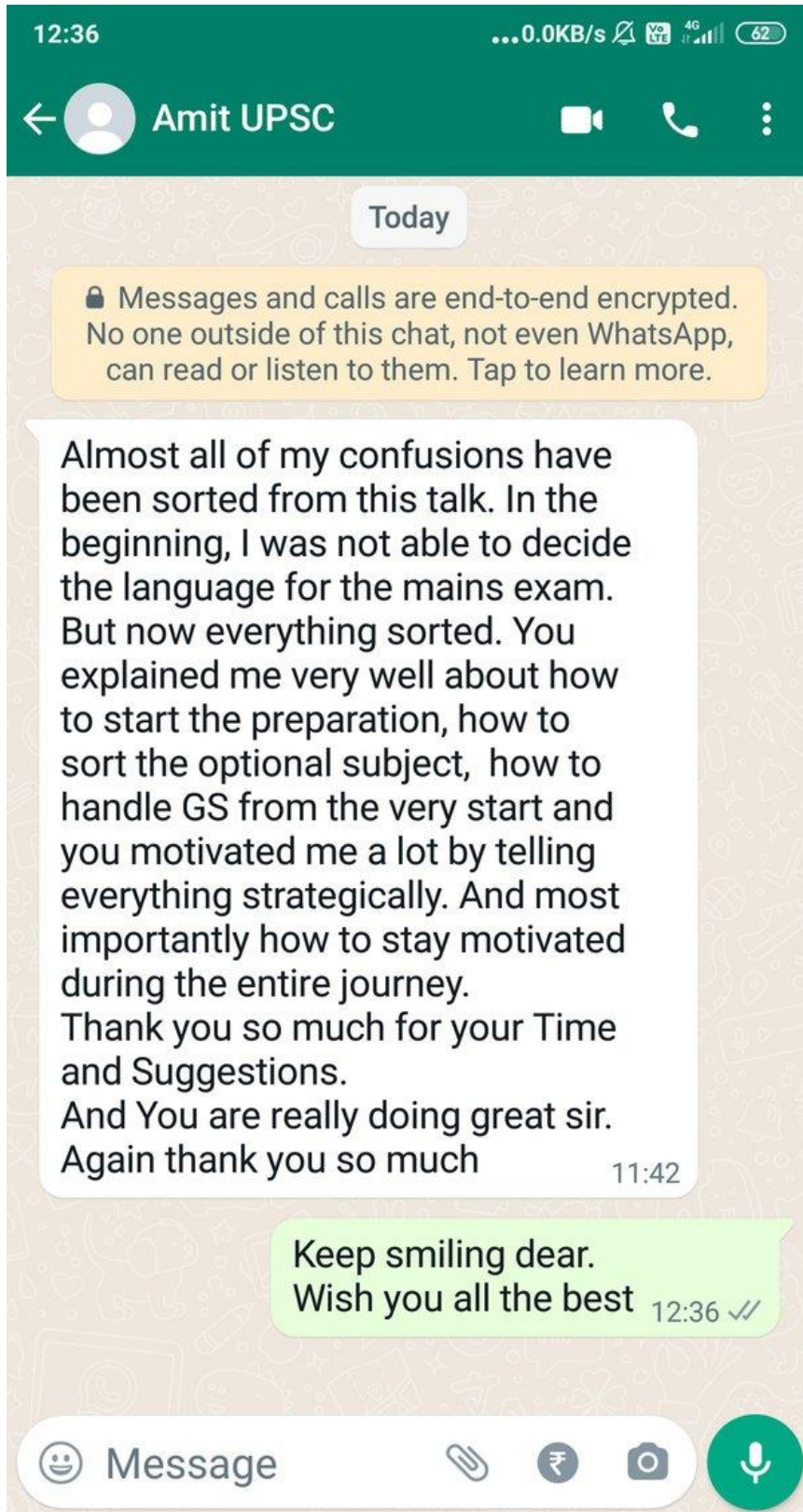
So I have answered according to the greater scope left by you in the question. Please try to appreciate, if it fulfills the demand. Otherwise ignore.

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Keep smiling. For further; you can call me at my number mentioned in my profile or message me. My passion towards learning new things by discussion to different personalities like you.



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33.What will be the impact of the National Education Policy on the UPSC exam?

Whatever impact was expected; already happened in CSE main exam,2020. Almost in each paper, they asked a question about NEO.

Now just leave it. If CSE reforms comes into picture then only it may have impact, otherwise nothing.

We all know that REFORM in India takes decades. So just keep focusing on current syllabus only. Yeah, you can use this in your answer writing.



Prepare in Right Way

34. Apart from giving more than enough time and space to my BF who is preparing for the UPSC, what else can I do to help him?

Try to maintain the confidentiality of your emotions. Don't create any issue; although he'll be doing so because of frustration in the preparation of UPSC.

Rest if he has calibre then he'll do it.

So the ultimate advise is- actually you have to do nothing.

35. How can a person of 30 years old clear UPSC CSE in his first or second attempt provided that he hasn't yet completed NCERTs and basic books? What are those smart approaches to start and what books or resources should he follow to clear the exam?

Key point :

.....

In UPSC , we cannot cover the whole syllabus completely. Although we try to do so. But before examination, everyone feels like he/she would have covered this or that too.

So what to do ? Believe on yourself that, I'll try to give answer with my set of knowledge Which I acquired in my preparation journey.

.....

Now let's start our journey- *stick to syllabus*

Take some proper guidance continuously. It saves your time and stops you reading unnecessary stuff. You can join some coaching for regular updation or guidance. If you're gonna do self study, then try to find channels which will guide you.

Also you have to make yourself prepared to face ups and downs as you have chosen a big target.

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Now topics-1- Indian Polity- resource , any book prefer Lakshmikant. With one additional source of PYQs topic wise. (Preliminary+ mains PYQs both). After finishing the book , analyse PYQs. How to do it please refer my earlier answer.

36.If there is any change in the pattern of the UPSC CSE (like scrapping the optional), how much prior notice (not notification) will be given?

How Much prior Notice- Same time period for everyone.

Positive- You need not have more 90% score to get into the list. It's relative merit.

So stop thinking about it because those who have settled mind, will be winners. Just wait and watch. Continue your preparation according to current syllabus, that's max you can do.

37.Right now I'm all alone in my preparation for UPSC 2021, I have no one to discuss things with, and without discussion I think it's very difficult to retain things, so If anyone interested in a WhatsApp group for discussion on history and pol topics?

The only requirement is consistency. Most of the times, we start discussing, 4–5 days with high intensity. But after that, we withdraw ourselves from discussion or have some different plans clicked in mind. This type of process is useless.

Earlier I too worried like this because I was in job and after that I had no friend to discuss. I tried on insight forum, telegram ..got response too. But we couldn't keep it on. Even we discussed for hours on some day to plan but couldn't execute it. Just because we find some unknown realities about our discussion partner with time . Upsc is a journey where no one is perfect. So doubts always break such continuation.

Therefore, if something beyond above words, you wanna discuss, we can . My number is mentioned in my profile. Thank you

Prepare in Right Way

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38.How do I do secret preparation for any exam?

Your question has almost 90% of answer and remaining, I'll try to add from my experience as a student and teacher.....

How 90%?

If you wanna so , it simply means you are aware about

- . distractions
- . factors those may hamper your efficiency and productivity
- . time in isolation needed for the particular exam

Benefits of above points

So, dear your job is almost done. What else needed to do is- prepare some note (diary) and write down all your principles in your way of understanding. Now in the preparation, you'll feel sometimes bored, helpless, loneliness, frustrated . Then you should have some plans to overcome these. For me,

Don't break your set rules, try to find other ways. Like during my preparation, I used to walk in streets of Mukherji Nagar whenever such feeling comes. Eventhough my tea corner was fixed, still searching for new tea point, just to have change and hearing some new gossips/ rumours around there. Just to laugh alone . I used to go to Haridwar and Rishikesh usually with my hooks in my bag. No friends,no company. In this way I was getting much time to figure out the nature and myself as a person.

No need to mention the level. Just enjoy, whatever you love. No need to go big hotels, restaurants just to show artificiality.

When I came into job, still I had ambitions other than money. I didn't wish to show myself as wealthy guy, although I was earning well. Internal satisfaction by becoming a helping hand to someone...

Keep clothes as less as possible. Not much concerned about my looking and all. In spite of that, tried to develop some extra traits in my personality. Like how a paan waala can say some nice thought, how a drunken sees this world and family affairs....this all I get when I walk around just like that.

Don't worry about loosing relations/ friends. If you are doing something productive, they will definitely understand and support you by no disturbing situations. I have such circle. If not so, forget the friendship.

Now comes on TARGET

If cracking exam is your target, then don't remove it from eye sight for hours/ days. It gives you hard hitting to keep working. Have some good books, may be related to your journey. I had a good collection of such books. I personally prefer hard copies as they talk to me from the book shelf whenever I look upon those. Yeah I'm telling you reality.

Don't loose your happiness ways. If you are getting happier by watching Tarak mehta Ka ulta chashma, then watch it , during your study break, lunch break.....

Last but not the least is-

No regret, no fear, not much Expectations'from materialistic world. See this world as a normal sapiens only. Always remember, we are Sapiens and it's our originality that we didn't have firm society relationship from beginning. It developed/ distructed over times....





Good luck...



39.How do I stay motivated during UPSC self preparation? How to overcome phone addiction?

Although, I don't believe in this word motivation in current scenario. Because there is nothing as such. It only seems true, when we live in artificiality. Please don't panic, let me finish my lines first. At last, you decide, to avoid or to grasp.

J. Krishna moorthi is known as a wonderful orator. He himself never written any book or never published any paper . Still he is known by his theories around the world. When I read the book ' FREEDOM FROM THE KNOWN', then only I realized why he had not written any book. Whatever books titled J. Krishna moorthi, we read today are just his speeches collections. Not even speeches, I will say those are discussions only.

We are programmed like, we need motivation to achieve something. We need support of eachother to achieve something...etc... This all ridiculous thoughts which make each of us depending on eachother. It generates emotions, then emotions result into pain and expectations. 'Expectations' create this whole drama like to show your abilities to the so called society/ world. If you fulfilled at their parameters, it's well otherwise you are called looser.

Ask some basic questions to yourself-

Why this UPSC journey, you have started?

Why did you decide to put so much stress and pain on yourself?

Is it money? Is it power? Is it getting a reliable source of income? or it's something related with points in the above passage, I mentioned as to show off ?

What happens if would be a good rickshaw puller? What happens, if I would be a hermit and happily enjoying my hunger and water scarcity in the remote areas of Tasmania?

Morale of the story is -

Answer of first part- To keep yourself on track for upsc journey, just tell yourself the reality first. Why UPSC? If you get the perfect answer, it will be continuing definitely and by default. If it is motivated through external/ motivation, better to leave it here only. Life is very beautiful, once you know and accept it as in real form.

You know when I started this upsc journey, honestly speaking it was not my dream or something like that. Basically I was poor by finance. From graduation onwards, my friend afforded all my study expenses and even my daily life needs too. Although I was good in study, but that doesn't mean I'm made for everything. My friend wished to see me as an IAS officer (it happens mostly in India). I started it, I dropped the idea of research in

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mathematics and joined upsc coaching. As I missed by a narrow margin in my first attempt, I was not at the position to continue it . Because of family conditions. I joined teaching, worked hard and lost myself in teaching. Started enjoying the teaching and learning through discussion.

Image: initiative in Haridwar



I was earning well too. But I wasn't sleeping well because my friend always asking me to do UPSC. Okay after 5–6 years in job, I again tried. Wrote main 2020. How it was you can read answers on my profile.

Still I'm working with enthusiasm in the upsc field. Why ?

Because now I'm not fighting for administrative job. It's now for teaching. I want to teach upsc aspirants and wanna be their companion. It gives me happiness and joy. I knew what teaching actually is . I don't believe in stereotypes of society. Not running behind dreams of others. But only doing my best, wherever I am . I don't care for my skin, because I knew for what I'm and what gives me satisfaction. Eventhough I live

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among so called high class societies but I don't care. Because I realized this KAYA (BODY) is just an illusion.

So don't hesitate, understand yourself is the first part and I'm hopeful you observed something in above paragraph.

Answer of part 2-

Phone becomes the basic need of modern Sapiens. We aren't putting ourselves into the nature. We hide many things from our peer group/ society. Trying to get new one, where I can find happiness. Be it Facebook or YouTube or.....only thing is - if you're completely open, you can talk with your parents, friends directly. You'll enjoy the nature. Will use technology according to your needs by choice not by compulsive behaviour. Your way of thinking will decide it.

.....

You are already a powerful soul dear. Your motivation is you only. Sit alone and talk to yourself. Yo will feel good and re-energised. I'm big fan of this guy. He enjoys his journey. Mast rahne kaa matlab...

40.I'm a UPSC aspirant but it's a big issue for me that I understand English but can't find myself in a good place while writing. How can I tackle this problem?

Lakhs of aspirants struggle from it. After receiving so many calls and talkings with students and obviously as a student too, I found this as-

...See, it happens with many aspirants. As we all know that hardly one percent of students of our general had the capacity to go for English medium schools/ colleges. I guess so .

Now what happens is- we study our schools in our regional language. For graduation, we are forced to go for English medium (it's true in general). It results into the situation which you are talking about. We try to grasp that much which is required to get our degree. But graduation subjects are less in number as compared to schools. Humanities subjects mainly we study in school (science students I'm talking about). Also UPSC

journey needs those to cover. In this situation we are in dilemma. Because we're understanding the demand but not addressing the issue in a comprehensive manner. (My personal - I'm a Hindi medium but over the period, I developed spoken as good but incase of writing essays or GS I'm comfortable in hindi only, So I decided to go with it. Optional mathematics so in English medium).

Suggestions-

Case1-

For if you choose English medium

start like a beginner . Don't underestimate yourself. Don't think other aspirants in your classroom are from UK. Once you start your coaching classes, with time passing, you will be grasping those technical words like of geography, economics...in English.

Here I would like to mention that an upsc aspirant if he is from science background, he too learns all these by multiple revisions. Like they also not much comfortable with deciduous forests with dry summer or winter, fronts, countercyclical steps,.....

As you start revising with ongoing classes, this stuff Wil be settling on it's own in mind. Don't worry about grammar here. With one year of coaching classes, it will be developing day by day. You cannot imagine it on the very next day of thinking about UPSC. With daily newspaper reading, article,/ conversation listening on news channels will help in it..

Positive- your fobia regarding less marks in regional languages will be gone and you will give your best.

Case 2- if you aren't comfortable with things in case 1, then determine on your strength. What I mean by it?

Simply look on positive sides. If you write good content and express yourself well, essay paper may give you more marks. GS papers, of content is good and presentation is fine then on an average you will be getting same as English medium. May be possible bit less than others in English medium . Here your strategy will plythe role. Prepare yourself like this only. In which you can do good? Essay, ethics paper and optional. Don't think much about 2-5 marks less in GS in worst case with regional language. Means positively going on with your strength.

Since you understand English, so your resources problem will be sorted out. Like in regional languages study material is not available as in English. So for alternatives you can refer for English medium resources. Don't restrict yourself here. Example- daily

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current affairs of Insights you can follow, Indian express newspaper you can follow and so on.....

Note-

See test paper copies of selected candidates, how they present the content.

Many Hindi medium aspirants are taught that don't use short cuts. They focus on school type teaching and very strict models but on inspection I got this as overthinking.

Example- Hindi medium teachers always taught don't put WTO, SECC2011.....They suggest to write - each time as Vishwa vyapar sangathan, samajik Arthik Jatigat Janganana 2011.... Suppose you use these 5-6 times in a paper what you will feel as a student or examiner??? Bored?? I will definitely.. I checked answer sheets of English medium selected candidates, they use these short forms many times. So

In regional languages, a big hurdle is - Teaching and study stuff. Here I'll suggest to be open minded. For content or presentation, don't restrict yourself.

Note making



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Page No.:

G.S.D.: GOVERNANCE:

```
graph TD; Consensus --> Participative; Consensus --> Accountable; Participative --> RuleOfLaw[Rule of Law]; Participative --> EffectiveEfficient[Effective & Efficient]; Accountable --> Transparent; Accountable --> EquitableInclusive[Equitable & Inclusive]; RuleOfLaw --> EquitableInclusive; EffectiveEfficient --> EquitableInclusive; Transparent --> EquitableInclusive;
```

For any big transformⁿ

- A : Align - PM - CM - DM - - -
- B : Believe - "Goal is achievable"
- C : Communicate - Volunteers, Social Media, Rally, word - -
- D : Democratize - "Jan Andolan"
- E : Evaluate - Minist, NGOs, - - Social archite -
- F : Follow Through . eg. ODF +

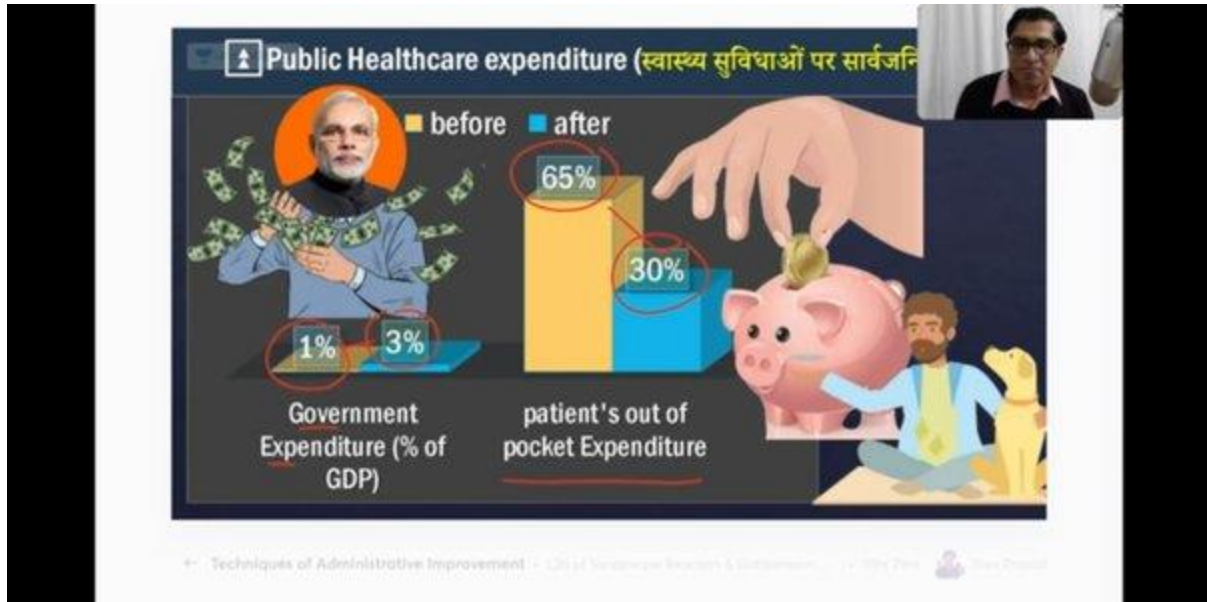
Exam point:

① If giving reference then do not completely like.
Mr. Arjunit Banerjee written in his book "Good Economics for Hard Times" that - - - -

② In I.R. Maps can make your answer more effective.
International thinkers quotes best with proper reference like above part ①

Study material ...

For practicing MCQs.. I solve many test series from English medium sources... again framing good quality questions in regional languages, I personally found not that much worthy (it may be my point of view but yeah as a teacher and student I felt it strongly.





RTM- REVISION THROUGH MCQS – 4th Aug-2020

21. Consider the following statements:

1. Article 129 of the Constitution of India grants Supreme Court the power to punish for contempt of itself.
2. The Constitution of India includes contempt of court as a reasonable restriction to the freedom of speech and expression under Article 19.

Which of the given above statements is/are correct?

- (a) 1 only
- (b) 2 only
- (c) Both 1 and 2
- (d) Neither 1 nor 2

Ans: (c)

Explanation:

- Stat1: **Article 129 and Article 215** empowers **the Supreme Court** and the **High Court** respectively, to punish people for their contempt.
- **Article 129**, states that “The Supreme Court shall be a court or record and shall have all the powers of such a court including the power to punish for contempt of itself”.
- Stat2: **Under Indian law, the freedom of speech and of the press do not confer an absolute right to express one’s thoughts freely. Clause (2) of Article 19** of the Indian constitution enables the legislature to impose certain restrictions on free speech under following heads:
 - security of the State,
 - friendly relations with foreign States,
 - public order,
 - decency and morality,
 - **contempt of court,**
 - defamation,
 - incitement to an offence, and
 - Sovereignty and integrity of India.

Refer: <https://www.insightsonindia.com/2020/08/04/expression-of-opinion-or-anguish-is-not-contempt-amounting-to-scandalising-the-court-prashant-bhushan-tells-sc/>

22. Consider the following statements

Telegram: <https://t.me/insightsIAStips>

Youtube: <https://www.youtube.com/channel/UCpocbcX9GEIwalle4HLjwA>

16



41. I feel I've wasted my life. I am 26 now but there is no one or anything that I am living for. What should I do?

Note- I'm not going to write exact answer to your question but I'll put simply my journey and I'm very much sure, answer will be good enough.

I was topper of my college in 10+2 , highest marks in mathematics in the 150 years history of Islamia I/C family. But I couldn't continue my study because of the financial issues in the family. Joined a phone company local office. Salary was 1500 rs per month. Happily I was doing it. Because this money was being used for family expenses.

I was not studying anymore. One day my friend came and asked about me. Mother replied that upendra is working now. In the night my friend again came to meet me. He asked about stopping my studies as I was good at study. Conversation went on . Finally we reached at - okay today onwards we are like brothers. One will study, other will take care for his parents business as he is the only son and have to look for well established business...

I started my studies again. Hard work and dedication paid for me as one of topper in my graduation. I planned to go for masters from IIT, prepared well and got the admission in IIT Delhi.





In the last semester, my friend had a wish, I should go for UPSC. I joined coaching in mukherji nagar. In 2014, faced a mental disaster in prelims. Geared up again and

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fortunately or unfortunately In CSE 2015, I missed it by a narrow margin. As family responsibilities already on my head, I had to quit from preparation.

Joined teaching and tried my best. Social services, free education to the needy ones. It gave me recognition.

What I got from students

Now I come to your doubt-

You know every single moment, I was thinking about my family responsibilities, how to make satisfy my friend who took care for me and other social pressures. In this journey I lost my peer group, became less talkative>> Loneliness>>anxiety..... overthinking that why I am born. Who I am ? No personal interests, no enjoyment in life. All time thinking and doing about the aura which was created in 10+2 that is living for others.....

UPSC never detached, after 5 years in 2020 I decided to go for one more shot at the age of 30. Worked hard and get my name in selected candidates for mains and I finished my CSE mains with Mathematics optional. 8th paper, I got ill and couldn't perform well, although I did very well in all 7 papers. So this is what??? I got disturbed a lot.

But you know, on the very next day, I went for an interview for teaching CSE aspirants. I got selected for that, with good salary.

What it shows- Although I have been living for others from last 15 years, no personal life, no partner.....but it became an integral part of this journey. Now I don't think about having high deposit, bi house...only I look for how I can do good for others, so that my parents feel proud of me. By God grace, it being so ...

Finally, I will say that sometimes, we feel your question right. But believe me there are other aspects of life too.

#Edited on 17th August,2021

This Covid pandemic didn't leave anyone. Hard hittings from all sides. I too, after mental and other compiled illnesses, attended sessions with psychiatrist. People who were expecting good results in cse20 , started ignoring me. Building pressure on mind, I was again at zero level. No financial savings, No backup job as such. Completely devastating situations forced me to go for something different this time.

Education, and satisfaction goes hand in hand for me. I started working for development of rural India, aiming- Rural self reliance through quality education. Panchayat

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empowerment. Media coverage and good results sent me into a situation where nothing was possible with money. My friends and family, now feel proud on me.

Just sharing some screenshots from my Facebook timeline. Again I'll say, each statement is answering to the question indirectly. Eventhough I could answer directly in philosophical manner, but I don't find that interesting.

The show is still on..... People are looking on my models of rural development. Getting engaged more n more.

So Age is 31 now and yeah you can say I'm still struggling. But I call it as -

Set your goals so High that full life engagement is done in achieving those. - Vivekanand. Hope you'll get all answers in my journey. Avoid if it doesn't fulfil the demand of question. Thank you

42. What mistakes did you commit while preparing for the UPSC, and what are the aspirants not to commit the same based on your experience?

I started my journey in the year 2014. After my PG in IIT Delhi, I thought to go for CSE and I joined a coaching institute in mukherji nagar .So what were my mistakes in this journey-

1. My wrong mindset- Being from IIT, I was overconfident. Whenever some topper comes to tell their strategy, I simply moved out of the class. As I was thinking that my own strategy and thinking is good enough for clearing this exam . I started focusing much on Insight current affairs as it was something new at that time and analysis of these news kept me engaged for long hours. I missed art n culture completely and only read modern history. Means static part I ignored and so I payed for it . I missed cse 2015 attempt by a narrow margin.

2. Joining mains test series and no focus on prelims practices. As I was good at analysis and good command over current affairs, I got good remarks from vision mains evaluators. Implies prelims ignorance here.

3. As family responsibilities already were at high, so I decided to join job just after the prelims result. Luckily I got teaching very interesting and for job security I gave much attention to new job. Overthinking that teaching for IIT JAM mathematics, will help in my optional. But this again a failure of strategy, means ignoring the comprehensive demand of exam. Last month preparation for prelims now . Never worked and new

responsibilities and job always compelled me to continue the job .Always overthinking about upsc, I ignored my health and became less talkative. Lost my peer group. Now I became very much professional and stopped sharing my pain with someone. It broke me from in and out.

4. Social pressure- I made myself busy in more social activities in my village and free education. Just to overcome my failures in cse .It gave me a good recognition but I couldn't detach myself from upsc. So dilemma always affected my productivity. Also some initiatives, sent me on wrong track.

5. After all such failures and mental torcheres, in 2019 I decided to quit from job and other family responsibilities for a while.I understood that upsc needs a period of complete dedication. You study for just 8–10 hours but mind should be engaged in the process. Thinking, analysing whatever we have read. Free mind for some hours, to get new ideas or loopholes in the strategy, so that you can re-start in new ways if suitable.

Lockdown fell in favour of me and I got full time for preparation from march 2020 onwards. Prelims postpone gave me something like oxygen.I worked hard, solved mcqs as much as I could.Revision revision and re revision of my static parts. Like I am a STARTER in this journey.

Balance between current and static. Regularly reading and watching strategies of selected candidates and think logically over those. Adopted best out of those.Positive: I got my name in the qualified for mains 2020 pdf.

I started to focus logically now. Optional 60%,GS 40% . Writing test series in UPSC mode (cycle- 4 GS paper with essay in 3 days) .Started to focus on those three hours and three days, hectic schedule.Positive- I finished all papers with satisfaction in real exam . I have done my job . Now I am not bothering about result. Because 8–9 months preparation and hard work gives me lot of satisfaction.

Overall :For any exam,

first partls to understand the demand of exam (see previous years and work accordingly)Regularly examine your strategy and balance accordingly. Take help for selected candidates and their interviews. (Logically)

WELL PLANNED COURSE BOOK BASED ON DEMAND OF UPSC CSE IAS/IFOS :

- 01 Conceptual Development
- 02 Problem Solving Techniques
- 03 Assignments
- 04 Chapter wise PYQs Analysis
- 05 Test

**MINDSET
MAKERS**

I.I.T UPSC

